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Volume XVII

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Issue 1
January 21, 2013

CATHOLIC SCHOOLS WEEK

January 27th thru February 2nd (See Pages 6 & 7 for More)



Early Spring?
Find Out February 2nd
Happy Groundhog's Day

National Wildlife Federation The Real Reason for Groundhog Day

Punxsutawney Phil, America's most famous weather forecaster, will have love, not weather, on his mind when he emerges from his hole on February 2. Researchers tracked 32 groundhogs for more than four years and concluded that the real reason for the early February appearance is a version of the dating game, groundhog style.

Male groundhogs wake up after three months of hibernation to check out the available pool of ladies within their territory. They select a female with whom they spend the night, and this sleepover acts as a first date, allowing the groundhogs time to get to know each other before the official start of mating season the following month. During these meet and greet sessions, contact is confined to rubbing noses - there's no going "all the way."



After scoping out two or three females, the male groundhog returns to his burrow to sleep again until March, dreaming of the hotties he has just met. When he awakes and revisits each of the females, the earlier slumber parties allow the woodchucks to skip the small talk and get right down to the business of breeding.

Climate Change

Here's a round-up of recent news on how climate change is affecting wildlife: (Go to nwf.org for articles.)

Has Punxsutawney Phil been predicting climate change?

Are the seasons shifting? The highest summer and lowest winter temperatures have been happening an average of two days earlier.

Antarctica is warming faster than previously thought.

Deep sea life is being impacted by climate change.

Climate change forces tropical insects to higher elevations.

Forests are in decline as temperatures rise.

Climate change effects are irreversible according to new study.

David Mizejewski, Naturalist

National Wildlife Federation Adapted from materials provided by USDA/Agricultural Research Service. Contact us at info@nwf.org, 1-800-822-9919, National Wildlife Federation, 11100 Wildlife Center Drive, Reston VA, 20190. © 2008 National Wildlife Federation. All rights reserved.

ATTENTION COLD WEATHER ADVENTURISTS!! REGISTRATION NOW OPEN FOR THE CHICAGO POLAR PLUNGE, BENEFITTING SPECIAL OLYMPICS



Calling all fearless weather warriors! Registration is now open for the 13th annual Chicago Polar Plunge, benefitting Special Olympics Chicago. The Chicago Polar Plunge, one of the largest fundraising events for Special Olympics Chicago, will take place Sunday, March 3 on Chicago's icy lakefront at North Avenue Beach from 9:30 am - 2 pm. This year, Special Olympics Chicago is aiming to make a "big splash" by surpassing all previous fundraising records for the Chicago Polar Plunge, and reaching the \$1,000,000 mark.

Known for its festive costumes and courageous participants, last year's event attracted more than 2000 participants, and raised more than \$650,000. Whether plungers want to go waist high or take the full plunge, the Chicago Polar Plunge is a truly fun, inspirational and unforgettable experience.

Registration is now open by visiting www.sochicago.org. At that website, plungers will have the opportunity to create their own fundraising page to jump-start their efforts. To help reach the \$1,000,000 goal, registrants are asked to raise a minimum of \$150. Participants are welcome to fundraise and plunge with a team or individually. Complimentary bus service will be provided for teams of 20 or more people. All participants will receive a complimentary t-shirt and towel.

Prizes will be awarded to top three individual fundraisers, top team fundraiser, best three individual costumes, largest team, and best group costume.

"The Chicago Polar Plunge is one of the most popular events in the city of Chicago each year," said Jennifer Kramer, President of SCC/Special Olympics Chicago. "It is not only a fun and exciting day to be a part of, but the funds raised through the Chicago Polar Plunge help to change the lives of the thousands of Special Olympics Chicago athletes and their families. This year, we anticipate the Chicago Polar Plunge to be our most successful event yet, as we make history and reach our \$1,000,000 goal!"

Once the dive is concluded, all are invited to a "Melt Down Party" which will take place inside the North Avenue Beach boathouse and in expanded heated tents from 11am-2pm. Admission is free and participants will receive free food and non-alcoholic beverages. A cash bar will be available.

For more information on the Chicago Polar Plunge benefitting Special Olympics Chicago, please call 312.527.3743; or email scc@sochicago.org



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ALL YOU CAN EAT BUFFET
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Our Lady of the Resurrection Medical Center Offers February Health Programs

Our Lady of the Resurrection Medical Center, 5645 W. Addison St., Chicago, will offer the following health events in February.

Thyroid screenings will be offered Monday, January 28, from 8 a.m. to 9:30 a.m. This blood draw screening is for TSH (thyroid stimulating hormone). Neither fasting nor test preparation is required. Test results will be mailed within one week. There is a \$10 fee. Advance registration is required by calling 877-737-INFO.

Quitting smoking can be a challenge but help is available. **The Respiratory Health Association's Courage to Quit Short Program** will be offered in three-90 minute sessions: January 31, February 7 and February 14. Sharon O'Malley, R.N., will conduct the sessions. Participants will receive a workbook that includes practice exercises and educational information. This program is free. Advance registration is required by calling 877-737-INFO.

The Diabetes Support Group will meet Tuesday, February 5, from 6:30 p.m. to 8 p.m. The free support group aims to provide mutual support and education. For more information, call 773-794-8329.

A free **Healthy Aging Program** will be held Friday, February 8, from 1 p.m. to 2:30 p.m. This program for individuals aged 55 and older consists of social time, health topics and guest lectures. February, Rolf Lundmark, Boston Scientific, will talk about pacemakers. Registration is not required.

Cardiac check-ups will be offered at HeartFest on Saturday, February 16, from 8 a.m. to 11 a.m. For \$30, participants will receive an electrocardiogram interpreted by a board-certified cardiologist, cholesterol and blood glucose screenings (12-hour fasting recommended), blood pressure screening, consultations with a registered pharmacist about medications and a registered dietitian about healthy eating and good nutrition. Complimentary health information will be available, including 'hands only' cardiopulmonary resuscitation, early heart attack care, cardiac catheterization and stents. Refreshments will be provided. Advance registration is required by calling 877-737-INFO.

Free **blood pressure screenings** will be offered Thursday, February 21, from 9 a.m. to 10 a.m., in the hospital's main lobby. A health care professional will perform screenings and answer questions about blood pressure readings. Registration is not required.

A free lecture titled **Improving Cardiac Arrest Survival** will be given Tuesday, February 26, from noon to 1 p.m. Cardiac arrest survivors frequently suffer devastating effects from lack of oxygen. Therapeutic hypothermia is a therapy that improves cardiac arrest survival and decreases brain injury due to cardiac arrest. Pulmonologist Rada Ivanov, M.D., will discuss this therapy that improves outcomes for patients that have received cardiopulmonary resuscitation. Advance registration is required by calling 877-737-INFO.

The **Arthritis Support Group** will meet Thursday, February 28, from 1 p.m. to 2:30 p.m., in the seventh floor Centennial Conference Center. These free sessions aim to provide mutual support and education. Registration is not required.

Free parking is available in the hospital's parking facility on Addison Street.

From Toni Preckwinkle, President of the Cook County Board

Dear Friends,

In 2008 Todd Stroger enacted a 1% sales tax increase, making Cook County the highest-taxed county in the nation. During our campaign, I often referenced Ben Franklin's famous quote, "a penny saved is a penny earned." Our first campaign promise was to roll back the 1% Stroger Sales Tax increase.

Our commitment to this promise was included in our first budget. In each budget after, we worked to find new ways to raise revenue and slowly rolled back the rest of the tax. This week- on January 1, 2013, we marked the first day in which the Stroger Sales Tax, the entire one penny increase, has been completely rolled back.

Today we are here to say we kept that promise. Today we are here to say that the Stroger Sales Tax is no more. What's more is that over the life of the rollback, we will have saved \$440 million for Cook County taxpayers.

We made the choice to cut taxes on everyday items all of our residents rely on. We have worked hard since taking office to ensure that working families and businesses can trust their County government. We have continually pushed ourselves to implement innovative solutions to rein in spending, eliminate waste and create a more effective and efficient government.

Please make a contribution of \$4, \$44, or \$440 to our campaign as we continue to reform County government by eliminating waste and fraud.

Thank you and Happy New Year.

Lincolnwood Press Release Sent in Error

On Friday, December 21, as part of the Village's weekly electronic distribution of press releases, the Village Manager included a statement concerning President Turry's decision to seek re-election. The statement was a political communication that should not have been issued by the Village. Upon realization of the release, the Village took immediate steps to remove the statement from all Village communications and the website, and self-reported the incident to the Office of the State's Attorney of Cook County. The Village regrets the error.

NEW COURT ORDER FOR ELECTRONIC COMMUNICATION AND INTERNET DEVICES

Safety stressed for those in court; grace period for enforcement

*Statement from Chief Judge Timothy C. Evans
Circuit Court of Cook County*

"A new court order enforcing the ban of electronic communication and Internet devices inside the Circuit Court of Cook County goes into effect Monday, January 14, 2013. The attached General Administrative Order No. 2013-01 prohibits electronic communication and Internet devices inside courthouse facilities except for a new specified list of persons outlined in the order. The order is being enacted to provide safety within the courts, prevent pictures being taken with electronic devices and help to protect innocent individuals and those testifying in court.

"According to the Clerk of the Circuit Court, more than 8,000 cases are on call for next week. That is an example of the magnitude of our court system and how important it is to enact stringent safety measures.

"The order will be introduced during a three-month grace period ending on Monday, April 15, 2013. During the grace period, the Circuit Court of Cook County will work with the Cook County Sheriff's Department to remind people entering a courthouse, communication devices are prohibited. It will be strongly suggested devices remain in the car.

"In an effort to aid those taking public transportation to various courthouses, the Circuit Court of Cook County is assigning a person to work with Cook County's real estate and facilities department heads to quickly find a solution for storage of said devices – a claim check system or providing locker facilities as examples.

"During the grace period, if a person cannot leave the device in a car or with a companion outside the courtroom, the device can remain with the person inside the courtroom but in the off position. If a person is identified as powering on the device, the person may be held in contempt of court and possibly face penalties ordered by the judge.

"We want to do everything we can to ensure that justice is properly done by preserving the integrity of testimony and maintaining court decorum. We understand this may be an inconvenience to some, but our primary goal is to protect those inside our courthouses and perhaps save lives in the process."

Go to www.cookcountycourt.org to view of list of persons who are not affected by the ban.

Belmont Central Chamber of Commerce Membership Meeting

The Belmont-Central Chamber of Commerce presents it's January Chamber Membership Meeting. All are invited to attend.

Tuesday, January 29th, 2013 at 9:30 am. Central Gyros, 3127 North Central, Chicago, IL 60634. Please RSVP by phone: 773-647-1644, or by e-mailing belmontcentralcc@sbcglobal.net

Mardi Gras Party!

The Belmont-Central and Northwest Connection Chambers of Commerce annual Mardi Gras party will be held:

Tuesday, February 12th, 2013, 6PM-9PM. Harrity's Bar and Grill, 3147 N. Central, Chicago, IL 60634. \$20 per person includes dinner, 1 drink, music, specials, beads, raffle and networking. Please RSVP by February 6th, 2013 by phone: 773-647-1644, or by e-mailing belmontcentralcc@sbcglobal.net

Jefferson Park Neighborhood Association Meeting

On Wednesday, January 30, 2013 at 7:00 p.m, Alderman John Arena will have a town hall meeting as part of the JPNA, Jefferson Park Neighborhood Association regular meeting. The meeting is on the lower level of the Congregational Church of Jefferson Park, 5320 W. Giddings. Meetings are free, open to the public, and provide light refreshments. There will be a question and answer period. There is also a need for vendors and volunteers who wish to take part in next summer's Farmers Market at the Copernicus Center to contact the JPNA President, Merrill at 847 902 2961. In addition, Information about the next newsletter can be obtained by calling Judy at 773 852 3672.

Submitted by Board Member C. Lotty Blumenthal, 773-736-1702

Save the Date! The Skokie Fire Department Citizens Fire Academy New Schedule for 2013

The Skokie Fire Department invites you to attend the 2013 session of the Citizens Fire Academy. The program takes place on Tuesdays April 2 through June 11, 2013 from 6:30 to 9:30 p.m. at Skokie Fire Station 17, 8157 Central Park Avenue in Skokie.

You must be eighteen (18) years of age or older to participate and live or work in the Village of Skokie. This program is offered free of charge.

Some of the topics covered include Fire Department History, fire prevention/education, CPR, fire tactics, emergency medical services, specialty teams, fire suppression and much more.

Applications for academy are available online at www.skokie.org or at the Fire Department Headquarters, 7424 Niles Center Road and are due by March 16, 2013. Space is limited. For more information, please contact the Fire Prevention Bureau at 847/982-5344.

CHICAGO CULTURAL CENTER TO PROVIDE PERMANENT HOME TO STORYCORPS BEGINNING THIS SPRING

National Nonprofit Oral History Project will Launch "StoryCorps Chicago" Giving Chicagoans the Opportunity to Tell Their Stories

The already storied history of the Chicago Cultural Center is about to be even greater. StoryCorps, the national nonprofit oral history organization, will launch a new program, StoryCorps Chicago, at the Chicago Cultural Center, (78 E. Washington) this spring.

In partnership with the Department of Cultural Affairs and Special Events (DCASE) and Chicago Public Media, StoryCorps Chicago will provide the opportunity for anyone to record an interview with a loved one.

"Chicago is such a vibrant, multi-cultural city," said Michelle T. Boone, DCASE Commissioner. "We have no doubt there is an abundance of fascinating stories that can be shared by our citizens, and even the hundreds of thousands of visitors we welcome annually. This program will capture, record and share the personal reflections of family, love, immigration and courage and preserve them for always."

StoryCorps Chicago will partner with a wide array of local organizations and institutions to ensure that every Chicagoan has the opportunity to share their story. Dynamic public events presented throughout the year will celebrate the diverse communities that constitute the richness of our city. StoryCorps Chicago will also have its own local series airing on WBEZ 91.5, featuring stories collected through the project.

StoryCorps Chicago will feature an exhibition area that will allow visitors to listen to StoryCorps stories and watch a selection of StoryCorps Animated Shorts, as well as learn more about how to participate in a StoryCorps interview.

"The idea behind StoryCorps was in many ways born in Chicago, and we are thrilled to launch our Midwest hub at the Chicago Cultural Center," says Dave Isay, StoryCorps Founder. "StoryCorps is excited to give Chicagoland the chance to record their stories for American history, and to deliver our services to this great city for many years to come."

"WBEZ and Dave Isay have a long history, dating back to the groundbreaking production of Ghetto Life 101," says Torey Malatia, president & CEO, Chicago Public Media. "Our partnership to achieve the goal of placing a permanent StoryCorps booth in Chicago is driven by a shared belief that we are all equal when we tell our stories. Our stories are a window into both our individuality and the larger human experience. StoryCorps has proven to be wonderful resource for sparking personal conversations that have the capacity to impact us all. We're very pleased to have to opportunity to bring more of StoryCorps to residents of our region."

Recordings will take place on Thursdays, 2 p.m. – 7 p.m. and Saturdays, 10 a.m. – 5 p.m. Reservations will open in the spring. Exhibit hours will be the same as the Chicago Cultural Center hours. (www.chicagoculturalcenter.org.)

Design review and other preparations for the StoryCorps installation have begun, and construction is scheduled to begin in the spring. StoryCorps Chicago will be located on the Michigan Avenue side of the building, just east of the Randolph Street Café and adjacent to the Michigan Avenue Galleries which currently feature an exhibit by local artist Claire Ashley entitled "frizzflop-squeezepop". The future site of StoryCorps Chicago most recently hosted a temporary exhibit-related program associated with Industry of the Ordinary: Sic Transit Gloria Mundi: the "small ordinary shop", which featured the works of local artisans.

Major funding for StoryCorps is provided by the Corporation for Public Broadcasting. Additional support provided by the Cancer Treatment Centers of America. Local funding for StoryCorps Chicago comes from The Joyce Foundation, The Boeing Corporation, Polk Bros Foundation, and the Lloyd A. Fry Foundation.

VOLUNTEERS NEEDED TO STAFF NEW NORWOOD LIFE SOCIETY THRIFT SHOP

The community is invited to visit the newly redesigned and redecorated Norwood Life Society Thrift Shop at its new location, 6017 N. Nina Ave. in Chicago. The shop, previously one store north, is now an attractive resale boutique that specializes in clothing, household goods, furniture, and collectibles. The former shop at 6019 N. Nina, is used for sorting and pricing merchandise from generous donors.

As a result of an increase in business, the Thrift Shop needs more volunteers to staff its open hours, which are on Mondays and Wednesdays through Saturdays from 10 a.m. – 3 p.m., and on Tuesdays from 11 a.m. – 4 p.m. Volunteering at the Norwood Life Society Thrift Shop can be a rewarding experience.

"If you enjoy home decorating, using your flair for style, or assisting customers, you will enjoy working here," said Kate Roche, director of norVOLution, Norwood Life Society's volunteer program. "The shop's pleasant atmosphere makes it an ideal place for using your creative and people skills, building upon existing experiences, associating with other volunteers, and making new friends."

Work schedules are flexible, whether it is once per week, twice a month or three days a week. Volunteers also receive a free luncheon meal in the employee dining area on their volunteer day and a 25 percent discount in the Thrift Shop on eligible items purchased.

Persons interested in volunteering should call Kate at (773) 577-5329 or email her at kroche@norvolution.org.

Our Lady of the Resurrection Medical Center Receives Get With The Guidelines® Stroke Bronze Quality Achievement Award

Our Lady of the Resurrection Medical Center, 5645 W. Addison, Chicago, has received the American Heart Association/American Stroke Association's 2012 Get With The Guidelines®-Stroke Bronze Quality Achievement Award. The award recognizes the medical center's commitment and success in implementing a higher standard of stroke care by ensuring that stroke patients receive treatment according to nationally accepted standards and recommendations.

"With a stroke, time lost is brain lost, and the Get With The Guidelines-Stroke Bronze Quality Achievement Award addresses the important element of time," said David Bordo, M.D., Chief Medical Officer and Stroke Program Director, Our Lady of the Resurrection Medical Center. The hospital has developed a comprehensive system for rapid diagnosis and treatment of stroke patients admitted to the Emergency Department. This includes always being equipped to provide brain imaging scans, having neurologists available to conduct patient evaluations and using clot-busting medications when appropriate.

To receive the Get With The Guidelines-Stroke Bronze Quality Achievement Award, Our Lady of the Resurrection Medical Center consistently followed the treatment guidelines in certain key measures at least 85 percent of the time, maintaining this performance level for a minimum of 90 consecutive days. Treatments include aggressive use of medications such as tPA, antithrombotics, anticoagulation therapy, DVT prophylaxis and cholesterol reducing drugs; and smoking cessation.

"We commend Our Lady of the Resurrection Medical Center for its success in implementing standards of care and protocols," said Lee H. Schwamm, M.D., Chair of the national Get With the Guidelines Steering Committee and Director of the TeleStroke and Acute Stroke Services at Massachusetts General Hospital in Boston. "The full implementation of acute care and secondary prevention recommendations and guidelines is a critical step in saving the lives and improving outcomes of stroke patients."

Get With The Guidelines-Stroke uses the "teachable moment," the time soon after a patient has had a stroke, when they are most likely to listen to and follow their health care professionals' guidance. Studies demonstrate that patients who are taught how to manage their risk factors while still in the hospital reduce their risk of a second stroke. Through Get With The Guidelines-Stroke, customized patient education materials are made available at the point of discharge, based on patients' individual risk profiles.

"Our Lady of the Resurrection Medical Center is focused on improving the quality of stroke care by implementing Get With The Guidelines-Stroke. The number of acute ischemic stroke patients eligible for treatment is expected to grow over the next decade due to increasing stroke incidence and an aging population," added Bordo.

According to the American Heart Association/American Stroke Association, stroke is one of the leading causes of death and serious, long-term disability in the United States. On average, someone suffers a stroke every 40 seconds; dies of a stroke every four minutes; and 795,000 people suffer a stroke each year.

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Heritage Matters: Japanese-German Food, Fire & Family

Chicago Cultural Alliance invites you to experience the winter traditions and treats of the Japanese Americans and German Americans in one educational and tasty afternoon.

Attendees will be able to roll their own mochi for New Year's ozoni, cast their fortune in lead according to old German tales and eat kuromame over the Feuerzangenbowle.

Gather around the Dank Haus German American Cultural Center's kitchen table with guest presenters from the Chicago Japanese American Historical Society for a demonstration of hands-on Japanese-American mochi and German-American "fire tong punch," or try to pronounce the German name, Feurzangenbowle. Taste the Japanese- and German-American New Year food. Walk away with recipes, new vocabulary, and a filling conversation!

Nominal fee of \$10 includes cultural demonstrations, recipes, and tastings.

This event is designed for those from 16 to 116 years old.

This experience is Saturday March 9 2013 from 11:00 am to 1:00 pm.

Reservations required. Space is limited.

<http://www.brownpapertickets.com/event/317632>. DANK Haus is located 1/2 block from the Western Brown Line stop in Lincoln Square.

DANK-HAUS GERMAN AMERICAN CULTURAL CENTER, 4740 North Western Ave., 5th floor, Chicago, IL 60625 773.561.9181 www.dankhaus.com

Paczki Day Fat Thursday February 7

Do you celebrate "Fat Thursday", a traditional Polish feast marking the end of the carnival? Chase away the winter blahs and come join the Polish American Association in our Paczki Day Fundraiser on Fat Thursday, February 7th, 2013.

On Fat Thursday, February 7th, 2013, the PAA staff will sell paczki from Oak Mill Bakery in eight locations throughout the city and suburbs.

If you have any questions, please contact: Ezbietta Zaworski Phone: 773-427-6311 Email: elzbieta.zaworski@polish.org

The Difference You Make – Thank You from Polish American Association

On the Friday before Christmas, as the staff was preparing to leave for the holiday weekend, a woman came in to the Polish American Association office. She had no money, no clothes, and for the last month, had lived in a car on the streets of Chicago. With only thirty minutes before our doors closed for the next four days, the staff of the Polish American Association were able to find her shelter and also provided her the resources to get there, staying with her until she was safely transported to the shelter. For this woman who lacked the most basic resources, we were able to give her the bare necessities, but most of all hope.

Thank you for making this Christmas miracle possible. For more information go to www.polish.org.

NORWOOD PARK SENIOR CENTER TO HOST AARP DRIVER SAFETY CLASS ON FEBRUARY 12 & 19

Are you up-to-date on changes to the "Rules of the Road" in Illinois or want to improve your defensive driving knowledge? If so, consider enrolling in the two-day AARP Driver Safety Class, hosted by the Norwood Park Senior Center. The sessions are open to persons age 55 or older. Classes will be held on Feb. 12 and Feb. 19, from 1:00 p.m. – 5:00 p.m., at the Norwood Park Senior Center, 5801 N. Natoma Ave. in Chicago. The sessions are informative, engaging and spirited. Many who have attended the classes remarked how much they learned about safe driving practices. Completion of the course may qualify participants for a three-year discount on their liability insurance, an aggregate savings that could exceed \$100. Cost of the class is \$14 per person (\$12 per person for AARP members). To register, please call the Center at (773) 775-6071 or email them at info@npseniorcenter.org.

The Norwood Park Senior Center is managed by Norwood Seniors Network, a community outreach program, in partnership with the City of Chicago Department of Family and Support Services, Senior Services Area Agency on Aging and the Chicago Park District.

POLISH NATIONAL ALLIANCE ANNOUNCES "SONG AND DANCE CONCERT 2013"

Teresa N. Abick, Vice President of the Polish National Alliance is pleased to announce the Educational Department will host the Annual Song and Dance Concert 2013. The Concert will be held on Sunday, March 17, 2013 at the Lane Tech High School Auditorium, 2501 W. Addison St., Chicago, Illinois. The Song and Dance Concert will begin promptly at 1:00 p.m.

The Song and Dance Concert will feature the talents of over 400 children to young adults students of the Polish Dance groups in the Chicago area and surrounding suburbs, performing a variety of music and folk dances in colorful costumes, from various regions in Poland.

Tickets for the performance are \$20.00 each and could be purchased from the PNA Home Office, 6100 N. Cicero Ave., Chicago, Illinois or call 1-773-286-0500 ext 312 before March 8, 2013. Additional details could be found on the PNA website: www.pna-znp.org in the "Event" section.

The Polish National Alliance is the largest Polish Fraternal Ethnic Insurance Organization since 1880.

DANK-HAUS GERMAN AMERICAN CULTURAL CENTER

4740 North Western Avenue, 5th floor, Chicago, IL 60625
773.561.9181 www.dankhaus.com

Kulturkueche - Sausage Making

25 Jan 7:30 pm

Are you ready to grind a whole pork shoulder?

Chef Martin of Alpine Brand Sausages will guide you through the art of Wurst. Plenty of hands on opportunities.

Nominal class fee includes demonstration, recipes, one drink and tasting

Reserve your place today - this event will sell out fast!

We know your Oma made it better - that was the love xoxo

Kulturkueche - Krapfen Making

8 Feb 7:30 pm

Krapfen are a traditional Karneval & Lenten doughnut - also known as a Berliner. These fried little delights are often filled with fruit or Nutella.

Nominal class fee includes recipes, demonstration, tasting and drink. This class is lead by professional chef Carol Himmel. Reserve today!

Weiberfastnacht - Women's Karneval

1 Feb 7:11 pm

Hosted by the Rheinischer Verein Prinzengarde - so you know it's a good time!

Everyone is encouraged to come in costume men are especially encouraged to don a dress and wig. Those men that dare to wear a tie will have it cut off by scissor wielding ladies but do not fret: tradition says a kiss is due as compensation.

Entertainment abounds from German dj's to gender bending skits to provokant stand-up and dancing all night to modern German and American pop and techno hits.

Refreshments available, especially krapfen - the traditional sugar doughnut of the Karneval season. You don't have to be German to enjoy this night of debauchery! Group reservations encouraged. Only \$5.00

Heimat Films

Kaffee, Kino, & Kuchen

26 Jan Mandolinen und Mondschein

2 Feb Wiener Maedels

Feature at 1:45 pm. Doors Open at Noon. Admission Free. Kaffee & Kuchen \$4-\$6.

Upcoming Events

2 Feb An die Musik

25 Jan Film Crazy

25 Jan Sausage Class

30 Jan New Semester Adult German

1 Feb Weiberfastnacht

2 Feb An die musik

8 Feb Krapfen Class

11 Feb Rosenmontag

2 Mar Hunters Dinner

9 Mar Cabaret

KIWANIS CLUB OF RAVENSWOOD

The Kiwanis Club of Ravenswood meets every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side.

SERVICE PROJECTS UPDATE

*Clean paper and plastic shopping bags for the Mount Sinai Hospital Resale Shop. Many thanks especially to Doug Gordon and Herb Miller for bringing these in.

*The Night Ministry – Needed are disposable razors, toothbrushes, toothpaste, shave gel, after shave lotion, small bottles of shampoo, conditioner, hand lotion, small soaps and items such as knit woolen cap and scarves, socks, etc.

*Outdated prescription eyeglasses - We bring them to the Drake Funeral Home and they direct them to an organization which regrinds them for people who cannot afford prescription glasses.

For more information, please call Ron Heiderman @ 773-561-0455 or email to rheiderman@sbcglobal.net

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Local Arts and Entertainment

Lincolnwood Village Featuring New Artist

The art of Diane Allen, Judith Edelman, and Erdmut Lerner is currently being featured in the Village's art gallery. These three artists are presenting their original abstract landscapes, assemblages, and photographs. This show, entitled "Indoors/Outdoors" will run through February 28, 2013. The Village will host a public reception for the art exhibit on January 15, 2013 from 5:00 p.m. to 7:00 p.m. at Village Hall. Light refreshments will be served and attendees will have the opportunity to meet the artists.

The art is displayed at Village Hall, located at 6900 North Lincoln Avenue and is open Monday through Friday from 9:00 a.m. to 5:00 p.m. For more information, visit the Art Gallery section of the Village's website at: www.lincolnwoodil.org/artgallery.cfm.

MITCHELL MUSEUM EXTENDS EXHIBIT CLOSING DATE

'Changing Views of American Indian Fine Art' to Remain on View Through March 10

The Mitchell Museum of the American Indian in Evanston has extended the closing date of its "Changing Views of American Indian Fine Art" exhibit to Sunday, March 10, 2013. The exhibit was originally slated to close January 6.

The exhibit, which opened June 9, traces the evolution of Native American art from ancient times to the present day while spotlighting some of the forces that shaped it.

Organized by the Mitchell Museum, "Changing Views of American Indian Fine Art" includes works from the Mitchell's permanent collection and on loan from private collectors.

The exhibit focuses on how developments in traditional art, the tourist trade, and the founding of American Indian art schools led to today's vibrant art market "where Native artists blend cultural traditions with contemporary media to push the boundaries of how we view American Indian art," notes the exhibit's introductory signage.

The exhibit is designed to provide a chronological overview of Native American art while challenging visitors' assumptions. The exhibit includes contemporary pieces one might not expect to see in a Native American museum and pieces never before seen at the Mitchell, according to museum officials.

Admission to the exhibit is included with Mitchell Museum admission, which is \$5 for adults and \$3 for seniors, students, teachers (with valid school ID), and children. Admission is free for Mitchell members and tribal members. Admission is also free on the first Friday of every month.

The independent, nonprofit Mitchell Museum is at 3001 Central St., Evanston. Phone (847) 475-1030. Email: visitor.services@mitchellmuseum.org. Website: <http://www.mitchellmuseum.org>.

The organization is partially supported by a grant from the Evanston Arts Council, a city agency supported by the City of Evanston, and the Illinois Arts Council, a state agency.

Learning German your New Year's Resolution? Adult Classes begin January 30

DANK Haus offers German language classes for adults.

- German is the most widely spoken language of the EU - with 90 million people speaking German as their first language.
- Germany is one of four primary trading partners of the United States, which has the largest concentration of German speakers outside of Europe.
- Knowledge of German language and culture is personally rewarding and improves travel and employment opportunities
- Preserving German culture and language enriches families and communities.

FACULTY & STAFF

Our committed faculty members are diverse in their educational background and life experiences, well qualified and highly motivated. Many hold Masters in German and all receive continuing education through the American Association of Teachers of German and ZfA Schulmanagement weltweit.

We encourage you to visit us and sit in during a class. We want you to be comfortable, and to feel confident about your decision to join our school. The Office and Classrooms are on the 3rd floor of the DANK Haus German American Cultural Center. The building is elevator equipped.

Wednesdays 6:30 pm - 9:00pm Tuition \$300.00

23 Jan Registration 6:00 PM - 8:00 PM. 30 Jan 1st Class. 29 May Final Class.

Saturdays 9:15 am - 11:45 am Tuition \$220.00

23 Jan Registration 6:00 PM - 8:00 PM. 09 Feb Registration 8:45 AM - 10:00 AM. 16 Feb 1st Class. 30 Mar No Class. 18 Mai Final Class.

At registration you will be able to speak with the Principal and together you will choose the appropriate class - with flexibility to change if needed.

Deutsch Aktuell I Text and Workbook, 5th Edition. \$85.00

Purchase books at registration.

DANK-HAUS GERMAN AMERICAN CULTURAL CENTER, 4740 North Western Ave., 5th floor, Chicago, IL 60625 773.561.9181 www.dankhaus.com

SKOKIE ART GUILD

FIGURE DRAWING WORKSHOPS

Saturday Sessions continue every week 9:00 AM - 12:00 PM

(Thursday evening sessions have been eliminated)

Live models / no instructor



Fees per session SAG Members \$12.00; non-members \$20.00. For information: Steve Gal 847/673-4450

Devonshire Cultural Center, 4400 Greenwood St., Skokie, IL 60076
www.skokieartguild.org Members: \$12.00 / Non-Members: \$20.00

CALL FOR ARTISTS: Skokie Art Guild's 52nd Annual Art Fair.

July 13-14, 2013. Fine Art. Held outdoors on Skokie's

Village Green, 5211 W. Oakton. Prizes and Awards. APPLY NOW!

For information/application: www.skokieartguild.org

skokieart@aol.com 847-677-8163

Germany's Karneval Kickoff - Weiberfastnacht!

The DANK Haus in Lincoln Square presents Weiberfastnacht, Women's Mardi Gras. The event is the kickoff party for the German Karneval season and the women are in charge. Ladies will enjoy dancing to techno under the disco ball and generally being naughty girls while shirtless men in bow ties serve them.

Everyone is encouraged to come in costume - men are especially encouraged to don a dress and wig. Those men that dare to wear a tie will have it cut off by scissor wielding ladies but do not fret: tradition says a kiss is due as compensation.

Entertainment abounds from German dance hits to gender bending skits to provocative stand-up and dancing all night to modern German and American pop and techno hits.

Refreshments available, especially krapfen - the traditional sugar doughnut of the Karneval season. Goulash, leberkäse sandwiches and cash bar available.

You don't have to be German to enjoy this night of debauchery!

The event is Friday February 1, 2013. Doors open 7:11 pm. Entrance \$5.00 Parties of 5 may reserve at brownpapertickets.com <http://www.brownpapertickets.com/event/310403>

DANK-HAUS GERMAN AMERICAN CULTURAL CENTER

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Published by

Village Publications

P.O. Box 31391, Chicago, IL 60631; 773-633-4059

www.ourvillagechicago.com

email: contact@ourvillagechicago.com

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SCHOOL, LIBRARY AND PARK EVENTS

CATHOLIC SCHOOLS WEEK 2013

Sunday, January 27, 2013 to Saturday, February 2, 2013

"Catholic Schools Raise the Standards" is the theme for Catholic Schools Week 2013, the annual celebration of the high quality, faith based education the nation's Catholic schools provide. The observance is scheduled for January 27 to February 2.

The 2013 theme highlights the recent launch of a new initiative, the National Standards and Benchmarks for Effective Catholic Elementary and Secondary Schools, to ensure consistent standards at Catholic schools across the country. The logo designed for the week illustrates a chart of growth culminating in the highest achievement of all, a cross representing the faith that underscores Catholic education.

D219 SCHOOLS SEEKING DISTINGUISHED ALUMNI

D219 High Schools are currently accepting nominations from the community and former students for its annual Distinguished Alumnus Awards. Niles North and Niles West each present the award to a past graduate during its respective end-of-year awards ceremony. The deadline to submit completed nomination forms is January 31 for Niles North or February 28 for Niles West.

Selection for the 2013 Distinguished Alumnus Award is based on the following criteria: Nominees must be a graduate of Niles North High School or Niles West High School, have distinguished themselves through outstanding achievements in their field or via significant contributions to society, and had a meaningful experience while a student at Niles North High School/Niles West High School. Support for such nominations shall come from personal opinions and documented evidence. Award recipients must attend the ceremony for their respective school. To nominate a former graduate, please submit information at www.d219foundation.org.

The Niles North Distinguished Alumnus will be presented with the award at the 48th Awards of Distinction ceremony held on Tuesday, May 14. The Niles West Distinguished Alumnus will be honored at the Accolades Ceremony on May 15.

For more information, please contact Kevin Monahan (Niles North) at (847) 626-2401 or kevmon@d219.org or Jessica Ogulnik (Niles West) at (847) 626-2921 or jesogu@d219.org.

NILES NORTH PEP BAND SELECTED AS HOUSE BAND DURING IHSA'S MARCH MADNESS

The Niles North High School Pep Band has been selected as an Official Illinois High School Association (IHSA) State Final Pep Band during the IHSA Girls State Final Basketball Tournament held at Illinois State University. The Niles North Pep Band is the Official Band for the Girls Basketball Class 3A/4A Tournament held on Friday, March 1.

The Niles North Pep Band performs under the direction of Cheryl Filipek.

St. Peter School and Preschool Open House 1-27-2013

11:30-2pm

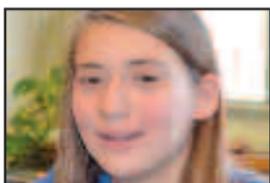
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St. Peter School

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Skokie IL. 60077



Please call for further details at (847)673-0918

or check our website at:

WWW.Stpeter-Skokie.org/school.aspx

LACROSSE ADDED AT RESURRECTION

Resurrection College Prep High School has added lacrosse as a competitive spring sport. Lacrosse is one of the fastest-growing sports at the high school level and is now sanctioned as a championship sport in 21 states. Resurrection Athletic Director and Associate Principal, Mr. Lou Marrese, is proud to announce the hiring of Ms. Colleen Speth (Co-Head Lacrosse Coach), Ms. Ashley August (Co-Head Lacrosse Coach) and Ms. Jordan O'Malley (Assistant Lacrosse Coach) for the upcoming 2013 spring season.

Ms. Speth has extensive knowledge and background experience, as well as numerous successful coaching experiences from beginner to advanced levels. Ms. Speth played all four years at Evanston Township High School as a stand-out goalie. She continued her playing career after being recruited to a Division 1 lacrosse program at the University of Massachusetts Amherst, before transferring to DePaul University, where she played on the club lacrosse team her junior and senior year. Ms. Speth has shared her passion for working with kids during the last three years as a high school, club and youth lacrosse coach. She demonstrates strong interpersonal and communication skills, and is committed to developing and working with each athlete as an individual. With her diverse coaching background and passion for the game, she will be a great addition to the Resurrection staff.

Ms. August is currently a member of the mathematics faculty and Assistant Varsity Volleyball Coach at Resurrection. With her positive attitude along with her passion for working with kids, Ms. August will be sharing coaching responsibilities along with Ms. Speth in building and cultivating a premier lacrosse program on Chicago's Northwest side. Ms. August brings with her numerous years of experience in both playing and coaching volleyball, and is committed to taking the natural athletic ability she possesses in the sport of volleyball, and transferring that to the sport of lacrosse. Her positive energy and outstanding coaching ability will have a positive impact on the student-athletes and within the new Resurrection lacrosse program.

Ms. O'Malley brings with her numerous years of experience playing the sport of soccer. During the summer of 2012 she taught lacrosse to athletes ranging in age from 5-18 years old. Ms. O'Malley fell in love with the sport of lacrosse and is looking forward to sharing her experiences with the student-athletes of Resurrection.

According to Resurrection Athletic Director Lou Marrese, he is confident that with the various strong qualities brought together by this coaching staff, they will build and manage a competitive and successful lacrosse program while developing the best out of every player. Their genuine passion for coaching is evident in the success of their players and teams. All three women are looking forward to launching the Resurrection College Prep lacrosse program.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 13,500 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.

RES FEST INDOOR BLOCK PARTY

Resurrection College Prep High School invites neighbors, alumnae and community members to Res Fest 2013 Indoor Block Party, hosted by Chicago Radio Legend Dick Biondi, on Saturday, February 16, 2013 from 6 pm to midnight. All adults in the community are invited to enjoy summertime fun in February at this 21 and older fundraising event in support of Resurrection College Prep High School.

The evening will feature music, food tents, beer & wine, silent auctions, raffles, baggo and carnival games to help chase away the winter cold. Come early for a chance to meet Dick Biondi before he takes the stage at 8 pm for a sock hop in the gym with dancing to the music of the 50s, 60s, 70s and 80s! Advance registrations are \$20 per person and admission at the door will be \$25. Res Fest food/drink/game tickets are available for \$1 each. Online raffles include a chance to win an Apple iPad mini or cash and winners need not be present. Advance registration, online raffles and Res Fest tickets are available at www.reshs.org or cmarchetti@reshs.org or 773.775.6616 Ext 112.



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10AM: Family/Student Mass in Chapel
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Wednesday, January 30th

9AM-11AM: Open House

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SCHOOL, LIBRARY AND PARK EVENTS

Registration Still Open for Chicago Teens Seeking After School Matters® Spring Programs

Thousands of program opportunities in the arts, communications, sports, science and technology available to teens across the city

After School Matters is currently accepting applications for its Spring programs, most of which begin early February. Programs in the arts, communications, science, sports and technology will be offered at 52 Chicago Public Schools high schools, and at more than 100 community organizations, Chicago Park District and Chicago Public Library locations across the city, as well as Downtown at the Gallery37 Center for the Arts. In total, approximately 7,000 opportunities in more than 300 programs will be available to Chicago teens this Spring.

After School Matters unique programs offer teens an opportunity to explore and develop their talents, while gaining critical skills for work, college and beyond. A few of the innovative programs offered include:

Lifeguarding - sports37 (LaFollette Park in West Humboldt Park)

The lifeguard apprenticeship offers teens an opportunity to train to become certified lifeguards. Apprentices are trained in aquatic rescue, CPR and other life-saving skills.

Mosaic Collaborative - gallery37 (Chicago Mosaic School in North Center)

Teens learn mosaic skills and work together on mosaic design, concepts and color to create a cohesive mosaic mural work that is sustainable and a source of pride for the teens and the community. Teens can earn Service Learning Hours upon completion of the program.

Green Lungs - science37 (Marshall Metropolitan High School in East Garfield Park)

This unique program provides teens the opportunity to gain skills in ecosystem and landscape-based management that can provide the foundation for a career in science, agriculture, design, public policy or any number of related disciplines. Teens will be called upon to devise solutions to negative ecological trends, such as stormwater management and food deserts, that plague many low-income communities.

Lawndale Legacies - tech37 (Lawndale Christian Development Corporation in Lawndale)

Teens learn technical computer skills necessary to work with industry professionals, community businesses and residents to develop several pilot e-commerce websites that help North Lawndale businesses and individuals market their services, products and skills online.

Clay Relief - gallery37 (Gallery37 Center for the Arts in the Loop)

Teens in this program learn the history of ceramics and create colorful 3D clay pieces.

BIZ Boot Camp - Innovation (Hyde Park High School in Hyde Park)

The Support Group's BIZ Boot Camp is designed to spark teens' interest in entrepreneurship. Students will learn skills in marketing, advertising, budgeting and event planning.

True Star Editorial - words37 (Morgan Park High School in Morgan Park)

The True Star Media Apprenticeship program builds teens' writing, communication, business, creative and basic life skills through the development of the quarterly True Star magazine, the True Star Radio weekly radio show, daily blog Trues-taris.com, and a mini-magazine, True Star Jr.

All After School Matters programs, which typically meet three days a week for 75-90 hours over the course of 10-to-16 weeks, are free and open to Chicago teen residents who are at least 14 years of age, and entering or currently enrolled in high school. Teens can search for programs that interest them at locations in and around their neighborhood at www.afterschoolmatters.org. Teens must apply online and meet with program instructors to discuss and present their skills and interests. Teens are encouraged to apply early as program opportunities fill up quickly.

For more information about After School Matters and to apply for Spring programs, visit www.afterschoolmatters.org. Follow After School Matters on Twitter at @afterschoolmatters and on Facebook at facebook.com/afterschoolmatters.

U.S. SUPREME COURT JUSTICE SONIA SOTOMAYOR VISITS CHICAGO PUBLIC LIBRARY

The Chicago Public Library welcomes United States Supreme Court Associate Justice Sonia Sotomayor, for a discussion of her memoir *My Beloved World*, in which she recounts her transition from her early life growing up in a Bronx housing project to being an associate justice on the country's highest federal bench. The free event takes place on Wednesday, January 30 at 6 p.m. in the 9th Floor Winter Garden at the Harold Washington Library Center, 400 S. State St.



PHOTO CREDIT: Elena Seibert

As the first Hispanic and third woman appointed to the U.S. Supreme Court, Justice Sotomayor has become an instant American icon. She grew up in The Bronx, New York and is of Puerto Rican descent. She credits her mother as being her life inspiration who instilled in her an extraordinary sense of determination and the power of believing in oneself. She recalls that watching episodes of the television show *Perry Mason* started her thinking about a career in the justice system.

Justice Sotomayor graduated summa cum laude from Princeton University in 1976 and received her Juris Doctorate from Yale Law School in 1979. She worked as an assistant district attorney in New York before entering into private practice in 1984. During that time, she has held several active roles on the boards of the Puerto Rican Legal Defense and Education Fund, the State of New York Mortgage Agency and the New York Campaign Finance Board.

Justice Sotomayor was appointed to the U.S. Supreme Court by President Barack Obama in May 2009, and confirmed by the U.S. Senate later that year with a super majority vote. She was President Obama's first nominee to the Supreme Court. With President Obama's nomination and her subsequent seat on the U.S. Supreme Court, Justice Sotomayor has the rare distinction of being nominated (and confirmed) to three federal judiciary posts by three different presidents. In 1991, she was nominated to the U.S. District Court for the Southern District of New York by President George H. W. Bush. President Bill Clinton nominated her to the U.S. Court of Appeals for the Second Circuit in 1997.

The Chicago Public Library continues to encourage lifelong learning by welcoming all people and offering equal access to information, entertainment and knowledge through materials, programs and cutting-edge technology. Through its 79 locations, the Library provides free access to a rich collection of materials, both physical and digital, and presents the highest quality author discussions, exhibits and programs for children, teens and adults. Seating in the Winter Garden will be held on a first come, first serve basis. For more information, visit chicagopubliclibrary.org or call (312) 747-4050.

D219 STUDENTS AND PARENTS TO LEARN ABOUT ADVANCED PLACEMENT CLASSES

D219 students and their parents are invited to attend a presentation on Advanced Placement (AP) classes to discover how AP is possible for any student, and to learn why all students are encouraged to take at least one AP class in high school. Students and parents who participate in the event will learn more about the college admissions process, meet with AP teachers, find out about specific AP course requirements and expectations, chat with students who are currently enrolled in AP classes, and explore an AP Fair. Hear insight from representatives from the College Board, The University of Chicago and Michigan State University.

Niles North AP Event 6:30 to 8:30 p.m., Monday, January 28
Niles North High School Auditorium

Niles West AP Event 6:30 to 8:30 p.m., Tuesday, January 29
Niles West High School Auditorium

For more information, contact Bridget Connolly at (847) 626-2391 or bricon@d219.org or Jason Ness at (847) 626-2930 or jasnes@d219.org.

Resurrection COLLEGE PREP HIGH SCHOOL

Res Fest Indoor Block Party Hosted by Dick Biondi

All adults, 21 and older, are invited!

Saturday, February 16, 2013
6 pm to midnight

Summertime fun in February!

Gourmet food tents, sock hop, games, baggo, beer & wine, raffles and silent auction

Go to www.reshs.org for tickets

or 773.775.6616 Ext 112

Admission - \$20 in advance; \$25 at the door
Res Fest Food/Drink/Game tickets - \$1 each

Shadow Days

7th grade girls

are welcome to a special Shadow Day on Friday, February 15, 2013.

Register online at

www.reshs.org

or call 773.775.6616 Ext 129.

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773.622.9494 www.NDHS4Girls.org

Notre Dame High School for Girls

Make-Up Entrance Exam

Saturday, January 26th at 8:00am

8th grade students who have NOT tested at another Catholic high school, and are interested in being Lady Panthers are encouraged to test!

All students testing at NDHS receive a book fee waiver and preference for scholarships!

Contact Ms. Duncan in Admissions at (773)622-9494 with questions!



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SCHOOL, LIBRARY AND PARK EVENTS

MAYOR EMANUEL EXPANDS TEACHER IN THE LIBRARY PROGRAM TO ALL CHICAGO PUBLIC LIBRARY LOCATIONS

Mayor Emanuel and Library Commissioner Brian Bannon announced today the Chicago Public Library's popular homework help program, "Teacher in the Library," will be expanded to all neighborhood branches. Through partnerships with local universities, the Library will bring undergraduate education students into an additional 21 library locations to assist children with their homework during after school hours.

"Teacher in the Library is one of the only programs of its kind in public libraries and this expansion solidifies it as the best free after school homework program available to schoolchildren anywhere," said Mayor Rahm Emanuel. "Parents constantly praise the positive impact their branch's Teacher in the Library has made on their child's grades and confidence in school."

Bannon worked with the University of Illinois at Chicago to craft the expansion, which provides children with more assistance and develops a pipeline for "teachers in training" to gain hands-on learning experiences.

"The Library is adding to the extensive resources available to help elementary and high school students understand and complete their homework assignments, and at the same time, is providing college students with the opportunity for hands-on-experience helping children that can be applied towards teacher certification," said Bannon.

To support this goal, the Library will work with local university teacher certification programs, as well as other higher education programs with service learning requirements. University of Illinois at Chicago was the first education school to sign on to this innovative program expansion.

"We have always appreciated the fine programs offered by the Chicago Public Library and are grateful to be given the opportunity to partner with Teacher in the Library. This will offer our students a great opportunity to gain hands-on community service while working with a well-respected institution," said Cynthia Shanahan, Associate Dean for Academic Affairs and Executive Direc-

tor, Council on Teacher Education, University of Illinois at Chicago College of Education.

By establishing partnerships with local universities, the Library is able to offer additional programs and services without any increased cost to taxpayers.

The current Teacher in the Library program is completely privately funded through gifts to the Chicago Public Library Foundation and places certified teachers in high-need neighborhoods to provide after school homework assistance. This program has grown from 10 to 57 library locations since 2005, and is an effective and highly valued way to help children learn for success.

Students are encouraged to bring their homework from any subject for after school help. Teachers in the Library provide assistance on a variety of topics for students of all ages, including high school students who need help understanding more difficult subjects or writing papers.

The Jewel Of Michigan Avenue

Whether the weather outside is frightful or delightful, the Chicago Cultural Center is always welcoming and this winter, it's the place to be for art, theater, dance, music and kids. Visit www.chicagoculturalcenter.org

Juicebox! A New Music Series For The Stroller Set Begins Friday, February 1!

Juicebox offers Chicago's best music, dance, and theater in a kid-friendly setting. A free series of cutting edge performances, Juicebox, held on alternate Fridays at 10 am, is geared at toddlers but is engaging for the whole family. Kids can sit on the floor, walk around, meet the artists, and sometimes even play with the instruments and puppets. BYO snacks are welcome too! For more information visit www.cityofchicago.org/dcace

LINCOLNWOOD PUBLIC LIBRARY 4000 W. Pratt Ave., 847-677-5277

Book Discussion. February 11, 11 a.m. "Arcadia" by Lauren Groff.

Book and Travel Reviews. February 1, 10:30 a.m. Rochelle Pennington presents "A Walk Down Memory Lane." Attendees will be invited to remember the "good old days" of the 1930s, 40s, and 50s, when doctors made house calls, and wringer washing machines, marble matches, and Howdy Doody shows were commonplace.

Cinematic Classics. Shown Thursdays at 1 p.m. January 24: "Modern Times"; January 31: "The Big Sleep"; February 7: "Top Hat"; February 14: "Casablanca."

Coming Together in Skokie: Film Festival. Tuesdays, 6:30 p.m. A community-wide celebration designed to promote literacy and to explore in depth a different culture each year, through reading and discussing selected books and enjoying a host of cultural activities. The Lincolnwood Library is proud to participate in celebrating Greece, the culture of focus in 2013 by showing these films in the Roehri Room. February 6: "Percy Jackson and the Olympians: The Lightning Thief"; February 13: "A Touch of Spice"; February 20: "The Moon Spinners"; February 27: "My Life in Ruins."

Friday Films shown weekly at 1 p.m. January 18: "Trouble with the Curve"; January 25: "Samsara"; February 1: "Looper"; February 8: "Touchback"; February 15: "Won't Back Down."

Live@Lincolnwood. January 20, 2 p.m. The Legacy Girls sing hits from the nifty 50s and 60s. February 17, 2 p.m. The In Full Swing jazz orchestra plays big band favorites. Free tickets available at the library's Circulation desk, three weeks prior to event to Lincolnwood residents and one week prior to non-residents.

News and Views. January 28, 11 a.m. Join us on the fourth Monday of each month for an hour-long discussion of current events led by Mary Oppenheimer. This is not a lecture; your views are welcome and encouraged.

Morning Matinees. Thursdays at 10:30 a.m. January 24: "Sleepwalk With Me"; January 31: "To Rome With Love"; February 7: "Taken 2"; February 14: "The Intouchables" (French with English subtitles).

Acting Class. Mondays, 2-3 p.m. January 28-May 20 when school is in session. Theater games, improv, bit parts, and more for grades 3-5. Directed by Debbi Brodsky. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org.

Beginning with Books. Wednesdays, January 9-February 27, 10 a.m. Stories, songs and activities geared for very young children and their caregivers. Participants are invited to stay for the Playtime program directly following. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org.

Chess. Sundays, January 13-March 10, 3 p.m. If you like puzzles and playing strategic games against your friends, community member Larry Rabyne is here to help you learn chess. Grades 3-5. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org.

Coming Together in Skokie: Father/Son Book Discussion. February 3, 2 p.m., Roehri Room. A community-wide celebration designed to promote literacy and to explore in depth a different culture each year, through reading and discussing selected books and enjoying a host of cultural activities. The Lincolnwood Library is proud to participate in celebrating Greece, the culture of focus

in 2013. The discussion February 3 will feature "War Games" by Audrey Coulombis. Lincolnwood residents, pick up a copy at the circulation desk beginning January 7.

Family Night Storytime. February 7, 7 p.m. "Hearts & Crafts." Families with young children are invited to join us for an evening of stories, activities, and celebrations. All ages are welcome but especially ages 3 through 8. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org.

Games. January 30, February 11, 3:30 p.m. Video or board games especially for school-age kids.

Just Because. February 6, 3:30 p.m. "Summer Down Under." Have you ever wanted to do something wild and wacky, or crazy and fun, just because? Well, now is your chance. Grades 3-5.

Kid Flicks. 3:30 p.m. February 4: "Ice Age: Continental Drift."

Knitting for All Ages. Fridays, 3:30-4:30 p.m. Adults and children, ages 10 and up, can learn to knit or work on a project.

Open Grant Room. Mondays at 2:30 p.m., Tuesdays at 3 p.m. Come hang out, do some homework, play a board game, and buy a snack. Students 3-8th grade. No program on no-school days.

Playtime. Wednesdays, January 9-February 27, 10:30 a.m. A relaxed play experience that helps young children develop social skills. Toys are provided.

Stories and More. Tuesdays, January 8-February 26, 10 a.m. This fun, interactive storytime is tailored for children ages 3-5 and emphasizes letters, numbers, shapes, colors and other concepts. Through a combination of picture books, online stories, magnetic board stories, songs, fingerplays, and crafts, each session provides a language-rich experience. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org. **Thursday Club.** Thursdays, 3:30 p.m. Grades 6+. Each month a new theme, each week, who knows what we will be doing? Come and find out during Fun February. No school, no program.

Un-Valentines Day Party. Sunday, February 10, 2 p.m. What better way to uncelebrate Valentine's Day than with friends at your library? Kids in grades 6-8, come create un-Valentines, evil fortune cookies, and dark crafts. Eat broken-hearted snacks with us and sing your favorite heartbreak tunes on karaoke. Registration required. Contact the Youth Services Department at 847-677-5277 x234 or youthservices@lincolnwoodlibrary.org.

English as a Second Language Class. Tuesdays, Registration is January 8 and class runs through June 4, 6-8:30 p.m. Free weekly class for adults who want to learn to speak English. Sponsored by Oakton Community College. Call 847-635-1426 for more information.

Literacy Class. Saturdays, Registration is January 12 and class runs through May 18, 9:30 a.m.-12:30 p.m. Free weekly class for adults who want to improve reading and writing skills. Sponsored by Oakton Community College. Call 847-635-1426 for more information.

A Close-Knit Group. Wednesdays, 11:30 a.m.-12:30 p.m. All skill levels welcome.

The Friends of Lincolnwood Library meet the fourth Wednesday of each month, 7:30 p.m.

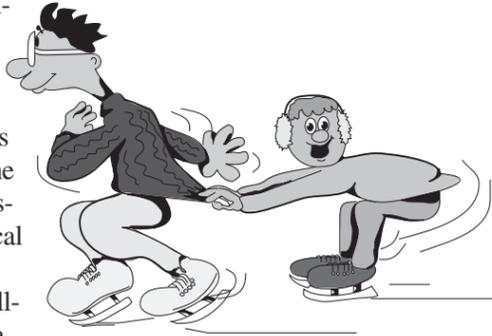
Humanities Treasures meets on Wednesdays, 1-3 p.m.

**EVANSTON/SKOKIE VALLEY METROPOLITAN FAMILY SERVICES
- GIVING HOPE AND OPPORTUNITY TO FAMILIES**

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, metrofamily.org.

Rink at Wrigley Ice Rink Offer for Students

Rink at Wrigley For the fourth consecutive year, an ice skating rink will welcome skaters to the Friendly Confines of Wrigley Field this winter, thanks to the generosity of the Ricketts family and Chicago Cubs Charities, the City of Chicago, the Chicago Park District, Central Lakeview Merchants, local businesses and community groups.



Building on last year's success, a full-size skating rink will once again find a home in the Cubs parking lot at the corner of Clark and Waveland. Named The Rink at Wrigley, the endeavor is sponsored by the Ricketts family and Chicago Cubs Charities, Westrec Marinas and Christy Webber Landscapes.

For more information on the Rink at Wrigley, call 773.525.1638. Festive Decorations for The Rink at Wrigley were provided by Christy Webber Landscapes.

Student Special Looking for something to do after school or on the weekends? Come visit us at The Rink at Wrigley. \$45 for a SEASON LONG PASS to the rink. (Must show proof of enrollment.)

**ICE SKATING AT THE
MCCORMICK TRIBUNE ICE RINK**

Kicking off Chicago's winter season, the McCormick Tribune Ice Rink in Millennium Park opened on Friday, November 16, 2012 and will remain open through mid-March 2013, weather permitting. For the last 11 years, the rink has drawn more than 100,000 skaters annually and is free and open to the public. The rink, located on Michigan Avenue between Washington and Madison Streets, will still offer skate rental for only \$10.

Regular Hours for the season are as follows: Mondays through Thursdays: 12 pm — 8 pm; Fridays: 12 pm — 10 pm; Saturdays (beginning Jan. 5): 10 am — 9 pm; Sundays: 10 am — 9 pm

Admission: FREE. Skate rental is available for \$10 (includes tax). Skate sizes: Toddler 8 - Adult 13 (first come, first serve). Lockers are available to rent for \$1. Skate sharpening is available for \$9.

Hot chocolate and snacks are available at the Park Grill Cafe.

Happy Valentine's Day

Did You Know...?

It seems only natural
that February is
**National Weddings
Month. After all,
Valentine's Day is
the most popular day of
the year for wedding proposals.
The second-most popular day to
"pop the question" is New Year's Eve.**



Celebrate Valentine's Day in Edison Park

The restaurants and bars of Edison Park are gearing up for Valentine's Day! Our well-reviewed restaurants are now accepting reservations to take that special someone out on this day of love. A complete list of our restaurants can be found on our website at www.edisonpark.com.

For those singles, join us for the Stupid Cupid Pub Crawl which will take place on Thursday, February 14th. The pub crawl kicks off at the Emerald Isle at 6:30pm (6686 N. Northwest Highway), Edison Park Inn at 7:30pm (6715 N. Olmsted), and our final stop, The Snuggery at 8:30 pm (6733 N. Olmsted). Advanced registration is required. Reservations are \$20 and include t-shirt, raffles, giveaways, drink specials, and food. Reservations can be made by calling (773) 631-0063. We accept Visa and Mastercard. This event is sponsored by Miller Lite and Joseph Mullarkey Distributors.

The Legend of St. Valentine

The history of Valentine's Day--and the story of its patron saint--is shrouded in mystery. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. But who was Saint Valentine, and how did he become associated with this ancient rite?

The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons, where they were often beaten and tortured. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl -- possibly his jailor's daughter--who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories all emphasize his appeal as a sympathetic, heroic and -- most importantly -- romantic figure. By the Middle Ages, perhaps thanks to this reputation, Valentine would become one of the most popular saints in England and France.



Fat Tuesday Crazy Hat Night Mardi Gras Party

with
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and His
"Windy City Jazz Ensemble"

Featuring
Vocalist
Jeannie Lambert




Tuesday, February 12th — 8:00 P.M.

Special Guests:
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and
I.L. Prinzessin
Elfriede I.

Special Mardi Gras Menu

Catfish — BBQ Ribs
Jambalaya — Gumbo
Red Beans and Rice
Black-Eyed Peas
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Keeping Your Car Clean

Keeping your car clean has many significant financial and environmental benefits, especially when performed by a professional car wash.

Let's start with the financial rewards. Every day our cars are subjected to sun, salt from the sea, salt from snow trucks, grease and grime from the road, acid rain, smog, tree sap, dead bugs, and worst of all, the ever-acidic compound of bird poop bombs. We've all been riddled and splattered at one time or another.

These conditions eat away at a car's metal and chrome. They dull the paint. They corrode and cause rust. They attack your pride and joy day after day. You may not see it right away, but over time they will contribute to the decay of your car's exterior, ultimately diminishing its resale value.

By professionally washing your car at least twice a month, you help preserve one of your biggest investments.

Another benefit? Saved time and convenience. Lugging everything in and out of your garage or house is exhausting compared to a quick trip to the nearest car wash.

Few people also realize that washing their cars at home pollutes the environment. Soap and road grime such as oils, tar, and dirt end up in storm sewers that flow into lakes, streams and rivers - the same water in which your children might swim, or where you fish or hunt.

Wastewater from professional car washes enter a sanitary sewer system, facilities designed to protect the environment. No polluted water from professional car washes will reach our waterways.

Though a parking lot car wash might sound like a good way to make money for your organization, many groups don't realize that dirty water from parking lot and driveway car washing enters the storm sewer system. Meant only for rainfall, storm sewer water flows directly into the closest creek, stream, or river

Water conservation is another benefit: professional car washes can use about half the amount of water it takes to do it yourself.

(See also http://environment.about.com/od/greenliving/design/a/car_wash.htm)

For all these reasons, you can't beat a professional car wash. And oh what fun it is to take your kid through the wash from the inside of the car! Or just follow along by the window.

All sorts of interesting facts illuminating how we use and abuse our cars can be found at www.carlove.org.

So treat your car the way you want it to treat you. Add having your car washed to your list of chores; go to the bank, pick up the dry cleaning, visit the grocery store, and get the car washed. There's just no excuse not to swing through one every two or three weeks. You'll protect your investment, save time, and minimize environmental impact inspiring the best feeling of all; unconditional love for an unconditional friend.

Submitted by Chicago's #1 Car Washes, Four Convenient Locations

(See our ad below)



Northeastern Illinois University to Hold Financial Aid and Scholarship Workshops

In honor of February being designated Financial Aid Awareness Month (FAAM) and the Illinois Student Assistance Commission (ISAC) challenging Illinois students and families to complete the Free Application for Federal Student Aid (FAFSA) early, Northeastern Illinois University (NEIU) will be holding three financial aid and scholarship workshops.

Workshops will be held at the NEIU El Centro Campus, 3119 N. Pulaski, Feb 2, 9 a.m. to noon; NEIU Carruthers Center for Inner City Studies, 700 E. Oakwood Blvd., Feb. 8, 10 a.m. to 2 p.m.; NEIU Main Campus, 3701 W. Bryn Mawr Ave. in Chicago, Lech Walesa Hall room 1001, Feb. 9, 9 a.m. to noon.

Those interested can register for the session at www.neiu.edu/fafsa or call NEIU's Financial Aid Office at (773) 442-5016.

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Hands-On Judaism at Skokie Chabad Hebrew School!

Judaism is a hands-on experience at Skokie Chabad Hebrew School! This past Sunday, eager students visited Jewel Osco in Evanston for an interactive lesson about Kashrut (kosher dietary laws).

The children took tour of all the different kosher counters in the store, and at each stop they discussed practical details of a kosher lifestyle. At the Kosher Pier fish counter, the braver of the students held and examined fish to identify both fins and scales, both necessary signs of a kosher fish. At the meat and deli areas, the student learned more information about the process that takes a kosher animal from the farm to the meat counter, and neatly packaged and priced meats. The kosher bakery counter was pretty tasty; students watched a cake decorator work her magic on a custom confection, and sampled kosher cookies. Rabbi Blaustein, a mashgiach (supervisor of Kashrut), answered the many questions that children had.

Thank you to the staff at Jewel Osco, and to Rabbi Blaustein, for a great field trip! Skokie Chabad Hebrew School meets weekly, and provides a stimulating environment where Jewish children happily embrace their heritage, no matter their level of observance or affiliation.



I Already Prepared My Will or Trust Do I Still Need an Attorney?



Chester M. Przybylo

Many people have the misconception that once they have created a Revocable Living Trust, they no longer need the services of their estate planning attorney. After all, a Living Trust avoids Guardianships and Probate, and attorneys and the court are involved in each of these processes. So, obviously the planning that was done eliminated the need for any future services of the estate planning attorney. Nothing could be further from the truth. There are a number of times the services of an estate planning attorney are needed.

First, there should be periodic reviews of an estate plan. This should occur at least every two to four years. You may be wondering what facilitates this need.

- Changes in relationships with loved ones;
- Changes in the size or make-up of your assets;
- Changes in the physical, mental or emotional status of your loved ones;
- Different needs that should be addressed to protect your loved ones.

These are only a few of the many reasons why there must be periodic reviews of an estate plan.

Second, if the Trustor (the person who creates a Trust) is serving as Trustee of the Trust and wants to resign, an attorney's services are needed. There must be a resignation prepared and signed and the Successor Trustee needs to qualify to serve. Additionally, questions about accounting and the transfer and value of assets, etc., all need to be addressed and resolved. There should be continuity in the administration of the Trust. This is best accomplished by ensuring the Successor Trustee starts out the right way – with the guidance of a qualified attorney.

Third, suppose that the Trustor and/or Trustee become physically or mentally incapacitated. How is incapacity determined and who determines it? These questions should only be answered by the estate planning attorney. Once properly determined, it is necessary to qualify the Successor Trustee to carry out the terms of the Trust. That person will need guidance at the outset with transferring assets and being certain they are performing their duties properly. In addition, they may periodically need to consult with the attorney about trust related matters.

Finally, upon the death of a Trustee, it is again necessary to utilize the services of the estate planning attorney. This is when the work becomes more complex than merely changing Trustees. Are there death tax returns that need to be prepared? Is an accounting needed? Do the assets need to be valued at date of death values? Are there any post-mortem planning strategies to be implemented to reduce death taxes? When and how are distributions made? Is the Trust to be terminated? How does the Successor Trustee take over control of the assets? These are only a few of the questions that must be answered.

Yes, a properly drafted and fully funded Living Trust can avoid court involvement in your affairs. However, as demonstrated, it is absolutely necessary to involve the estate planning attorney at various times after the Living Trust has been signed. There may be other occasions when the estate planning attorney should be consulted as well. Therefore, it is important that you use the services of an estate planning attorney experienced not only in planning estates, but also in handling trust administrations.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.

FINANCIAL WELLNESS CAN BE YOURS IN 2013

By Andrew Salata, Social Security Public Affairs

January is Financial Wellness Month — a great time to think about your own financial future. It also happens to be at this time that many people make resolutions for the New Year. Why not combine the two and make your own financial wellness a resolution for 2013?

Here are our suggested resolutions for your financial wellness.

Start your financial plan with your Social Security Statement. The online Statement is simple, easy to use, and provides estimates you should consider in planning for your retirement. It provides estimates for disability and survivors benefits, making the Statement an important financial planning tool. Your Statement allows you to review and ensure that your earnings are accurately posted to your Social Security record. This feature is important because Social Security benefits are based on average earnings over your lifetime. If the information is incorrect, or you have earnings missing from your record, you may not receive all the benefits to which you are entitled in the future. www.socialsecurity.gov/mystatement

Work the numbers. Once you get your online Statement, you can use the other free resources provided by Social Security. Use our Retirement Estimator, where you can get a personalized, instant estimate of your future retirement benefits using different retirement ages and scenarios. Visit the Retirement Estimator at www.socialsecurity.gov/estimator

Once you are in the know, choose to save. The earlier you begin your financial planning, the better off you will be. Social Security replaces about 40 percent of the average worker's pre-retirement earnings. Most financial advisors say that you will need 70 percent or more of pre-retirement earnings to live comfortably. You also will need other savings, investments, pensions or retirement accounts to make sure you have enough money to live comfortably when you retire. Visit the Ballpark Estimator for tips to help you save. www.choosetosave.org/ballpark

Do some light reading. Learn more about Social Security, the benefit programs, and what they mean to you and your family, by browsing through our online library of publications. In particular, our publication entitled "When To Start Receiving Retirement Benefits" provides helpful information regarding the things you should consider when making a decision on when to collect retirement benefits. Many of our publications also are available in audio format and other formats. Our library at www.socialsecurity.gov/pubs is always open.

Help someone you love. Sometimes we get the most satisfaction out of helping someone else. If you have a grandparent, parent, relative, or friend who could benefit from Social Security, share our website and the features of our online services with them. You can even help a loved one apply for Social Security benefits in as little as 15 minutes — or for Extra Help with Medicare prescription drug costs. Whether you forward a publication or sit down to help someone apply for Social Security, the place to go is www.socialsecurity.gov.

There are a number of ways you can celebrate Financial Wellness Month, so start off the New Year by looking out for your financial wellness at www.socialsecurity.gov.

Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and bingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

The Lincolnwood Social Club

Day trips, drop-in programs, guest speakers and seasonal mixers are just a few of the activities enjoyed by Lincolnwood Social Club members. Area seniors, age 55 years and better, are encouraged to join the program and start taking advantage of some of the upcoming programming including theater outings to see The Pirates of Penzance (May 16), Dream Girls (October 10) and Singin' in the Rain (November 28). Other day trips include the Glenn Miller Orchestra (May 22), History Lunch Tour on the Spirit of Chicago (June 20) and Lake Geneva Lake Tour and Lunch at The Abbey (July 18). Registration fees include round trip transportation and lunch for most outings. Drop-in programs are offered on a weekly basis at the Lincolnwood Community Center (6900 N. Lincoln Avenue). Weekly activities include bridge, mah jongg and senior exercise. Classes are offered either free of charge or at a discount for Social Club members. In addition to day trips and drop-in programs, members enjoy monthly activities including movie viewings with catered lunch, area restaurant outings as well as outings to city locales (transportation included) and monthly social mixers highlighting member birthdays.

For membership information and a list of activities, please contact the Parks and Recreation Department at (847) 677-9740 or access at www.lincolnwoodil.org.

Nursing Home Costs...

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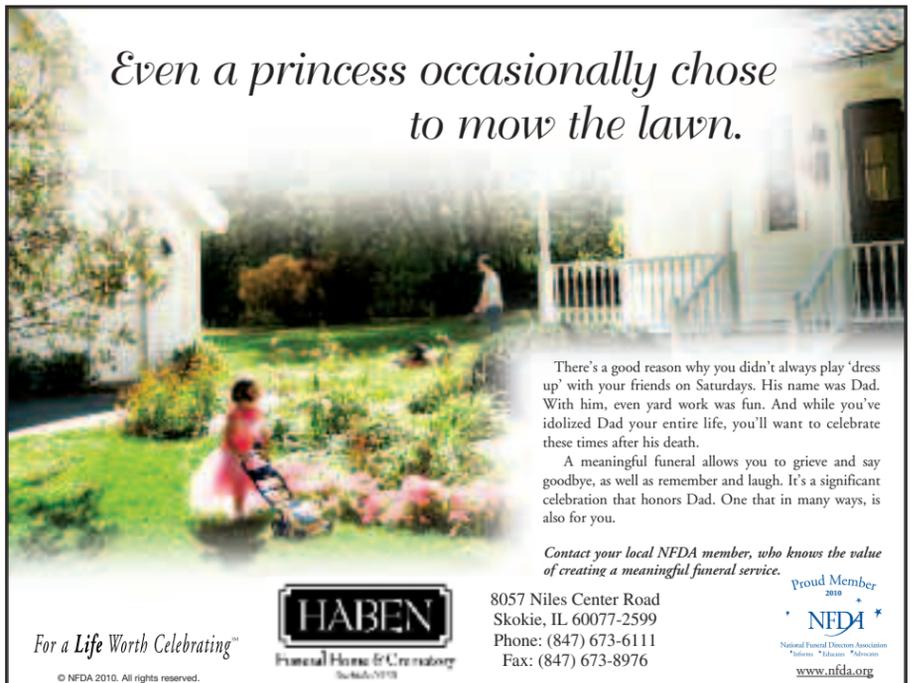
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A meaningful funeral allows you to grieve and say goodbye, as well as remember and laugh. It's a significant celebration that honors Dad. One that in many ways, is also for you.

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HOW WILL YOU DECIDE?

- ◆ May I share one person's information with others?
- ◆ Is it ever wrong to forgive?
- ◆ When is it correct to refuse to give to a charity?
- ◆ Are we morally obligated to respect a difficult parent?
- ◆ Is it ever ethical to tell a lie?



Explore these issues both in modern American law and in the Jewish wisdom of the Torah.

This six week course is available in Skokie, on Thursdays starting January 31, and on Sundays starting February 3. It is also at other times in locations throughout Illinois.

Attorneys who attend this course can earn 9 MCLE general or ETHICS credits.

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