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Issue 10
May 11, 2016

Holocaust Remembrance Day (Yom HaShoah)

was *Thursday, May 5, 2016*

Turn to Page 9 for New Exhibit at the Holocaust Museum



ARMED FORCES DAY



Armed Forces Day honors all branches of the armed forces of the United States. It is celebrated on the third Saturday of May with military exercises on land, at sea, and in the air. Military installations are usually open to the public on Armed Forces Day.

President Harry S. Truman proclaimed Armed Forces Day, and it was first celebrated in May, 1950. It replaced three separate celebrations for the Air Force, Army, and Navy. James

V. Forrestal, the first secretary of defense, helped unite the armed services under the Department of Defense after World War II ended in 1945. (Taken from World Book, 1999 Edition)

We honor all of our men and women of the military everyday of the year for their selfless patriotism and service to all of us.

They keep us safe and watch over us not only at home but in the far corners of the earth where they are assigned. We can never express deeply enough our unwavering support and pride in these exceptional people, past, present and future.

Turn to Page 2 for Veteran's Information

Lake FX Summit - May 13-15

If you create, perform or produce... you're in.

Immerse yourself in the 2nd annual Lake FX Summit + Expo - the Midwest's largest free convening of artists and creative entrepreneurs.

- Join national leaders in the arts and creative industries for 100+ Lake FX Summit conversations, panels and workshop that will help you further your arts practice and career.

- Discover new emerging talent - and catch free performances by Chicago's breakout music artists at IN Tune Music Showcases with iHeartMedia. A separate registration opens May 2 for these events featuring Oscar and Grammy-winning artists Rhymefest and a special guest performance by Lupe Fiasco in support of Lake FX 2016.

- Sit back and enjoy the show at IN Sight Viewing Opportunities including a Podcast Stage featuring live recordings of your favorite local podcasts, real A & R Auditions by selected Chicagoland musicians in front of music label A & R executives, and a Festival of Chicago Film Festivals featuring screening selections from over 30 Chicago area film festivals.

- Connect with career-enhancing resources at the Lake FX Expo, featuring over 70 organizations in a trade show format.

- Browse and buy at the Lake FX Marketplace by Dose Market, a showcase of 60 local designers, chefs, makers, bakers, entrepreneurs and artisans.

- Chicago Cultural Center (78 E. Washington St.) and nearby loop locations. Visit our website for more details: www.cityofchicago.org



Resurrection President Receives Inspire Award

Resurrection College Prep High School President Sister Donna Marie Wolowicki, C.R. was honored by Presence Resurrection Medical Center on April 27, 2016, with the Inspire Award in recognition of her lifelong dedication to promoting healthy communities in the Northwest Chicago region. Resurrection students Micheline Janesku '16 and Kelsey Janesku '16 spoke at the Inspire Awards Ceremony on behalf of the Resurrection College Prep High School community and expressed the appreciation for all that Sr. Donna contributes to the school.

(For Complete Story, Turn To Page 5)



DCASE NEWS

CHICAGO DEPARTMENT OF CULTURAL AFFAIRS & SPECIAL EVENTS

Farmers Markets Season is Here

Thursday, May 12

7am-3pm Market

11:30am KICK OFF EVENT

Daley Plaza, 50 W. Washington St.

Food, Music and More!

(See Page 3 for Local Market Listings)

Maifest Chicago

Food, Dancing, and as Always... German Gemütlichkeit

Live Music & Entertainment All Days of the Event!

June 2nd - June 5th

Lincoln & Leland Ave.

Thursday: 5:00 PM to 9:30 PM "Rock the May Fest" Preview Party

Friday: 5:00 PM to 11:00 PM (8:00 PM Official Opening Ceremony, Traditional Keg Tapping and May Queen Crowning)

Saturday: 12:00 PM to 11:00 PM (Live Music & Entertainment)

Sunday: 12:00 PM to 10:00 PM (Maypole Dance, Ethnic Program)

Brought to you by the May Fest Committee, President: Joe Matuschka, Vice-President: Matt Lodge
Special thanks to the Lincoln Square Chamber of Commerce and 47th Ward Alderman Ameya Pawar

For more information visit www.mayfestchicago.com or www.lincolnsquare.org
Additional parking available at St. Matthias Church and MB Financial Bank

TICKETS ON SALE TODAY • 10AM

36th Annual

Taste of Chicago



Petrillo Music Shell - Grant Park

To purchase tickets, go to

tasteofchicago.us



City of Chicago
Mayor Rahm Emanuel





Community First Medical Center May Health Events For Area Residents

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in May.

Thursday, May 19— Thinking about joint replacement – 3:30 -4:30 pm. Community First Medical Center will offer free joint replacement information sessions in the Community Education room. These free sessions will be conducted by Carleen Nunez, R.N., B.S, N., O.N.C., along with staff from rehabilitation services. Attendees will receive educational materials, get questions answered, learn what to expect from surgery and meet some professional staff. Registration is not required. **Community Education Room, 2nd Floor.**

Friday, May 13— Free Healthy Aging Program – 1:00 – 2:30 pm. This program is for individuals aged 55 and older and consists of social time, health topics and guests lectures. Staff from Rush Alzheimer Disease Center will discuss Healthy Aging and Memory. Registration is not required. **7th Floor Conference Room A & B**

Sunday, May 15— Jacquelin Vaughn Spring Fair – 10:00 am – 2:00 pm. 4355 N. Linder Avenue, Chicago. Community First Medical Center will be providing free Blood Pressure Screenings. Registration is not required.

Tuesday, May 24— Diabetes Lecture – 12:30 – 1:30 pm. Diabetes is serious chronic disease that poses a major public health problem. The Illinois Department of Public Health reports more than 827,000 adults in Illinois have been diagnosed with diabetes and each year more than 2,700 residents die from the disease. Renee Sochacki, R.N., a certified diabetes educator from Community First Medical Center, will be offering a free lecture, “Blood Sugar Balance Act,” Mather’s Café located at 3235 N. Central Ave. The lecture will discuss signs and symptoms of diabetes and management options. **Registration required. 773-205-3300**

Thursday, May 26— Arthritis Support Group – 1:00 – 2:30 pm. This free support group aims to provide ways to manage your arthritis. Registration is not required. **7th Floor Conference Room C**

Honor Flight Chicago – “Operation Locate A Hero” - 2016 Season Planning Underway

Honor Flight Chicago (HFC), part of the National Honor Flight Network, was founded to recognize our Veterans – most specifically our WWII Veterans with a day of Honor, Remembrance, and Celebration from a proud and grateful Nation. HFC is currently working on the 2016 season flight schedule - with projected monthly flights from Chicago Midway to Washington, DC to visit their WWII Memorial. The trip is provided at (no) cost to the Veteran.

There are approximately (21,000) WWII Veterans remaining in the Chicago area – which HFC is requesting assistance from the public to help locate these WWII Heroes.

For more information please contact Jac Charlier at jac.charlier@gmail.com or visit (www.honorflightchicago.org)

Honor Flight Chicago is a 501(c)3 non-profit organization dedicated to the mission of flying our World War II veterans to Washington DC to see the WWII Memorial built in their honor.



Memorial Day Parade In Norwood Park: May 30th

Would you like to be a sponsor, participant or volunteer for the Norwood Park Memorial Day Parade? Please visit our memorial day parade website to sign up today! Visit www.norwoodpark.org.



Edison Park Post 541 Of The American Legion



Edison Park Post 541 of the American Legion will be meeting on the 2nd and 4th Thursday of each month at the Edison Park Field House, 6755 N. Northwest Hwy, Chicago, IL 60631. The meeting will start at 7:30 P.M. and is open to all Veterans who served in any branch of the United States military services during the armed conflicts listed below.

We are also forming a Sons of the American Legion Squadron. The requirement for becoming a member is:

All male descendants, adopted sons and stepsons of members of The American Legion and such males descendants of veterans who died in service during WWI - WWII - Korean War - the Vietnam War - Lebanon Grenada - Panama and the Persian Gulf War, during the delimiting periods set forth in Article 1 of the National Constitution of the The American Legion or who died subsequent to their Honorable Discharge from such Service shall be eligible for membership in the Sons of the American Legion.

Visit our website at <http://amerlegion541.wix.com/americanlegion541>

Sponsor Taft High School’s Trip to D.C!

We are looking for sponsors for our trip to D.C. to march in the National Memorial Day Parade. We are trying to raise enough funds to pay for all the chaperones and assist any students who may need it in order to participate.

Any donations questions can be directed to my email kjharriman@cps.edu and checks can be made to Taft Performing Arts Boosters.

For information on the parade: www.americanveteranscenter.org/avc-events/parade/





Day Camp
July 5 - August 12

Extended Camps
August 15-19 & August 22-26

Day Camp Summer Fitness Fests
August 3-5

Online Summer Registration opens April 4-5
In-person Summer Registration opens April 9

For more information about your Chicago Park District visit www.chicagoparkdistrict.com, or call 312.742.7529 or 312.747.2001 (TTY).

Financial assistance is available for eligible city of Chicago residents. Learn more now at: www.chicagoparkdistrict.com/day-camp/

STAY CONNECTED.

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City of Chicago, Rahm Emanuel, Mayor
Chicago Park District Board of Commissioners
Michael P. Kelly, General Superintendent & CEO

STAY CONNECTED.

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Container Gardening

By Nick Urhausen, Urhausen Greenhouses

Even if you live in a condo and only have a confined space like a balcony or a small deck, you can still experience a bit of nature with a container garden. A container garden is a collection of plants grown in a container or planter.

Whether you choose to buy a container which is already planted, or you decide to plant your own, there are a few things to remember.

First, realize that the size of the container will impact how frequently you will have to water. There is an old saying that “container gardening is container watering” implying that in a container, unlike the soil in the ground, you must supply all the water. I think larger containers are easier to care for over a long season.

Second, determine how much sun and shade your area has. This is very important because it will impact how your plants perform. If you put a sun loving plant in the shade it will not bloom as well as it should. Conversely shade loving plants may not be able to take the heat generated by the sun, and will struggle to live. You must determine the level of light over the course of a whole day from sun-up to sun down. With the information you will be able to select the right plants for your space.

Third, try to come up with a theme for your container. Your theme could be simple, symmetrical and elegant with a combination of something like geraniums and petunias or it could be more sophisticated with an asymmetrical blend of many different plants. Many people are copying the natural look best demonstrated by the public planters seen around the City of Chicago. On higher balconies, I would limit the use of really tall plants as one must consider the effect of the wind.

Fourth, you must maintain the planter. Any spent blooms should be discarded along with yellow leaves. Water the container when you see wilt in the plants or when the soil mix feels dry to the touch. Observe the weather - hot windy periods will always require more watering than rainy cooler periods.

The easiest way to keep your planter looking good is to fertilize the plants every two weeks with a well balance fertilize. There are many brands to choose from and they all get the job done. Follow the directions - don't fall in the trap of thinking if it says 1 scoop per gallon, then I'll really make my planter beautiful by using 2 scoops. This is wrong because too much fertilizer could make your planter perform as poorly as neglecting it would.

Fifth, enjoy your little slice of nature both visually and sensually with the various fragrances the plants give off.

Urhausen Greenhouses is located at 6973 N. East Prairie Road in Lincolnwood. Phone 847-675-1573; Website urhausengreenhouses.com



Chicago Farmer's Market Season Begins Officially on May 12th

Chicago's 2016 Farmers Market Program Provides Residents The Opportunity To Purchase Healthy, Fresh And Local Products This Season

Chicago Farmers Markets, presented by COUNTRY Financial, today released the 2016 schedule of market events beginning this spring and lasting through October at locations throughout the city's neighborhoods. The markets, managed by the Chicago Department of Cultural Affairs and Special Events (DCASE), will sell fresh fruits, vegetables, plants, and flowers, as well as other prepared food items. A complete list of city-run and independent markets, along with dates and times can be found at chicagofarmersmarkets.us

“Chicago's Farmers Markets bring fresh produce directly to our communities, and also serve as gathering spots to help build a stronger social fabric for our neighborhoods,” said Mayor Rahm Emanuel. “Each year these markets provide more of our residents and families with access to fresh, healthy, and sustainable foods while also supporting our local farms and food producers.”

This year, a select number of City of Chicago-managed market locations will accept LINK and will distribute double value coupons with every LINK purchase. The City of Chicago and DCASE have partnered with Experimental Station in order to provide this greater access to fresh produce across the city, including some areas designated low-income, low-access by the U.S Department of Agriculture (USDA).

The official kick-off of the Farmers Markets season will take place at the Daley Plaza Market on Thursday, May 12, at 11:30 a.m. Among the activities, COUNTRY Financial will announce the winner of the 9th Annual Reusable Bag Design Contest, and will provide free, reusable bags while supplies last. This year's winning design from a Chicago Public Schools student will be based on the theme “Our Farms, Your Table” and will be featured on thousands of reusable bags distributed throughout the season.

“We're thrilled to be participating in our 10th opening day as presenting sponsor of the farmers markets,” said Mike Fisher, Agency Vice President of Community Business Development at COUNTRY Financial. “It's the best time of the year when our vendors and friends are back at the market with farm-fresh products and we can fill up our new reusable canvas bag designed by a talented high school student.”

The City of Chicago-managed markets opening in May are the Daley Plaza Market at 50 W. Washington St. opening on Thursday, May 12; the Division Street Farmers Market at Division St. and Dearborn Pkwy. opening on May 14 and the Federal Plaza Farmers Market at Adams St. and Dearborn Pkwy. , opening on Tuesday, May 17. Most of the other markets open in June.

For a full list of all City of Chicago managed markets as well as over 35 independently run markets in the city, visit chicagofarmersmarkets.us. DCASE also operates Maxwell Street Market (800 S. Desplaines St.), a Chicago tradition of bargains and bargaining with an international flavor, open year-round on Sundays, 7am-3pm. The Maxwell Street Market will kick-off its summer season on Sunday, May 1. For details, visit maxwellstreetmarket.us.

The Chicago Farmers Markets presented by COUNTRY Financial® are produced by the Chicago Department of Cultural Affairs and Special Events and sponsored in part by 93XRT, CBS 2 Chicago, WLS 890 AM & 94.7FM, Chicago Transit Authority (CTA), the Chicago Tribune and the Department of Family and Support Services. For more information, visit chicagofarmersmarkets.us or call 312.744.3316, TTY: 312.744.2964. Join us on Facebook at Chicago Farmers Markets and follow us on Twitter @ChicagoDCASE (#ChiFarmersMarkets). 2016 Schedule of City of Chicago Farmers Markets

*Markets accept LINK

TUESDAYS

- Downtown – Federal Plaza Farmers Market* Adams St. & Dearborn Pkwy. May 17–October 25; 7am–3pm
- Lincoln Square Farmers Market* 2301 W. Leland Ave. June 7–October 25; 7am–1pm

THURSDAYS

- DALEY PLAZA DOWNTOWN MARKET* The longest running Farmers Market in Chicago 50 W. Washington St. May 12–October 27; 7am–3pm Downtown
- Willis Tower Farmers Market* 233 S. Wacker Dr. July 14 – October 17; 7am–3pm
- Garfield Park Community Market* 200 N. Kedzie Ave. Monthly - June 16, July 17, August 18, September 15 and October 13; 10am–1pm

SATURDAYS

- Division Street Farmers Market* Division St. & Dearborn Pkwy. May 14–October 29; 7am–1pm
- Garfield Park Community Market* 200 N. Kedzie Ave. Monthly – July 9, August 13, September 10, October 8; 10am–1pm
- Lincoln Park Farmers Market Armitage Ave. & Orchard St. June 18–Oct 29; 7am–1pm
- NorthCenter Farmers Market 4100 N. Lincoln Ave. June 25–October 29; 7am–1pm
- Printers Row Farmers Market* Polk St. & Dearborn St. June 25–October 29; 7am–1pm

Northtown Garden Society Spring Plant Sale

Saturday, May 21, 2016, 10:00 am to 2:00 pm

Warren Park Field House Lawn, 6601 N. Western Ave. Chicago

Spring is here and our gardens are awakening. Does your garden need some sprucing up? If so, you might be able to find just what you need at the Northtown Garden Society's fund-raising plant and garden sale.

We will be featuring:

- Donated perennials, grasses, shrubs and lots of hostas
- Used garden books, garden tools and garden décor
- And, NGS members will be selling their own garden décor creations to add a unique interest to your garden

The funds raised by this event will be used to support our educational and community service programs which include 3 scholarships for Warren Park summer day camp and donations to 3 area school (Boone, Armstrong and Waters) gardening programs.

Online Re-enrollment Now Available for City's Private Elm Tree Insurance Program

The City of Evanston's Environmental Services Bureau is pleased to announce the 34th consecutive year of its Private Elm Tree Insurance Program, covering the removal of elm trees on private property lost due to Dutch elm disease (DED).

New this year, participants re-enrolling in the program may do so online; first-time participants must complete a paper application. Both the online re-enrollment form and paper application are available at www.cityofevanston.org/elmininsurance. Application and payment must be received no later than Tuesday, May 31, 2016 in order for trees to qualify for insurance.

When DED infects a tree on private property, the homeowner bears the sometimes-staggering costs for removal, which can range from approximately \$1,000 to \$5,000. The City's Private Elm Tree Insurance Program covers the cost of removing infected elm trees, and also provides free testing of insured elms if DED symptoms appear. The insurance is for a one-year period, June 1, 2016 through May 31, 2017, and must be renewed annually prior to the Dutch elm disease season.

For more information about the program, visit cityofevanston.org/elmininsurance or call/text 847-448-4311. For convenience, residents may simply dial 3-1-1 in Evanston.

Evanston 2016 Beach Tokens Now Available For Purchase

Evanston 2016 season beach tokens are now available for purchase. Tokens are available at the Morton Civic Center, 2100 Ridge Ave., on weekdays between 8:30 a.m. and 5 p.m., and at Evanston recreation community centers. Most centers offer extended evening and/or weekend office hours; call 311 for details. Starting Saturday, May 21, tokens will also be available for purchase at the Dempster Street Beach office between 10 a.m. and 7:30 p.m. Cash, personal checks and credit cards are accepted.

Evanston's five public swimming beaches open for the season Memorial Day weekend on Saturday, May 28, 2016.

A beach token, also known as a season pass, is valid from the time of purchase through Labor Day, Monday, September 5, 2016. Tokens will be sold at a discounted rate of \$26 for Evanston and Skokie residents and \$42 for nonresidents through Friday, June 3. On Saturday, June 4, the price for a beach token will increase to \$34 for Evanston and Skokie residents and \$58 for nonresidents.

Daily beach admission is also available, and may be purchased at beach entrances. Daily admission is \$6 for children age 1-11 years and \$8 for those 12 years and older. Admission for children under age 1 is free.

To ensure that everyone has access to Evanston's beautiful beaches, the Mayor's Super Summer Recreation Program includes free beach admission through a 10-punch pass for Evanston teens, age 13-18 years old. Teens may pick up their pass beginning Monday, May 16 at Evanston recreation community centers and the main Evanston Public Library, 1703 Orrington Ave. Please contact 311 for details.

Additionally, Evanston residents who meet the income requirement are eligible to participate in beach token fee assistance and the free beach token program. To learn more about the fee assistance program, visit cityofevanston.org/recreationscholarship.

For more information about Evanston beaches, please visit cityofevanston.org/beaches or call/text 847-448-4311. For convenience, residents can simply dial 3-1-1 while in Evanston.

Free beach days for Evanston residents will be held at Clark Street Beach on Mondays from July 11 through August 29, 2016.

Free Shredding Event at Niles Township-May 21st

Niles Township is sponsoring its semi-annual free paper-shredding event on Saturday, May 21, 2016, from noon until 2:00 pm in the Township's parking lot located at 5255 Main Street in Skokie. This is a "drop and go" event, cars and pedestrians can enter through the Lockwood Avenue side. Residents are asked to bring no more than 2 shopping bags or small "banker boxes" of paper. Township staff will be on hand to supervise the shredding process.

"The spring season is a great time to start anew, clearing out old documents, bank statements and other paper clutter

in a safe, environmentally responsible way," stated Marilyn D. Glazer, Supervisor of Niles Township. Niles Township Government provides the shredding event for community members in May and October.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 105,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

Kiwanis Of Ravenswood

The Kiwanis Club of Ravenswood meets at Noon every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side. To confirm the meeting dates please call Maria Bappert at 773-728-8127. Thank you.

ONGOING SERVICE PROJECTS OF OUR CLUB ARE:

• Aluminum pull tabs; • Plastic bagel bags, old towels and any "decent rags" for our four-legged friends; • Plastic shopping bags for the Women's Ministry at Luther Memorial Church who weave mats for homeless people; • Outdated prescription eyeglasses; and last, but not least, • Box Tops for Education" for the Queen of Angels School.

Please note: You can EARN CASH for your school by buying your favorite Box Tops products, clipping them from the packages and send them to your school with your kids or deposit them in a box provided at your church. For each Box Top you collect you'll help your school buy the things it needs most. Some of the products that have Box Tops are Gold Medal flour, Kleenex, Cheerios, etc.

OUR LONG-TIME MEMBERS, THE BETHANY RETIREMENT COMMUNITY, CELEBRATES 125 YEARS OF SERVICE. The facilities are located at 4950 N. Ashland Avenue in Andersonville. It has a beautiful setting, traditional furnishings, lovely courtyard garden and comprehensive services. Several of our Kiwanis Club members have been residents there. We look forward to sponsor the Annual Out-door Picnic again sometime in September. The date will be announced as soon as we hear from them. 125 Years of Service - what a cause for celebration!

MAY, 2016 DATES - PLEASE MARK YOUR CALENDAR!

May 12 - Regular Meeting with Ms. Geri Weinstock from the Queen of Angels Girl Scout Troop as our guest speaker. She will inform our Club about the Troop's activities as well as camping trips and outings they have planned for this year. She was originally scheduled to be our guest speaker on April 14 but was not able to come due to a change in her work schedule.

May 26 - Regular Meeting followed by a Board of Directors Meeting.

May 30 - Memorial Day observed.

And looking ahead into June - We look forward to hosting members of the INSPIRED YOUTH CHORUS under the leadership of Beth Palmer on Thursday, June 23.

Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right Lawyer™." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at www.chicagobar.org.

How to Book a Free AFSP IL Speaker

American Foundation for Suicide Prevention, Illinois Chapter speakers are available to speak for free thanks to the generosity of our walkers, donors, and volunteers. To request a free AFSP Illinois volunteer speaker at your company, organization, club, religious center, meeting or other group complete the simple form at www.AFSPILSpeaker.org. For free AFSP materials and resources thanks to the generosity of Walkers like you go to www.AFSPMaterials.org. To donate to support AFSP go to www.Chicagowalk.org.

If you are in crisis, call the National Suicide Prevention Lifeline at:
1-800-273-TALK • 1-800-273-8255

OUR VILLAGE & STREET LEVEL

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Saturday, April 30 Started The National Prescription Drug Take Back Day Initiative

Saturday, April 30 began the National Prescription Drug Take Back Day initiative. The Drug Enforcement Agency (DEA) sponsors this effort at many locations throughout the metropolitan area, including two Village maintained drop-off locations in Skokie.

The Village of Skokie offers an expanded Drug Collection/Disposal program to prevent prescription drug abuse and help the environment. There is a white drop-off box in the lobby of the Skokie Police Department, 7300 Niles Center Road, for residents to dispose of unwanted, unused and expired medication at any time. This location offers 24-hour secure monitoring, collection and delivery to medical waste facilities in accordance with federal regulations.

Accepted drugs include prescription medications, controlled substances, all over-the-counter medications (i.e. pain relievers, cold medication, etc.), medication samples, pet medications, vitamins and supplements, medicated ointments, lotions,

creams and oils, liquid medication in leak-proof containers and homeopathic remedies.

This program does not accept needles/sharps, syringes with needles, thermometers, IV bags, bloody or infectious waste, personal care products, empty containers and hydrogen peroxide.

Since May 2007, the Skokie Health Department, 5127 Oakton Street, has accepted medications and used syringes/needles in puncture-proof containers. The Skokie Health Department drop-off convenience is available from 8:30 a.m. to 5 p.m. Monday through Friday. The Skokie Health Department is unable to accept controlled substances and non-prescription liquids.

For more information on the Skokie Drug Collection and Disposal Program, please contact the Skokie Health Department at 847/933-8252 or the Skokie Police Department Headquarters at 847/982-5900.

Released by the Public Information Division Janelle Silva 847/933-8257

Navy Pier And Mayor Emanuel Announce First-Ever Hotel On The Pier

Mayor Rahm Emanuel and Navy Pier, Inc. President and CEO Marilynn Gardner today announced that, for the first time ever, a hotel will be built on Navy Pier. The new hotel is part of Navy Pier's Centennial Vision, its plan for the redevelopment and reimagining of the 100-year-old Pier. The project will begin construction in 2017 and is expected to create 300 construction jobs and 200 permanent jobs.

"Navy Pier is Chicago's front door, serving as a beacon to visitors and one of our city's great economic and cultural sites. This new hotel will continue transforming it into a one-of-a-kind destination that will draw even more visitors from across the region and throughout the world," Mayor Emanuel said. "This new hotel will be a key part of the transformation and our efforts to bring 55 million visitors to Chicago annually by 2020, generating jobs and economic opportunity throughout Chicago's neighborhoods."

"As we continue to reimagine the Pier for its centennial and beyond, we are thrilled with the prospect of a hotel to further enhance the Navy Pier experience," Gardner said. "The hotel will provide a unique place to stay in Chicago year round - not to mention breathtaking and unparalleled views of the Pier, lake and city."

Comprised of five floors of rooms overlooking Navy Pier's South Dock, the new hotel will be located on the east end of the Pier next to Festival Hall. The hotel will have more than 200 guest rooms, which will be built above the south-facing Festival Hall terraces, providing guests with spectacular views of the city, Lake Michigan and the Pier.

For the first time in the history of Chicago's great landmark, Navy Pier will offer guests an opportunity to spend the night on the Pier - a convenient option for both local residents and out-of-town guests attending events on site, in the city on business, or just looking to spend extended leisure time at one of the Midwest's most popular locations.

The announcement comes on the cusp of Navy Pier's Centennial Celebration of its 100th anniversary. The Centennial Celebration will afford Navy Pier's guests the opportunity to experience the historic redevelopment work that has taken place. The Pier has made significant progress in its implementation of its Centennial Vision, a plan for reimagining the Midwest's most visited leisure destination that will better showcase a vibrant cultural, environmental, educational and recreational landscape.

For more information, visit our website at www.navypier.com.

Village Seeking Resident Input on Video Gaming

On May 17, 2016, at its Committee of the Whole meeting, the Village Board will discuss the prospect of allowing Video Gaming within certain commercial establishments in Lincolnwood. Video Gaming is currently prohibited within the Village, but is allowed in many other Illinois communities. At this meeting there will be a presentation from a Video Gaming operator along with discussion on the topic by the Village Board. Residents who are interested in learning more about Video Gaming are welcome to attend the meeting on May 17, 2016, at 6:30 p.m. in the Village Hall Council Chambers.

If you have any questions about video gaming, please contact Charles Meyer, Assistant to the Village Manager, at (847) 745-4715.

First Annual Race For Humanity 5K Family Event

Up to 700 people are expected to attend the inaugural city-wide Race For Humanity 5K and Kids 1K Fun Run on Sunday, May 15, hosted by Illinois Holocaust Museum & Education Center, 9603 Woods Drive, Skokie. This family-friendly event is supported by the Museum's newly formed Young Professional Committee (YPC).

Funds raised during Race For Humanity will help the Museum continue to equip and empower teachers, students, and the public to speak out against prejudice, hatred and indifference, and to make their communities and the world better places to live.

"This race will give families a chance to come together to help make the world a better place," said YPC co-chair Carly Rehbock. "It is a great opportunity for our community gain a deeper understanding of what the Museum is about: building awareness of the past, in order to prevent atrocities like the Holocaust from happening again."

Complimentary massages and stretching will be provided by Complete Chiropractic & Rehab. Food specialty trucks including Amanecer Breakfast Tacos, Beavers Donuts, Loop Juice and Chicago Tailgators will be on site selling food to runners and spectators.

All participants will receive free admission to the Illinois Holocaust Museum & Education Center.

Illinois Holocaust Museum & Education Center honors the victims of the Holocaust and transforms history into current, relevant, and universal lessons in humanity. Through world-class exhibitions and programs, the Museum inspires individuals and organizations and provides a universal wake-up call to action: Take history to heart. Take a stand for humanity. The Museum is open daily from 10:00 a.m. until 5:00 p.m.; Thursday evenings until 8:00 p.m.; and Saturdays and Sundays from 10:00 a.m. until 5:00 p.m. Learn more at www.illinoisholocaustmuseum.org



Skokie Theatre Annual Benefit Held on Tony Awards Night



By Wayne Mell, Artistic Director

On Sunday, June 12, Broadway's elite will gather to celebrate their past year and hand out Tony Awards. However, in spite of our awesome work this past year, once again we've been overlooked. But we understand. Our downtown Skokie location gives new meaning to "off Broadway". But that isn't going to stop us for celebrating.

This year's annual benefit for Skokie Theatre will be a Tony Awards Party on Sunday, June 12 starting at 6:00 pm. The awards themselves will be broadcast live on our big screen, but there will be live entertainment as well. Regular Skokie Theatre performers like Johnny Rodgers, Darryl Nitz, Laura Freeman and others will be performing your favorite songs from hit Broadway shows. There will be a contest to predict the Tony winners, of course, but there will also be other games, raffles, and giveaways. Guests are encouraged to dress up and have their photos taken on our red carpet as they arrive. There will be complimentary champagne, and hors d'oeuvres.

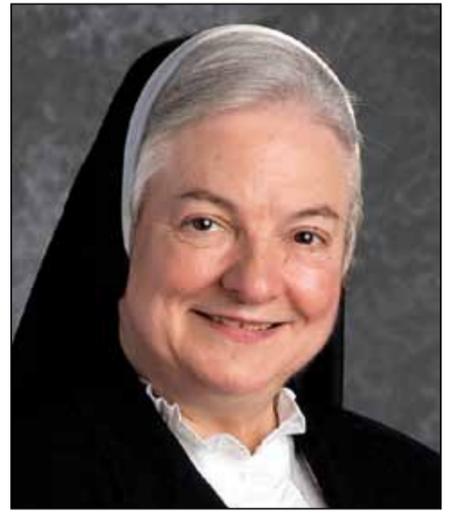
We will also be presenting a special volunteer appreciation award to Skokie resident Myrna Petlicki. Since we opened, Myrna has been using her connections through the Chicago Cabaret Professionals and the Chicago Tribune to build awareness of the theatre, attract audience members, and much of the top notch entertainment we feature on the stage. We will be honoring her with a special award that evening.

Admission is \$75 per person, which is basically the price of a show ticket with a modest donation attached. But your attendance is vital to keeping live entertainment flourishing in downtown Skokie. Your donations help us in three ways. They are used to help us build awareness in the community. Skokie Theatre brought over 9,000 patrons to downtown Skokie last year. These patrons also shopped at local stores and ate at downtown restaurants. Your funding helps us reach new people to make downtown Skokie even stronger. Your donations also supplement children's theatre education. Last year, we opened our doors to local school districts and organizations so that students could perform in our facilities. Thanks to your donations, we could do this for a fraction of the fees that we would charge professional performers. And your donations help us maintain the building and upgrade the technology. Last year, your donations provided us with a digital baby-grand piano and a set of wireless body mics. This equipment helped improve the theatre-going experience for everyone.

So dust off your tuxedos and your ball gowns, put on your summer diamonds (summer diamonds and summer not), and join us for the swankiest awards party in town. Reservations can be made online at SkokieTheatre.org or by calling our box office at 847-677-7761. We look forward to seeing you there.

Resurrection President Receives Inspire Award

Resurrection College Prep High School President Sister Donna Marie Wolowicki, C.R. was honored by Presence Resurrection Medical Center on April 27, 2016, with the Inspire Award in recognition of her life-long dedication to promoting healthy communities in the Northwest Chicago region. Sister Donna, an alumna of Resurrection College Prep High School, holds a Bachelor's Degree in Nursing from Loyola University and began her career as an intensive care nurse at Resurrection Medical Center. She went on to earn a Master's Degree in Nursing from Loyola University and a Master's Degree in Business Administration from North Park University. From 1989 to 2011 Sister Donna led Resurrection Medical Center's operations as its Executive Vice President and CEO where she was responsible for the operation of the hospital, strategic planning, mission integration and financial planning.



In 2013, Sister Donna Marie Wolowicki, C.R. assumed the role of President of Resurrection College Prep High School, where she continues to use her skills to further the mission of the school. In this role, Sister Donna continues to serve the community and provides leadership as a woman of faith and service. Resurrection students Michelene Janesku '16 and Kelsey Janesku '16 spoke at the Inspire Awards Ceremony on behalf of the Resurrection College Prep High School community and expressed the appreciation for all that Sr. Donna contributes to the school.

Sister Donna also serves on the board of Solidarity Bridge, an organization that serves Latin American communities with healthcare services to families living in poverty. In addition, she serves on the board of Maryville, which supports children and families in crisis, and on the board of McGivney Centers of Hope and Healing, which provides care to women with difficult pregnancies.

The Presence Resurrection Medical Center Inspire Award is presented annually to a community leader or organization that exemplifies the values that inspire outreach to the community. The Inspire Award recognizes exceptional leadership from an individual or organization that has gone above and beyond the call of duty to advance the well-being of the community.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.

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A Winning Way to Work Out in the Neighborhood



Research shows that regular physical exercise is good for just about every aspect of your health, from keeping blood pressure down to boosting your mood. The trick to sticking with it is to find something you enjoy. If you dread going to the gym, you're less likely to spend time there.

Diane Devlin, age 72 years young, seems to have no trouble staying active—and she's found a routine that keeps her moving all week long. She joins in four different fitness classes at Mather's—More Than a Café, as well as walks on the treadmill there. "It's helped keep my weight down, and helped with my blood sugar and blood pressure," she explains.

Movin' on Up to Mather's

Up until six or seven years ago, Diane worked out at a neighborhood gym; when it closed, she began walking regularly in the neighborhood with a friend. "Our route took us right past Mather's—so one day we decided to go in and check it out." Once Diane discovered Mather's—More Than a Café included a fully equipped fitness center, she knew she'd found a replacement for her gym. She immediately began working out at Mather's with her neighbor three times a week. "I really enjoyed it," she says. "I'd walk on the treadmill, and I could see what was happening [inside the Café]—I watched the various [fitness] classes."

Mather's—More Than a Café offers 12 classes each week for adults over the age of 55, including chair yoga, circuit training, total body fit, tai chi, and more. Each session costs only a few dollars, and there is no membership required! Today, Diane regularly attends four different classes each week, in addition to walking on the treadmill before each one. She also walks to and from Mather's—a total of about two-thirds of a mile.

"The classes are all so much fun. You really get to move, and the people are so great," says Diane. She likes all the instructors, explaining that each has a different style, which keeps things interesting. "They're all very helpful. You can go at your own pace," she explains.

As for class participants, she says, "We're like a little family. There are probably about 10 of us—we talk before and after the class. Everyone is welcome to join—we'll introduce ourselves to any newcomers, and explain the class. We help one another out."

Stop in and See What's Shakin'

Interested in trying out a fitness class or a workout at Mather's—More Than a Café? Stop in and learn about opportunities—and stay for lunch! Mather's—More Than a Café in Portage Park is located at 3235 N. Central Avenue, and is open Monday through Friday from 8:00 a.m. to 4:00 p.m. The other northwest side location, which also offers a variety of fitness classes, is at 7134 W. Higgins Avenue, and will be closed from May 23 to June 7 as it undergoes a transformation. For information on Mather's—More Than a Café, visit www.mathersmorethanacafe.com or call the Portage Park location at (773) 205.3300.

"A Theater Review"

"Hazel" A Musical Maid in America

100 Drury Lane, Oakbrook Terrace, Illinois

Reviewed by Richard A. Eisenhardt

My hat goes off to Kyle DeSantis and the Drury Lane Theatre for giving audiences a brand new musical entitled "Hazel" A Musical Maid in America.

The story is based on Ted Key's creation for the Saturday Evening Post. The show has a book by Lissa Levin with music by Ron Abel and lyrics by Chuck Steffan. It was a TV situation comedy starring Shirley Booth. The story takes place in 1960 when America was adjusting to several changes that included Russia and space.

It deals with the Baxter family who are Ken Clark as George and the beautiful Summer Naomi Smart as his wife, Dorothy. Their son, Harold, is played by Casey Lyons, a young actor of eleven. Casey has an outstanding voice as you'll see with his solo on "Space" number. Harold hangs out with three friends played by Tyler Martin, Ava Morse, and Rowan Moxley, all of whom believe that aliens have landed.

George snags a big client with hopes of a partnership and when his wife Dorothy goes back to work they hire a maid, Hazel, played by Klea Blackhurst. She knows how to belt out the songs and is an excellent actress. Remember her name as she has the talent to be around for a long time. A good role would be the lead in "Call Me Madam."

In the play Hazel asks the question, "Can a simple maid debone a turkey, save a marriage, uncover a matter of national security and lead a conga line?" ...but you'll see Hazel can.

A major client in the story is played by Ed Kross as Bonkers Johnson. You'll laugh at his antics when he gets involved with Hazel and the kids with their ups and downs.

"Hazel" runs two and a half hours and should be trimmed by at least thirty minutes.

Most of the songs are not memorable but they are worthwhile. The musical direction is by the fantastic Roberta Duchak. The show is under the direction and choreography of Tony nominee and Emmy award winner, Joshua Bergasse.

For a new musical it is worth going to see.

"Hazel" A Musical Maid in America, runs through May 29th. For show days—show times and reservations call 630-530-0111 or 800-745-3000. Tickets range from \$45 to \$60. There is free parking and also valet parking. Meals are extra but reasonable. Their website is www.drurylanetheatre.com.

-- Three and a Half Stars --

Norwood Crossing Residents Combine "A Tribute to the Rat Pack" Musical on May 14 with Spring Art Show Opening

The public is invited to attend the musical, "A Tribute to the Rat Pack," featuring old time favorites sung by Norwood Crossing residents and made famous earlier by

Sammy Davis, Jr., Dean Martin and Frank Sinatra. The program will begin at 3:00 p.m., on May 14, in the Norwegian Heritage Room at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Afterward, stroll through the first and lower floors of Norwood Crossing to view the creative artwork of Norwood Crossing residents during their Spring Art Show, which opens following the musical performance.

The musical, produced and coordinated by music therapists, Nicole Moller and Jessica Georgi, along with dance movement/therapist, Joan Lin, and art therapist, Katie Reagan, will include a cast of Norwood Crossing residents, performing a wide selection of easy listening songs with piano accompaniment by Norwood Park resident Dan Collins. Following the musical, visitors will have the opportunity to view artworks displayed on walls and in cabinets on the first and lower floors, meet the artists and enjoy refreshments at a reception in the Wellness Center. The artwork, which is an outgrowth of Expressive Art group sessions under the guidance of art therapists, will be displayed through August 31.

For more information, call (773) 577-5377, email info@norwoodcrossing.org or visit norwoodcrossing.org/artshow.

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Chicago Brauhaus/Treffpunkt 1965-2016

Congratulations On A 50+ Year Tradition As "The Golden Standard" In Dining And Entertainment!

As their eagerly anticipated month-long Maifest celebration is about to begin on May 6th, everyone, far and near, seems to know this place, but does everyone know how it all began and continues to this day?

First, and most importantly,

Harry and Guenter Kempf are, of course, the Chicago Brauhaus. We know them as consummate business men and leaders of the community in Lincoln Square. Their contribution to the preservation of their ethnic heritage is appreciated by, not only their fellow German-Americans, but by all who relish in the diversity of Chicago's neighborhoods.

It wasn't always, however, the Chicago Brauhaus as we know it today and Harry and Guenter Kempf weren't always as well known and heralded as they are now. In fact, Lincoln Square was at one time, only an idea.

Since all great ideas require great people to make them a reality the Kempf brothers were the perfect people, in the perfect place, at the perfect time.

The Kempf family has had a long musical tradition. Their Father was a gifted, though no formally trained piano and bass player. Since the time of their youth, Harry, Guenter and their Dad played music together, mastering many different instruments along with singing.

Harry's journey to America began in 1956 when he was only 19 years old. He came to Chicago, bought a bass fiddle at Lyon and Healy, and used his talents by acquiring a job singing at Zum Deutchen Eck. He was soon playing his bass as well. He eventually formed a trio which performed at Little Hawaii at 5100 N. Western Avenue. He then went on to gather nine other musicians to play in a 10 piece band called The Continental Ensemble.

In 1963 Harry opened Zum Lieben Augustin next to the German Theatre (which is now the Davis) on Lincoln Avenue, and offered lunch, dinner and music, of course, to his patrons.

Guenter arrived in Chicago in 1965 leaving behind a prosperous job in an appliance manufacturing company in Stuttgart. After serving in the army into which he was drafted, he decided to spend a year in America with a promise from his old boss in Stuttgart that he was welcome to his previous job when he returned.

He, as we all know now, did not return to Germany, instead, joining his brother Harry to open Treffpunkt restaurant on Lincoln Avenue in 1965. There they played music, with Harry on his bass, Guenter on the drums and Max on the accordion. They served German traditional foods and developed quite a following.

In 1965 Lincoln Avenue consisted of Meyers Deli (now Gene's), the Treffpunkt and various storefronts. The street was unfinished and a bridge connected one side with the other. The Chamber of Commerce had an idea to create an ethnic center with businesses being established around that area, but with no streets and no businesses, the hope seemed distant.

Enter Harry and Guenter.

To bring the people there, Harry and Guenter decided to run an Oktoberfest. They had a tent set up from Lawrence Avenue to Giddings (on Lincoln Avenue) and on their own, orchestrated what has become an eagerly anticipated event which thrives to this day.

Even though it was mid-November by then, they decided to set a time for a Friday and Saturday, and hoped the weather would cooperate. Mrs. Ed Kelly invited all the senior citizens in the area for brats and coffee and Bingo on Saturday afternoon to kick off the Fest.

The evening on Saturday and all day Sunday were a rousing success. The temperature was 60 outside and inside the tent the warmth and fun made it seem even toastier. On Sunday night, after the party finished, a heavy rain began to fall - holding off just long enough for everyone to finish enjoying themselves.

The current German Day Fest is, of course, the offshoot of this original Oktoberfest and now is held every September in Lincoln Square at Leland and Western Avenues.

There are now many more tents, more people and more food and music and cultural activities and performances to delight young and old alike, and the senior citizens still kick off the festivities with a luncheon on Friday afternoon before the 2-day/3-night event begins.

As a result of all of the hard work and planning and hoping, people began to come back to Lincoln Square to shop, dine and congregate. The streets were finished and everything looked like it was only going to improve.

Then in 1985 there was a fire at Witzel's shoe store, right next door to the Treffpunkt restaurant. The area was once again in ruin.

As though they had a premonition, the year before Harry and Guenter had purchased Roehrich's furniture store just across Lincoln Avenue from the Kempf's Treffpunkt. They planned to remodel the building to eventually house banquets, weddings, and large events. When the fire hit, Treffpunkt was destroyed along with a lot of the area businesses.

Within 60 hours, the old Treffpunkt would become the current Chicago Brauhaus. Like a Phoenix, the Kempfs built their dream of a rendition of Munich's Hoffbrauhaus. Little by little, while still remaining open for business, they remodeled from the ground up.

The original lamps from Henrici's Restaurant still hang from the ceilings, and the bar stools from Rush Street are still in place.

Harry, who played music all the time at the Treffpunkt, now jumped in and became Chicago Brauhaus' chef. The nightly music still continued with Guenter at the helm.

Through these many years, Harry and Guenter Kempf have managed to remain an institution in Chicago. People still come from far and wide, and from just down the street,



The Kempf brothers, Harry (left) and Guenter (right) flank their iconic emblem of the Chicago Brauhaus as they overlook Kempf Plaza.

to experience the togetherness and friendly ambience of this one-of-a-kind place. The family Kempf has always stuck together, continuing with Alfred (Freddie) Kempf, Harry's son, who represents the next generation. The basic, strong work ethic, talent and perseverance nurtured by their parents and upbringing, have made them a success in every way.

Generations of Chicagoans and visitors alike have been drawn to Chicago Brauhaus which has served as an anchor to the German-American culture and traditions. Just as the extraordinary staff and musicians have been there for what seems, always, so have the families who look to this icon as a place for special celebrations and events, or to join in anytime with festivities which are constantly going on. In one visit, you will feel a part of the Chicago Brauhaus family, all ages, always welcome, enjoying the good clean fun while dining on German traditional favorites, topped off with a beer, wine or cocktail.

Live music six days a week invite dancing on the central dance floor or listening and enjoyment of German and English

standards. You will see couples, children or groups dancing to German and American favorites including the chicken dance.

Seasons bring the special events which have become a tradition for the generation of families who have been enjoying Brauhaus hospitality. There is always a party going on, whether it's Oktoberfest in September/October, a 5-week long celebration of fun, music, food and drinks, or Maifest which runs for 4 weeks in April/May, or special bands and entertainers from Europe make Chicago Brauhaus a yearly stop.

In 2000, the City of Chicago honored Harry and Guenter Kempf by naming Giddings Plaza the "Kempf Plaza." The plaza, which sits directly across the street from Brauhaus, hosts band concerts in the warm weather and is a lovely spot for sitting and relaxing in front of the fountain. It is a true European setting which befits its location and deserves the respected name it so proudly bears.

A little extra note:

A friend recently returned to Chicago after being away for quite a few years. One of the very first outings she had with her Family was to Chicago Brauhaus. She remarked that it was "like truly coming home again". Everything was as she remembered; the same wonderful food, the same lively and fun entertainment and the same contagious feeling of warmth that has continued for, now generations of families, old and new.

Slots Still Available For Chicago Park District's Summer Camp

Thousands of spaces are still open for the Chicago Park District's popular summer programs, and day camps that begin as early as June 20th.

Register online or at your local park for summer camp and a wide array of programs, including favorites like Learn to Swim, fitness center memberships, indoor basketball, gymnastics and more.

Park patrons are encouraged to browse through the list of programs for 2016 at www.chicagoparkdistrict.com.

Standard day camps run six weeks, from July 5 – August 12, typically from 9 a.m. - 3 p.m. or 10 a.m. - 4 p.m., Monday through Friday. Many parks offer early morning and late-day sessions as well. Fees vary depending on location, offerings and hours. No child will be turned away for inability to pay.

Regular summer programs run the week of June 20 through the week of August 22.

As part of the summer camp curriculum, campers will embark on an enriching journey through Chicago's 77 neighborhoods. The camp theme, Explore the Spirit of Chicago - My Neighborhood, Our City, will offer new and unique ways for campers to enjoy their summer experience at their local

parks, and explore our city through a series of exciting indoor and outdoor activities.

"We're preparing to make summer 2016 one of the best by giving campers a passport to the city and offering them a unique opportunity to explore and enjoy their neighborhoods through play," said Michael P. Kelly, General Superintendent and CEO. "The Chicago Park District offers a menu of camps at parks throughout the city to ensure that our young park goers keep active, engaged and safe this summer."

Financial Assistance

Financial assistance and family discounts are available. Applicants that do not qualify for financial assistance may inquire about the payment plan option at their local park.

Summer Food Service Program

In accordance with the United States Department of Agriculture (USDA) federal regulations, the Chicago Park District will participate in the Summer Food Service Program in conjunction with summer day camp. Lunches and/or snacks will be provided for enrolled children at most camps.

For more information, contact your local park, visit www.chicagoparkdistrict.com or call 312-742-PLAY.

The Adler Planetarium Brings Science To You With 'Scopes in the City!

All year long, Adler astronomers and educators are bringing the museum—and the Universe—a little closer to you! With 'Scopes in the City, Adler team members lead free sky-observing programs and related conversations in Chicago and Chicagoland neighborhoods. Depending on the dates, times and locations of the 'Scopes in the City events, attendees may be able to observe the Sun, Moon, Jupiter, Saturn, and more. In 2015, nearly 2,200 people attended 'Scopes in the City events!

Below are the dates for the 2016 events. Please visit our website at <http://www.adlerplanetarium.org/education/scopes-in-the-city> for more information, and additional events as they are added.

| DATE | LOCATION | TIME |
|------------|---|------------------------|
| 5/10/2016 | Chicago Theater – Neil DeGrasse Tyson Show | Post-Show |
| 5/14/2016 | Forest Preserve District of Cook County, Nature Block Party | 11:00 am – 3:00 pm |
| 5/17/2016 | Windy City Thunderbolts 'School Day' Baseball Game | 10:35 am – End of Game |
| 5/17/2016 | Richard M. Daley Library | 6:00 pm – 7:30 pm |
| 5/25/2016 | Windy City Thunderbolts 'School Day' Baseball Game | 10:35 am – End of Game |
| 6/8/2016 | Kilbourn Park | 3:30 pm – 4:30 pm |
| 6/9/2016 | Kilmer Elementary School Science Night | 4:30 pm – 6:30 pm |
| 6/10/2016 | Palmisano Park Phenology Festival | 5:30 pm – 7:30 pm |
| 8/10/2016 | Warrenville Public Library | 7:30 pm – 8:45 pm |
| 9/8/2016 | Star Lounge Coffee Bar | 7:30 pm – 9:00 pm |
| 9/22/2016 | 606 Trail Western Trailhead (Northwest Side) | 7:30 pm – 9:00 pm |
| 9/27/2016 | Nature Museum (21+ Event, Nature On Tap Ticketholders Only) | TBD |
| 10/5/2016 | Star Lounge Coffee Bar | 7:30 pm – 9:00 pm |
| 10/8/2016 | International Observe The Moon Night, Chinatown (Near South Side) | 6:30 pm – 8:30 pm |
| 10/28/2016 | Eggers Grove (Far Southeast Side) | 5:00 pm – 8:00 pm |
| 11/8/2016 | Back of the Yards Library | 5:00 pm – 6:30 pm |
| 11/18/2016 | Dan Ryan Woods Pavilion (South Side) | 5:00 pm – 8:00 pm |

Because all 'Scopes in the City events are weather permitting, please follow us on Twitter @AdlerPlanet or search #ScopeintheCity for updates. You never know where our telescopes will pop up next!



New DCASE Opportunities Newsletter

Do you know that DCASE is now sending a separate monthly email focused on opportunities, including grants, artist calls and professional development, for artists and creative professionals? If you would like to receive this mid-month newsletter, visit our website at <http://www.cityofchicago.org>.

Chicago Cultural Affairs

Spring has sprung in Chicago! Discover how to put a "spring" in your step this month with FREE events presented by the Department of Cultural Affairs and Special Events.



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STAY CONNECTED.



Grandchildren Of Chiune-Sempo Sugihara, The Man Who Helped 6,000 Jews During World War II, To Meet Grandchild Of Sugihara Survivor

Chiune-Sempo Sugihara was a Japanese diplomat who served as Vice-Consul for the Empire of Japan in Lithuania. During World War II, he risked his career and his family's lives to help 6,000 Jews leave the country by issuing transit visas so that they could travel to Japanese territory. The Jews who escaped were refugees from German-occupied Western Poland or Russian-occupied Eastern Poland, as well as residents of Lithuania. In 1985, Israel named him to the Righteous Among the Nations for his actions, the only Japanese national to be so honored.

Chiune-Sempo is also listed on the Museum's Fountain of the Righteous and the Museum's Karkomi Holocaust Exhibition includes a list of 2,139 refugees who received Sugihara transit visas to Japan (c. 1940).

On Friday, May 6, 2016, Sugihara's grandchildren, Mr. Chihiro Sugihara, and Ms. Madoka Sugihara met Ms. Arielle Salomon. Arielle's grandfather Abram Salomon was one of the many Jews who were saved by Chiune-Sempo Sugihara.

The group visited the Museum to view artifacts and memorabilia related to Chiune-Sempo Sugihara and his heroic efforts in the Museum's Karkomi Holocaust Exhibition.

Friday, June 29, 9:15 a.m.

Mr. Chihiro Sugihara, Grandson of Mr.

Chiune Sugihara

Ms. Madoka Sugihara, Granddaughter of Mr. Chiune Sugihara

Ms. Arielle Salomon, granddaughter of Abram Salomon, Sugihara Survivor

Mr. Yukio Rimbara, Chairman, Advisory Committee, Sugihara UNESCO Memory of the World Project

Mr. Masanori Kaneko, Mayor of Yaotsu Town, Nominator of Sugihara UNESCO Memory of the World Project

Mr. Masaru Nakayama, Chief of Sugihara UNESCO project, Yaotsu Town Office
Mr. Toshimitsu Obara, Executive Director, Gifu Prefectural Government,

Where: Illinois Holocaust Museum & Education Center, Karkomi Holocaust Exhibition, 9603 Woods Drive, Skokie

Illinois Holocaust Museum & Education Center honors the victims of the Holocaust and transforms history into current, relevant, and universal lessons in humanity. Through world-class exhibitions and programs, the Museum inspires individuals and organizations and provides a universal wake-up call to action: Take history to heart. Take a stand for humanity. The Museum is open daily from 10:00 a.m. until 5:00 p.m.; Thursday evenings until 8:00 p.m.; and Saturdays and Sundays from 10:00 a.m. until 5:00 p.m. Learn more at www.illinoisholocaustmuseum.org

Earth Day – April 22

On April 22 we commemorated Earth Day. But actually, we should do it EVERY DAY. It's very simple: BY DOING OUR BEST TO RECYCLE. Everyone in Chicago received a post card from the City which specified which items should be placed in the trash can or into the blue bin. Mother Nature has been very good to us, but now it's our turn to be good to Mother Nature. So let's all work together on this important project. Thank you, thank you.

Foster/Harlem News and 5/17/16 Meeting

The Foster Harlem Property Owners Association's next meeting is scheduled for Thursday May 19th at 7:00pm at St. Monica's Beyenka Hall, 5101 N Mont Clare. We hope you can join us for this informative meeting. Bring a neighbor!

Guest Speakers:

William Looney, Commander of the 16th District, will discuss the Chicago Police Department's plan to reduce crime in our area.

Jean Khut from the Active Transportation Alliance will give a presentation on upcoming bicycle riding events and projects this organization sponsors.

16th Annual Greater Chicago Epilepsy 5K Emceed By Chicago's NBC Sports Anchor Mike Adamle

Over 3,000 people from across the Chicagoland area are expected to take part in the Sixteenth Annual Greater Chicago Epilepsy 5K (3.1 miles). Two events will be held in Chicago and the surrounding suburbs. The first event will take place at Wheaton's Cantigny Park on Saturday, May 7, 2016, followed by the largest event at Montrose Harbor in Chicago on Saturday, May 21, 2016. The Montrose Harbor 5K will include a timed run option.

NBC's Sports Anchor Mike Adamle will emcee the Chicago Montrose Harbor 5K event on May 21. Mike is best known for his co-host role on American Gladiator, and is also a former NFL player and a long-time supporter of the Epilepsy Foundation of Greater Chicago.

Adamle is encouraging others to join him at the 5K and will be offering participants the opportunity to "Run with Mike Adamle" in an effort to unite the community and support this worthy cause.

Both events will begin at 10:00 am, with participant check-in starting at 8:00 am. The advanced registration fee is \$30 for adult and teen walkers aged 13 and older, \$20 for children ages 5-12 and FREE to children under the age of 5. Advance runner registration is

\$40, this option will only be available at Montrose Harbor. Participants may also register the day of the event. On-site registration will incur an additional \$10 fee. All participants will receive a free Greater

Chicago Epilepsy 5K t-shirt and those that fundraise a minimum of \$100 will receive an EFGC drawstring bag. In addition to the 5K, the events will include family-friendly entertainment, activities and a variety of incentive prizes.

Participants may register for the Greater Chicago Epilepsy 5K online by visiting the Epilepsy Foundation of Greater Chicago's web site at www.epilepsy-chicago.org and clicking on the "Greater Chicago Epilepsy Walk" link. From there, individuals can register, build teams, and collect donations from their own fundraising page in just minutes. For more information, please contact the Foundation's Director of Special Events and Development, Gayle Deja-Schultz at (312) 939-8622 x2 09 or gdeja-schultz@epilepsy-chicago.org.

All proceeds of this event will go directly to support the work of the Epilepsy Foundation of Greater Chicago, an Illinois not-for-profit organization, which serves 43 counties, and offers counseling, advocacy and educational services to people with epilepsy, their families, and the communities in which they live. The Epilepsy Foundation leads the fight to stop seizures, find a cure and overcome challenges created by epilepsy. For more information regarding the Epilepsy Foundation of Greater Chicago, please contact their Director of Communications and Awareness, Morgan Murphy at (312) 939-8622 x204 or mmurphy@epilepsy-chicago.org.

Do You Know About the Skokie TeenLink Program?

The Skokie TeenLink program is a database collection of Skokie teens who are available to do outside yard work, including snow shoveling, which is provided to Skokie residents upon request. Many residents who request the TeenLink list are unable to do physical work themselves, unable to afford the cost of a professional contractor on a regular basis or only need assistance during one season. The TeenLink list provides contact information for Skokie teens including the name and address of the teen, days of availability, type of work they are willing to do and their expected rate of pay. Residents can receive the list by mail or email.

This program becomes very popular and sought after during the snow season. It's always best to receive the TeenLink list early in the year and contact the teen before needing assistance.

The resident is responsible for contacting the teen and for making financial and scheduling arrangements.

Do you know a Skokie resident who may benefit from the TeenLink list? Please contact the Village Manager's Office at 847/933-8257 for more information. Skokie teens can also complete an application to be added to the TeenLink program by contacting the Village Manager's Office or visiting www.skokie.org to download an application..

Shaboom! Online Series on Jewish Values to Premiere this Spring

"Shaboom!"— an innovative animated web series premiering this spring from non-profit BimBam (formerly G-dcast) — combines the best elements of children's television with wisdom from the Jewish tradition to teach everyday values to children through magic, comedy and silly songs. Each of the ten children's episodes is accompanied by a separate video for parents that delves into each episode's value, explaining "what's Jewish" and instilling in parents the knowledge and confidence to model the values for their children. The 10-part series launches April 6, 2016 with the theme of "Hachnasat Orchim" — Welcoming Guests.

"We are bringing what we love about great kids' entertainment to Jewish education," says Sarah Lefton, Executive Director of BimBam. "We listened to parents when they told us that they want Judaism that goes beyond the holidays—what they care about is getting through the everyday and raising mensches—great people. Shaboom! shares strategies for bringing the family closer together, and for promoting courage, kindness, gratitude and other social and emotional learning that is key in early child development."

Each episode of Shaboom! features the "magical sparks" Gabi & Rafael who work to fix the world, while focusing on that episode's theme. After episode one, other themes include "Hakarat Hatov" — Gratitude, "Kavod" — Honor or Respect, "Bal Tashchit" — Taking Care of Nature, and "Ometz Lev" — Courage of the Heart, among others.

"Shaboom! is a jolt of energy into Jewish family education, and it's an especially major step forward for Jewish media content," says Cathy Rolland, Director of Engaging Families with Young Children at the Union for Reform Judaism (URJ), which is helping to promote Shaboom! through its strong network of Early Childhood Professionals who will be sharing it across hundreds of ECE centers throughout North America. "This is a phenomenal vehicle to reach our youngest learners and their families and positively influence their behaviors and attitudes."

Along with the URJ, other major partners from the Jewish world include the United Synagogue of Conservative Judaism (USCJ), JCC Association, Harold Grinspoon Foundation and the PJ Library Alliance, and InterfaithFamily, among many others. They are all helping to share and build upon the series. BimBam also is working with Jewish organizations around the country to organize local screenings of Shaboom! episodes for families.

"Shaboom! meets families where they are, and draws them into the joy of Jewish life," adds Maxine Handelman, USCJ Early Childhood Education Specialist. "The videos give kids a cool, fun entry into being Jewish in their everyday life, and they give parents the foundation to make the experience richer for the entire family."

The videos for children and the matching clips for their parents were designed in consultation with individuals from leading children's education and tech organizations and companies including Sesame Workshop, Amazon Studios, Electronic Arts et al, Pixar, and experts from the research and academic

world who study learning and media.

Throughout a 40 year career at Sesame Street, Dr. Lewis Bernstein has led efforts to improve the intellectual, social, emotional, and moral lives of children through media. His approach has been to entertain children while educating them, so that their attention can be captured with joy.

"Shaboom! is doing the same," Bernstein says, "making timeless Jewish values new again, engaging, and fun for children and their parents alike. Shaboom! is designed as a learning adventure for the entire family. There are imaginative episodes for kids and corresponding resources like videos, downloads and curated follow-up reading for parents. And when parents and children co-engage in learning, virtually and long after the screen dims, the impact is always greater."

Shaboom! is written by kids' TV veteran Robert Pincombe and directed by staffer Jeremy Shuback. It was inspired by impactful, research-backed shows like Daniel Tiger's Neighborhood Super WHY! and Sesame Street. The series was tested by children's media evaluators Rockman Et Al to help shape the programming to most effectively achieve learning and engagement outcomes with families.

BimBam recently began focusing on entry-level materials for kids, families and adults. Shaboom! is the centerpiece for families, especially those raising Jewish children ages 0-8. Since its founding, the nonprofit has created over 200 animated videos and apps tailored to meet the interests of people curious about the basics of Judaism. Accessible for free on platforms like Youtube, iTunes and Facebook, BimBam's goal is to create a comprehensive free multimedia introduction to Judaism with zero barriers to entry.

Adds Lefton, "Shaboom! is as entertaining as something you'd see on Nick Jr or PBS Kids, but it's packed with Jewish ideas rather than math or reading help. This is where our biggest impact is - bringing people in the door that they're hanging out in front of anyway, aka, their smartphones."

The Shaboom! early childhood initiative has been generously funded by leading Jewish philanthropists and foundations, including Peleh Fund, two anonymous foundations, the Harold Grinspoon Foundation and the PJ Library Alliance, Bernstein Family Foundation (DC), and the Jewish Federation of Silicon Valley. As part of this initiative, the Lippman Kanfer Foundation for Living Torah is supporting the Shaboom! parent videos.

Lefton, who founded the organization in 2008, is a recipient of the Joshua Venture Group fellowship for Jewish social entrepreneurs. She was named a 2012 recipient of the Pomegranate Prize for exceptional young Jewish educators and was named one of the "Forward 50" most influential Jews by the Forward newspaper. Prior to founding G-dcast, Lefton produced projects for The New York Times on the Web, the Village Voice, Princess Cruises, and several robotics companies; she also started the brand JewishFashionConspiracy.com, best known for the YO SEMITE tee shirt.

View a sample parenting resource video at <https://vimeo.com/godcast/gratitude>

Avoid Family Conflict Later By Communication Now



Chester M. Przybylo

When leaving behind a legacy for children or loved ones, parents hope that it will bring joy to the recipient. Although nothing can mitigate the sorrow after a death occurs, an inheritance can sometimes alleviate financial worries. Of course, it is not just the money that matters. For as many as 74 percent of Americans, keeping their family history alive is what's most important after a death.

Unfortunately, problems can arise and disputes can occur over financial assets or family heirlooms. According to the New York Times, a full 84 percent of parents responding to a recent survey believe it is important for the transfer of their money to their children to go smoothly, and 66 percent want to ensure that their death does not create bad feelings among siblings when the estate is divided. However,

unless you have talked to your children or other beneficiaries, there could still be bad feelings and conflicts if the terms of your Will or Trust come as a surprise.

The good news about estate planning, according to the New York Times, is that around 83 percent of parents have created a Will. The bad news... only around half have talked to their kids about their last wishes and just 34 percent have actually told their children what their assets are. Parents with estates both large and small have kept mum on what their children can expect in the future, with 55 percent of people with more than \$1 million talking to their kids about an inheritance and 53 percent of parents with less than \$1 million having that conversation.

Most potential beneficiaries are afraid to bring up the discussion of an inheritance, in large part because they worry they'll be seen as greedy or viewed as hoping for a untimely death and a big check. This leaves it to parents and others leaving behind a legacy to talk to those who are going to receive a bequest after death.

Unless you can talk to your loved ones in advance, heirs may find for the first time when the Will is probated that they haven't been left what they expect. This can create hard feelings, conflict among families, and in a worst case scenario it can lead to the Will being contested (which Bank Rate.com suggests could cost around 40 percent of the value of the estate). Fights over Wills can sometimes turn ugly, as the Hollywood Reporter illustrates, sharing the story of how Disney's estate has left grandchildren accusing each other of kidnapping, financial misconduct, mental incompetence, and other crimes.

Advanced discussion can stop these problems before they start. Including family members in the estate planning process is one option, but if this is too stressful you can still talk to your beneficiaries about what you have planned. At a minimum you should ensure that you:

- Discuss any responsibilities you are assigning. This means that if you want someone to serve as an executor or Trustee, you should let them know this in advance before your death.
- Talk with your kids or other close relatives about what should happen to a family business or family farm, so everyone has a clear understanding of what you plan for these important assets.
- Explain your reasoning behind the legacy you are leaving). For example, if you are leaving some money in a Trust, your family members may not like it. Explain why you've made this choice.

It is natural to struggle with what and when to tell your kids or loved ones about your plans for after death. However, the reality is that having these difficult conversations sooner rather than later will help to avoid any disputes over your wishes and the terms of your inheritance after you pass.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 45 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.

Volunteers Shown Appreciation

Bears of Hope's annual Bears Camp & Volunteer Appreciation Luncheon to honor its volunteers was held on April 2nd at McCormick & Schmick's Steak and Seafood Restaurant, Westfield Old Orchard. Bears of Hope is a group of people who make handmade fabric bears for children and adults facing serious illnesses.

Carolyn Reiner started Bears of Hope nine years ago while recovering from non-Hodgkin's lymphoma. Reiner said, "I feel so blessed to have 30 volunteers helping make the bears. Without our volunteers, bears wouldn't be there to comfort sick children and adults. I truly appreciate what they do for Bears of Hope."

At Bears Camp, volunteers sewed and stuffed bears and got them ready to be delivered to local social service agencies receiving bears for those they serve. The agencies repeatedly tell the organization how meaningful the bears are to their patients and clients. The bears give badly needed emotional support and aid in their healing.

Before lunch, fitness expert, Sharan Tash, told the group the importance of staying fit to keep healthy and strong. She then put the volunteers through a series of stretching and relaxing exercises. Bears volunteer, Eileen Dobbelaere exclaimed, "I loved the exercises. They made me feel good. I'm glad we were given an instruction sheet to take home." Tash is the owner of Tash Fitness (tashfitness.com). She provides personal, semi-personal and group training and lots more.

After lunch, Reiner reviewed last year's accomplishments. The group made over 250 bears for sick children and adults and 66 patriotic-themed bears for veterans to thank them for their service to our nation. She then told the volunteers, "We just began our ninth year. More and more bears are needed for those facing difficult life crises. With your continued help, bears will be there for them."

Reiner thanked the volunteers for being part of Bears of Hope and gave each one a "Volunteer Appreciation Award". Bears volunteer, Yvonne Sloan, replied, "I love what I do for Bears of Hope. I'm grateful I'm doing something to make a difference to comfort those in pain."

McCormick & Schmick's General Manager, Aaron Torricelli, was also thanked for providing the room and lunch. Torricelli said, "McCormick & Schmick's is proud to do what it can for Bears of Hope. What they do is amazing!"

Bears of Hope relies on volunteers to make the bears and monetary gifts from individuals and businesses to carry on their work. To volunteer or make a gift, contact Bears@bearssofhope or 847-673-4098

"Fashions For Seniors" Is Timely Talk At Norwood Crossing On May 18

Just because you're an older adult, doesn't mean you have to dress frumpy or be out-of-style. Learn how to feel your best and exude confidence by attending the Timely Talk, "Fashions for Seniors." The program will be held at 2:00 p.m., on May 18, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Kate Antosz, owner of a personal boutique business in nearby Edison Park, will explain the different styles of clothing for older adults, including shapewear and other related fashions. She enjoys connecting with women and sharing her passion for them to look their best regardless of age.

A question and answer session, refreshments and a door prize raffle will follow the talk. For more information or to RSVP, please call (773) 577-5323 or email info@norwoodcrossing.org.

The 26th Annual Festival of Cultures

The 26th annual Skokie Festival of Cultures takes place on Saturday, May 21 and Sunday, May 22 from 11 a.m. to 7 p.m. at Oakton Park, 4701 West Oakton Street, (southeast corner of Oakton Street and Skokie Boulevard). Admission is free.

This exciting outdoor event includes two days of ethnic folk music and dance, a wide range of international cuisine, unique arts and crafts, international children's games, a merchandise bazaar and more than 30 cultural booths and displays. International Beer Tasting will also be featured at the Skokie Festival of Cultures.

Stop by the Village of Skokie booth in the community tent and spin the "Wheel of Skokie" to win fun prizes, all designed to promote Downtown Skokie. For more information on the Skokie Festival of Cultures, visit www.skokieculturefest.org.

St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties!!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

Evanston/Skokie Valley Metropolitan Family Services - Giving Hope And Opportunity To Families

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, metrofamily.org.

Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and baingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

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Eikona Performs Concert At St Demetrios Greek Orthodox Church In Elmhurst



L-R: Archon Bob Bozonelos, Eikona Member Chrysanthy Therianos, Eikona Member Presvytera Stacey Dorrance, St. Demetrios Father Andrew Georganas, Lena Angelos, Archon Tom Angelos, Eikona Member Presvytera Marika Brown, Archon Frank Lagouros, St. Demetrios Father Panagiotis Malamis, St. Demetrios Presvytera Dimitra Georganas, St. Demetrios Parish President Irini Garbis, Archon John Colis

Eikona, a three sister ensemble, held a fundraiser concert tonight hosted by St Demetrios Greek Orthodox Church in Elmhurst, Illinois. Over 140 attended the event with proceeds from the fundraiser going to St Nicholas National Shrine in New York City, New York.

Eikona, whom have childhood ties to Chicago, consists of sisters Presvytera Stacey Dorrance, Presvytera Marika Brown, and Chrysanthy Therianos. The groups mission is to inspire more people to express their Faith through the magnificent hymns of our church. For 23 years since formerly establishing themselves as Eikona, the sisters have released 10 CDs, with hymns in Greek and English, releasing one every few years. Over the years, they have performed in over a dozen states, giving concerts, workshops and directing various choirs. This year in November they will be assisting at the Church Music Conference in Southampton, NY.

St Nicholas National Shrine in New York City, New York, is currently under construction. Directly across the street from the National 9/11 Twin Towers Memorial in Downtown Manhattan, the National Shrine will stand in memory of the former St Nicholas Greek Orthodox Church which was destroyed on 9/11 by the collapse of it's gigantic neighbor – the former South Tower of the Twin Towers.

The only church destroyed by the events of 9/11, some of the last witnesses to view St Nicholas Greek Orthodox Church reported the landing gear of one of the planes that struck the Twin Towers was on the roof of the church before the Twin Towers collapsed. Many if the Holy Relics within the church would never be recovered, including the relics of St Nicholas, St Catherine, and St Sabbas the Sanctified, which had been donated to the church by Emperor Saint Nicholas II, the last czar of Imperial Russia.

The new St Nicholas National Shrine will not only serve as a parochial Greek Orthodox Church but additional as a nondenominational bereavement center and memorial shrine. The \$35 million domed structure to the south of the memorial will glow at night through a veneer of white Pentelic marble, from the same vein in Greece that was quarried to construct the Parthenon.

The Greek Orthodox Metropolis of Chicago is lead by Metropolitan Iakovos of Chicago and oversees all Greek Orthodox parishes within Illinois, Iowa, Wisconsin, and Minnesota, as well as large portions of Missouri and Indiana.

You can find more information on the Greek Orthodox Metropolis of Chicago at www.Chicago.GOArch.org. For more information on Eikona, please visit their website at www.Eikona.com. To make a contribution to or for more information on St Nicholas National Shrine, please visit their website at www.StNicholasWTC.org.

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Village Cooking Corner

TWO BEAN CASSEROLE

| | |
|--|---------------------------|
| 1 lb fresh green beans | Salt and Pepper to taste |
| 1 (15.5 oz can) Eden's Butter Beans- no salt added | 1/4 cup Parsley - chopped |
| 1/2 of a Vidalia Sweet Onion, chopped | 2 Tbsp. Dried Oregano |
| 1/2 of an (8 oz) no salt added Hunt's Tomato Sauce | 1 Garlic Clove, chopped |
| 1 can of Hunt's Stewed Tomatoes | 2 Tbsp. Olive Oil |

Wash and cut the fresh green beans in half. Chop onion and garlic and saute until soft not browned. Add the green beans and the stewed tomatoes and tomato sauce and simmer for about 20 minutes. Place in a 10 x 7 casserole baking dish. Rinse the butter beans and mix with green beans in the casserole dish. Sprinkle with salt, pepper, parsley and oregano and add the Olive Oil. Place in a preheated 350F oven for approximately 1-1/2 hours. Add small amount of water if needed.

For variety, instead of the butter beans you may use 2 small zucchini that have been cut in rounds and potatoes cut in small pieces and follow the same procedure of seasoning and baking as above. This is a great side dish for chicken, steak or fish regardless of the season.

From the Kitchens of Anastasia E. Weaver

Watch For More Great Summer Recipes In Our Next Editions

Words Of Advice

Submitted by Maria Bappert

- A word of advice – don't give it!
- Too many people itch for what they want, but won't scratch for it.
- The only ideas that will work well for you are the ones that you put to work.
- When you can't sleep, don't count sheep – talk to the Shepherd.
- We have five million laws trying to enforce the Ten Commandments.
- If your knees are weak with fear, kneel on them.
- A man wrapped up in himself makes a very small bundle.

The above advice was published in "Queen's Cuisine," a cookbook published by the Queen of Angels Parish in Chicago.

Watch the Food Network's upcoming episodes of Coast-To-Coast Chow featuring Harry Kempf, owner, operator and chef of the Chicago Brauhaus.



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