



# OUR VILLAGE



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May 20

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Issue 9  
May 6, 2015



## Happy Mother's Day

In America, the second Sunday in May is the day we set aside to honor Mother. One of the most intricate and important duties one can accept is to steer, protect and nurture another's life.

Mothers hardly ever get the credit they deserve in their day-in-day-out dedication to the generations of young people now and forever. They, our Mothers, influence the future of the entire earth; they have for years past and will continue, far into the future.

Thank you to all of the Mothers everywhere for a life's tireless commitment, not always recognized for its true worth.



"Your Mother is always with you She's the whisper of the leaves as you walk down the street. She's the smell of certain foods you remember, flowers you pick, the fragrance of life itself She's the cool hand on your brow when you're not feeling well. She's your breath in the air on a cold winter's day She is the sound of the rain that lulls you to sleep, the colors of a rainbow; she is Christmas morning. Your mother lives inside your laughter She's the place you came from, your first home, and she's the map you follow with every step you take. She's your first love, your first friend. even your first enemy but nothing on earth can separate you of time, not space... not even death."

-UNKNOWN

## ARMED FORCES DAY



Armed Forces Day honors all branches of the armed forces of the United States. It is celebrated on the third Saturday of May with military exercises on land, at sea, and in the air. Military installations are usually open to the public on Armed Forces Day.

President Harry S. Truman proclaimed Armed Forces Day, and it was first celebrated in May, 1950. It replaced three separate celebrations for the Air Force, Army, and Navy. James V. Forrestal,

the first secretary of defense, helped unite the armed services under the Department of Defense after World War II ended in 1945. (Taken from World Book, 1999 Edition)

We honor all of our men and women of the military everyday of the year for their selfless patriotism and service to all of us.

They keep us safe and watch over us not only at home but in the far corners of the earth where they are assigned. We can never express deeply enough our unwavering support and pride in these exceptional people, past, present and future.



**Brauhaus Owners, Harry & Guenter Kempf**  
(Turn to Page 5 for the History of this Chicago Treasure)

## Chicago Farmer's Markets Begin

(Turn to Page 3 for Listing of Local Markets)

## It's That Time of Year

**Urhausen Greenhouses**

Established in 1922  
6973 N. East Prairie Rd., Lincolnwood  
(1 block east of Crawford Avenue)  
**OPEN WEEKLY 8 am-8 pm Sat. & Sun. 8-5 pm**  
**847-675-1573**  
[www.urhausengreenhouses.com](http://www.urhausengreenhouses.com)

BEAUTIFY YOUR OUTDOOR SPACES with fresh, flowering plants — all grown in our well-organized 2 ACRE GREENHOUSE. Select from a wide assortment of unique POTTED ACCENT PLANTS that will give your container gardens a MICHIGAN AVENUE LOOK AND FEEL.

- Blooming ANNUALS in all colors and varieties.
- Mature PERENNIALS — over 150 varieties.
- Fresh HERB & VEGETABLE plants.

We Are Here!

## NORTHWEST ARTS CONNECTION

### AVONDALE RESTAURANT CRAWL COMING UP!

**Spectacular evening of food & entertainment!**  
Limited number of tickets available  
\$20 advance purchase  
<http://www.eventbee.com/event?eid=170436292>  
\$25 night of event at Brands Park, 3259 N. Elston  
Further information: Marlena Ascher 773-481-1749  
marlenaascher@sbcglobal.net

**SAVE THE DATE!**  
**Wednesday, June 3 • 6-9pm**

Launch Site for the Restaurant Crawl is Brands Park at 3249 N. Elston Avenue.

BROUGHT TO YOU BY:

Go to our Facebook Event Page for more information and to sign up!



## Community First Medical Center May Health Events For Area Residents

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in May.

A free Healthy Aging Program will be held Friday, May 8, from 1 p.m. to 2:30 p.m. This program is for individuals aged 55 and older and consists of social time, health topics and guests lectures. Mary Schlitter, R.N., will discuss women's heart health. Registration is not required.

Henry Govekar, M.D. will lecture on diverticulitis Monday, May 11, at 6 p.m. in Centennial Conference room A. Registration is required by calling 773-794-8486. Free with refreshments provided.

Free blood pressure screenings will be offered Thursday, May 14, from 9 a.m. to 10 a.m., in the hospital's main lobby. A health care professional will perform screenings and answer questions about blood pressure readings. Registration is not required.

Audiologist Marie Vetter, Au.D., will provide free hearing screenings Monday, May 18, from 9 a.m. to noon. This screening will be done in a sound proof booth, room 502, in the Professional Building across the street from the main hospital. Advanced registration required by calling 773-794-8486.

Maryville Crisis Nursery will present a parenting session titled "Social and Emotional Development: I am a Big Kid Now," Tuesday, May 19, at 6 p.m. A free dinner and childcare service will be provided. Registration is required by May 18, at 3 p.m., by calling 773-205-3637.

The Arthritis Support Group will meet on Thursday, May 28, from 1 p.m. to 2:30 p.m. This session is free. Registration is not required.

## Foster Harlem Property Owners Association

The Foster Harlem Property Owners Association's next meeting is scheduled for Thursday May 14, 7:00pm at St. Monica's Beyenka Hall, 5101 N Mont Clare. The Association will host:

Irene Flebbe a Naturalist with the Cook County Forest Preserve will give expert gardening and landscaping tips for this upcoming growing season.

Vesna Stelcer, Director, Ed Paschke Art Center will present about this new, captivating art gallery on the Northwest Side. Guest Speakers.

## Joy Is Buying...

**OLD: Costume Jewelry, Watches, Clocks, Figurines, Silverplate, Perfume Bottles, Stamps, Coins, Furniture, Toys, Linens**

**Call 847-732-1195**



## Bears At "Mitzvah Day"

Bears of Hope was part of Temple Judea Mizpah's "Mitzvah (Good deeds) Day" on Sunday, April 19, 2015. Sue Hartman, a member of the Temple's Social Action committee contacted the group's founder, Carolyn Reiner, to ask if her organization would participate. Hartman said, "We were delighted when they agreed to join us. The committee felt the handmade fabric bears they make for those in crises fit in with our theme, "Health & Wellness".

At the event, Bears of Hope had a table filled with bears that needed to be stuffed. Bear volunteers asked adults and kids to stuff a bear for someone needing 'extra hugs' to feel better. Their table was busy and filled with excitement throughout the event. Reiner remarked, "It felt great to see so many individuals having fun stuffing bears, while doing something good for others. We appreciated the community's help." More than 50 bears were stuffed. Bears volunteers will complete the bears and then they will be given to social service agencies who receive bears for those under their care. The agencies repeatedly tell Reiner, "The bears provide emotional support children and adults badly need during their healing process."

Many people were interested in volunteering. Bears volunteer, Joanne Purvin, told them, "It's easy. To volunteer, contact us to set up an appointment with our founder. She'll explain what help is needed. You decide what to do. That's it!" Contact the Bears by e-mail: Bears@bearsofhope.com or call 847-673-4098. Another way to get involved

is with a financial gift. All funds received are only used for what's needed for bears. The group has no paid staff; they're all volunteers. Send your check to: Bears of Hope, 8331 Kostner, Skokie, IL 60076.

Bears of Hope "Makes a Difference" in the lives of children and adults struggling with life crises. Their bears bring comfort and hope.



Teenagers stuffing bears for someone who needs a bear to hug to feel better.



Bears volunteer (third from left) checking stuffing in adult's bear and young girls stuffing bears.

# GRAND OPENING

• Free Samples  
• Prizes

**Saturday, May 16th at 7am**

*Be One of Our First 50 Guests on Saturday, May 16th and Receive a Coupon*

*Book for 52 FREE Products, 1 Free Product Every Week for 52 Weeks!*

Kids Events & More!

**Ada's Market & Deli Features... • Hand-Chosen Local Organic and Traditional Produce**  
**• A Wide Selection of Freshly Baked Goods • Extensive Butcher and Deli Items**  
**• Full Line Grocery • And Our "Store Within The Store" - "Grab n' Go" are Featuring Delicious, Ready to Snack Meals and "Intelligentsia" Coffee Bar.**

Established in 2003, Ada's European Market & Deli has been a fixture in River Grove, providing exceptional goods and services to the community.

Now, Ada's is excited to bring those years of experience to the Norwood Park area with a domestic assortment of recognized name brand items and a commitment to personalized service.



Open early and late, Ada's Market & Deli makes your shopping experience easier by delivering value prices.

*We look forward to serving you and your family for generations to come.*

(773)774-ADAS • (773)774-2327 • www.adasdeli.com

6165 N. Northwest Hwy, Chicago, IL 60631

# Neighborhood Farmers Markets Will Open In May

## Downtown Evanston Farmers' Market 40<sup>TH</sup> Year Begins May 9

The Downtown Evanston Farmers' Market kicks off its 40th year this Saturday, May 9. It features fresh and locally grown fruit, vegetables, flowers and plants, along with meat, cheese, eggs and bakery items.

The market will take place every Saturday from 7:30 a.m. to 1 p.m. through November 7 at the intersection of University Pl. and Oak Ave., behind the Hilton Garden Inn. Parking is free in the adjacent 1800 Maple Avenue Self Park Garage with ticket validation at the City of Evanston tent (click on map to expand).

LINK cards are accepted and reusable bags are sold on site. Popular canning and food preservation workshops will be back at the market again this year in June, July and August, with exact dates to be announced.

For more information, visit [cityofevanston.org/market](http://cityofevanston.org/market), or call 311 (847-448-4311 outside of Evanston). Community members can also sign up to receive information about Farmers' Market vendors, upcoming programs and events at [cityofevanston.org/newsletter](http://cityofevanston.org/newsletter).

## The Long Winter Comes To An End And Chicago Farmers Markets Begin With An Official Opening At Daley Plaza On May 14.

Chicago Farmers Markets, presented by the Chicago Department of Cultural Affairs and Special Events (DCASE) and COUNTRY Financial, open across the city this spring and run through October, downtown and in the neighborhoods. The City-run markets selling fresh fruits, vegetables, plants and flowers open on Saturday, May 9 at Lincoln Park (Armitage & Orchard) and Division Street (Division & Dearborn) and Sunday, May 10 at Beverly (95th & Longwood) before the official opening at Daley Plaza (Washington & Dearborn) on Thursday, May 14. A complete list of all markets with dates and times can be found at [chicagofarmersmarkets.us](http://chicagofarmersmarkets.us).

New for 2014, some markets became Community Markets. This is a new concept being introduced, as a market is reflective of the neighborhood it serves. Each market will have what you would expect at a typical farmers market with items like fresh produce, with the addition of music programming and non-food vendors like local artisans – adding a unique vibe to each market and expanding the neighborhood's cultural assets, a priority of the Chicago Cultural Plan. Vendor selection has not been finalized to date.

"Chicagoans understand the importance of eating healthy but also, buying locally," said DCASE Commissioner Michelle T. Boone. "This year's Community Market program will build on each neighborhood's personality with a variety of food vendors and unique works by local artists."

"Opening day for the Chicago Farmers Markets can't come soon enough after an especially long, cold and snowy winter," said Mike Fisher, COUNTRY Financial Agency Field Executive, New Market Development.

Additionally, after a popular run last year, the Farmers Markets program will offer three night markets in three neighborhood market locations: Fulton Randolph Market District/Union Park Community Market (location TBD) each Tuesday beginning June 9 through September 1 from 4-8 p.m.; Devon Night Market (2720 W. Devon Ave.) each Wednesday beginning July 8 through September 9 from 4-8 p.m. and the Argyle Night Market (Argyle and Sheridan Rd.) each Thursday beginning July 9 through September 3 from 5-9 p.m.

While the new stand-alone Night Markets will happen weekly and include some vendors from the City's other farmers markets, these will be unique, multifaceted events which will include live performances and arts & crafts, with local artisans and local restaurants participating.

The City of Chicago and DCASE have once again partnered with Experimental Station to accept the LINK card at 15 markets including the six markets in food deserts. The Englewood Market at Anchor House is new this year and they have partnered with Urban Canopy to train urban farmers to grow and sell their produce on site.

The majority of the 2015 Chicago Farmers Markets will open during the month of June. (See below for complete list of markets.)

The Chicago Farmers Markets program is presented by DCASE and COUNTRY Financial, and sponsored in part by 93 XRT, CBS 2 Chicago, WLS 890 AM & WLS 94.7 FM, Chicago Transit Authority (CTA) and the Chicago Tribune. For more information, call 312.744.3316 or visit [chicagofarmersmarkets.us](http://chicagofarmersmarkets.us). Join us on Facebook at Chicago Farmers Markets and on Twitter, @ChicagoDCASE/#ChiFarmersMarkets).

## Container Gardening

By Nick Urhausen, Urhausen Greenhouses

Even if you live in a condo and only have a confined space like a balcony or a small deck, you can still experience a bit of nature with a container garden. A container garden is a collection of plants grown in a container or planter.

Whether you choose to buy a container which is already planted, or you decide to plant your own, there are a few things to remember.

First, realize that the size of the container will impact how frequently you will have to water. There is an old saying that "container gardening is container watering" implying that in a container, unlike the soil in the ground, you must supply all the water. I think larger containers are easier to care for over a long season.

Second, determine how much sun and shade your area has. This is very important because it will impact how your plants perform. If you put a sun loving plant in the shade it will not bloom as well as it should. Conversely shade loving plants may not be able to take the heat generated by the sun, and will struggle to live. You must determine the level of light over the course of a whole day from sun-up to sun down. With the information you will be able to select the right plants for your space.

Third, try to come up with a theme for your container. Your theme could be simple, symmetrical and elegant with a combination of something like geraniums and petunias or it could be more sophisticated with an asymmetrical blend of many different plants. Many people are copying the natural look best demonstrated by the public planters seen around the City of Chicago. On higher balconies, I would limit the use of really tall plants as one must consider the effect of the wind.

Fourth, you must maintain the planter. Any spent blooms should be discarded along with yellow leaves. Water the container when you see wilt in the plants or when the soil mix feels dry to the touch. Observe the weather - hot windy periods will always require more watering than rainy cooler periods.

The easiest way to keep your planter looking good is to fertilize the plants every two weeks with a well balance fertilizer. There are many brands to choose from and they all get the job done. Follow the directions - don't fall in the trap of thinking if it says 1 scoop per gallon, then I'll really make my planter beautiful by using 2 scoops. This is wrong because too much fertilizer could make your planter perform as poorly as neglecting it would.

Fifth, enjoy your little slice of nature both visually and sensually with the various fragrances the plants give off.

Urhausen Greenhouses is located at 6973 N. East Prairie Road in Lincolnwood. Phone 847-675-1573; Website [urhausengreenhouses.com](http://urhausengreenhouses.com)



## 2015 Schedule Of Downtown And Neighborhood Farmers Markets

### Weekly Neighborhood Markets

#### TUESDAYS

\***Lincoln Square**

(Lincoln/Leland/Western)

June 2 – October 27; 7 a.m.-1 p.m.

#### WEDNESDAYS

**Devon Community Night Market - New Market**

(2720 W. Devon Ave.)

July 8 – September 9; 4 p.m.-8 p.m.

#### THURSDAYS

**Argyle Night Market**

(Argyle & Sheridan Rd.)

July 9 – September 3; 5-9 p.m.

#### SATURDAYS

**Lincoln Park**

(Armitage & Orchard)

May 9 – October 24; 7 a.m.-1 p.m.

#### Northcenter

(Belle Plaine/Damen/Lincoln)

June 13 – October 24; 7 a.m.-1 p.m.

### Downtown Markets

#### TUESDAYS

\***Federal Plaza** (Adams & Dearborn)

May 19 – October 27; 7 a.m.-3 p.m.

**Museum of Contemporary Art (MCA)**

(Chicago & Mies van der Rohe Way)

June 2 – October 27; 7 a.m.-3 p.m.

#### THURSDAYS

\***Daley Plaza** (Washington & Dearborn)

May 14 – October 29; 7 a.m.-3 p.m.

**Willis Tower** (233 S. Wacker Dr.)

June 25 – October 29; 7 a.m.-3 p.m.

\*MARKET ACCEPTS LINK

## Edison Park Farmers Market

Wednesday, May 27 • 4-8PM

6730 N. Olmsted

Center Metra Parking Lot (Across From Edison Park Inn)

Come one, come all to this family friendly, dog friendly neighborhood event! Fresh produce, soaps, homemade doggie treats, cheese, inflatable, acoustic entertainment by Robbie Gold, balloon artist, and specialty beers.

\*Please note this parking lot will be closed at 7am. Violators will be towed at owner's expense. Alternate parking is available in the east and west Metra parking lots).



## Jefferson Park Sunday Market

The Jefferson Park Sunday Market which is held in Jefferson Park from 9:30 a.m. until 1:00 p.m. on alternate summer Sundays will begin on June 14th. The market which sells fresh produce, bake goods, and food from food trucks is held on the corner of Long and Lawrence. Volunteers are always welcome. Entertainment by local musicians often brightens the days. For more information contact Merril at 847 902 2961 or Jefferson Park Sunday Market or [facebook.com/JeffersonParkSundayMarket](http://facebook.com/JeffersonParkSundayMarket). Dates for the summer are June 14, June 28, July 12, July 26, August 9, August 23, Sept. 13, Sept. 27, Oct. 11, October 25. The Sunday Market will go on rain or shine. Volunteers do not have to commit for the entire season; one day will help.

## "Tips For Organizing, Downsizing And De-Cluttering" Will Be Timely Talk At Norwood Crossing On May 20

Maybe you looked at a stack of items in your home and wondered what to do with them. You want to de-clutter, organize and maybe downsize but don't know where to begin. If this sounds like you, why not set aside some time to attend the Timely Talk, "Tips for Organizing, Downsizing and De-cluttering," at 2:00 p.m., on May 20, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Jennifer Prell, who started Paxem, Inc., a senior move management company in 2003, helps in all aspects of moving—organizing, de-cluttering, estate sales, estate clean outs, sorting, packing, set up, staging, move manage-

ment, floor plans, and more. She will explain how you can begin de-cluttering your home in simple steps, explain the difference between estate sales and yard sales, point out different sales outlets for your items, and answer a myriad of questions to uncomplicate your life.

She is a member of many senior groups that focus on improving the environment for older adults, several chambers of commerce and maintains an "A" rating with Angie's List.

Refreshments and a raffle will take place after the event. For more information or to RSVP, please call (773) 577-5323 or email [info@norwoodcrossing.org](mailto:info@norwoodcrossing.org).

## Dove Chocolate

As Mother's Day approaches I've done some thinking. What is the perfect Mother's Day gift? So I asked a few friends to tell me their most memorable gifts that they've received from their families. One friend said the best gift she ever got was when her daughter took her weekly allowance and bought a Snickers bar. They had stopped at a gas station on the way home from school and when they got home her daughter gave her the candy bar. My friend welled up with tears in her eyes and then got yelled at when she tried sharing.

And this one will for sure give you a laugh. A friend told me that her son drew her a picture of the two of them in the car. When her son handed it to her he said it was them driving to school together. She asked what the text bubble above her head was all about and he responded that was her yelling at him. Poor thing. Another friend said one year she got nothing but a hug and a kiss and that was still a great gift. Her gift is just being a Mom. Well that is really nice of her, I thought to myself. Am I really that selfish that I'd love breakfast in bed and something tangible?

The thing is no matter what we get, a candy bar, hug, earrings, flowers, breakfast in bed or a day on the beach; it's the thought that really does count. All I ask is that my family put an effort into my gift. Whether you give us Mom's a handmade card, picture of me yelling at you or a candy bar, make the effort. The perfect Mother's Day gift is just knowing that you care, that you appreciate us for what we do for the family. With that being said, Happy Mother's Day to all those mom's out there and mom's to be too! May you have a blessed day with your families.

Cheers,  
Nicole Domico

Call 773-507-3869 or visit [www.NicoleTheChocolateLady.com](http://www.NicoleTheChocolateLady.com)



## Tips For A Saleable Home



**Karen Feldman**

*Karen Feldman is a successful, 25 year veteran of residential Real Estate with @properties in Winnetka. A top producer in the Chicago and North Shore markets, Karen's background in psychology, Chicago's financial markets, and local politics lends itself to an interesting perspective on today's fluid real estate marketplace.*

*With real estate season in full swing, Karen Feldman (athomewithkaren.com) gives tips to sellers on what to do to help their houses sell faster, and for a potentially higher asking price.*

Wherever you are, whatever you overhear, people are talking about real estate. It is the most frequent topic in casual conversations. There are stories of good and bad experiences, but for the most part it's always neighborhood gossip. I am a residential Realtor with @properties North Shore and have 25 years experience in various markets and cycles. I feel that I have seen just about everything when it comes to real estate deals, well, at least I hope I have. Nonetheless, a new situation always arises and one must revert to

the basic of real estate to overcome obstacles.

I've been asked by Our Village News to impart some of my expertise to its readers. I was happy to oblige as I know there is good and bad advice out there. I will be addressing some topics that are frequently misunderstood, but to be clear, any action you may take should be discussed with your attorney for legalities.

Any successful real estate transaction involves a number of variables. The more of the variables you can address, the better the outcome for you as a seller or a buyer.

Tips for a saleable home;

1 Declutter every surface and take half of the contents of your closets and put it away in storage. If the home looks overstuffed, the buyer will always assume there is not enough storage space.

2 Price it right. All statistics show that if you are priced right from the beginning, you will sell faster and higher than you will with any price reductions later.

3 Fix anything that is in disrepair. The cost to fix the items will certainly triple in the minds of buyers.

4 Depersonalize. Don't distract buyers with family photos. Take them all down. You want the buyers to envision themselves living there and not trying to figure out who lives there now.

5 Showing ready. Always leave the house in mint condition. You never know when a showing will happen with your future buyer. Unmade beds and dirty dishes are a huge turnoff and so is garbage can smells. Make sure to take out the trash.

6 Curb Appeal. Your buyer will know in the first 15 seconds of walking up to a house if they are going to like it. First impression is everything. Clean up the yard. Add some flowers, and make sure your door and mailbox look good.

7 Staging the home. Some buyers lack imagination, therefore, tell them how to use the house. If you are using your dining to house a pool table, some buyers will be confused. Decorate and furnish the home to its best potential and make them want to live in that house. Any buyers with imagination can come up with alternate ways to use rooms. Paint walls a pretty but not loud color. Don't go too neutral because that is just boring. Paint white trim again to make the walls pop and give a clean look.

8 Hire a good Realtor. Get recommendations from past clients. Don't fall for the one who sends you the most mailings or gives you the highest value on your home. Do your homework and ask questions. This is a huge financial transaction. Above all, you should really like your Realtor. If s/he does their job correctly, you should be spending an inordinate amount of time with that Realtor, so you had better like him or her.

For questions and more information, please visit

[www.athomewithkaren.com](http://www.athomewithkaren.com)

Karen Feldman

@properties

*About Karen Feldman, At Home With Karen  
Karen Feldman is a local Realtor with @properties North Shore, and has more than 25 years experience in the field. She is a local elected official, the village trustee, and does charity work with a local no kill shelter as well as with a diabetes research foundation. She handles all areas and price ranges for buyers and sellers alike, and handles everything from vacant land to multi-unit buildings.*



**Karen Feldman**  
**@properties**

## OUR VILLAGE & STREET LEVEL

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## Document Shredding Event at Community Savings Bank



Bring your old documents you want shredded from 9am-12pm and we will properly dispose of them for you. Take this opportunity to get rid of that old clutter in a safe and environmentally friendly manner.  
4801 W. Belmont  
Community Savings Bank  
Saturday, May 9th, 2015, 9AM - 12PM  
For more information, please call 773-647-1644.

## Antibiotic Pre-Medication Use In Dentistry Is Declining

Over the last 8 years, dentists are prescribing antibiotics much less frequently for use prior to your dental appointment.

In the 1970's, 1980's, 1990's and up to 2007, any person with a history of the following heart conditions: rheumatic fever, mitral valve prolapse, heart murmur, heart valve replacement, hypertrophic cardiomyopathy, congenital (from birth) heart defects etc., were required to take an antibiotic regimen prior to most dental procedures. Initially, one would take these antibiotics one hour before the dental appointment and sometimes for the next two days. Eventually this regimen was cut back to only needing to take the antibiotics one hour before the dental procedure and none taken after the procedure. In hindsight, this was erring on the side of precaution. The goal was to prevent you, the patient, from getting Infective Endocarditis, which is potentially life threatening.

Then, in June of 2007, the American Heart Association made changes to this prophylactic antibiotic usage guideline for the prevention

of infective endocarditis prior to dental procedures. Currently, antibiotics prior to certain dental procedures are no longer necessary for individuals with mitral valve prolapse, rheumatic heart disease, heart murmurs, and hypertrophic cardiomyopathy. There are now very few medical conditions related to heart health for which antibiotic pre-medication is necessary. The American Heart Association's clarity on this matter is very helpful to all of us. It also helps to reduce any unnecessary antibiotic use.

The guidelines for whether you should take antibiotics prior to your dental visit if you have a prosthetic knee or hip joint is still unsettled. The goal here is to prevent orthopedic implant infections following certain dental procedures. Until such clarification is made, it is advisable to follow the instructions given by your orthopedic surgeon.

Ronald A. Heiderman, DDS  
4806 N. Hamilton Ave.  
Chicago, IL 60625  
773-561-0455

## Special Needs Trusts For Persons With Disabilities-May 11

Meet Mike Walther, CPA, CFA, and Randi Gillespie, Director Special Needs, at Oak Wealth Advisors. They will discuss maximizing opportunities and avoiding pit falls in special needs financial planning. Mike and Randi will compare alternative strategies and benefits for this financial planning and answer your questions.

The National Alliance on Mental Illness, Cook County North Suburban, invites the public to this free program on Monday, May 11, from 7:00 to 8:30 p.m. at the Patty Turner Center, 375 Elm St, Deerfield. For more information or directions, call 847-716-2252.

NAMI CCNS, founded in 1991, is a not-for-profit organization of individuals, families, and professionals dedicated to helping individuals overcome mental illness and supporting their families. We provide information, educational programs, advocacy, support, and referrals.

## Kiwanis Of Ravenswood



The Kiwanis Club of Ravenswood meets at Noon every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side. To confirm the meeting dates please call Maria Bappert at 773-728-8127. Thank you.

MAY, 2015 DATES – PLEASE MARK YOUR CALENDAR!

May 10 – Mother's Day – take Mom out to lunch or dinner ...

May 14 - Regular Club Meeting followed by a Board Meeting.

May 25 – Memorial Day – Let us remember all our deceased loved ones.

May 28 – Regular Club Meeting with guest speaker William Farrell from Ameriprice Financial Services on the topic of retirement income and appropriate withdrawal rate in retirement. This should be very interesting and informative. Please mark your calendar so as not to miss this presentation.

May 31 - Pentecost

May Birthstone: Emerald and May Flower: Lily of the Valley.

## Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right Lawyer™." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at [www.chicagobar.org](http://www.chicagobar.org).

## Niles Township Sponsors Paper Shredding Event May 16th

Niles Township is sponsoring its semi-annual free paper-shredding event on Saturday, May 16th from noon until 2:00 pm in the Township's parking lot located at 5255 Main Street in Skokie.

"This is a great way to finish up your spring cleaning and destroy unneeded documents safely," stated Marilyn D. Glazer, Supervisor of Niles Township. Niles Township Government provides the shredding event for community members in May and October.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

## Electronic Recycling Event

This event is a chance for you to clean out any old TV's, Computers, Keyboards, Monitors, etc. All electronic equipment are freely accepted.

Sponsored by Byline Bank & Belmont-Central Chamber of Commerce (773-647-1644)  
5613 W. Belmont, In the Jack Robbins Lot  
Saturday, May 16th, 2015, 10AM - NOON

# Chicago Brauhaus/Treffpunkt 1965-2015

**Congratulations On A 50+ Year Tradition As "The Golden Standard" In Dining And Entertainment!**

As their eagerly anticipated month-long Maifest celebration is about to begin on May 6th, everyone, far and near, seems to know this place, but does everyone know how it all began and continues to this day?

## First, and most importantly,

Harry and Guenter Kempf are, of course, the Chicago Brauhaus. We know them as consummate business men and leaders of the community in Lincoln Square. Their contribution to the preservation of their ethnic heritage is appreciated by, not only their fellow German-Americans, but by all who relish in the diversity of Chicago's neighborhoods.

It wasn't always, however, the Chicago Brauhaus as we know it today and Harry and Guenter Kempf weren't always as well known and heralded as they are now. In fact, Lincoln Square was at one time, only an idea.

Since all great ideas require great people to make them a reality the Kempf brothers were the perfect people, in the perfect place, at the perfect time.

The Kempf family has had a long musical tradition. Their Father was a gifted, though no formally trained piano and bass player. Since the time of their youth, Harry, Guenter and their Dad played music together, mastering many different instruments along with singing.

Harry's journey to America began in 1956 when he was only 19 years old. He came to Chicago, bought a bass fiddle at Lyon and Healy, and used his talents by acquiring a job singing at Zum Deutchen Eck. He was soon playing his bass as well. He eventually formed a trio which performed at Little Hawaii at 5100 N. Western Avenue. He then went on to gather nine other musicians to play in a 10 piece band called The Continental Ensemble.

In 1963 Harry opened Zum Lieben Augustin next to the German Theatre (which is now the Davis) on Lincoln Avenue, and offered lunch, dinner and music, of course, to his patrons.

Guenter arrived in Chicago in 1965 leaving behind a prosperous job in an appliance manufacturing company in Stuttgart. After serving in the army into which he was drafted, he decided to spend a year in America with a promise from his old boss in Stuttgart that he was welcome to his previous job when he returned.

He, as we all know now, did not return to Germany, instead, joining his brother Harry to open Treffpunkt restaurant on Lincoln Avenue in 1965. There they played music, with Harry on his bass, Guenter on the drums and Max on the accordion. They served German traditional foods and developed quite a following.

In 1965 Lincoln Avenue consisted of Meyers Deli (now Gene's), the Treffpunkt and various storefronts. The street was unfinished and a bridge connected one side with the other. The Chamber of Commerce had an idea to create an ethnic center with businesses being established around that area, but with no streets and no businesses, the hope seemed distant.

## Enter Harry and Guenter.

To bring the people there, Harry and Guenter decided to run an Oktoberfest. They had a tent set up from Lawrence Avenue to Giddings (on Lincoln Avenue) and on their own, orchestrated what has become an eagerly anticipated event which thrives to this day.

Even though it was mid-November by then, they decided to set a time for a Friday and Saturday, and hoped the weather would cooperate. Mrs. Ed Kelly invited all the senior citizens in the area for brats and coffee and Bingo on Saturday afternoon to kick off the Fest.

The evening on Saturday and all day Sunday were a rousing success. The temperature was 60 outside and inside the tent the warmth and fun made it seem even toastier. On Sunday night, after the party finished, a heavy rain began to fall - holding off just long enough for everyone to finish enjoying themselves.

The current German Day Fest is, of course, the offshoot of this original Oktoberfest and now is held every September in Lincoln Square at Leland and Western Avenues.

There are now many more tents, more people and more food and music and cultural activities and performances to delight young and old alike, and the senior citizens still kick off the festivities with a luncheon on Friday afternoon before the 2-day/3-night event begins.

As a result of all of the hard work and planning and hoping, people began to come back to Lincoln Square to shop, dine and congregate. The streets were finished and everything looked like it was only going to improve.

Then in 1985 there was a fire at Witzel's shoe store, right next door to the Treffpunkt restaurant. The area was once again in ruin.

As though they had a premonition, the year before Harry and Guenter had purchased Roehrich's furniture store just across Lincoln Avenue from the Kempf's Treffpunkt. They planned to remodel the building to eventually house banquets, weddings, and large events. When the fire hit, Treffpunkt was destroyed along with a lot of the area businesses.

Within 60 hours, the old Treffpunkt would become the current Chicago Brauhaus. Like a Phoenix, the Kempfs built their dream of a rendition of Munich's Hoffbrauhaus. Little by little, while still remaining open for business, they remodeled from the ground up.

The original lamps from Henrici's Restaurant still hang from the ceilings, and the bar stools from Rush Street are still in place.

Harry, who played music all the time at the Treffpunkt, now jumped in and became Chicago Brauhaus' chef. The nightly music still continued with Guenter at the helm.

Through these many years, Harry and Guenter Kempf have managed to remain an institution in Chicago. People still come from far and wide, and from just down the street, to experience the togetherness and friendly ambience of this one-of-a-kind place. The family Kempf has always stuck together, continuing with Alfred (Freddie) Kempf, Harry's son, who represents the next generation. The basic, strong work ethic, talent and perseverance nurtured by their parents and upbringing, have made them a success in every way.

Generations of Chicagoans and visitors alike have been drawn to Chicago Brauhaus which has served as an anchor to the German-American culture and traditions. Just as the extraordinary staff and musicians have been there for what seems, always, so have the



The Kempf brothers, Harry (left) and Guenter (right) flank their iconic emblem of the Chicago Brauhaus as they overlook Kempf Plaza.

families who look to this icon as a place for special celebrations and events, or to join in anytime with festivities which are constantly going on. In one visit, you will feel a part of the Chicago Brauhaus family, all ages, always welcome, enjoying the good clean fun while dining on German traditional favorites, topped off with a beer, wine or cocktail.

Live music six days a week invite dancing on the central dance floor or listening and enjoyment of German and English standards. You will see couples, children or groups dancing to German and American favorites including the chicken dance.

Seasons bring the special events which have become a tradition for the generation of families who have been enjoying Brauhaus hospitality. There is always a party going on, whether it's Oktoberfest in September/October, a 5-week long celebration of fun, music, food and drinks, or Maifest which runs for 4 weeks in April/May, or special bands and entertainers from Europe make Chicago Brauhaus a yearly stop.

In 2000, the City of Chicago honored Harry and Guenter Kempf by naming Giddings Plaza the "Kempf Plaza." The plaza, which sits directly across the street

from Brauhaus, hosts band concerts in the warm weather and is a lovely spot for sitting and relaxing in front of the fountain. It is a true European setting which befits its location and deserves the respected name it so proudly bears.

## A little extra note:

A friend recently returned to Chicago after being away for quite a few years. One of the very first outings she had with her Family was to Chicago Brauhaus. She remarked that it was "like truly coming home again". Everything was as she remembered; the same wonderful food, the same lively and fun entertainment and the same contagious feeling of warmth that has continued for, now generations of families, old and new.

*Celebrate Mothers' Day With Us On Sunday, May 10th*

## May Festival

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thru  
**MAY 24th**

Wednesday, Thursday, Friday,  
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**MadKap 2015-16 Play Series Announced**

By Wayne Mell – Artistic Director

By the time you read this, we will be in our last weekend of David Mamet's Oleanna. This electrifying drama closes out the first season of plays that Wendy Kaplan and I put together under the MadKap Productions banner. We started last September with Sweet Charity, continued on in the winter months with Crimes of the Heart and Same Time, Next Year. And now are closing the season with this powerful play about political correctness and how one capricious joke or inventive comment can destroy a life and a family.

We have been overwhelmed with the support and compliments we've received about our first season. So with that in mind, it's time to announce our plans for next year. We hope all of our existing subscribers will return, and that some of you will try us for the first time.

First up in September is the award winning Next to Normal, a quirky, contemporary musical that turned out to be one of Broadway's biggest hits. This riveting musical won three Tony Awards in 2009 and the Pulitzer Prize for its heartbreaking, humorous and unflinchingly authentic look at a modern family struggling with the effects of bipolar disorder. Each character's journey is punctuated by powerful music scored by Tom Kitt, featuring 30 original songs, including "Just Another Day," "You Don't Know" and "Superboy and the Invisible Girl." Next to Normal is, in the words of The New York Times, "much more than a feel-good musical; it is a feel-everything musical." The show is directed by Andy Park with music direction from Gary Powell, the team behind last year's Sweet Charity, and stars Molly LeCaptain, Whitney Morse, Jordan Gryzbowski, and Brian Zealand.

In November, we have Monarchical mayhem at its roaring best. James Goldman's The Lion in Winter is known for having the sharpest and wittiest dialogue ever seen on stage. It's Christmas, 1183, and King Henry II of England must choose an heir to the throne from his three sons. His wife Eleanor, is on hand for the holidays after being in prison for conspiring with the kids to overthrow him. Part comedy, part drama, the sibling rivalries and marital sparing take on new heights with the crown of England at stake. The play is directed by Maggie Speer with myself and my real wife, Debra Criche, assuming the throne as King Henry and Queen Eleanor.

February is the time for romantic comedies, and nothing fits the bill like James Sherman's Beau Jest. This warmhearted comedy tells the story of Sarah Goldman, who doesn't think her traditional Jewish parents will respond favorably to her boyfriend, a gentile guy named Chris. So what's a nice girl to do but create a fictional Jewish doctor as her imaginary beau and hire a male escort to play him in front of the family? The problem is, her charade is a little too successful and Sarah starts falling for the fake! This sweet romantic comedy originated at the Victory Gardens theatre in Chicago and is now coming to you in downtown Skokie.

Finally, in May, we present the grandest grand dame of all time. Jean Brodie is in the business of putting old heads on young shoulders, and all of her pupils are the crème de la crème. The Brodie Set, as her students at the Marcia Blaine School for Girls are famously known, hang on Miss Brodie's every word as she - with reckless abandon - dismisses the standard curriculum in favor of lessons in subjects as wide-ranging as Giotto to Hitler to her own romances. Based on the book by Muriel Sparks, the movie version of The Prime of Miss Jean Brodie earned Maggie Smith her Oscar, and the stage version is even more exhilarating.

You can subscribe to all four shows for the low price of only \$97, seniors for only \$84, and students for only \$65. And if you order your subscription before June 1, we'll say thank you by giving you a Skokie Theatre gift card worth \$25. Use it to bring a friend, or to sample one of our other events. Call 847-677-7761 or order online at SkokieTheatre.org. And if you don't want to wait until September, come see Oleanna at 7:30 pm Fridays and Saturdays, and 2 pm on Sundays through May 10.

We thank you for your support, and hope to see you at the theatre soon.

MadKap Productions  
 2015-16 Play Series Subscriptions

<p>the pulitzer prize-winning musical</p> <p><b>next to normal</b></p> <p>September 11 - 27, 2015</p>	<p>the <b>LION IN WINTER</b></p> <p>November 6 - 22, 2015</p>
<p><b>BEAU JEST</b></p> <p>by James Sherman</p> <p>February 5 - 21, 2016</p>	<p>The Prime of Miss Jean Brodie</p> <p>April 22 - May 8, 2016</p>

**They work together & play together!**



Harriet Luden & Avi Menachem have owned "Donna's Garden Flower Shop" on Peterson for over 25 years and they just celebrated their 34th wedding anniversary. Their kids wish Harriet a Happy Mother's Day, and Harriet says her wedding dress has extra special meaning: "My mom sewed my wedding dress (as she did all my, my sister's, her clothes and shirts for brother and dad....) and brought it from Chicago to Israel ready... fit perfectly!!"

**James Downing Theatre To Stage Neil Simon Classic**

The James Downing Theatre on Chicago's Far Northwest Side, will stage a classic Neil Simon comedy, "Come Blow Your Horn," for three weekends, starting Saturday, May 2. Performances are held in the lower level of the Edison Park United Methodist Church, 6740 N. Northwest Hwy., Chicago.

Performances are at 7:30 p.m. Saturdays, May 2, 9 and 16, and 1:30 p.m. Sundays, May 3, 10 and 17. Tickets are on sale for \$20; \$15 for senior citizens and students. Call 224-725-3696, contact HYPERLINK "mailto:jamesdowningtheatre@gmail.com" jamesdowningtheatre@gmail.com, or purchase online through jamesdowningtheatre.com. Call for group rates.

Set in early 1960s New York City, Alan Baker is pursuing the life of a swinging playboy in his own bachelor pad, pursuing girls, parties, and big time deals. His younger brother, Buddy, wants to be just like Alan. Their father, who took them into the family business, expects them to grow up and concentrate on their jobs.

Cast for the James Downing Theatre production, directed by Tony LiFonti, includes: Rob Ibanez, Nick Padiak, Neal Goldman, Katie Haynes, Catherine Grace, Kristen McCabe and Carleigh Obrochta.

The film version of this, the first hit in Simon's long playwriting career, starred Frank Sinatra, Lee J. Cobb and Barbara Rush.

For information, please contact the James Downing Theatre at 224-725-3696.

The James Downing Theatre is a program of the Edison Park United Methodist Church.

**Evanston's Spring Into Art**

*Community, Kids, Commerce and Curbside Appeal Are Flowering*

The business district and residential neighborhoods surrounding the Dempster-Chicago corridor are showing early signs of springtime blooms, thanks to the burst of color stemming from a community-sourced art project that is a partnership among the merchants in the district and the Chiaravalle Montessori School. Students, teachers and business owners wanted to collaborate to brighten the neighborhood with a "yarn-bombing" project that will wrap trees and parking meters with brightly colored discs like the ones shown above.

The project is open to the entire community. Businesses along the corridor have donated supplies to willing hands and have opened their doors to be designated "drop-off" spots for finished pieces. Community members have been invited to attend public workshops to learn how to make the yarn circles and to socialize with other residents. Business owners in the corridor take turns hosting the workshops.

We love it, and really, what's not to love about a project that is grass roots, community-sourced, colorful, cooperative, invokes smiles and encourages people to slow down and get out walking?

You can still get involved. There is one more workshop this weekend, and the merchants will be giving out supplies and collecting circles until installation, the week of May 11th. Speaking of which, they need volunteers for the installation! To get involved, email Jaime Leonardi of Stumble and Relish (or call 773-330-3488.)

**Register for Evanston's 3rd Annual Senior Citizen Spelling Bee May 16**

Registration is open for Evanston's 3rd annual Senior Citizen Spelling Bee on Saturday, May 16, 1 p.m. to 3 p.m., at the Levy Senior Center, 300 Dodge Ave.

Spellers age 50 years and older can sign up for the free event in-person at the Levy Senior Center. Registration can also be completed online (Class# 554104F5) at cityofevanston.org/register, or by calling/texting 847-448-4311.

Community members of all ages are invited to attend and witness the exciting, competitive orthographic challenge.

The event is part of the State of Illinois Senior Citizen Spelling Bee Competition. Evanston's Spelling Bee champion will advance to the regional competition, and the regional champions will qualify for the State Finals in Springfield. In 2014, two local seniors advanced to the regional competition and went on to compete in the State Finals.

The event is hosted by the Levy Senior Center, Fleetwood-Jourdain Theatre, and the Evanston Public Library.

For more information, please email seniorspellingbee@cityofevanston.org, or call/text 847-448-4311. For convenience, residents may simply dial 3-1-1 in Evanston.



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**MAY 7 - JUNE 7**

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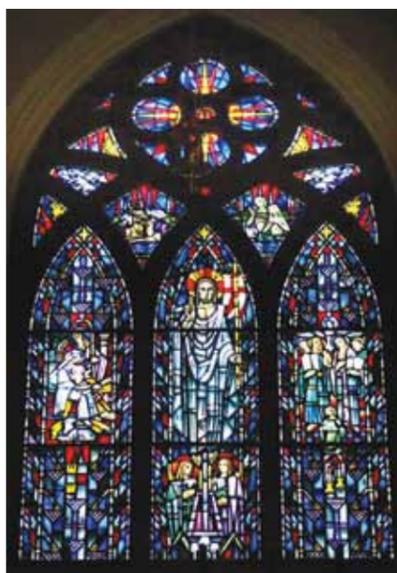
# Benefit To Save Stained Glass Window At Historic Old Irving Park Church

## Filmmaker Presentation In Support Of Irving Park United Methodist Church To Be Repeated In The Fall

Irving Park United Methodist Church has a proud legacy of serving the spiritual needs of the Old Irving Park Community. The beautiful stained glass window in the north wall of the church's sanctuary has welcomed worshipers since it was installed in the 1960s. It filters the sunlight to shape colors into stories of faith, which have inspired generations. Unfortunately, the elements have not been kind to this masterpiece in glass. The 127 year old congregation is faced with the challenge of raising the funds to rebuild the window and the wall which supports it.

Local Dunning filmmaker Sara Peak Convery presented a benefit screening of her award-winning documentary I NEVER SAID I WASN'T HAPPY on Friday May 1st in the sanctuary of Irving Park United Methodist Church, located at 3801 N Keeler. A frank discussion including the filmmaker's mother, who is the main subject of the film, followed. Details about the fall screening will be posted late summer at the film website [ineversaidiwasnthappy.com](http://ineversaidiwasnthappy.com) and at the IPUMC website [irvingparkumc.com](http://irvingparkumc.com).

Winner of Best Documentary at the Black Earth Film Festival and Best Concept in Documentary at Red Dirt International



Film Festival, I NEVER SAID I WASN'T HAPPY is Convery's candid personal examination of complex family dynamics as viewed through her parents' marriage. Through a mix of painting, interviews, home movies and family photographs dating back to the late 1950s, the film paints an unflinching portrait of a rural Midwestern family. Reflecting the restrictive gender roles of an earlier era which are still present in farm culture, the documentary reveals how Sara's mother Janis finally blossoms in widowhood, reclaiming her own identity after the death of her husband.

This screening as well as future events are made possible through the joint and generous efforts of the Northwest Arts Connection and the Irving Park United Methodist Church, with special thanks to Old Irving Park Association for support.

For more information about arts programming on the northwest side, visit [www.northwestartsconnection.com](http://www.northwestartsconnection.com) or visit Facebook page.

For more information about Irving Park United Methodist Church's services and to donate to their capital campaign, visit [irvingparkumc.com](http://irvingparkumc.com).

### Author Lisa Litberg Writes Free(?)

Local author Lisa Litberg has written a book called Free which is named after her main character. Lisa says Free travels the USA trying to find a place to call home, but her world is filled with good choices & bad temptations and Lisa hopes readers will enjoy this coming-of-age story. Lisa's a NW sider who attended Sauganash School & Taft High School - plus St. Gregory High School in Edgewater - and she is on Facebook as author Lisa Litberg.



### Help the Jewish Community in Nepal

You can Help the emergency relief in Nepal. In the wake of the devastating earthquake, Chabad in Nepal has taken a lead in relief efforts.

Thousands have lost their lives. Many are still missing, buildings and homes stand in ruin. The Chabad emissaries in Nepal, Rabbi Chezkie and Chanie Lipshitz, have launched an effort to relieve the suffering. The Chabad House has become a refuge for hundreds of Israeli backpackers. Chabad is providing humanitarian aid to all in Nepal.

Today they need our support. Visit our website at [www.skokiechabad.org](http://www.skokiechabad.org) to contribute to the Nepal Jewish Relief

Your donation is tax-deductible and all funds will go directly to provide humanitarian relief in Nepal.

**EDITOR'S NOTE:** There are many organizations providing relief to the victims of this disaster. Please check with your local charities for ways to help.

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### The American's Creed

*I believe in the United States of America as a government of the people, by the people, for the people; whose just powers are derived from the consent of the governed, a democracy in a republic; a sovereign nation of many sovereign states; a perfect union, one and inseparable; established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes.*

*I therefore believe it is my duty to my country to love it, to support its constitution, to obey its laws, to respect its flag, and to defend it against all enemies. (Authorized Version)*

The Creed was written in 1918 by William Tyler Page of Friendship Heights, Maryland in the course of a nation wide contest on the subject. Page was a descendent of President Tyler, and Representative John Page, who served in the Congress from 1789-97. William Tyler Page began his government career as a Congressional page in December of 1881. In 1919 he was elected Clerk of the House of Representatives, and held that position until December of 1931. A new post, Emeritus Minority Clerk, was then created for him which he occupied until his death on October 20, 1942.



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GERMAN AMERICAN  
CULTURAL CENTER



## May 28th - May 31st

### Lincoln & Leland Ave.

Maifest is brought to you by the May Fest Committee,  
President: Joe Matuschka, Vice-President: Matt Lodge  
Special thanks to the Lincoln Square Chamber of Commerce  
and 47th Ward Alderman Ameya Pawar

For more information visit [www.lincolnsquare.org](http://www.lincolnsquare.org)

Additional parking available at St. Mathias Church and MB Financial Bank

Schedule Subject to Change.  
Maifest is not accepting new vendor applications.

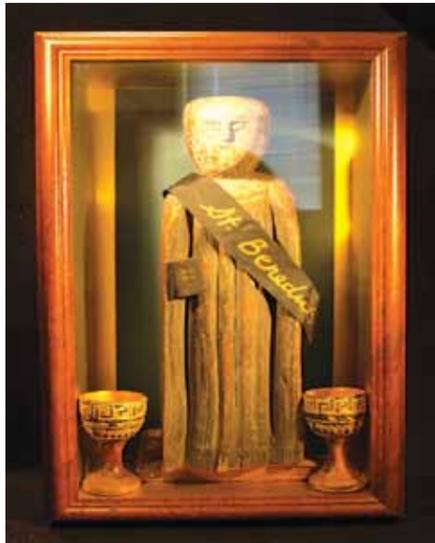
Visit our website at [www.mayfestchicago.com](http://www.mayfestchicago.com)

# Mather's – More Than A Cafe

## Discovering New Passions Later In Life: A Chicago Artist's Story

One of the best things about retirement is having the time and energy to indulge in your interests, explore new things, and sometimes, find a new passion and talent. That last point was the case with Diana Nielsen, a collage artist who enrolled in her first-ever art class at the age of 72.

Nielsen, a retired nurse, signed up for a class on a whim at Mather's—More Than a Café at 7134 W. Higgins in Chicago. It was 2001, and Mather's had recently opened. "That was the beginning for me," says Nielsen. "I had a few classes there and tried painting and drawing, but I couldn't do that. But then I tried collages and I enjoyed it very much. After several months I started working on my own at home – which I still do." Her unique collages contain careful and precise arrangements of papers, photos, and various odds and ends—sometimes with a whimsical twist. "The materials I choose are from a variety of sources, but tend to have an historical component to them. They have stories to tell," explains Nielsen.



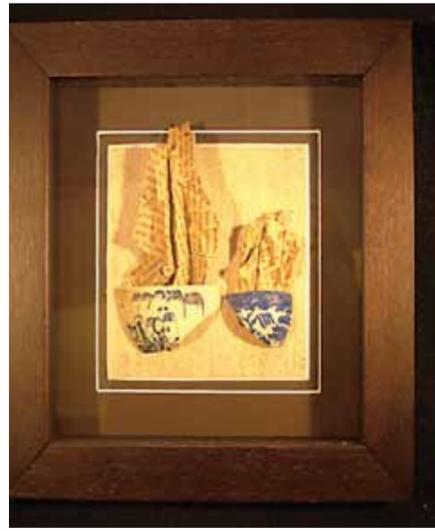
Some of those stories are clear to the viewer, such as "Spoonerisms," which showcases carefully arranged tarnished silver spoons spelling out "He was killed by a blushing crow." Others, like two overlapping photos that seem to show a gaggle of sepia-toned women hiding in a lush green Catalpa, have meaning to Nielsen. (The tree is in her front yard, and has a crack in the trunk that passersby like to photograph themselves hiding in.)

"In my work I've tried to make many different things. I find that more interesting than just, say, a photograph. I'm trying to make them different. And I hope you will see that when you view them."

Recently, Nielsen was encouraged to submit her work to the Crystal Bridges Museum of American Art in Bentonville, Arkansas. You can view a video of her talking about her collages online at <http://youtu.be/ps42YBLcVIE>.

### More Than Art Classes

It is no accident that Nielsen discovered her passion for collage-making at Mather's—More Than a Café. With three locations in Chicago (including the Higgins Avenue location and another at 3235 N. Central), these centers are designed to offer older adults all sorts of opportunities to learn, play, socialize, create, and more. "People of all ages are welcome to eat in our Café," says Nina Kuzniak, director of Café operations. "And those age 50 and better can take advantage of our programs



and events, including computer tutorials, live music concerts, exercise classes, and informative lectures." Customers are encouraged to "try something new," whether that is joining others in a musical jam session, taking a class about Facebook or iPads, or painting and drawing.

"The mission of our organization is to enhance the lives of older adults by creating Ways to Age Well," says Kuzniak, "and our programs and events are all based on that mission. That's where the 'more than' in Mather's—More Than a Café comes from."

### Stop in and Check It Out

Curious? Stop in at the nearest Mather's—More Than a Café and see for yourself. Mather's on Central Avenue is open Monday through Friday, 8:00 a.m. to 4:00 p.m., and Mather's on Higgins Avenue is open six days a week: Monday through Thursday, 7:30 a.m. to 3:30 p.m., Friday 7:30 a.m. to 7:00 p.m., and Saturday 9:00 a.m. to 2:00 p.m.

Browse the schedule of events while you scope out everything the place offers, and try something from the day's menu. (Kuzniak says, "We like to tell our first-time customers that it all starts with a cup of coffee—from there, the possibilities are endless.") Or you can take the first step by visiting [www.mathersmorethanacafe.com](http://www.mathersmorethanacafe.com) or calling (888) 600.256



## St. Bartholomew Church St. Bart's Music Fest

Friday June 5th to Sunday June 7th – 4924 W. Addison Street  
Music – Food & Refreshments – Bingo  
Pull Tabs – Pot O' Gold  
Children's Games 3- 5 p.m. on Saturday and Sunday  
\$5.00 Admission (\$20 Family) at the Gate



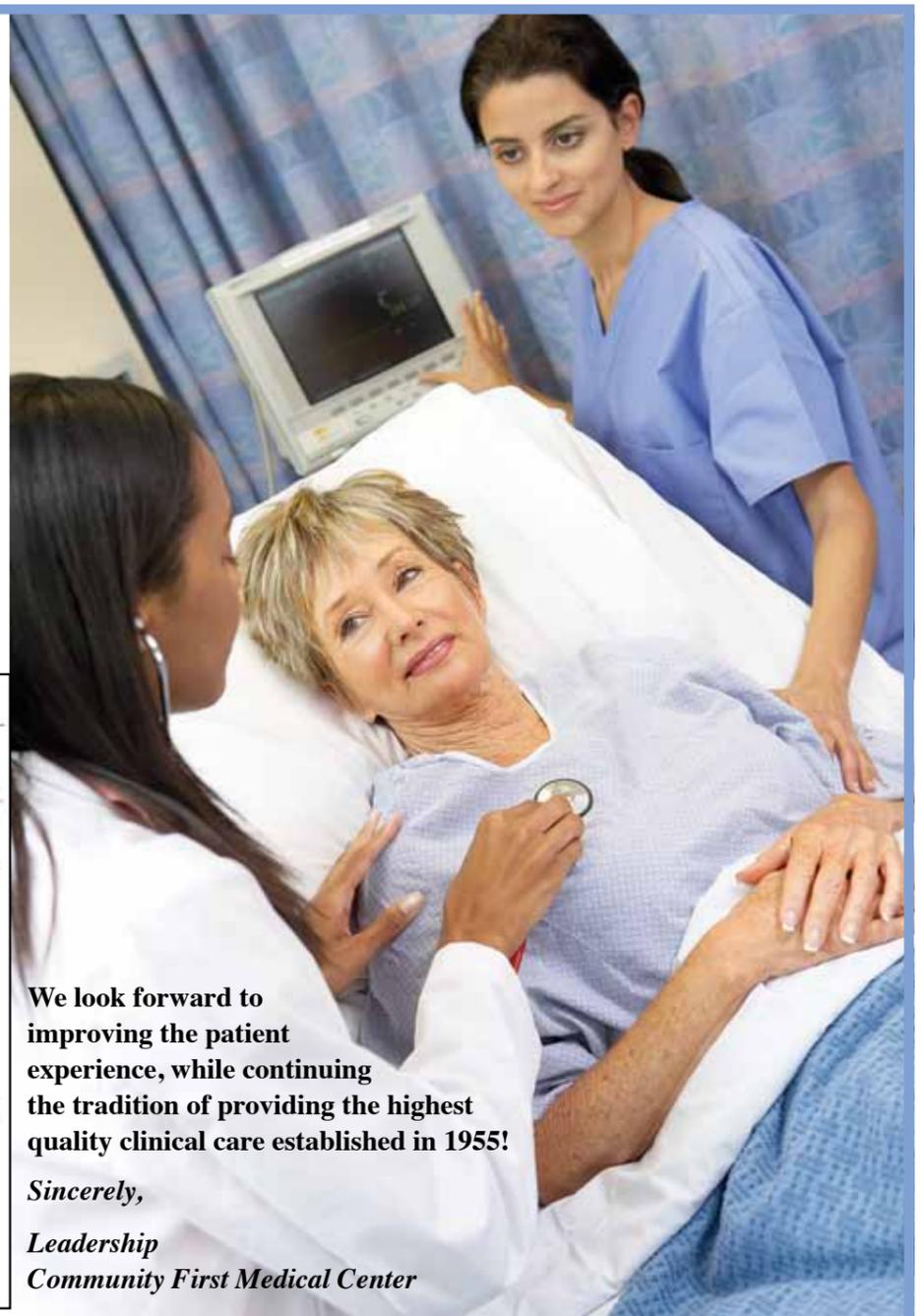
## Community First Medical Center

5645 W. Addison Street | Chicago IL 60634  
1-773-282-7000 | [www.cfmedicalcenter.com](http://www.cfmedicalcenter.com)

Portage Park | Effective January 1st, Our Lady of the Resurrection Medical Center, 5645 W. Addison Street, Chicago changed ownership and its name to "Community First Medical Center".

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Community First Medical Center

## Special Olympics Athletes From Chicago To Compete In Largest Area Event Of Year – 2015 Spring Games

Families, volunteers and spectators will be cheering on men and women, boys and girls – all Special Olympics athletes – as they compete in the largest Area event of the year for Special Olympics Illinois Chicago/Area 3. The annual Spring Games takes place between May 4 and May 8, 2015 at Eckersall Stadium in Chicago. The public is invited to watch the competition and experience the joy of achievement by Special Olympics athletes. Area 3 is composed of athletes from Chicago.

At the Chicago/Area 3 Spring Games, approximately 3,450 athletes are expected to compete in athletics (track & field), the most popular of 19 sports offered by Special Olympics Illinois. The event begins with an Opening Ceremony on May 4 at approximately 10:00 a.m. at Soldier Field. Competition follows on May 5 and runs through May 8. Athletes will march in the parade of athletes and recite the Special Olympics oath: “Let me win. But if I cannot win, let me be brave in the attempt.” The running of the torch with the “Flame of Hope” and the lighting of the cauldron signifies the opening of the games.

Athletes will compete in the 50-, 100-, 200-, 400-, 800- and 1500-Meter Runs, Standing & Running Long Jumps, Shot Put, Tennis & Softball Throw, High Jump, 400- Meter and 800-Meter Walk Races, Wheelchair Competitions and Assisted Races. 5 athletes will be competing in the Pentathlon which includes the 400-Meter Run, 100-Meter Run, High Jump, Running Long Jump and Shot Put. Athletes compete in divisions by gender and ability levels.

Sponsors for the Special Olympics Illinois Chicago/Area 3 Spring Games are BlueCross BlueShield Association, Goldman Sachs and Mattel.

To compete in the Special Olympics Illinois Area Spring Games, athletes must train for eight weeks. Athletes who win a gold medal at these Area games qualify to compete in the Special Olympics Illinois State Summer Games to be held June 12-14 on the campuses of Illinois State University in Normal and Illinois Wesleyan University in Bloomington. More than 3,700 athletes from around the state are expected to compete in Summer Games.

Special Olympics Area Director Mike Rackov says the Spring Games could not go on without generous volunteer support: “We rely on volunteers to help run every aspect of Spring Games. But even more importantly, the athletes look forward to the friendship and encouragement they receive from the volunteers.”

The Law Enforcement Torch Run, Illinois Knights of Columbus and Blue Cross and Blue Shield of Illinois are Official Partners of Special Olympics Illinois.

Knights of Columbus statewide are Gold Medal Sponsors for the 10th consecutive year with their collective support over the last decade of this sponsorship reaching the \$1 million mark.

### About Special Olympics Illinois

Special Olympics Illinois is a not-for-profit organization offering year-round training and competition in 19 sports for nearly 22,000 athletes with intellectual disabilities and nearly 21,000 Young Athletes ages 2-7 with and without intellectual disabilities. Special Olympics promotes acceptance for all and transforms lives by empowering people with intellectual disabilities to realize their full potential in sports and in life. Special Olympics programs enhance physical fitness, motor skills, self-confidence, social skills and encourage family and community support. If you are interested in learning more about Special Olympics Illinois, volunteering or providing financial support to help make Special Olympics programs possible, contact a local Special Olympics agency or visit the Special Olympics Illinois website at [www.soill.org](http://www.soill.org).

## Mayor Emanuel Announces FAA Agrees To Hold More Public Meetings With Residents About O’Hare Runway

Following a meeting with FAA Administrator Michael Huerta in Washington, DC today, Mayor Emanuel announced that after sharing the concerns of Chicagoans the FAA has agreed to increase the number of public meetings that will be held prior to the opening of a new O’Hare runway in October from two meetings to four.

“The residents who live near O’Hare deserve every opportunity to share their thoughts and views about O’Hare with federal officials, and I’m glad the FAA has agreed to hold more public meetings,” said Mayor Emanuel. “As a former colleague, I know Michael Huerta takes public feedback very seriously and he was quick to make

this change when I brought the issue to him. This is a challenging issue, and we need all voices at the table as we work together to ensure O’Hare remains an economic engine for our city, while being a good neighbor to those who live nearby.”

Under Mayor Emanuel, the city has taken a number of steps to address this issue. The City will spend approximately \$120 million insulating 4,700 residences over the next 3-5 years, in addition to spending nearly \$700 million in the communities neighboring both airports. More noise monitors will also be added, allowing the City to take better data to the FAA to address this issue.

### After School Matters: Apply Now for Summer 2015 Teen Apprenticeships Neighborhood Connection Project After School Matters Teend

That time has arrived once again. Applications are now being taken online by After School Matters for the Summer 2015 (paid) teen apprenticeship positions to work on the Neighborhood Connection Project. NCP will run from the last week of June through the first two weeks of August. New apprentices will be notified late May/early June if they have been selected. Please apply now. Do not wait! Questions? Contact Jac Charlier ([jac.charlier@gmail.com](mailto:jac.charlier@gmail.com)) or Gina Metelica ([Gina.metelica@gmail.com](mailto:Gina.metelica@gmail.com)).

When completed this summer, NCP will be the largest outdoor bricolage mural on Chicago’s NW side. NCP is a citizen-led initiative to build community by repairing and beautifying the Metra underpass located at Kinzua, Hiawatha and Lehigh. More information on NCP cby contacting Jac Charlier or Gina Metelica.

Green Star Bricolage (GSM) - Neighborhood Connection Project (NCP) Visual Art/ Mural Description: Help create the largest piece of public art on the northwest side of Chicago! Teens work together to design and install a mosaic mural. Participants will learn aspects of design, mirror cutting, mosaic, sculpture, painting and photography. Design, create, and work with professional artists to install a Bricolage mural (an intricate combination of mosaic, sculpture, painting and photography).

Participation in a Green Star project can produce positive effects on an individual, community, and neighborhood. Instructor(s): Erin Bourne, Kamelia Hristeva, Neta Levinson Schedule: 6/29/2015 - 8/14/2015 [M Tu W Th F (9:00AM-1:00PM)] Location: NCP 6701 N LEHIGH Avenue Chicago, IL 60646

## Mayor Emanuel And Peoples Gas Confirm ‘Share The Warmth’ Grants Still Available For Assistance On Heating Bills

### \$495,000 In Financial Support From City Of Chicago And Peoples Gas Still Available While State And Federal Liheap Funds Have Exhausted

Mayor Rahm Emanuel and Peoples Gas today urged Chicagoans to apply for Share the Warmth funds as winter heating bill payments are due. In October 2014, the City and Peoples Gas doubled the size of available Share the Warmth funding to \$1 million to give Chicagoans extra help in anticipation of another colder-than-average winter. To date, there is still enough Share the Warmth funding for at least 2,500 additional households to stay current on their heating bills.

“Share the Warmth has been essential in helping Chicagoans in need secure the warmth and comfort they deserve during the City’s cold winter months,” said Mayor Emanuel. “I encourage anyone who has yet to apply for assistance through the program to do so as soon as possible.”

Over the last five years, federal funds for the program have declined, as Cook County residents’ need has increased. Earlier this week, the Community Economic Development Association (CEDA) announced State and federal Low Income Home Energy Assistance Program (LIHEAP) funds were exhausted before the 2014-2015 winter heating season ended.

Share the Warmth provides heating grants to limited and fixed-income households. Eligible customers who make a payment towards their bill receive a matching grant of up to \$200. Grants can be used to reconnect service, avoid disconnection, and maintain a home’s natural gas service. Only one grant is available per household, per year.

“Freezing temperatures have moved back into Chicago, and that means continued home

heating bills,” said Peoples Gas President John Kleczynski. “Peoples Gas wants to be sure that each and every one of our customers can pay those bills and keep their heat on. I join

Mayor Emanuel in encouraging Chicagoans who need help paying their bills to apply for Share the Warmth funds right away.”

To find the location of the nearest application site, Peoples Gas customers can call CEDA’s hotline at: 1-800-571-CEDA (2332) or visit Share the Warmth for a list of application sites and guidelines.

Customers should bring the following documents with them when applying for a grant:

- Proof of gross income from all household members for the last 30 days.
- Copy of most recent utility bill.

For more information about other financial assistance programs, free energy savings products, rebates and energy-saving tips to help manage heating costs, visit [www.peoplesgas-delivery.com](http://www.peoplesgas-delivery.com).

Peoples Gas reminds customers that federal law requires regular inspection of natural gas meters and service pipes located inside homes. To avoid any disruption to your natural gas service or financial assistance, please ensure you allow Peoples Gas to inspect your meter when necessary.

About Peoples Gas

Peoples Gas, a subsidiary of Integrys Energy Group, Inc. (NYSE: TEG), is a regulated natural gas delivery company that serves approximately 831,000 residential, commercial and industrial customers in the city of Chicago.

## Mayor Emanuel Announces 24,000 Job Opportunities Available For Youth Through One Summer Chicago 2015

### Registration Opens For A Record Number Of Job And Internship Opportunities To Keep Youth Safe And Engaged This Summer

Mayor Rahm Emanuel announced today that the One Summer Chicago program will expand to provide summer job and internship opportunities for 24,000 youth ages 14 to 24 in neighborhoods across Chicago. Since One Summer Chicago was launched in 2011, Mayor Emanuel has steadily increased the number of available opportunities to keep youth safe and engaged each summer. Since the program began, nearly 75,000 youth have gained valuable job training and work experience.

“One Summer Chicago opens a doorway of opportunity that leads to a better set of choices today and a brighter future for our children tomorrow,” said Mayor Emanuel. “The summer months are when our youth need us the most, which is why we now have the largest summer jobs program in Chicago’s history, serving young people from neighborhoods all throughout our city. It will give them a paycheck but also a set of values to help them reach their full potential.”

Through One Summer Chicago, youth complete six or more weeks of work or career programming, contributing their skills and talents to Chicago’s vibrant communities. Each year, City and County public agencies leverage their resources to provide the maximum number of high-quality work experiences for youth. Opportunities are available in many areas such as urban agriculture, bike repair, outdoor forestry projects, or work at the Brookfield Zoo. The online application for summer employment is available at [onesummerchicago.org](http://onesummerchicago.org) now through May 15, 2015.

In partnership with the Office of the Treasurer, One Summer Chicago will also set young people on a path towards lifelong positive money management. Youth will participate in a web-based financial education curriculum and receive a certificate of completion after studying banking, responsible money choices, income and careers, budgeting, savings and investing. Delegate agencies will connect young people to financial institutions in their neighborhood prior to the program launch to promote the use of savings and checking accounts and direct deposit.

“One Summer Chicago presents the perfect opportunity to set Chicago’s teens on a path towards financial empowerment,” said Treasurer Kurt Summers. “Because many of our City’s youth are entering the workforce for the first time, it is important that we connect them with education and safe products while they are building responsible financial habits that will last a

lifetime.”

Mayor Emanuel and the Department of Family and Support Services (DFSS) also announced a special new summer jobs program through One Summer Chicago 2015 for youth to learn and disseminate information in their communities about immigration programs that may affect them.

In partnership with the Mayor’s Office of New Americans, DFSS will be contracting with qualified organizations working on behalf of immigrant communities to provide youth, including Deferred Action for Childhood Arrivals (DACA) beneficiaries, with the training and opportunity to better engage and educate immigrant families and communities about President Obama’s executive actions on immigration.

As part of the One Summer Chicago program, Mayor Emanuel created a special program called One Summer Chicago Plus in 2012 to connect youth who are at a higher risk for violence involvement with a 25-hour per week summer job, a mentor, cognitive behavioral therapy and social skill building. A comprehensive, peer-reviewed study published earlier this year showed that this unique program significantly reduced violent crime involvement among participants for at least 16 months after the program ended.

In February, Mayor Emanuel announced that Inner City Youth Empowerment, LLC will invest \$10 million over two years to expand One Summer Chicago Plus. Inner City Youth Empowerment, LLC is a private entity formed by Earvin Johnson and Mark and Kimbra Walter. Last year, the City employed 1,000 youth through its One Summer Chicago Plus program. Through this expansion, the program will expand to serve 2,000 youth in 2015 and 3,000 youth in 2016.

DFSS leads One Summer Chicago in partnership with participating agencies including: Office of the City Treasurer, Chicago Department of Transportation, Chicago Park District, Chicago Public Schools, Chicago Housing Authority, After School Matters, Forest Preserves of Cook County, Brookfield Zoo, Chicago Public Libraries, City Colleges of Chicago, Chicago Cook Workforce Partnership, and Mayor’s Office of People with Disabilities.

Notable private sector supporters include: Chicago Community Trust, Chicago Cares, Civic Leadership Foundation, University of Chicago Crime Lab, JPMorgan Chase, TCF Bank, Cities for Financial Empowerment Fund, TraceRoute, Bandit Park, MHA Labs, and Inner City Youth Empowerment, LLC.

## Mayor Emanuel Commends Illinois General Assembly On Passage Of Amendment To The Park District Aquarium And Museum Act

Mayor Rahm Emanuel today commended House Speaker Michael Madigan, Senate President John Cullerton, Senator Kwame Raoul and the Illinois General Assembly on their passage of an amendment to the Park District Aquarium and Museum Act.

"I commend the Illinois General Assembly for making it clear that they agree with Chicago's position that presidential libraries and other museums enhance park land for the benefit of the public," said Mayor Emanuel. "The Obama Presidential Library and Lucas Museum of Narrative Art would not only

benefit residents and visitors for generations to come, these institutions would provide incredible economic, cultural and educational opportunities to the city and state."

As part of the Mayor's commitment to secure the presidential library for Chicago, this action will provide further reassurance for the Barack Obama Foundation to choose the president's home town as the site of the Barack Obama Presidential Library and Museum.

The amendment was passed today by both the Illinois State Senate and House of Representatives.

## Arbor Day Foundation Offers Tree-Care Booklet with \$3 Donation

The Arbor Day Foundation is offering a handy tree-care booklet designed to help people plant and care for trees.

Anyone can receive Conservation Trees, a user-friendly booklet featuring illustrations, colorful photos, and easily understood descriptions, by making a \$3 donation to the Foundation this month.

"Conservation Trees is an ideal resource for tree planters," said Matt Harris, chief executive of the Arbor Day Foundation. "Taking care of existing trees is just as critical as planting new ones, and proper care ensures

communities are able to fully enjoy the diverse benefits of urban forestry."

The booklet provides details about the right way to plant and prune trees. It also includes tips on using shade trees and windbreaks to save on energy costs, attract songbirds, and create a living snow fence.

To receive the Conservation Trees booklet, send a \$3 check along with your name and address to Conservation Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, or order online at [arborday.org/conservationtrees](http://arborday.org/conservationtrees).

## City to Host Clark St. Beach Bird Sanctuary Restoration Public Meeting May 14

On Thursday, May 14, from 6:30 p.m. to 8:30 p.m., the City of Evanston will host a public meeting to discuss the planned restoration of the Clark St. Beach Bird Sanctuary. The meeting will be held at Northwestern University's Segal Visitors Center, 1841 Sheridan Rd., in Evanston.

During the meeting, City of Evanston staff and consultants will present and gather feedback on the restoration project's background and goals, proposed schedule and conceptual ideas.

Community members who are unable to attend the meeting are encouraged to take the Clark St. Beach Bird Sanctuary questionnaire by Thursday, April 30 to help determine the restoration design concepts for the area. Responses may be submitted in person at the main Evanston Public Library, located at 1703 Orrington Ave., by phone by calling 3-1-1 (847-448-4311) or online at [cityofevanston.org/birdsanctuary](http://cityofevanston.org/birdsanctuary).

## Estate Planning: Know the Terminology



Chester M. Przybylo

Although thinking of one's own death is an uncomfortable task, many people agree that initiating some form of estate planning is prudent. However, some people may feel intimidated by meeting with an attorney to discuss their needs because of unfamiliarity with the law. A good lawyer will discuss your available options in simple terms that a person with no legal training can comprehend. But you can also relieve some of that hesitancy by familiarizing yourself with legal terminology before meeting with a qualified estate planning attorney to discuss the appropriate choices for you. The following is a short list of common legal terms that may come up in an estate planning meeting:

**Attorney-in-Fact** — A person who is named under a Power of Attorney to act on behalf of another person

**Beneficiary** — A person or entity that receives a benefit from an estate, trust or asset transfer vehicle

**Death Probate** — The legal process used to assemble and transfer a decedent's assets to the intended beneficiaries and settle a decedent's outstanding debts

**Decedent** — A person who has passed away

**Donee** — A person or entity who receives a gifted asset from a donor

**Donor** — A person or entity who gifts an asset to another person or entity

**Estate** — All the assets owned by a decedent upon his or her death

**Executor/Personal Representative** — The person responsible for settling a decedent's estate

**Grantor** — A person who transfers an asset to another person or entity

**Guardian of the Person** — A court-appointed supervisor in charge of the care of a minor or incompetent person's physical well-being

**Guardian of the Estate** — A court-appointed supervisor in charge of the care of a minor or incompetent person's financial well-being

**Testator** — The creator of a Will

**Trust** — A legal arrangement created to facilitate the transfer of property to a trustee for the benefit of a beneficiary

**Trustee** — A person or entity named in a trust agreement to be responsible for holding and administering the trust assets according to the terms of the trust

**Trustor** — A person who creates a trust

**Will** — A legal document used to transfer assets upon a decedent's death

Take just a few minutes to familiarize yourself with this short list of estate planning terms and keep it handy for future reference. Lawyers generally receive four years of undergraduate schooling followed by a minimum of three years in law school in order to learn the law. A good lawyer will be patient with you and explain those terms that are unclear to you. Familiarizing yourself a little bit with the law can make your estate planning experience more comfortable. Be sure to meet with a qualified attorney specializing in estate planning who listens carefully to your particular needs.

*Chester M. Przybylo is a founding member of the prestigious American Academy of Estate Planning Attorneys, a nationally acclaimed organization whose members are dedicated to the highest standards of estate planning and elder law. His Chicago-based firm, Chester M. Przybylo and Associates, has served its clients for over 45 years. Visit the firm website for helpful information on estate planning: [www.PlanOurEstate.com](http://www.PlanOurEstate.com), or call 773-631-7100 for an appointment.*

## St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties!!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

## Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and bingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

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# When Things Went Wrong, Teen Boater Kept Cool

When 15-year-old Matt Mainzer decided to take a couple of friends out boating one Sunday afternoon in late March, little did he know that he would find himself and his friends floating in life jackets hanging on to the overturned hull of the teen's 17-foot flats boat awaiting rescue. But according to Mainzer, his boating safety education would help him survive the day. A graduate of the no-cost online boating safety course provided by the BoatUS Foundation for Boating Safety and Clean Water, Mainzer said, "I wouldn't have known what I needed to know if I hadn't taken the boating safety course."

Of course most folks would recognize Mainzer's ability to keep his cool and being prepared as the reason for the young trio's successful rescue. According to Mainzer, as water started to fill the boat through a rapidly widening crack in the hull - eventually causing the three teens to jump overboard - the quick thinking Mainzer had everyone in life jackets.

Using a cell phone in a waterproof case, Mainzer had also already advised a friend of their predicament initiating a rescue response. Once the three teens were floating in the waters of the Tampa Bay, he remembered keep everyone hanging on to the boat's hull, of which only a small portion of the bow was above water. And his boating guests, two female teens, also remained calm and followed their captain's instructions. Rescuers were on scene in minutes.

"Matt's ability to stay calm and take decisive action saved them from harm," said BoatUS Foundation President Chris Edmonston. "And I'm sure Matt's parents instilled in him a great sense of respect for boating safety. But we are also very pleased he was able to take away some key knowledge from our online boating safety course, like always having life jackets accessible and ready to go. Once water started entering the boat they were easy to put on. So often boaters keep them hidden in places that essentially render them useless."

Mainzer, who has been boating since he was a two-year old, added, "The BoatUS Foundation Online Boating Safety Course was easy to take and wasn't boring. I learned a lot." As the boating season begins, boaters can find the BoatUS Foundation online courses at [BoatUS.org/courses](http://BoatUS.org/courses)



15-year-old Matt Mainzer kept his cool when his flats boat started to sink. He says taking a boating safety education course gave him the knowledge to ensure everyone's safety aboard.

## Divvy And Blue Cross Celebrate First Anniversary Of Bike Share Partnership With "Divvy Week"

In celebration of the first year of their successful partnership, the City of Chicago's Divvy bike sharing program and Blue Cross and Blue Shield of Illinois (BCBSIL) today are kicking off "Divvy Week" by leaving gifts on Divvy bikes at locations throughout the city. The festivities will run from May 1 through May 10 and will include discounts, special promotions, contests, and giveaways for Divvy customers. In addition, BCBSIL is marking the start of the second year of the partnership by inviting its members to join Divvy at discounted yearly rate. From May through July 31, BCBSIL members can sign up for the reduced price of \$65 per year, a \$10 savings.

"Blue Cross and Blue Shield of Illinois and Divvy are the perfect partners," says Maurice Smith, president of Blue Cross and Blue Shield of Illinois. "We are both committed to promoting health and reaching people right where they live, work and play. I'm proud to say our investment in Divvy has allowed the system to expand into even more neighborhoods and communities, offering people an environmentally-friendly way to commute, explore and get fit."

"The partnership with Blue Cross and Blue Shield has been a great way to give more residents access to Divvy, and support a fun, healthy way to get around the city," said Mayor Emanuel. "I want to thank Blue Cross for their investment, and look forward to a continued successful partnership."

Thanks in part to the sponsorship of BCBSIL, Divvy is in the midst of its first major expansion in which it is roughly doubling its service area across the city, from 44.1 square miles to 86.7 square miles. Divvy, which is run by the Chicago Department of Transportation (CDOT), is adding 176 bike stations and will have 476 stations and 4,760 bikes when the expansion is complete, giving Chicago the most bike share stations and largest service area in North America.

Here are some of the special promotions planned for "Divvy Week:"

- Today, on May 1, Blue Cross will leave giveaways on Divvy bikes throughout the city. Lucky Divvy users who find the goodies will be encouraged to take photos of themselves with the gifts and post them on social media, tagging BCBSIL and Divvy and using the hashtag #RandomActsOfDivvy
- Free Chipotle gift card for all new members who sign up during Divvy Week for \$75 annual memberships at [DivvyBikes.com](http://DivvyBikes.com)
- \$5 24-hour passes (reduced from \$7) on Monday, May 4 through Thursday, May 7 available at all Divvy kiosks across the city

- 50% off frozen yogurt at Forever Yogurt locations for all Divvy members when they flash their key at checkout

- A photo contest with Choose Chicago encouraging photo takers to capture the beauty of Chicago and Divvy for the chance to be featured on a Divvy station ad panel later this year

- And more surprises from Red Bull and the Blackhawks. Full details at [DivvyWeek.com](http://DivvyWeek.com).

Also, on Saturday and Sunday, BCBSIL will be lighting its company headquarters overlooking Millennium Park with the message: RIDE DIVVY.

"We are very pleased to be celebrating the one year anniversary of Divvy's partnership with Blue Cross at the same we are expanding our system so that Chicago will have the largest service area in North America," CDOT Commissioner Rebekah Scheinfeld said. "The expansion means more residents in more neighborhoods can participate in Divvy and realize the health benefits that go along with bike riding."

To take advantage of the discounted membership available from May 1st through July 31st, BCBSIL members can go to [Blue365deals.com/BCBSIL](http://Blue365deals.com/BCBSIL) and login with their username and password, or click Register if they are new to the site, then click Browse Deals, find the Divvy discount and follow the instructions. BCBSIL members who are already Divvy members will automatically receive the special BCBSIL member price when they renew through Blue365, no matter what day of the year.

About Blue Cross and Blue Shield of Illinois

With 8 million members, BCBSIL, a division of Health Care Service Corporation, a Mutual Legal Reserve Company, is the largest health insurance company in Illinois. Begun in 1936 in Chicago, BCBSIL remains member owned rather than publicly traded, and is committed to promoting the health and wellness of its members and its communities, fostering greater access to care, and working to lower the overall cost of care while improving the health care quality and patient outcomes. Learn more at [www.bcbsil.com](http://www.bcbsil.com), [www.facebook.com/bluecrossblueshieldofillinois](http://www.facebook.com/bluecrossblueshieldofillinois) and [www.twitter.com/bcbsil](http://www.twitter.com/bcbsil).

### About Divvy

Divvy is Chicago's newest transit system, giving Chicago residents and visitors a bike on-demand at hundreds of stations across the city. Intended to provide an additional transportation option for getting around, Divvy is a convenient, fast, fun and affordable. For more information and a map of station locations, visit [DivvyBikes.com](http://DivvyBikes.com). Blue Cross and Blue Shield of Illinois is the exclusive System Sponsor of Divvy.

## Village Cooking Corner

### BRANDIED CHERRY COFFEE CAKE

Submitted by Maria P. Bappert

The following scrumptious recipe is from Edith Bauer, member of the Austrian Mixed Chorus of Chicago, who baked it when it was her turn to provide refreshments after one of our rehearsals.

#### Ingredients:

One 8 oz. pkg. Philadelphia Brand cream cheese, 1 cup sugar, 1/2 cup (1 stick) Parkay margarine (or butter), 2 eggs, 1 tsp. vanilla, 1-3/4 cups flour, 1 tsp. baking powder, 1/2 tsp. baking soda, 1/4 tsp. salt, 1/4 cup milk, 1 - 21 oz. can cherry pie filling, 1 tbsp. brandy and 1/4 cup sliced almonds. (The margarine or butter, eggs and milk should be room temperature for easier mixing.)

Method: Combine softened cream cheese, sugar and margarine, mixing until blended. Beat in eggs and vanilla. Add combined dry ingredients alternately with milk, mixing well after each addition. Pour into greased and floured 13 x 9" baking pan. Combine pie filling and brandy and spoon over batter, then sprinkle with the nuts. Bake at 350 degrees for one hour. Mrs. Bauer instructed me to exercise care in distributing the pie filling over the batter so as to make sure that each slice contains a cherry. Gotta be fair and square, you know. This cake has a really unique taste. You will love it!

### KOTA KAPAMA (CHICKEN IN TOMATO SAUCE)

From the Kitchen of Anastasia E. Weaver

This is a dish served in many parts of Greece, especially in Arcadia in the Peloponnese - to guests and a special menu on Sundays.

1 whole chicken cut into parts, 1/2 tsp. salt, 1-1/2 tsp of cinnamon

#### Sauce:

- 1 tbsp of drippings
- 1 tbsp of all-purpose flour
- 2-3 cups of water
- 1/2 cup of Canola or Olive Oil
- 1/2 tsp. pepper
- 1 cup of canned diced tomatoes (no salt added)
- 1 cup of tomato sauce (no salt added)
- 1/2 cup of dry white wine (optional)
- 1 whole cinnamon stick 6 whole cloves
- 1/2 tsp oregano Juice of one lemon
- 2 tsp of grated Kefalotyri cheese (found in Greek markets\*) or Pannesan or Romano)

Cut the chicken in parts, wash and dry and then place in a bowl. Sprinkle with lemon juice, salt and pepper and 1-1 1/2 tsp. of cinnamon. Marinate for about 15 minutes. Heat oil in a Dutch Oven or large pot and saute the chicken until golden. Add the wine, cover and simmer for about 15 minutes. In the meantime prepare the sauce in another pan by mixing the flour with a little of the water to a paste consistency. Combine the rest of the ingredients but not the cheese. Cook the sauce on a low/medium fire on top of the range for about 10 minutes stirring to combine. Add the sauce to the chicken and continue to cook another 20 to 25 minutes or until the chicken is well done.

Prepare the pasta Macaroni\* or Spaghetti as directed by the pasta maker. Drain and place on a platter sprinkling the pasta with the grated Kefalotyri, Parmesan or Romano as desired. Place the Chicken and the Sauce into an appropriate serving dish along with the platter of pasta and present to your family and/or guests.

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773-342-5854

**West Campus Open House**  
Tues., May 12th;  
5-7PM

**Lutheran Unity West**  
5650 N. Canfield Avenue  
Chicago, IL 60631  
708-867-5044

Check out our website: [www.lutheranunity.com](http://www.lutheranunity.com)



### Summer Academics

Students from *all* schools welcome!  
Credit and enrichment classes available for  
high school & junior high school students.  
*Computers, robotics, math, science, art,  
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### Summer Athletic Camps

Athletic camps are 1-2 weeks based on  
age and ability. Most camps are for girls in  
grades 5-12. Additional camps for grades 1-4.  
*Basketball, Volleyball, Softball, Lacrosse,  
Bowling, Soccer, Golf, Running & Tennis*

Schedules & registration at [www.reshs.org](http://www.reshs.org)



7500 West Talcott Avenue, Chicago 60631 | 773.775.6616

chicago park district

# Are you ready for summer?



June 29th - August 7th

Register Now!



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For more information about your Chicago Park District visit  
[www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com), or call 312.742.7529 or 312.747.2001 (TTY).



City of Chicago, Rahm Emanuel, Mayor  
Chicago Park District Board of Commissioners  
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