

FREE



STREET LEVEL

FREE



“Where Life Happens”

Volume II P.O. Box 31391,
Chicago, IL 60631

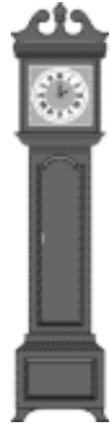
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Issue 11
March 6, 2009

Spend Locally and Save!

It is possible to pinch pennies and still have a good time! One easy way to trim budget bulge is to dine, shop, and play in our own neighborhood. A visit to your favorite local boutique, bowling alley, movie theater, and restaurant saves gas money and is more affordable than a trek to a downtown counterpart. Best of all, spending locally is a vote of confidence and an investment in the future health of our neighborhoods.



DAYLIGHT SAVINGTIME BEGINS

March 8, 2:00 a.m.

Oakton Hosts Free Cultural Celebrations

More than 50 free performances, lectures, films, and demonstrations are offered as Oakton Celebrates Cultures Week, March 30 – April 2, at Oakton Community College, 1600 E. Golf Road, Des Plaines, and 7701 N. Lincoln Ave., Skokie. All programs are open to the public. Parking is always free. Scheduled events are led by Oakton's talented faculty, staff, and students. Topics include: Polish immigration, Korean and African rhythms, fun with bubbles, hip hop culture, graphic novels, and “the geography of bliss.” At both campuses, Student Street will be transformed into an international marketplace sponsored by Oakton's many diverse student groups.

Cultures Week also includes Modern Languages Film Festival, a presentation of 11 award-winning international films. All screenings are free. For detailed information or to receive a complete Oakton Celebrates Cultures Week schedule, call 847-635-1672, or visit www.oakton.edu/cultures.

Job Fair at Chicago Botanic Garden, March 11

The Chicago Botanic Garden will hold its 2009 Job Fair on Wednesday, March 11, from 10 a.m.-2 p.m., at 1000 Lake Cook Rd., Glencoe, Ill. Positions are available in the following categories: Horticulture, Visitor Services, Instructors and Other. If you can't make it to the 2009 Job Fair on March 11, mail or drop off applications Monday-Friday, 9 a.m.-4 p.m., at the Garden's Human Resources Department. Visit www.chicagobotanic.org/seasonal for details.

Skokie Fire Department CPR

The Skokie Fire Department offers CPR classes. The next sessions take place on Tuesday, March 17, and Tuesday April 21, 2009.

Each class is held at Station 16, 7424 Niles Center Road. The class runs from 6:30 to 10 p.m. and covers infant, child, and adult CPR. Residents pay a \$15 refundable fee. Non-residents pay a \$20, non-refundable fee. This class is not certified for health-care professionals.

Save a life, register for a class today! Call 847/982-5340 to register.

St. Patrick's Day Party & Casino Night at St. Peter Catholic Church, March 14th, 7:00 pm to Midnight



Featuring: Live Music by Velvet Green
Casino Night Entertainment & Prizes
Silent Auction & Raffles
Assorted Appetizers
Corned Beef, Cabbage & Chicken Dinner
Cash Bar
... Fun for Everyone

Location: St. Peter School Auditorium & Gym
8140 Niles Center Rd., Skokie

Cost is \$35.00 per person (Must be 21 years old)
All proceeds to benefit St. Peter School



Yes, I can attend. Please reserve me ___ tickets at \$35.00 per person (Must be 21 years old)
(Tickets will be held at the door and available for pick-up on evening of the event)

Name: _____

Phone: _____

Please return reservations, along with payment, to St. Peter School (address below) or to St. Peter Rectory 8116 Niles Center Road, or by mail to:
St. Peter School
8140 Niles Center Road
Skokie, IL 60077-2520

For further information, call (847) 673-0918

Sorry, I cannot attend, but please accept my donation of \$ ___ to benefit St. Peter School

Or charge my MasterCard/Visa CC# _____ Exp. _____
Credit card is for donation only.

What's Your Carbon Footprint?

What's Your Carbon Footprint? What contributes to a carbon footprint and how do you calculate it? The Evanston Ecology Center offers a fun and informative workshop for kids in grades 3-5. The workshop includes hands-on mini-experiments and real ways to help participants reduce their impact on the planet. It will be held Sunday, March 15 at 2 p.m., in the Children's room at the Main Library. Register online at www.epl.org, by phone 847-448-8610 or in person at the Children's Desk at the Main Library at 1703 Orrington Ave.



Women Out Walking (W.O.W.) Orientation, March 21

Evanston's Department of Health and Human Services, through a grant from Illinois Department of Public Health, will sponsor Women Out Walking (W.O.W.), a 12-week walking campaign, beginning Saturday, March 21, 2009 (ending on June 13), to highlight the importance of physical activity in women. Participation in this program is FREE.

W.O.W. is open to women of all ages and fitness levels. Individual walkers and teams of up to five are encouraged to pre-register by March 13, but registration will remain open until the March 21st kickoff session. It will take place at the Evanston Civic Center in the Parasol Room, 4th Floor, from 9-11 a.m. Free parking is available. Walkers will be provided with pedometers and walking journals to track their steps and mileage.

For more information or to register, contact Jonathan Webb at 847-448-8053 (jwebb@cityofevanston.org) or Milcah Baraona 847-866-2919 (mbaraona@cityofevanston.org). Details will also be available on the City's website: <http://www.cityofevanston.org>.

Active Transportation Alliance News and Events

New Share the Trails Brochures and Posters Available

"Share the Trails: A Guide to Trail Etiquette" brochures and posters are available with tips on sharing the trail to enhance the trail experience for all users and minimize conflicts. The project was coordinated by the League of Illinois Bicyclists and funded through a grant from the Illinois Department of Natural Resources. The brochures and posters available for display at trail kiosks, display cases, and other trail information outlets. They are available at www.bikelib.org. For copies, contact Gina Kenny at gina@bikelib.org or (708) 334-2244 or mail your request to the League of Illinois Bicyclists, 2550 Cheshire Drive, Aurora, IL 60504.

North Suburban advocacy meeting – Mar. 10

North Suburban and Lake County Complete Streets volunteer advocacy meeting 7 to 9 p.m. at Alberto's Cycles, 1770 1st St., Highland Park. All are welcome. Learn more about North Suburban and Lake County Complete Streets Advocacy in the ModeShift newsletter.

Early Registration Opens for GITAP Bicycle Tour

Explore Illinois by bike! The 7th Grand Illinois Trail and Parks supported bicycle tour will take place June 14-20. The week-long loop includes rural roads with some trails; overnight camping at Shabbona, White Pines, Johnson-Sauk, and Starved Rock State Parks (hotel option available); and more. Last year, the limit of 160 participants was reached months before the ride. For details and registration, see the League of Illinois Bicyclists' <http://www.bikelib.org/gitap/2009/>.

Write Your Congressperson for Bike/Ped/Transit Funding

Urge your congressperson to use the federal stimulus package for biking, walking and transit projects. Remember: A hand-written or hand-signed letter mailed to your congressperson is the most effective way to reach him or her.

Go to our blog to see the biking, walking and transit projects in Chicagoland that are eligible for stimulus package funding and an example letter you can send your congressperson. Find out who represents you at www.ILGA.gov.

Sports Mania

This class will feature a variety of sports and active games. These include, but are not limited to, basketball, soccer, and floor hockey. Time may be spent outdoors, weather permitting, and a snack will also be provided. What are you waiting for? Sign up today! (Min 6 / Max 12)

Ages: Students in grades K - 2

Date: Monday(s), April 6 – May 18, 2:00 – 3:00pm

Location: Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL

Fee: Resident: \$55 Non-Resident: \$69

Pre-Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.



It's A Stamp-Ede!

Here's the hottest new craft idea! Stamping lets you personalize your own bookmarks, gift tags, stationary, envelopes and more. Take this class to stamp, stencil, paper punch and emboss different paper materials to create custom designs. All supplies are included but you are welcome to bring your own fabric or material to class. Take home some lovely personalized works to give as gifts or to have as keepsakes. Please register by March 27. (Min 12 / Max 20))

Ages: Active Adults

Date: Friday, April 3, 10:00 – 11:30am

Location: Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL

Fee: Resident: \$21 Non-Resident: \$27

Pre-Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Applications Are Now Available for the Circuit Breaker and Illinois Cares RX Program

Skokie residents may qualify for a refund on property taxes, rent, or nursing home charges through the Circuit Breaker program. In addition, residents may qualify for help to pay for certain prescription medicines through the Illinois Cares RX Program. Residents must meet one of the following qualifications to participate in this program:

Residents must have been 65 years of age or older before January 1, 2009; or

Residents must become 65 years of age during 2009 (for a partial grant); or

Residents must have been 16 years of age or older before January 1, 2009 and totally disabled; or

Residents must be a widow or widower who turned 63 years of age before the deceased claimant's death; and

Residents must have lived in an Illinois residence in 2008 that was subject to property or mobile home tax; and

Residents must live in Illinois at the time the claim is filed for relief; and

A one-person household must have an income of \$25,532 or less; a two-person household must have a combined income of \$33,877 or less; a three-person household must have a combined income of \$42,220 or less

Those enrolled in the Circuit Breaker Program are encouraged to apply for an RTA reduced-fare card at the Skokie Village Clerk's Office which is a registered application center with the state. The office is located on the first floor of Village Hall, 5127 Oakton Street, Skokie, Illinois. The office is open Monday through Friday from 8:30 a.m. to 5 p.m.

For further information contact the Human Services Division at 847/933-8208 or visit the Illinois Department on Aging's website www.cbrx.il.gov/ for program details and how to apply.

Village of Skokie Offers a Housing Information Series

The Village of Skokie offers a Housing Information Series for tenants on March 31, 2009 from 7 to 8:30 p.m. and for landlords on April 28, 2009 from 7 to 9 p.m. These free sessions will help tenants understand their rights and provide landlords with information on their responsibilities.

Each free session will be held at Oakton Park, 4701 Oakton Street, Skokie and cover topics such as:

Foreclosure Information

Fair Housing Ordinance

Property Maintenance Code

Legal Issues

Fair Housing Clinics

Illinois Landlord Ordinance

Tenant/Landlord Mediation

Question and Answer Session

Guest speaker Kelly Keating, Fair Housing Clinic Attorney and Edward Voci, Professor of John Marshall Law School will be presenters for the tenant session of March 31, 2009. Allison Bethel, Clinical Professor, Director, of John Marshall Law School, will be present for the Landlord session on April 28, 2009.

For further information please call the Village Manager's Office at 847/933-8210 or visit www.skokie.org.

This Housing Information Series is sponsored by the Village of Skokie and funded by a grant from The Chicago Community Trust. For 93 years, The Chicago Community Trust has connected the generosity of donors with the needs of the community by making grants to organizations working to improve metropolitan Chicago. With assets of \$1.8 billion, the Trust made a record-breaking \$114 million in grants in 2007. From strengthening community schools to assisting local art programs, from building health centers to helping lives affected by violence, the Trust works to enhance our region.

KidneyMobile Comes to Evanston

The KidneyMobile® will come to Evanston on Saturday, March 28, from 10 a.m. to 5 p.m., in the Civic Center parking lot. It has hands-on displays and a short video to educate residents about kidney disease and treatments. After visiting the KidneyMobile, stop inside the Civic Center, 2100 Ridge Ave. (ground level), for FREE screenings for hypertension, diabetes, prostate cancer and kidney disease. No appointment is required. Each participant will have a private consultation at which he/she receives the results that day. For details, call 847-448-8138.

City Receives Youth Football Grant

Evanston's Parks/Forestry & Recreation Department has received a \$2,500 grant to support its youth football program. The grant comes from a partnership between the National Recreation and Park Association (NRPA) and USA Football. More than 450 agencies applied for grants and 126 organizations were selected to receive them. The grants are intended to enhance programs and create stability for the future of youth football at the grassroots level.

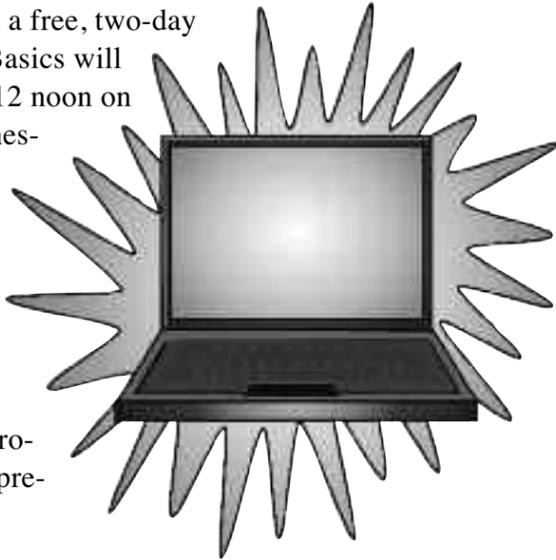
The Parks/Forestry & Recreation Department will use the grant money to purchase equipment and pay for officiating for its fall Flag Football League for 4th & 5th Grade Girls and Boys.

Liberty Bank for Savings to Offer Computer Class for Senior Citizens

Part of an ongoing series, a free, two-day class for seniors on Excel Basics will take place from 10 a.m. to 12 noon on Tuesday, Mar. 10 and Wednesday, Mar. 11, at Wright College, 4300 N. Naragansett, Chicago.

Students who attend the class will learn how to forecast loan payments and calculate investment values using the Excel computer program. The completion of a prerequisite Windows class is required to register.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrated its 110th anniversary in 2008. To make a reservation for an event or for more information on times, cost or location, call Susan Andrews at 773-489-4458 or visit www.libertybank.com.



Mad Science

Mad Science is here with one of our favorite series of fun, spectacular, hands-on science experiments! Some of the spectacular science program topics we will explore include Laser Light, Dry Ice, Rocketry, Acids and Bases and more. Each young Mad Scientist will be making some great take home projects too, including silly putty, a real launchable model rocket and more. All materials are included and instructions are provided by Mad Science of Northern Illinois.

(Min 6 / Max 15) Refund requests must be made one week prior to class start date.

Ages: Students in grades 1 - 5

Date: Monday(s), March 30 - May 4, 4:00 - 5:00pm

Location: Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL

Fee: Resident: \$91 Non-Resident: \$114

Pre-Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Liberty Bank for Savings Hosts Trip to Chicago Flower Show

The public is invited to join Liberty Bank for Savings for a trip to Navy Pier for the Chicago Flower Show. The day-trip will take place on Wednesday, Mar. 11, 2009. Call 773-489-4458 for departure locations and times.

Catch spring fever at the Pier's annual show by taking a leisurely stroll through the exhibit hall. After enjoying the sights and smells, lunch will be served at Bubba Gump Shrimp Company. Space is limited. The cost is \$64 per person. Advanced payments and reservations are required.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrated its 110th anniversary in 2008. To make a reservation for an event or for more information on times, cost or location, call Susan Andrews at 773-489-4458 or visit www.libertybank.com.

Evanston Children's Theatre to Stage *Thar's Gold in Them Thar Clothes*

Ever since the town's gold mine closed, Miss Mason's orphanage has been struggling. Now Lowbrow McSteal wants to buy it--in exchange for some favors, of course. Will Miss Mason agree? The Evanston Children's Theatre presents Karl B. Peterson's old-fashioned Western melodrama. Find out who else steps up to help out and whether or not the orphanage is saved. Performances of this family show are at 7 p.m. Friday, March 27; 3 & 7 p.m. Saturday, March 28; and 3 p.m. Sunday, March 29, at the Levy Center, 300 Dodge Ave., Evanston. Tickets for *Thar's Gold in Them Thar Clothes* are \$6 through March 6 and \$8 thereafter. For more information, call 847-448-8250.

VITA (Volunteers in Teaching Adults) ESL/Literacy/GED Program

Come and join the Oakton's VITA program if you are looking for a meaningful volunteer activity.

Learn how to help adults improve their speaking or reading and writing skills in English.

Our next 3-part training will be held at Oakton in Skokie, 7701 N. Lincoln Ave., Rm. B110, on March 26 & 31, 6:15-10 pm and on Apr. 25, 1:30-3:30 pm.

Please call 847-635-1426 for more details or e-mail www.oakton.edu/cont_ed/vita.html.

Stormy Economy?

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Chicago North Shore

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10 til 2 will hold the umbrella.



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GREAT OUTDOORS

BOATING SAFETY CLASSES

The United States Coast Guard Auxiliary will present the following classes in the coming months in the Chicago area: Boating Skills and Seamanship, a 7 – 9 lesson class intended for primarily beginning and experienced power boaters, GPS for Mariners, a 2 hour course intended as a basic introduction to navigating with GPS (Global Positioning System), and Weekend Navigator, a comprehensive course of 12 hours (6 sessions) intended for both the novice and experienced powerboat and sailboat operator.

The following classes are offered at REI Sports, 1466 N. Halstead. For more information and online registration see www.teamcoastguard.us.

Boating Skills and Seamanship Sundays February 22 to April 4, 2-5 pm 7 weeks Bscript@aol.com 773-545-0497 \$60

GPS for Mariners Wednesdays March 25, April 15, May 20, 7-9 pm One session class Bscript@aol.com 773-545-0497 \$20

The following class will be offered at North Park Village, 5801 N. Pulaski (at Ardmore) in the Administration building. For online registration or more information, visit www.teamcoastguard.com.

Weekend Navigator Mondays March 2 to April 6, 6-8 pm 6 weeks Bscript@aol.com 773-545-0497 \$75

If you do not see classes in your area, please visit the Ninth District web site at www.9thwestern.com, and go to the Boating Education pages.

National Wildlife Federation

Help a Wildlife-Friendly Stimulus Package Become Law

Currently, the Senate is considering whether to cut important funding for wildlife from their version of the economic stimulus bill.

Your actions helped ensure that the U.S. House passed green economic recovery legislation last week, but now we need to make sure the U.S. Senate passes equally strong legislation.

Take Action : Send a message to your Senators

Already Sent a Message? Tell your friends

Go the Extra Mile: Make the call

Green Education is on the Agenda

Economic and education experts recently joined the National Wildlife Federation to push for investments from the economic stimulus package that would repower America with green education, green jobs and green schools.

"With its infrastructure already well established across American communities, the education system is by definition shovel-ready. That's why we're urging an \$11.3 billion investment for green schools and colleges, environmental education and green job training in America's classrooms to create more than 250,000 jobs in the short-term and ensure long-term economic growth," said Heather White, Director of Education Advocacy for the National Wildlife Federation.

National Wildlife Federation *Adapted from materials provided by USDA/Agricultural Research Service. Contact us at info@nwf.org, 1-800-822-9919, National Wildlife Federation, 11100 Wildlife Center Drive, Reston VA, 20190. © 2008 National Wildlife Federation. All rights reserved.*



8057 Niles Center Road
Skokie, IL 60077-2599
Phone: (847) 673-6111
Fax: (847) 673-8976

Would you like to work with funeral directors who understand how valuable it is for you and your family to have a truly meaningful funeral experience?

When the time comes to **honor a loved one's memory** in a personal way, give us a call.

For a Life Worth CelebratingSM

Legends of the Lake

by Tracy Seglin

Ever wonder about those lonely looking buildings in the lake, so far from shore?

Our drinking water comes from Lake Michigan – the source is miles out and hundreds of feet deep. Water cribs, the buildings you see, protect the water from pollution at the intake point.

Lake Michigan Crib Sheet

Why are they called “cribs”?

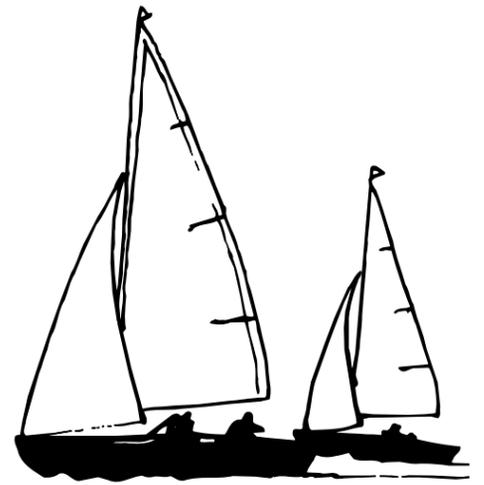
Like a baby’s crib, these struc-

tures are designed to surround, protect, and keep precious contents from harm.

When was the first one built? Completed in 1867, the “Two-Mile Crib” was located – you guessed it – two miles offshore. The underwater tunnel was five feet wide and lined with brick. The structure was replaced in 1900, and several others were built since, including at Wilson Avenue and 68th Street.

Crib Tragedy. Chicago’s history is inextricably linked with fire, even on our waterways. On January 20, 1909, a blaze killed at least 50 workers in a temporary crib located one and a half miles from shore at 68th Street. The structure provided underwater access and housed the tools and dynamite used to excavate the new filtration tunnel. An early morning explosion rocked the crib and the wooden building was quickly consumed by flames. Brutal winter conditions likely made matters worse: boat rescue efforts were slowed by ice and those who were able to escape the burning building faced death from hypothermia. Work resumed in the spring and the 68th Street Crib stands today.

Is anyone out there? Not anymore. Crib tenders used to live and work in the water cribs, replete with kitchen and many modern conveniences. Each crew of four would work a one-week shift. Now much of the maintenance and water quality testing has been automated.



Urban Wildlife Coalition

Helping Birds During Spring Migration

Chicago is one stop on a bird migration route known as the Mississippi Flyway, extending from northwest Canada, along the Great Lakes, south to the Mississippi River Valley. More than five million birds representing upwards of 250 species are expected to pass through our area this spring.

Unfortunately, each year thousands of birds collide with city windows, where they fall to the ground stunned and unconscious. With timely treatment, more than 80% of these injured birds can be saved and released back to the wild. Urban Wildlife Coalition works closely with Flint Creek Wildlife Rehabilitation, a state- and federally-licensed facility dedicated to rehabilitating injured and orphaned wildlife.

Volunteers are urgently needed during the upcoming spring migration (begins around March 15). A few hours one morning a week can save hundreds of avian lives. Training is provided. For more information, please visit www.flintcreekwildlife.org/volunteer.htm or phone 847-842-8000.

In the meantime, if you find an injured or orphaned bird:

Place the bird in a paper bag with a folded paper towel at the bottom. Secure the bag with a clip.

Place the bag in a dark, quiet location and phone the number above (enter this number into your cellular phone for quick emergency access)

Do not give the bird food, water, or try to provide medical care which may cause further injury.

Injured birds can be dropped off at Flint Creek’s Northerly Island facility daily between 8:30 and 10:30 a.m. (visit www.flintcreek-wildlife.org for directions).

Urban Wildlife Coalition is a community-based organization founded to help preserve our treasured urban wildlife. For more information about urban animals and tips for living in harmony with them, visit www.urbanwildlifecoalition.org. Questions? Call 773-545-8136 or e-mail us at urbanwildlifecoalition@gmail.com.



Skokie Theatre Music Foundation

847-677-7761

7924 N. Lincoln Ave.

Skokie, IL 60077

www.skokietheatre.com

Plenty of free parking!

Group Rate Available

Ticket prices do not include service fees

Buy tickets online at www.skokietheatre.org

FOR KIDS

March 7, 14, 21, 28: Cirque Da Uno All Shows at 2pm

Tickets are \$15 for adults, \$10 for kids 16 and under.

Magic, juggling, unicycle, balancing, puppetry, ventriloquism, audience participation, physical comedy....all by one guy!!! Jeffery the Great brings his talents, as well as his great sense, of humor to the Skokie Theatre in a world premiere. A show that is sure to amaze and amuse the whole family!!

POP/JAZZ/FOLK

March 8, 2pm ROSIE! A Tribute to Rosemary Clooney Heather Moran recreates the music of Rosemary Clooney Tickets are \$25 in advance and \$30 at the door.

March 11, at 1:30pm Forever Frank - Peter Oprisko Tickets are \$10 in advance and \$15 at the door. Seniors and Niles Township residents \$10 advance and door.

March 13, at 8pm Erwin Helfer Blues pianist extraordinaire, Erwin Helfer joined by John Brumbach. Tickets are \$20 in advance and \$25 at the door.

March 14, at 8pm The Nitz & Howe Experience Prime Time Special Tickets are \$20 in advance and \$25 at the door.

March 15, at 2pm "The Boys of Tin Pan Alley" starring: Joan Curto Tickets are \$25 in advance and \$30 at the door.

March 15, at 8pm "CELTIC MUSE" starring Gillian Kelly Tickets are \$20 in advance, \$25 at the door.

STAGE

NEW March 11 · 7:30-9:30 pm NOHA Autism Series Autism: Causes and Introduction to Interventions Dr. Pangborn discusses causes of autism, including prenatal and infant exposures, and metabolic and genetic origins. He introduces biomedical intervention that reduce inflammation and improve detoxification abilities. Specifically, special diets, digestive aids, clearing intestinal dysbiosis, nutritional supplements and detoxification treatments. Books and reference material will be discussed. A Question and answer session is included. All events are open to the public. Non-member lecture admission \$25.00. Discounts available to NOHA members. To help support our mission Visit www.nutrition4health.org for more information or to order tickets.

SKOKIE ART GUILD

2009 Members' Spring Exhibit "NATURE'S PALETTE"

Saturday, March 7 through Saturday, May 2

OPENING RECEPTION: Friday, March 13, 7-9 PM

Emily Oakes Nature Center, 4650 Brummel Street, Skokie

Celebrate nature with an evening of original Art and the Artists.

Refreshments will be served. All are welcome.

Pastel From Photo Demonstration

Artist, Jessica Fine demonstrates Technique

Tuesday, March 24, 7:00 PM - 9:00 PM

Radmacher room/Skokie Library, 5215 Oakton Street

All Welcome! Refreshments!

CALL FOR ARTISTS:

Skokie Art Guild's 48th Annual Art Fair. July 11/12, 2009. Fine Art. Prizes and Awards. \$150.00 Booth Fee. 75 Exhibitors. Held on the beautiful Village Green, downtown Skokie, IL., 5211 W. Oakton. APPLY NOW! Contact: skokieart@aol.com Tel. 847-677-8163

Skokie Art Guild Artists'

Individual Exhibits Showing Feb. thru April.

Hope Salmanoff - Oil Paintings

Bank of Lincolnwood, 4433 W. Touhy Ave., Lincolnwood

Claire L. Hirsch - Sculptures

Devonshire Cultural Center, 4400 Greenwood St., Skokie

FIGURE DRAWING WORKSHOPS

THURSDAYS -7:00 PM - 9:45 PM, SATURDAYS 10:00 AM- 1:00PM

Devonshire Cultural Center, 4400 Greenwood, Skokie

Live Models/No Instructor. Fees per session:

Skokie Art Guild Members \$12: non-members \$20. For information call:

Richard Wilberg 847-677-3461

Open Studio Projects Classes

Connecting with the Creative Process

Adult Art Classes Take time to open the window to your creative side. No prior art or writing experience necessary - just an open mind. Cost \$165 non-members, \$155 OSP members.

Tuesday Nights 6:30-8:30pm April 14 - May 19 June 2 - July 7

Friday Mornings 10:00am-12noon April 17 - May 22 June 5 - July 17 (no class 7/3)

Sunday Afternoons are back! 1:00-3:00pm April 19 - May 31 (no class 5/24)

Thursday Mornings (Extended Class) Cost \$200 non-members, \$190 OSP members 10:00am-12:30pm April 16 - May 21 June 4 - July 9

Art & Adventure Children's Art Classes

Support your child's creativity in an open, playful atmosphere where adventurous use of materials is encouraged. Children will explore a variety of 2-D and 3-D projects. Taught by Jan Ellenstein who has been making art fun for children for the last 30 years. Age Level: 2-5 yrs (parent/child class)

Tuesday Mornings May 5 - June 2; 4 weeks

Wednesday Mornings Apr 29 - Jun 10; 6 weeks (no class 5/13)

Wednesday Afternoons Apr 29 - Jun 10 6 weeks (no class 5/13)

Fee, 4-week class: \$80 non-member, \$75 OSP member, \$70 sibling.

Fee, 6-week class: \$125 non-member, \$115 OSP member, \$90 sibling.

Guess Who's Coming to the Skokie Theatre?

On Saturdays in March at 2pm bring the kids for the performances of CIRQUE DA UNO. Jeffery the Great will delight you with his ability as a magician and juggler.

We need your help to let us provide free tickets to our Wednesday concerts. Your donation - in any amount - will make this a reality. Our first tickets will be given to twenty five great guys and girls coming from Hines Veterans Hospital in May. Please help us do this for more vets and current members of our armed forces.

In May check your calendar and join us for a weekend of the most exciting programs of 2009. Sam Maranto, Illinois Director of MUFON, will present three days of lecture and films entitled, "UFOs over Illinois. Sam has been featured on CNN, CNBC, and was a part of two episodes of the History Channel's very popular "UFO HUNTERS."

Check our schedule for the return of Chris Carter, Jim Post, Corky Siegal, Mike Toomey, and many of your other favorites

WWW.SKOKIETHEATRE.ORG

Submitted by Al Curtis for the Skokie Theatre

Skokie Theatre Offers Free Tickets to Men and Women in the Armed Forces, Veterans and Families

Tickets will be distributed through organizations like the Cook County Veterans Assistance Commission, VA hospitals and veterans groups in the Chicagoland area. We welcome your help in directing us to any related organization you feel would benefit from this program. We want to offer tickets for our weekday programming and selected weekend shows. Please check our website www.skokietheatre.org to learn more about our shows.

A donation in any amount will help us make this program a reality. Please direct your donations to: Skokie Theatre Music Foundation, 7924 N Lincoln, Skokie, IL. 60077

Have a heart-to-heart with your neighbor.

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Evanston to Host TV and Electronics Recycling Event

If you can't repair, refurbish, or reuse an old home electronic device, the next best thing is to recycle it. The City of Evanston's Streets & Sanitation Division, in partnership with Samsung, CRT Processing LLC and Home Depot, will collect television sets, computers and electronic equipment for recycling at a one-day event on Saturday, March 14, from 10 a.m. to 2 p.m. It will be held in James Park, at Dodge Ave. and Oakton St.

Evanston residents, along with SWANCC member community residents, are asked to help protect the environment by taking advantage of this event sponsored by Samsung. Residential use of electronic products has grown substantially over the past two decades. According to the Consumer Electronics Association (CEA), Americans own approximately 24 electronic products per household. Recycling used electronic equipment recovers resources for reuse and recycling and also prevents hazardous components such as lead, cadmium and mercury from leaching out of landfills and polluting our environment.

Electronic waste collected at the March 14th event will be processed by CRT Processing LLC. Located in Janesville, WI, CRT has a combined 40 years experience in recycling, data security, environmental compliance and asset management.

The City of Evanston will use a large number of volunteers to help staff the event. The Home Depot in Evanston is partnering with the City as an event sponsor by providing volunteers to help direct traffic and unload equipment from residents' vehicles.

Electronic materials that may be recycled include television sets (all sizes), computer monitors, personal computers, printers, scanners, fax machines, calculators, cell phones, keyboards & mice, microwaves, radios, stereos, telephones, DVD and CD players and VCRs.

Residents are asked to not bring any white goods (ex. air conditioners, dehumidifiers, refrigerators), batteries, car parts, chemicals, light bulbs, hazardous waste, scrap metal or tires.

This event is for residential electronic waste collection only. Participation is limited to SWANCC member communities; a current city sticker or valid driver's license will be required for entry. The SWANCC member communities are: Village of Arlington Heights, Village of Barrington, Village of Buffalo Grove, Village of Elk Grove Village, City of Evanston, Village of Glencoe, Village of Glenview, Village of Hoffman Estates, Village of Inverness, Village of Kenilworth, Village of Lincolnwood, Village of Morton Grove Village of Mount Prospect, Village of Niles, Village of Palatine, City of Park Ridge, City of Prospect Heights, City of Rolling Meadows, Village of Skokie, Village of South Barrington, Village of Wheeling, Village of Wilmette and the Village of Winnetka.

Evanston Public Library

1703 Orrington Ave.
847-448-8610

As part of **Teen Tech Week** at the Evanston Public Library, old computer parts will be used to make a variety of jewelry items including earrings, bracelets and necklaces. Finally, here's another good use for the delete key. Join your friends and meet new kids on Wednesday, March 11 at 4PM in the Loft at the Main Library at 1703 Orrington Avenue. Register online or call the Loft at 847-448-8625. This event is open only for middle or high school aged kids.

Celebrate Teen Tech Week! Join us for Rockband and Wii Gaming in the Loft on Friday, March 13 3:30-5:30PM. Teen Tech Week, March 8-14, 2009, is a national initiative sponsored by the Young Adult Library Services Association (YALSA).

Having trouble finding time to register to vote? How about during the weekend at the library? **The League of Women Voters of Evanston** will be registering voters at the Evanston Public Library at 1703 Orrington Avenue Saturday, March 7 and Sunday, March 8, 1:00 – 4:00 p.m. To register one must be a U.S. citizen and 18 years old by April 7. Bring two forms of identification, one of which must have your current address. This can be a driver's license, state ID, checkbook, mail postmarked to applicant's current address. Don't delay! The last day for regular registration for the April election is March 10.

The Evanston Public Library will show the movie **Ben X** (2008, 93 min. Belgium) on Monday, March 9 at 7 PM in the Community Meeting Room. Ben is different. His life is a universe all to itself, where he avidly plays his favorite on-line computer game in an attempt block out reality. Ben has Asperger's Syndrome, a mild form of autism that prevents normal communication and makes him ideal fodder for all the school bullies. As the bullies' relentless attacks push him over the edge and out of control, his on-line dream girl, Scarlite, steps in to help him devise a perfect plan to make them pay for their persecution. Director Nic Balthazar's dazzling debut blends fantasy and social realism to bring us an utterly original and important film.

The **African American Literature Book Discussion Group** will be discussing *When and Where I Enter* by Paula Giddings on Wednesday, March 11 at 7PM. The discussion will be held in the Community Meeting Room of the Evanston Public Library at 1703 Orrington Avenue. *When and Where I Enter* is an eloquent testimonial to the profound influence of African-American women on race and women's movements throughout American history. Register and pick up copies of the book at the 2nd floor Reader's Services desk, or call 847-8620.

Adventures of a Desert Queen: A Meeting With Gertrude Belle will be presented Sunday March 15th at the Evanston Public Library. Gertrude Bell (1868-1926) was a lone English woman in the male Muslim world of the Middle East; a famous author who wrote about the Arabs, an acknowledged archeologist, a courageous traveler who dined with china and crystal, dressed in extravagant clothes, rode on a camel and horse and penetrated dangerous regions of the Arabian desert. She was named to the high post of Oriental Secretary and achieved nothing less than a miracle by creating the modern state of Iraq. Actress Betsey Mean brings this fascinating woman to life with authentic costumes and excerpts from her writings. The program will be held at 2:00 PM in the Community Meeting Room at the Main Library.

Teens are invited to a **Saturday afternoon movie** in the Loft at the Evanston Public Library. What if mankind had to leave Earth and somebody forgot to turn the last robot off? The year is 2700 and WALL-E is a robot still spending every day doing what he was made for. Soon he is visited by a sleek robot named EVE whom he chases across the galaxy with a pet cockroach and a heroic team of malfunctioning misfit robots. The movie "*Wall-E*" (Rated G) will be shown at 2:00PM on Saturday March 14th in the Loft at the Main Library.

Friday Film series at the Evanston Public Library will feature *Cross Creek* (1983, 127 min, rated PG). This is a lyrical, elegant, and truthful film about Pulitzer Prize-winning author Marjorie Kinnan Rawlings (Mary Steenburgen). *Cross Creek* reveals the rough and tough edges of the liberated author who wrote *The Yearling*. The film shows at 3:00PM on Friday, March 13 in the Community Meeting Room at the Main Library.

Taking Root: The Vision of Wangari Maathai, by Lisa Merton and Alan Dater (2008, 79 min.) is the next featured Reeltime film. Can the simple act of planting a tree change the course of a nation? When Nobel Peace Prize Laureate Wangari Maathai began planting trees in Kenya, she launched a nationwide movement to safeguard the environment and protect human rights. *Taking Root* lovingly portrays Maathai's vision and inspiring world-view. (Co-Presented with ITVS Community Cinema, Independent Lens and WTTW 11.) This Reeltime showing is at 7:30PM in the Community Meeting Room of the Evanston Public Library.



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"A Theatre Review"

"Slaphappy"
Theatre Building
1225 West Belmont Avenue
Chicago, Illinois

Reviewed by Richard Allen Eisenhardt

Beat the Jester Productions in association with John F. McNamara and Jeffrey Katz is giving Chicagoans the world premiere of a new comedy by Gary Slezak and under the direction of one of Chicago's top directors Richard Shavzin.

After seeing three heavy dramas in "Desire Under the Elms," "The Wild Duck" and "Not Enough Air" I was all set for a comedy.

Unfortunately I found "Slaphappy" a major disappointment at the performance I attended. The audience was polite with its applause and the show had its moments but while Slezak is a good writer this is not one of his better scripts.

I found no problems with the talented cast that includes three talented equity actors. Judy Blue plays Laurel, Michael Joseph Mitchell is Stanek and Doug Mackenzie is Kip. Judy blue is one outstanding actress who deserves better. Her costumes were glamorous. Others in the cast are Maurice McNicholas as Valerie, Lucas Neff as Phillippe and Annie DiMara as Cherie. They all try their best to entertain the audience, but it's the material that fails. The play takes place in Paris but it should have been set in London as the French accents of the two actors French simply don't work.

The show runs two hours and the actress playing Cherie, who the bellboy and doctor are interested in has a beautiful body but after running around in her bikini lingerie for 1 hour and 40 minutes it becomes too much. It was nice to see her in a shirt and blouse for the last 10 minutes of the show. One hopes by the time the show ends its run she doesn't have pneumonia.

Kip is a doctor who chases after Lauren and ends up with Cherie. Slamming doors, exploding rockets, mistaken medications that Kip, Stanek and Phillippe get injected with during the course as well as dressing up as a duck, hiding behind furniture and curtains simply doesn't work for me.

"Slaphappy" runs through March 15. For show times, show dates and reservations call 773-327-5252. Tickets are \$25 - \$30.

Bohemian Theatre Ensemble presents *Playing with Fire* (after *Frankenstein*)

by Barbara Field

Directed by Peter Marston Sullivan

BoHo continues its 5th season by exploring a literary classic from a different perspective. As a company, BoHo strives to illuminate the classics of years past and make them accessible to today's audiences. Through the intimacy of its writing, Barbara Fields' *Playing with Fire* (after *Frankenstein*) fulfills this goal by bringing back to life the tragic tale of one of literature's most notorious creatures in a most unique way. And, as usual, the talented cast is able to bring the complexities of this piece to life deftly.

Join us as we present this fascinating and soul-searching piece of art. The questions brought to the fore are ones all of us examine throughout our lives and must sometimes be willing to let go ...unanswered.

Playing with Fire (after *Frankenstein*) allows BoHo to continue to push its creative and artistic boundaries while bringing another outstanding piece to the BoHo Theatre @ Heartland Studio space.

AT A GLANCE:

Where: BoHo Theatre, 7016 N. Glenwood

When: Preview: Friday, March 6, 2009 at 8:00

Opening: Saturday, March 7, 2009 at 8:00

Running: Thursdays, Fridays, Saturdays at 8:00; Sundays at 2:00

Closing: Saturday, April 11, 2009

Tickets: Call the box office at 866-811-4111 or online at www.bohotheatre.com

Cost: \$16 - \$20

"The Maids"
Writers Theatre at the Books on Verdon Ave.
664 Verdon Avenue
Glencoe, Illinois

Reviewed by Richard Allen Eisenhardt

Writer's Theatre in Glencoe, IL is an established theatre company and one I'm always impressed with. Productions of "Lion in the Winter" and "Picnic" are some of their highly critical productions.

In 1947 French playwright Jean Genet wrote "The Maids" and Writers Theatre has a translation by Martin Crimp that is having a production in Writers theatre/s smaller theatre.

I maybe in the few, but I must admit this is indeed a strange play and I didn't find it one that I enjoyed with the exception of the director and the strong performance of its three person cast. I maybe in the minority of my evaluation but I was glad when the 100 minutes came to an end with no intermission but I'm sure many of the audiences won't find the evening taxing.

McDermott has assembled three top actresses who are Elizabeth Laidlow as Solange, Helen Sadler as Claire and Niki Lindgren as Madame.

It is billed as a French thriller that deals with jealousy, resentment, sexual tension and murder.

You'll see the sisters hate but serve their wealthy socialite employer and enjoy putting on Madame's wardrobe.

"The Maids" runs through April 5 in Writers "Books on Vernon" theatre. For performance schedule, show times and reservations call 847-242-6000. Tickets are \$40 to \$65.00

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Real Security



Chester M. Przybylo

During these unsettling times everyone is searching for ways to feel more secure. This article provides details on how different components of a complete estate plan can provide real security for you and your loved ones, while building a solid foundation that can bring peace of mind during these unsettling times and in the future.

There are some things you cannot control, like the economy or the weather. But you can do things that will provide real security in unsettling times.

Financial security is one aspect of your security and, of course, it is important to meet with your financial planner to make

sure you are investing your assets appropriately.

However, real security goes far beyond that. Security is knowing that you and your loved ones are taken care of now and in the future. A complete estate plan can do that, bringing peace of mind in unsettling times. I'm sure you'll agree, that now, more than ever before, it is vital to build a solid foundation that brings real security by protecting your assets and your family.

A complete estate plan allows you and your family to rest easier at night, knowing that you have planned for death and incapacity.

A complete estate plan includes:

A Revocable Trust. This allows for management of your assets in the event of disability and avoids probate.

Powers of Attorney. A Power of Attorney for Health Care allows someone to make medical decisions for you when you are unable to make them for yourself. A Property Power of Attorney appoints someone to make decisions over your financial assets and, if desired, can be effective upon your incapacity.

A HIPAA Authorization Form. This authorization form allows people you designate to find out information about you from medical providers. Without this, a hospital might refuse to disclose even your presence in the emergency room.

A Will. A Will is the document in which you appoint guardians for your minor children.

At night, before you go to sleep, you make sure the doors are locked and the kids are tucked in. With a complete estate plan in place, you can sleep a little easier at night knowing that the people you trust have the power to act for you in any eventuality.

We cannot control the world around us. But, just as we make sure that the doors are locked and the kids are safe in bed, we can put in place a structure to take care of things when needed. A qualified estate planning attorney, one who focuses his or her practice in the area of estate planning, can help design a plan that fits your unique needs.

After completing your estate plan, you'll be able to relax knowing that everything is handled and the kids are safe. Sweet dreams!

Chester M. Przybylo is a member of the American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. For more information or to attend an upcoming seminar, call (773)631-2525.

Free Choral Concert!

Seven area synagogue choirs take part in the annual Zemer Am ("Song of the People") Choral Festival, a free choral concert to be held Sunday, March 29, 4:00 p.m. at Shaare Tikvah (5800 N Kimball Ave, Chicago, 773-539-2202). Participating choirs are from Temple Beth Israel (Skokie), Jewish Reconstructionist Congregation (Evanston), Anshe Emet (Chicago), Shir Hadash (Northbrook), Am Shalom (Glencoe), B'nai Tikvah (Deerfield), and B'nai Jehoshua Beth Elohim (BJBE - Glenview) Also featured will be Kol Zimrah Community Singers, a volunteer civic chorus of Jewish singers from many backgrounds serving the metropolitan Chicago area, and the Milwaukee Jewish Community Choir.

Huggable Bears Teach Learning Disabled Students "To Do Good"

Bears of Hope, a Skokie-based non-profit volunteer organization that makes huggable fabric bears for ill or distressed children and seniors adults was one of four projects in a recent "Community Day" at the Professional Assistant Center for Education, (PACE) at National Louis University (NLU), Skokie Campus.

"Community Day was planned to give PACE students first-hand lessons about how you can feel good about doing things to help others," explained Barbara Richardson, PACE Student Life Coordinator. PACE is a special program at National Louis University, Skokie campus, for adults ages 18-30 with multiple learning disabilities. The program teaches students to live independently and work in the community.

The bears will be completed by other volunteers and then delivered to religious leaders and social service organizations to give to those in need of hugs and comfort. Since no two illnesses or situations are the same, no two bears are alike; each one is unique—that's Bears of Hope's philosophy!

The other three projects for the PACE Community Day included creating valentines for seniors; making dog biscuits for an animal shelter; and cleaning the land site around the NLU campus and nearby hotels.

Bears of Hope depends on volunteers and financial support to continue its work. All donations are used to purchase materials to make the bears. There is no paid staff. To volunteer or for more information, visit www.bearsofhope.com or contact Carolyn Reiner at 847-673-4098 or bears@carolynreiner.com. Mail contributions to Bears of Hope, 8331 Kostner, Skokie, IL 60076.

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FREE PROGRAM MARCH 12 TO EXPLORE FDR AND THE "NEW DEAL"

The \$787 billion economic stimulus plan has prompted some comparisons to FDR's New Deal.

Area residents have the opportunity to hear more about the New Deal at a free lecture at the Evanston Public Library at 7 p.m. on Thursday evening, March 12 hosted by the Republican Club of Evanston.

Speaker Richard Lorenc, director of outreach for the Illinois Policy Institute, will examine in what way today's economic crisis compares to the Great Depression, whether FDR's New Deal expanded the powers of the legislative and executive branches beyond those defined in the U.S. Constitution, whether this laid the groundwork for today's economic crisis and response and, finally, where the nation should go from here.

The Illinois Policy Institute is a non-partisan research organization dedicated to supporting free market principles and liberty-based public policy initiatives. Mr. Lorenc manages the Liberty Leaders program, which assembles and trains individuals interested in promoting liberty throughout Illinois.

This is the first in a three-part series examining current issues that are important to area voters hosted by the Republican Club of Evanston, a 175-member non-profit organization that serves as an outreach arm supporting the Evanston GOP and the Republican Party.

On Earth Day, Wednesday, April 22, Peter Fotos, director of government relations for the Heartland Institute, will give a presentation that challenges the belief that human activity causes climate change. The series will conclude on Thursday, May 14, with a presentation on minority participation in politics by Eric Wallace, PhD, publisher of the online magazine Freedom's Journal and former chairman of the African American Republican Council of Illinois.

For more information, email the Republican Club of Evanston at republicanclubofevanston@gmail.com or call the Evanston Republican Organization at 847 491-9190.

Stop Smoking Clinic in Evanston

The Evanston Department of Health and Human Services and Skokie Health Department will be hosting a six-session Stop Smoking Clinic April 7, 8, 9, 10, 13 & 21. All sessions begin at 7:00 p.m. The clinic is being held at the Evanston Civic Center, 2100 Ridge Avenue, Evanston, IL 60201. This program is being provided free of charge to people who live or are employed in either Skokie or Evanston.

Participants attend six evening sessions over a two-week period and then are eligible to attend follow-up sessions for long-term reinforcement. Twenty-four-hour live hot line service is available for all participants both during and after the clinic. Group and individual counseling is provided.

There are no shots, record keeping, hypnosis, needles, or any other quick-fix gimmicks. The method is clear and simple. Participants quit smoking completely at the first session and are supported through the worst period of physiological and psychological withdrawal. Long-term reinforcement then provides additional support to maintain abstinence.

Most people have paid fees ranging up to \$150 for this same program. Evanston and Skokie residents and employees are being provided this same quality of service at no charge, making this an unbeatable offer.

Jerry Zabin, L.C.S.W., is conducting the clinic. Mr. Zabin has been working in the field of social work since 1976. As the former Director of two addiction programs, he has a great deal of experience in working with chemical dependency. He has conducted Smoking Cessation Clinics over the past twenty years, helping many people to successfully stop smoking, and has maintained a psychotherapy practice since 1985.

Being a nicotine addict means there is no magic cure, no easy way out. But nicotine addiction - like any other drug dependency - is treatable. This program offers the most comprehensive and sound support to beat that addiction.

For information, go to www.evanstonssc.com or call the Evanston Health Department at (847) 866-2949.

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Please Welcome: Moshe Feiglin

Prominent Leader in the Likud Party

Get behind the scenes insights into Israeli politics, the elections, and coalition negotiations, and what they mean to you.

Please join us for a town hall style event with internationally known Jewish leader and speaker Moshe Feiglin. Moshe emphasizes strengthening Jewish identity as a key to resolving Israel's conflicts. Moshe will give a "behind the scenes" view of Israeli politics and the latest elections and coalition negotiations. After his brief talk, he will spend the evening answering your questions about Israel and its leadership issues that concern and affect all of us. Moshe has held events of this type all across Israel and North America and has captivated and excited his audiences with his sharp insights and his bright vision for Israel's future. We hope to bring that same excitement right to the heart of the Jewish Community of Chicagoland area.

Date: Monday, March 16th

Time: 8:00PM

Location: KINS Congregation

2800 W North Shore Ave., Chicago IL 60645

For more information, contact Shlomo Vile 847-401-6640

Email: chicago@jewishisrael.org

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Presidential Pooch

By Bosley

It seems that our Human's have recently elected a new President; supposedly it is someone to run the country. Humans always need someone "in charge," they are not like us dogs that decide things in the moment and adapt easily. We are much simpler than our beloved Humans, why don't we run the country? Of yes, because we are smart enough to not want the pawache! Anyway, it turns out that this new Pres. Wants a pooch for the family and the country is in a tizzy over what breed or rescue he should get, so I am throwing my paw into the ring!

Its nothing unusual that a President has a dog, who do you think helps makes the important decisions? You know Humans are helpless on their own! Anyway the issue is that the little Humans have allergies, so they are trying to make an educated decision on what dog to get.

My ears really perked up at this because of all the talk about hypoallergenic dogs. News flash; THERE IS NO SUCH THING! Many believe that it's the hair that makes them sneeze; actually it's the dander of the pet that does it. Why don't Human's realize this, it's a cruel twist of fate that man's best friend is not always tolerated by the Human nose. Yes, some of us dog's are easier for some people with allergies to tolerate, but that truly depends. There is NO GUARANTEE that just because you get a certain "so called hypoallergenic breed" that you won't be allergic.

We are told that the Presidential family is doing their homework, and that is very important! What I think anyone should do before adopting a new pup is go to the breeder's home, spend time with the dogs and see how you react. Do the same for the shelter dogs, most will let you spend time with the pups. Really love them and put your face in their hair. How does the allergic person react? Breeders and shelters want their pups in forever homes; they want to match the right pooch with the right family. Humans should not be afraid to ask their expertise.

There is NO GUARANTEE that a dog is hypoallergenic (I know I just said that, but sometimes Humans are a bit slow.) My Human has helped rehome many dogs that where suppose to be hypoallergenic and it turned out that the Human couldn't tolerate them. Humans please do your homework! There has also been some talk about those "designer breeds," as being hypoallergenic; I no you are laughing with me my furry friends; Human's just don't get how us dogs are made. Just because you breed one dog to something that is supposed to be hypoallergenic does NOT mean you get a hypoallergenic dog. The pure breed dogs of today took years of dedicated breeding and understanding of dogs to get us here, there was a purpose to each breed and why they wanted certain things. I don't think any breed was ever created to be hypoallergenic; it just turn out that some of us dogs got luckier than others. The point is, that you Humans need to make an educated decision about what pet to bring home. The effect the dog has on your nose is only one consideration (they only give me some much room to write so I won't get into anything else) so please do your homework.

My suggestion for the President is a Poodle of course! We are usually well tolerated by Humans, very smart, very classy, very pawfect! I don't know why Poodles get such a bad rap, did you know that Poodles where originally breed to go into the water and retriever the birds that the hunter shot, Yuck! Well, that shows how sporty and intelligent we are, but I am not putting any dead thing in my mouth!

Anyway, to the lucky pooch that will run our country, I really would like a day dedicated to us Dogs. For Heavens sake, even Groundhogs have a day!

Bark on!

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.



Rabies: A Discussion for Kids

by Peter S. Sakas DVM

Rabies cases in the United States (2006):

All animal cases	6943
Domestic animals	547
Wild animals	6393
Human cases	3

Rabies In Animals

Animals with rabies may act differently than healthy animals. Wild animals may move slowly or act tame. Also, some wild animals, like foxes, raccoons, and skunks, that normally avoid porcupines, may receive a face full of quills if they become rabid and try to bite these prickly rodents. A pet that is usually friendly may snap at you and try to bite.

There are two common types of rabies. One type is "furious" rabies. Animals with this type are hostile, may bite at objects, and have an increase in saliva. In the movies and in books, rabid animals foam at the mouth. In real life, rabid animals look like they have foam in their mouth because they have more saliva.

The second and more common form is known as paralytic or "dumb" rabies. An animal with "dumb" rabies is timid and shy. It often rejects food and has paralysis of the lower jaw and muscles.

Signs of rabies in animals include:

- changes in an animal's behavior
- general sickness
- problems swallowing
- an increase in drool or saliva
- wild animals that appear abnormally tame or sick
- animals that may bite at everything if excited
- difficulty moving or paralysis
- death

Animals in the early stage of rabies may not have any signs, although they can still infect you if they bite you. The incubation period is the time from the animal bite to when signs appear. In rabies, it is usually 1-3 months. But it can last as long as several years. Once the virus reaches the brain or spinal cord, signs of the disease appear.

Rabies In Humans

In humans, signs and symptoms usually occur 30-90 days after the bite. Once people develop symptoms, they almost always die. This is why it is very important to tell an adult and go to your doctor right away if you have been bitten by an animal that might be rabid.

Early symptoms of rabies include fever, headache, sore throat, and feeling tired. As the virus gets to the brain, the person may act nervous, confused, and upset.

Other symptoms of rabies in humans include:

- pain or tingling at the site of the bite
 - hallucinations (for example, seeing things that are not really there)
 - hydrophobia ("fear of water" due to spasms in the throat)
 - paralysis (unable to move parts of the body)
- As the disease advances, the person enters into a coma and dies.

How Do I Keep My Pet From Getting Rabies?

The best way to prevent rabies is to make sure your pets get and stay vaccinated against rabies!!

Other Ways To Prevent Rabies In Your Pets:

- Walk your dog on a leash.
- Never let them roam freely where wildlife may be present.
- Consider keeping your pets indoors.
- Call animal control to take wild or stray animals away, especially if you see an animal acting strangely.
- If an animal bites your pet, handle your pet carefully so you do not get bitten.

Get a rabies booster vaccination for them. Even if they have had the rabies vaccination, a booster shot will help them fight off the disease better.

Get your pets spayed or neutered. Pets that are fixed are less likely to leave home, become strays, and make more stray animals.

How Do I Keep From Getting Rabies?

- Never touch unfamiliar or wild animals. Enjoy wild animals from afar.
- Avoid direct contact with stray animals. Stray cats and dogs may not have been vaccinated against rabies.
- Never adopt wild animals or bring them into your home.
- Do not try to nurse sick animals to health. It is common to want to rescue and nurse a hurt wild animal, but that animal may have rabies. Call an animal control person or animal rescue group if you find a sick animal.
- Make sure that your trash cans and pet foods are secured so that they do not attract wild animals.

Continued next issue

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Emeritus Classes at Oakton

Explore the allure of the travel mystery and other topics this spring with the Emeritus Program at Oakton Community College. These featured courses meet at Oakton's Skokie campus, 7701 N. Lincoln Ave.

Mysterious Travel VI (HUM B29-71) explores the popularity of the mystery novel and the use of fiction to better understand other cultures. Eight-week course meets 11 a.m. – 12:30 p.m., Friday, starting March 27. Course fee is \$100.

The New Yorker (HUM E93-72) focuses on selections from the sophisticated magazine established in 1925. A subscription is required. Six-week course meets 9:30 – 11:30 a.m., Monday, starting March 23. Course fee \$77.

In the Footsteps of the Mighty Roman Empire (ART H17-71) examines the legacy of the Roman Empire. Course meets 1 – 2:30 p.m., Wednesday, March 25. Course fee is \$20.

For more information about the Emeritus Program, including costs of featured lectures, call 847-635-1414 or 847-982-9888, press 3. For a complete list of Emeritus classes, course fees, seminars, and events, visit <http://www.oakton.edu/emeritus>.

Safari-Land (Teen Trip)

Safari Land has created some of the wildest entertainment areas, with something that everyone can enjoy! High-tech hunters can capture any of our 170+ Video Arcade Games or try their luck at the Rifle Shot Gallery. Win tickets as you play some of your favorite games, and then redeem them at the Trophy Counter Redemption Center where there are dozens of prizes to choose from. Hunt down the Tiger Terror Roller Coaster - the largest indoor roller coaster in Illinois! Or discover other jungle adventures including the Safari Speedway Go Karts and Snake Pit Bumper Cars. Other exciting journeys await kids of all ages aboard the Tilt-A-Whirl and MaxFlight Simulator or the Lion's Den Merry-Go-Round! Fee includes transportation, supervision, lunch, unlimited bumper cars, tilt-a-whirl, monkey jump, merry-go-round, lions den and 2 rides on the roller-coaster, max-flight and kiddie go-carts. Please register by April 1st. (Min 15 / Max 50)

Ages: Students in grades 6 - 8 Date: Friday, April 10, 10:30am – 5:00pm
Location: Bus departs from and returns to the Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL

Fee: Resident: \$55 Non-Resident: \$75

Pre-Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Summer Camp Registration Expands

Nonresidents may join residents in registering for Evanston's many youth and adult camps this summer. Registrations are accepted in person, by phone or online.

The City offers more than 35 summer camps for youth and adults, including camps for children as young as age 2½. Choose from traditional full-day and half-day camps as well as the more family- and adult-oriented camps held late afternoon or early evening. To fit a variety of schedules, full- and half-day camp options and one-week and multi-week programs are offered.

The 2009 Summer Camp Guide, which describes each camp and the registration procedures in detail, is available at all community centers and the Civic Center. In addition, the full guide, including a registration form that can be downloaded, is available at the website listed above. For details, call 847-866-2900 or check online: www.cityofevanston.org/summercamps.

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Lenten Menu Ideas

Broiled Salmon Fillets (Moroccan style)

3 to 4 salmon fillets
2 tablespoons fresh chopped parsley
4 tablespoons of olive oil
1/2 stick of butter, melted
3 garlic cloves - crushed
2 tsp. paprika
1/4 tsp. of cayenne pepper
1 tablespoon of cumino
juice of 1/2 lemon

Arrange the fillets in a baking dish and place them under a very hot broiler. Cook, with the broiler door open for 3 to 5 minutes or until golden brown. Melt the butter, add oil and all the remaining ingredients, mix them all well, and pour over the salmon. Continue to broil for additional few minutes till a nice crisp on the top of this dish. Sprinkle with fresh lemon juice. Serve immediately with quartered lemon, if desired.

Prepared by: Elizabeth Elkayam

Send your favorite Lenten recipes to us so we may share them with our readers.

Our Village P.O. Box 31391, Chicago, IL 60631; fax: 847-679-8851 or email: contact@ourvillagechicago.com

Call for Artists for Evanston Festivals

The City of Evanston is seeking artists for its two summer arts festivals, the Ethnic Arts Festival, July 18-19, and the Lakeshore Arts Festival, Aug. 1-2. Set against the scenic backdrop of Evanston's lakefront, both festivals are held in Dawes Park, Church St. and Sheridan Road.

The Ethnic Arts Festival is a juried festival open to all ethnic, folk and fine artists whose work expresses the heritage of a national, regional, tribal or language group. Exhibitor fees are \$240 and the nonrefundable jury fee is \$35. The deadline for submitting applications is Monday, April 6.

Always held the first weekend in August, the Lakeshore Arts Festival continues to earn its reputation as one of the North Shore's premiere fine arts summer festivals. Also a juried event, it is open to all fine visual artists and crafters. Exhibitor fees are \$310 and the nonrefundable jury fee is \$35. Applications for the Lakeshore Arts Festival must be received by Friday, March 6.

Artist applications for both festivals are now available online at www.cityofevanston.org/arts. For more details, call 847-448-8260. The Ethnic Arts Festival and Lakeshore Arts Festival are produced by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency.



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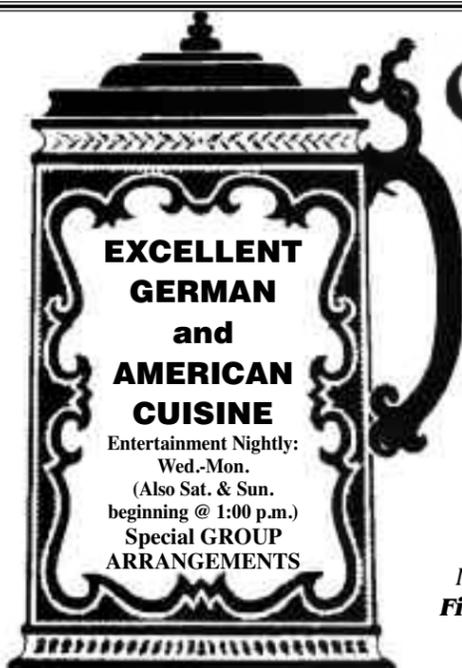
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