



# GORHAM GAZETTE



FREE

Including Jefferson, Randolph & Shelburne  
At the Tip of Mount Washington Valley

Next Issue:  
April 30

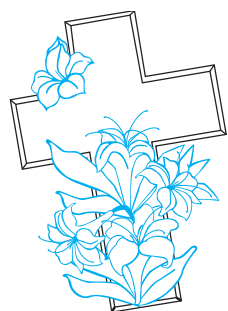
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Volume I 603/466-1037 or 1-773/633-4059  
contact@ourvillagechicago.com

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1 McFarland St.,  
Gorham, NH 03581

Issue 2  
March 26, 2012



## Happy Easter and Passover



from the staff of

### VILLAGE PUBLICATIONS

## Earth Day

Sunday, April 22nd, 2012

## Earth Hour

Saturday, March 31st, 8:30 p.m.

Switch off your lights for one designated hour  
[earthhour.org](http://earthhour.org)



VIEW A COMPLETE IMAGE OF THIS PAPER  
@ [www.ourvillagechicago.com](http://www.ourvillagechicago.com)

## La Bottega Saladino's LLC

### Italian Market and Restaurant

For 35 years, Michael & Sylvia Saladino have been bringing "A Taste of Italy" to the White Mountains. Paninis, pasta dishes, super salads & soups are everyday, with a menu change for Friday and Saturday nights, featuring fresh lobster sauteed in a roasted red pepper cream sauce.

### Celebrate Easter with Michael's own Easter Breads...

Let us create Easter Baskets for you or fill your own with  
Solid Chocolate Bunnies,  
Easter Holland Mints,  
Caramel Robin Eggs,  
Chocolate Jordan Almonds and Truffles

### BUON A PASQUA!

Check us out on Facebook to get all the daily specials and then join us for great food and drink!

Michael & Sylvia Saladino  
152 Main Street • Gorham, NH 03581  
Phone 603-466-2520 • Fax 603-466-2510  
[www.saladinositalianmarket.com](http://www.saladinositalianmarket.com)

Open Tues., Wed., Thurs. 10 am to 6 pm  
Friday & Saturday til 9 pm; Closed Sunday and Monday

*"A Taste of Italy in the White Mountains"*

## The Gorham Congregational Church, United Church of Christ Celebrating 150th Anniversary

The Gorham Congregational Church, United Church of Christ, is celebrating its 150th anniversary this year. Plans are being made for activities leading up to the anniversary weekend Sept. 22, 23.

Congregational preaching began in 1856 with The Reverend Elihu Burt and in 1859 Ingall's Hall opened for public worship. In 1862 the church was organized with 25 people. According to Mrs. Tewksbury's (wife of the first minister) journal, the first communion was April 6, 1862 and the church was dedicated in August of that year. Elihu Libby was the 1st deacon and served for 49 years. The Libby family was a most important part of the church and town history.

In 1904 much remodeling was done; after a fire in 1954 extensive repairs were made and the addition was built.

1962 marked the church's 100th anniversary. The church history was written by Mildred Kilgore, a member of the Libby family. There have been 27 called ministers, as well as acting and interims. Presently the church is being served by The Rev. Dr. David Smith.

Berlin, Gorham and north country residents are invited to join the church in upcoming events; anyone with pictures, stories or momentos may call the church at 466-2136.



Gorham Middle School students enjoyed their 6 week ski instruction classes at Wildcat Mountain as part of their middle school exploratory program. Students attended Wildcat Thursday afternoons and improved their skiing and snowboarding skills.

### WHAT DOES THE CLASS DAY MEAN?

Areas without Snow Cover require a Fire Permit. Contact your local Forest Fire Warden Rick Eichler at 603-466-2549 for information.

We will begin the Predicted Fire Danger based on weather conditions. Any questions or concerns regarding fuel conditions and/or fire danger should be directed to the Division of Forests and Lands at 603-271-2214.

**Class 1: Low** Fires are not likely, it may be raining

**Class 2: Moderate** Fires are possible in light fuels, day after a rain

**Class 3: High** Fuels in open areas and sunny slopes may spread rapidly

**Class 4: Very High**

Fires start easily from all causes

Fires spread and increase in intensity rapidly

Spot fires occur

Fire will burn deep, except in the spring

**Class 5: Extreme**

Fires will spread very rapidly with severe spotting

Difficult to extinguish, mop-up requires a great deal of effort



# Animal Stories

## The Animal Rescue League of NH - North / Conway Shelter

For more info on The Animal Rescue League of NH - North / Conway Shelter and our adoption process, please visit our website [www.conwayshelter.org](http://www.conwayshelter.org) or call (603) 447-5605



ZEUS, unlike the god of Greek mythology, does not carry a thunderbolt, but does have an air of wisdom about him and he seems very mellow and self assured. Needless to say, life on the streets as a stray was no picnic and has made him pretty savvy for one so young. Yet, Zeus is very friendly and loves to be petted and will knead his way into your heart. He also enjoys brushing and with his beautiful long coat will need a bit of maintenance to keep him looking handsome. This green-eyed guy is looking forward to meeting you and he most definitely will win you over with his wily ways. He would be most grateful for a second chance and a forever home. Adopt Zeus and Apollo together for only \$90!

APOLLO was found as a stray and brought to the shelter. He is a quiet fellow and a bit on the shy side, and at the moment feeling a bit overwhelmed with life in the shelter--all the sensory overload the sights, sounds, and smells! Don't doubt for a minute that he does not enjoy a good scratch behind the ear and he loves treats! Hell just need some time to trust and open himself up to love! Are you that patient, caring person that can help his personality bloom? Apollo would so appreciate the opportunity to meet you. Adopt Apollo with his best buddy Zeus and you pay only \$90 for both! You can meet both Zeus and Apollo at The Animal Rescue League - North at 223 E. Main St. in Conway, NH 03818.



## A Pink Piggy Bank for Diesel

Six-year-old Sophie Saunders came to the Animal Rescue League of NH-North with her pink piggy bank with a mission. That mission was to donate the \$41.50 in that bank to help get Diesel adopted. Her mom helped out to bring it to \$45.00 and Animal Care Tech Emily Andrews donated \$5.00 more to bring it to \$50.00, half of his adoption fee.



When asked about the donation Sophie said "I don't need fashionable things, I just need to help animals." Thank you Sophie! Damien is available to adopt for the remaining \$50 fee.

## ENTER THE LOTTERY NOW FOR A CHANCE TO HUNT MOOSE IN THIS FALL

If you want to hunt moose in New Hampshire this fall, now is the time enter the lottery and try your luck on the adventure of a lifetime. Applications for the lottery cost \$15 for residents and \$25 for non-residents (nonrefundable) and are available online at <http://www.huntnh.com> or from any Fish and Game license agent. A total of 275 permits are proposed to be issued in this year's lottery. The deadline for entering the 2012 lottery is May 25, 2012. New Hampshire's moose hunt runs from October 20 - 28, 2012.

"New Hampshire offers a variety of quality moose hunting opportunities," said Kristine Rines, Moose Project Leader for the New Hampshire Fish and Game Department. "Whether you're looking for a trophy bull, a wilderness hunting adventure or simply filling your freezer with meat, you can expect the moose hunt to fulfill your expectations, right here in New Hampshire. Most permits are for the taking of either a male or female, giving hunters greater opportunities to fill their tags, and, except in the Southeast region, the state still has large undeveloped areas in which to hunt."

The state's current moose population is estimated at about 4,500 animals. Last year, the statewide hunter success rate was 71%.

Each applicant can enter the lottery once a year. Everyone who enters the lottery has a chance at being drawn. A bonus point system improves the chances for unsuccessful applicants who apply each consecutive year. Don't miss a year, or you'll lose your points! Hunters who are drawn and accept a permit are not eligible to enter the lottery or apply for a bonus point for the following three years.

Apply now by visiting N.H. Fish and Game at <http://www.huntnh.com> (you can apply online or print out a mail-in application). Lottery applications for 2012 must be postmarked or submitted online by midnight Eastern Time, May 25, 2012, or delivered to N.H. Fish and Game headquarters in Concord before 4 p.m. that day. Applicants are encouraged to apply online and early since there is less chance of submitting an incomplete application.

For more information on moose hunting in New Hampshire, visit [http://www.huntnh.com/Hunting/Hunt\\_species/hunt\\_moose.htm](http://www.huntnh.com/Hunting/Hunt_species/hunt_moose.htm).

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources. Visit <http://www.huntnh.com>.

## EXPECT BEARS TO EMERGE FROM DENS EARLIER THIS SPRING RECOMMENDATION: TAKE BIRDFEEDERS DOWN BY MARCH 15

What a winter it has been -- or lack thereof! Mother Nature has not fooled the bears either, and they are ready to emerge from dens in search of spring foods. Bears den primarily to avoid being active during a period of time when food is limited. Weather conditions do play a role in the timing of den entry and emergence, but the influence of weather on denning behavior is less significant than food availability. Select favored bear foods were abundant last fall and will continue to be available to bears for a limited time this spring. Additionally, there is limited snowpack around the state, so bears can easily find food in leftover fall mast. The bottom line -- bears are not going to wait to the official end of winter to emerge from dens this year.



This knowledge should be a call to action for homeowners, who need to be proactive and take action now to reduce the chance of attracting a bear to their home. We generally use April 1 as the recommended time when bird feeders should be removed, says New Hampshire Fish and Game Bear Project Leader Andrew Timmins, however, this year we are suggesting that feeders be pulled by March 15.

"It has been an odd year for bears," says Timmins. "Bears remained very active during December and early January. In late January, multiple calls came in reporting bears wandering around homes feeding on dropped wild apples and birdseed. Also, we experienced a phenomenal beechnut crop last fall. Bears fed heavily in beech groves into December and likely will again this spring. These nuts will provide bears an important food source this spring for a month or two."

Even if there are leftover nuts in the woods, bears will take advantage of birdseed and other attractants found around homes. Black oil sunflower seeds are simply too high a quality of food (high in fat and protein) for bears to ignore. Furthermore, if bears have previously found sunflower seeds at your home, they will be back looking for more. The best way to prevent attracting bears is to take your birdfeeders down and keep them down until December 1, and secure other household food attractants.

Securing garbage is just as important as removing birdfeeders. If you secure your garbage and remove birdfeeders, you have addressed the two temptations that cause the vast majority of bear/human conflicts in New Hampshire. Removing these two common attractants will go a long way towards reducing the number of annual bear complaints. The N.H. Fish and Game Department thanks you for your efforts.

Keep in mind that spring is a critical time for bears, as the greatest nutritional stress on a bear occurs during the first two months after they emerge from dens. During the denning period, bears typically lose 25% of their body weight, and a lactating female with newborn cubs may lose as much as 40%. The New Hampshire black bear population remains stable, with a statewide population of approximately 5,000 bears.

Homeowners should take action to reduce the chances of a bear visiting their home.

Avoid encounters with bears by taking a few simple precautions:

- \* Because of the mild winter, stop all bird feeding by March 15 or put away feeders as soon as you can.
- \* Clean up any spilled birdseed and dispose of it in the trash.
- \* Secure all garbage in airtight containers inside a garage or adequate storage area, and put garbage out on the morning of pickup, not the night before.
- \* Avoid putting meat or other food scraps in your compost pile.
- \* Don't leave pet food dishes outside overnight.
- \* Clean and store outdoor grills after each use.
- \* Finally, never intentionally feed bears!

These steps will help to ensure that your backyard does not become attractive to bears and other wildlife, which is important because it prevents property damage by bears and because it keeps bears from becoming nuisance animals.

"The surest way to prevent bear/human conflicts is to keep your yard free of attractants, but you may need to take additional steps to protect items that can't be removed. For example, dumpsters should have a locking metal top that prevents access by bears, and beehives and livestock should be protected with an electric fence. To avoid bear-related conflicts, prevent bears from visiting and, most of all, from getting in the habit of finding food on your property," said Timmins.

For more information on preventing conflicts with black bears, visit [http://www.wildnh.com/Wildlife/Somethings\\_Bruin.htm](http://www.wildnh.com/Wildlife/Somethings_Bruin.htm).

If you have questions about bear-related problems, you can get advice by calling a toll-free number coordinated jointly by the U.S. Department of Agriculture's Wildlife Services and the New Hampshire Fish and Game Department: 1-888-749-2327 (1-888-SHY-BEAR).

# Glimpses of Gorham's Past: Play Ball!

According to Wikipedia, the earliest known US reference to baseball, or a variation of it, was in 1791, banning the playing of the sport within 80 yards of the Pittsfield, MA town meeting house. This was 48 years before Abner Doubleday was credited with founding the game. Hmmm, I wonder if this had something to do with broken windows?

Prior to the Civil War, baseball competed with cricket and different variations of baseball. British rounders and cricket appear to have played a part in the evolution of the game in the US. "Town ball," as played principally in New England, had some interesting rules, such as there being no foul territory and base runners could be put out by hitting them with the ball ("soaking" or "plugging" the hitter). Some communities had ordinances that prohibited this and other games from being played on Sabbath day.

The "Knickerbocker Rules," which became the core of modern baseball, reduced arguments and fights that often resulted from players being "plugged" and hurt. The new rules required that players be tagged. After the Civil War, this New York style baseball took off, with the creation of hundreds of amateur teams across the US.

By 1895, the National League had formed, with 12 teams, including the Boston Beaneaters, the Brooklyn Grooms and others, some of which continue to this day. The first and second place teams played for the championship, known as the Temple Cup and the World Series. The Temple Cup was donated by William C. Temple, owner of the Pittsburgh Pirates and a coal, citrus and lumber baron. The Cleveland Spiders defeated the league leading Balti-



**1895 Gorham Baseball Team L to R: Front row: H. Noyes, Eaton, Leavitt Middle row: Willis, Charles Chandler, Jackson, Flaherty Back row: Hanson, F. Noyes, Sadlier, Mullen Source: Gorham Public Library**

## Lodge of Freemasons is Gorham-Sabatis Lodge No. 73



In a recent ceremony at the Masonic Lodge in Gorham, the 2012 suite of officers (pictured above) for Gorham-Sabatis Lodge No. 73, Free and Accepted Masons, was installed. Outgoing Master Chris Davies installed the new Worshipful Master David Rich, who then installed the other officers. Front row, from left: Richard Wood, Musician; Tim LaPointe, Senior Deacon; Gordon Rich, Tyler; James Owen, Senior Steward; Marshall, Bruce Fike. Second row, from left: David LeBlanc, Junior Deacon; Rodman Davies, Secretary. Third row, from left: Chris Davies, Treasurer; David Rich, Worshipful Master; John Loven, Senior Warden. Not pictured: Ted Miller, Junior Warden; Marc Pouliot, Chaplain; Russell Douglass, Junior Steward.

Freemasons (members of the Free and Accepted Masons) are men who believe in God and the brotherhood of man (the race, not the gender). The local Lodge of Freemasons is Gorham-Sabatis Lodge No. 73, formed in 1987 by merging Gorham Lodge with Sabatis Lodge of Berlin, each of which were formed in the 1800s. There are 2 other lodges in Coös County, in Colebrook and Lancaster. There are more than 3 million Freemasons worldwide, including more than 2 million in the USA. Many famous men were or are Masons: George Washington, Benning Wentworth (Colonial Governor of NH), Paul Revere, Samuel Colt, Booker T. Washington, Irving Berlin, Winston Churchill, Harry S Truman, Thurgood Marshall, Sen. Robert Dole, Sen. John Glenn, and Tim Horton.

Freemasonry is not a charitable organization as such, but Freemasons engage in many acts of charity. They donate over \$1 million per day to various charities, especially including Shriners Hospitals for Children, which provide free treatment to children with orthopedic conditions, burns, spinal cord injuries, cleft lips, and cleft palates. Gorham-Sabatis Lodge raises funds for college scholarships for Berlin High School and Gorham Middle High School graduates, and for other charitable purposes, by conducting Golf Tournaments.

Gorham-Sabatis Lodge meets monthly at 7:30 pm in March (first Tuesday), and April through December (second Tuesday), at the Masonic Hall on the third floor of Gorham Town Hall. All local Freemasons are welcome. Those interested are welcome to drop by earlier on a meeting night to ask questions of members, or to call Chris Davies (466-5960) or Rodman Davies (752-2315). Freemasonry is a "vote-in" organization: to join, you have to ask to join, be found acceptable, and be voted in.

more Orioles that year. Cy Young had 35 wins that year and would later have the premier pitching award given in his name.

As in many communities, baseball was a well-loved sport in the early days. One can find many baseball articles in archived newspapers, old books and magazines. Town teams and high school teams were very common and played widely, sometimes before large crowds. Below is a wonderful story that I recently found in an archived newspaper at the Gorham Public Library:

Source: Gorham Mountaineer, May 10, 1905

### "Gorham Baseball"

Gorham 7, Lancaster 5

The Gorham High School baseball club visited Lancaster last Saturday to try conclusions with the Lancaster High School team. They won by a score of 7 to 5. The game was rather loosely played and the batting was high.

After the game the Lancaster boys entertained the Gorham delegation and it was after 6 AM Sunday morning when they returned home. They were tired, after the game, an evening of dancing and the drive home but all agreed in saying that they had a first rate time and voting the Lancaster boys all right.

In the same issue was:

The entertainment and dance at the Opera House last Friday evening, organized by J. P. Moulton for the benefit of the Gorham High School baseball club, was well attended and enjoyed by all. The entertainment consisted of selections on the mandolin by Mr. Carroll, solos by Miss Grace H. Bass, and a half hour of magic by Prof. J. P. Moulton. The Cascade Glee Club furnished music for the evening

A number of local people played professional baseball, including several Gorham High School graduates, Roydon (Roy) Leavitt and Ralph Holmes. Bob Savage, who grew up in Manchester and later became a GHS teacher and coach, also had an extensive career. We'll have another story outlining the details of these three men at a later date.

The Gorham Historical Society is a public service, non-profit organization working to preserve, protect and share town and railroad history. If you enjoy our intermittent historical pieces, have stories or photos to share or wish to support our work, we look forward to hearing from you. Our Grand Trunk Railway depot museum is typically open May-Oct.

Reuben Rajala, Gorham Historical Society, 603-466-5331  
gorhamhistoricalsociety@gmail.com

## Relay for Life

The Northern Correctional Facility in Berlin, NH will be participating in the American Cancer Society Relay for Life being held at the Gorham Common June 16, 2012. The Northern Correctional team will be known as the NCF Jailbirds.

The NCF Jailbirds will proudly show their support in memory of lost co-workers and current staff members and their families struggling with cancer. The American Cancer Society is on the front lines of the fight against this devastating disease. They provide funding for breakthrough research, improved access to quality care in communities and support families and their loved ones dealing with cancer.

In the coming weeks the NCF jailbirds will be holding a number of fundraising events. Please watch for our announcements of these events. Our first event has started already. We are currently holding a Yankee Candle drive through April 13th with delivery before Mother's Day. Anyone interested in sponsoring the NCF Jailbirds or participating in any of our fundraisers can contact us at 752-0364.

# AN INN FOR ALL SEASONS

When one first comes to New Hampshire's beautiful Mt. Washington Valley, the array of Hotels, B&B's and Inns is numerous, dotting the Valley's many small towns and villages along the way.

Our good fortune was to arrive in Gorham, the quaint New England Town at the entrance to Mt. Washington, the iconic landmark of her Valley. Our next bit of good luck was to lite upon the Town and Country Inn and Resort, set on rolling hills overlooking the Androscoggin Country Club Golf Course and surrounded by stunning mountain views.

Had not happened upon this lovely spot at the Shelburne/Gorham border and been welcomed so warmly by the Inn's proprietors, the Labnon Family and their staff, our impression of Gorham might not have been quite the same. So positive, in fact, was our complete feeling of comfort, that we now call Gorham our permanent home thanks in no small part to the T&C as it is known by the locals.

But how did it all come to be, this sprawling, picturesque inn, set just enough apart from the center of town to allow you to feel that you are in a mountain valley of your own, but still within walking distance or a short drive by car or public trolley to take in the Main Street area of Gorham. Navy and Lupe Labnon began their inique journey in 1956 when they purchased a quaint old building that was generally in disrepair and mostly unoccupied which had served as the clubhouse for the Androscoggin Valley Country Club in Shelburne. Through hard work and much insight as to the needs of their customers, the Labnons created a one-of-a-kind setting for generations of families and guests to experience. Through good and bad times, the Town and Country has endured. Not even a major fire which destroyed much of the main building could damper the spirits of the incomparable Labnons and their crew. With sheer determination they were back in business within six months and have not looked back since.

They have hosted many visiting political celebrities through the years including Ronald Reagan (4 times), Richard Nixon, Walter Mondale, Robert Dole, Frankliin Roosevelt, Jr. and Julie Nixon Eisenhower. Bobby Orr and a stream of sports personalities such as Red Auerback, Bob Cousery, Reggie Smith, Derek Sanderson and the great Ted Williams (on his way to fish in Maine) have also enjoyed the hospitality of the Town and Country Inn and Resort.

The Labnon Family's contributions to the growth of the Town of Gorham, and their philanthropic endeavors on behalf of the local area, exceed their reputation as innkeepers for which Navy received New Hampshire's coveted "Innkeeper of the Year Award" from then Governor John Sununu in 1984, an honor which was similarly bestowed upon Navy & Lupe's two sons, Randy and Scott, by current Governor John Lynch in 2010.

The twelve hour radiothon held for many years by Bob Labnon, one of Navy's four brothers, and Red Sox announcer, Ken Coleman, provided thousands of dollars of assistance to children stricken with cancer through the "Jimmy Fund". After following his own career path in show business with his



(From left to right) Randy, Scott, Lori, Lupe and Navy pictured in the mid-1990's.

Lori, run the T&C today, with the third generation of Labnons, Randy's son Christian and Scott's daughter Julie and son Brett, ready and able to carry on the legacy their Grandmother and Grandfather forged before they were born.

Navy has gone on to an even better place, but Lupe still remains the "Heart and Soul" of the Town and Country family. Since its inception she has been forever involved and ever present. She still reminisces while sharing wonderful stories about the early days when she and her husband worked tirelessly to create this incredible achievement. From the decorating to the preparation of meals for the dining room guests, while tending to the bookwork, scheduling and payroll, she was a great part of the reason their Family business was, and is, such a success. When one spots her around the grounds these days you notice that vibrant energy, desire and personality have not faded with age, only become more bright.

Lori, Randy and Scott were just recently named the Androscoggin Valley Business Persons of the Year by the Chamber of Commerce and a most unique accomplishment is that Navy, Randy and Scott have all three served, at separate times, as Presidents of the New Hampshire Lodging Association.

The entire Family and Staff of the Town and Country eagerly await your visit. Whether it's your first trip or a return, you'll be greeted with open arms and helpful assistance to insure that your time with them, and in the Gorham area, is an unforgettable one.

The times may be different and the simplicity of by-gone days is only a memory, but this peaceful spot remains, as always, a home-away-from-home for the many travelers who have stayed, whether they are just passing through or spending extended periods for work and/or pleasure.

In the meantime, all of the T&C's amenities are right here for us to enjoy. The dining room is a true New England classic, with menu items featuring all of the fresh foods from the local farms to the seacoast. There are always exciting offerings throughout the week including special Wednesday Dinner Buffets, Friday Fish Frys, Sunday Brunch and Family Style Dinners, along with Seasonal Holiday Events. Breakfast and dinner are served daily, with reservations suggested for the evening meal. The comfortable bar area in which weekly entertainment is enjoyed, adjoins the dining room. There are also plenty of private areas for business or family functions, banquets and indoor or outdoor weddings.

Next time you are expecting company, consider giving them a real treat with a stay in one of the comfortably appointed guest rooms or suites where they can relax by the heated indoor pool, take a sauna and steam and use the health club facilities, with golf, hiking, skiing, and sightseeing in some of the most beautiful settings in our Country just around the corner. Don't forget about a gift certificate for that special gift idea.

The Town and Country Inn and Resort is located at 20 State Rt. 2, Shelburne/Gorham, NH 03581 and may be reached by phone toll free at 800/325-4386 or locally at 603/466-3315.

## GORHAM GAZETTE

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e-mail: [contact@ourvillagechicago.com](mailto:contact@ourvillagechicago.com)

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## The Medallion Opera House

The Gorham Board of Selectmen recently approved a new name for the auditorium, The Medallion Opera House, located in the renovated Town Hall.

Work first began on the Opera House in April of 1915. In June of that same year the first motion pictures were shown – James O’Neil in The Count of Monte Cristo and Mary Pickford in The Eagles Mate – the charge was ten cents for children and fifteen cents for adults! With such a great history, The Gorham Auditorium Committee suggested a name that recognized the historical aspects along with the 8-foot ceiling medallion, an architectural feature that captures your eye as soon as you enter the theater.

The Medallion Opera House is now booking many exciting events for the 2012 season, including Imperial Russian Faberge Eggs: from Fine Art to Fine Craft, sponsored by the NH Humanities Council on Friday, March 23rd at 7 pm and Saturday, March 24th at 10 am; The Gorham Players production of The Princess and the Pea, on Thursday, Friday and Saturday, March 29, 30 and 31st at 7 pm; an original production, Ethnic Origins and Immigration, sponsored by the NH Humanities Council on Thursday, April 19th at 6:30 pm, the GM/HS Junior-Senior Prom on Saturday, May 12th, a presentation by Allen Coop, author of “The Stark Decency”, on Wednesday, May 16th at 7 pm and the Heather Pierson Jazz Quartet on Friday, July 20th at 7 pm.



These recent events were very well attended: a benefit concert featuring Red Gallagher for the White Mountain Rotary Club’s Local Scholarship Funds on Feb. 11th; two St. Kieran Community Center for the Arts events: Grand Derangement Band on Feb. 12th (sell-out crowd) and Cabin Fever Follies, an annual community talent show, on Feb. 26th, Beppe Gambetta, a European Master Acoustic Guitar flat-picker on Mar. 4th and “Who Says We Can’t Change the World”, a musical show to benefit local food pantries, on March 9th.

For more information, and if you would like to receive notices of upcoming events, you may subscribe to receive e-mail alerts on the Town’s new website, at [www.gorhamnh.org](http://www.gorhamnh.org). The Medallion Opera House is available for use by the public and community organizations for meetings, workshops, presentations, plays, fundraisers, weddings, and showers. For more information, please contact the Selectmen’s office at 466-3322.

## Mr. Pizza!

Since May of 2009 we have had the honor of meeting, serving and working with many amazing people. We along with our families and friends have dedi-



cated ourselves to this restaurant. We wake up everyday and feel blessed to be able to do what we enjoy and receive positive feedback from our guests and our staff. They say, “Home is where your heart is”. Mr. Pizza is our home. Our customers are guests in our home and our staff is our family.

We have seen a lot of changes and the one constant is the unbelievable loyalty from our customers. They keep us going and for that we are very thankful. It still amazes us when we empty our comment card box in the lobby and at least 20 cards a week are stuffed into that box and we may receive one or two out of the 80 a month that have an issue we need to address. The remaining cards are pointing out their pleasant experiences either with the food, presentation, quantity, price or the exceptional service they received in our sports themed lounge, riverside deck or northern lodge feel dining room. Our staff looks forward to us sharing the cards with them. How cool is that? We try to take something away from every comment or suggestion that we can to improve on or change to better ourselves as a whole.

If you haven’t visited us before please check out our website at [www.mrpizzanh.com](http://www.mrpizzanh.com) or email us directly at [mrpizza2009@live.com](mailto:mrpizza2009@live.com) with any questions you may have. We have seen an increase in free ice cream coupons coming back to us as part of our Every Child Counts Program already this year. Please keep counting and working towards getting the most minutes for your class to receive the end of the year pizza party on us! We are very proud of you all here at Mr. Pizza!

Thank you, from Jim and LuAnne Pelkey and their staff

## Gorham Middle High School Presents Cabaret 2012

Come listen to the outstanding entertainment from some of your favorite music throughout the decades along with an evening of wonderful cuisine on April 11th and 12th. Cabaret will take place in the Gorham Middle High School cafeteria at 5pm and 7pm both nights. Enjoy a wonderful dinner and dessert from La Bottega Saladino’s and Mr. Pizza. Tickets are available in the reception office at GMHS Monday through Friday from 7am- 3:30pm. The cost is \$10 for adults and \$5 for senior citizens, students, and children. Reserve your tickets today at 466-2776 and ask for Anne Bennett.

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# Great Outdoors

## Climbing the Auto Road with a Heightened Perspective Hans Bauer Tackles Mt. Washington on Stilts

By Steven Caming, Contributing Writer

Some people just need to challenge themselves. It's part of their DNA...it's how they get to know themselves and the world around them. For some, the challenge is professional or financial, for others it's personal. Some need the accolades of many, while others require only the quietly competent knowledge that they did what they set out to do.

Each challenge, each goal is uniquely tailored to the personality of the individual, as only they know what particular achievement will meaningfully validate the effort. You might think climbing the Northeast's highest peak during winter, on stilts with snowshoes attached, would be a challenge...and you'd be right. But for Hans Bauer of Center Conway it was more of a whimsical adventure that didn't quite get to the level of being truly challenging.

Of course, Bauer is a man who's already logged a few endurance miles along the way. He has biked through all six New England states in just 17 hours. In his "ultra-running" mode he has several grueling treks under his belt, including 100 miles in 17 hours, 5 minutes; 130 miles in 24 hours and 195 miles in 48 hours (it should be noted he is not satisfied with any of these times). He has run 7000 miles (including halfway across the USA) in one 18 month period and has biked more than 31,000 miles during five grand tours that have taken him through 11 countries and all of the lower 48 states...and he has done this all alone.

Generally speaking, it's not about speed and records for Bauer, but about endurance. He pushes himself to discover not life-threatening limits, but life-enhancing perspectives. A near fatal climbing accident on Cathedral Ledge this past year (falling more than 100 feet) further developed his philosophical position. "I could easily have been dead, so I enjoy what every day has to offer. Sure, I've been doing things that could be considered dangerous, but I don't take it to that place. For me, it's more just testing the limits of my endurance. I like to know that I've lived on THIS day," he said emphatically. "It's about seeing the world a certain way—as full of wonder and possibility and the chance to experience things we may have done before in new ways".

While many of his adventures have taken him around the world, Bauer finds plenty to test himself right here in the Mt. Washington Valley. After tackling his first 23 mile Presidential Range/Mt. Washington winter traverse (which goes from the Dolly Copp campground area in Pinkham Notch all the way across to the AMC Highland Center in Crawford Notch), he decided to step it up a notch, so to speak. The next time around Bauer did a one day solo winter double traverse, reversing his course and covering the 46 miles in just about 23 hours. Yes, this is what he does for fun...

Bauer began what would become Mt. Washington's first ever ascent on stilts at 6:00 am from the Auto Road base. He had attached a pair of snowshoes (with built in crampons) to the bottom of the construction stilts (he found those at a yard sale for \$30) and began his ascent (alone again, naturally) in the quiet darkness of the pre-dawn morning.

While not an imposing fellow physically ("I'm the same size as Napoleon!" he noted), Bauer does exude a certain quiet (and well earned) confidence in his abilities. Still, he never takes a cavalier attitude towards his wilderness adventures. As the winds gusted over 35 mph above treeline during his ascent of the Auto Road, he lowered his stilt height from three feet to two feet off the ground, to keep from being excessively blown around. "I was definitely afraid at times, but mostly of ending up in the paper for doing something dumb and getting hurt!" he said.

For the record, Bauer never took his stilts off during the entire eight mile ascent and then skied back down the road to finish his long day.

Tolstoy wrote that every man is three men: how he sees himself; how others see him and who he really is. Hans Bauer sees the world through the eyes of a man who challenges himself, challenges nature and challenges onlookers to question what they themselves may be capable of...If seeing the world from his heightened perspective (he stands over 7 1/2 feet tall with the stilts fully extended) has broadened his horizons, it is a hard won view to a thrill.

Upon his arrival at the summit, Bauer provided quite an unusual and unprecedented sight to those working at the Observatory and State Park...it was certainly an unexpected visit. As the summit crew looked up at the man who towered above them on stilts, one asked "How's the weather up there?" Taking in his surroundings on the summit of Mt. Washington, his simple answer summed up his day "Just perfect".

Those who may be interested in coming up with their own unique way of ascending the Mt. Washington Auto Road can inquire about participating in Alton Weagle Day, scheduled for May 26th. For more information call the Auto Road at 603-466-3988 or online at [www.mtwashingtonautoroad.com](http://www.mtwashingtonautoroad.com)



## Coos County Botanical Garden Club

The public is welcome.

The Coos County Botanical Garden Clubs next meeting is scheduled for Wednesday, March 28 at 6:00 pm at the Gorham Public Library. The Agenda for that evening is our annual early spring auction, so bring in a few items such as seeds, plants, picture frames to auction off, anything goes it doesn't have to be garden related items. For more information please call the Club President Will O'Brien at 466-3181.

**Garden tip: How to get rid of slugs?**

Use three tablespoons of aluminum sulphate dissolved in a gallon of warm water. Spray on the ground around the plant. Also, place a ring of Epsom Salt around the base of the plant. So put away the wood ashes and beer – this works great!

By "Will the Gardener"

## Boat Association: Marine Fuel Costs On the Rise - Five Wintertime Tasks To Save Gas This Summer

With fuel costs on the rise, the nation's largest boat owners' group has five fuel saving tasks that can put a dent in your summer fuel bills. All of these tips from Boat Owners Association of The United States (BoatUS) are time tested to reduce fuel consumption, and boaters can accomplish most of them now while their boats are in winter layup - before the boating season begins.



**Lighten the load:** It's one of easiest no-cost things to save on gas, and applies to just about every boat type on the water - power, sail or fishing. With the boat on jack stands or in the garage, jump aboard and take a good look at what you really need and clear out all of that junk under the floorboards, in lockers, or in less-used storage areas. And, if she's already in in the slip, remember that water weighs over eight pounds per gallon. Carrying more than necessary in freshwater and waste tanks is almost as bad as flushing money down the head.

**Get a tune-up:** An annual engine tune-up, whether you do it yourself or ask a marine professional, is a must for any powerboat owner. It's also likely to save you the most money on gas in the long run.

**Check the prop:** To avoid any delay in launching this spring, take your motor's prop to your marina, dealer or local prop shop now while they are less busy and can repair any dings. It's also good to have a discussion on your current boating needs.

**Trailing fuel-saving tips:** Check tire pressure for proper inflation, ensure you have a tight fitting cover to decrease wind drag. Also, a five or six mile per hour decrease in towing speed will give a noticeable decrease in fuel consumption.

**Pay less for gas:** Join BoatUS for only \$24/year and the member fuel discount can be as much as \$.10 off each gallon of fuel at over 340 BoatUS Cooperating Marinas. It's one of the Association's more popular member benefits and can pay for itself in as little as one or two fill-ups. For membership information, visit [www.BoatUS.com](http://www.BoatUS.com) or call 800-395-2628.

## Celebrate National Arbor Day by Planting Trees!

Get 10 Free Shade Trees When You Join the Arbor Day Foundation

National Arbor Day is April 29 this year, and the best way to celebrate is by planting trees. The Arbor Day Foundation is making it easy for everyone to celebrate the tree planters' holiday. Everyone who joins the Foundation in April will receive 10 free shade trees.

National Arbor Day is celebrated on the last Friday in April, which is April 29 this year.

By joining the nonprofit Arbor Day Foundation in April, you will receive the following trees: red oak, sugar maple, weeping willow, baldcypress, thornless honeylocust, pin oak, river birch, tuliptree, silver maple and red maple. The free trees are part of the Foundation's Trees for America campaign.

"These trees will provide shade in the summer and magnificent color throughout the fall," said John Rosenow, chief executive and founder of the Arbor Day Foundation. "By the simple act of planting trees, a person can make a positive impact on the Earth and a deep, meaningful connection to nature. When you plant a tree, you're giving a gift for future generations."

The trees will be shipped postpaid at the right time for planting in April or May with enclosed planting instructions. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to TEN FREE SHADE TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by April 30, 2012, or visit [arborday.org/April](http://arborday.org/April).



# Gorham Lifestyles

## Gorham Public Library Staff Picks

The following are Gorham Public Library Staff Picks: these are some thoughts on books as well as some suggestions by your local library staff – enjoy!

### FICTION:

**The Rose Trilogy: The Tea Rose, The Winter Rose, The Wild Rose by Jennifer Donnelly.** Beginning in the Victorian Era in London, this trilogy follows the joy and hardship of a young woman and her rise from poverty as she creates her empire in the tea industry. Richly developed characters, mystery, love, and suspense immediately capture the reader's imagination.

**City of Shadows by Ariana Franklin.** Set in Germany during the 1920's and 1930's as Hitler rises to power, this suspenseful novel involves a mysterious young woman who claims to be the grand duchess Anastasia. Is she a fraud, or could she have escaped assassination only to face greater danger in Hitler's Germany?

**The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer.** What do you do when German soldiers are occupying your tiny island during World War II? Why, you form a literature group! The wonderful collection of characters with their quirky personalities describe their hopes, dreams, fears and loves as they deal with the occupation of their lives.

**11/22/63 by Stephen King.** What if one could travel back in time and change history? What if JFK survived his attempted assassination? The very detailed early '60's setting and the very likeable hero who struggles to do the right thing, make this very long story a very quick and enjoyable read!

**The Broker by John Grisham.** The "hero" of this tale is an arrogant man who lied and cheated his way to power and riches. Now he finds himself penniless and on the run for his life. The reader can't help admire this man's guts and determination as he tries to evade his killers. Will the broker manage yet one more deal?

**Child 44, The Secret Speech, Agent 6 by Tom Rob Smith.** In this trilogy, we experience all the thrills and dangers of espionage and betrayal as Smith's hero, ex-member of Stalin's Secret Police, Leo Demidov begins to doubt all of what he was trained to believe. Whom can he trust? No one!

**Sarah's Key by Tatiana de Rosnay.** A young girl, a secret hiding place, a special key, and a family's home are all part of an intriguing puzzle that had its beginnings during the Nazi occupation of Paris. The solution to this puzzle is solved over fifty years later, but at what cost? An excellent, thought-provoking read that stays with you.

**Fall of Giants by Ken Follett.** This historical novel is the first of three that span the Twentieth Century. Follett intertwines the lives of three families from England, Germany and the United States as they enter the turbulent years of World War I and the loyalties that they ultimately must question.

**Agatha Raisin by M. C. Beaton.** This is a light and entertaining mystery series.

**Mystery Series by Diane Mott Davidson.** Mouth watering recipes are included in Chef Goldie's escapades.

**Mystery Series by Janet Evanovich.** A numbered series. With fantastic character development, these books will make you laugh out loud while reading!

### NONFICTION:

**The Lady in Gold by Anne-Marie O'Connor.** A fascinating and superb account of Gustav Klimt's masterpiece, Portrait of Adele Bloch-Bauer. The author deftly and generously describes the inspiration for the portrait, the surrounding events that led to its theft by the Nazis, and the journey it's made back home. For art lovers, history buffs, and biography readers alike.

**The Man Without a Face: The Unlikely Rise of Vladimir Putin by Masha Gessen.** A timely and revealing biography of Russia's current Prime Minister and President Elect. The author is a celebrated Russian author and correspondent who spares nothing in her treatment of Putin's origins and his political circle.

**House of Stone by Anthony Shadid.** In his memoir, Shadid, a Pulitzer Prize-winning journalist, travels to Lebanon and his ancestral estate. Finding it in shambles, he sets out to restore it. Hauntingly and skillfully, he moves back and forth between his great-grandfather's life and the present day. Funny and poignant, this moving tribute is made all the more powerful by the knowledge that the author died this last February while covering the Syrian conflict.

## Gorham House of Flowers

After 14 years employed in the floral business I decided to take the wheel and steer my own ship. In 1998, while Gorham was without a flower shop, Gorham House Florist opened its doors and has been blooming ever since. I happened into the business while trying to find a career where creativity would be needed on a daily basis. From the first day on the job I was hooked. Working with people and their individual tastes, ideas, and styles is always a challenge but so rewarding. Being a florist is about emotions and dealing with the most important events of people's lives. Flowers are so often used as the vessel to convey feelings that, at times, are hard to express. "Sorry for your loss," "I will miss you," "You're the Best," "Congratulations," "Get well soon," "I love you"... the list is ever evolving. Flowers are a part of holidays, anniversaries, weddings, funerals, birthdays, the birth of a child, just because... once again, the list is never ending. It's always a challenge working with mother nature, but with the endless array of inventory she provides, I can't think of a better supplier. I love my job! I may never experience "riches", but after 28 years as a florist I can say, "I do love my job."

Gorham House Florist is a full service flower shop. We personally deliver locally and can send flowers world wide. Only the freshest flowers are used and we love to costume design your order. In serving all types of events by providing arrangements for Weddings, Funerals, Parties, and specialty items such as Candy Bouquets, Plants, Balloons, Silk and Dried arrangements, Cemetery Pieces, Fruit baskets... working with you is what we do.

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We also feature local artisans with their Homemade soaps, wood crafts, paintings, jewelry...

### Helpful floral hint:

Spring is coming and we feel the need to redo and redecorate.

Instead of tossing out that wreath or centerpiece, bring it in and we can see about restoring or redecorating it.

If you have an old decorative box, vase, wash board, gardening tool... let's take it out of storage, decorate it and create a new accent for your home.

I hung my Grandmother's wooden rolling pin on the wall using some old forks and spoons that I bent into hooks and also used them for matching curtain tie backs. It works... Just a thought. Have a great "Bloom'in" Spring.

Call Terri Colarusso or stop in at Gorham House Florist, 10 Exchange St., Gorham NH, 603-466-5588

## I'm glad you asked...

I thought I'd be a bit philosophical this month and discuss why I believe it's a mistake to think aging is something we can fix. There's a moment in everyone's life, whether at the first gray hair or the first fine line, when we realize our youth is fading. No matter who you are or how much money or time you spend to control it, you will age. We owe it to ourselves to find another way to feel beautiful rather than trying to turn back the clock. So how do we do that, I'm glad you asked...

When you glance in the mirror, instead of worrying about appearing younger, think about looking good for your age. Is there anything you can do to look the best for your age; not for 20, not for 30, but for your age now?

Looking good versus looking young is a big shift in attitude. There are certain aspects of your face and body that don't change that much; concentrate on those. For some women it's your eyes or for others its great legs and for some it's their hair. For example, if your eyes are one of your best assets, be sure your brows are shaped, colored or filled in if necessary. Also, your hair should be cut to accentuate your eyes; that could mean a full bang or side parted bangs. It depends on your facial shape and the texture of your hair. Also, your hair color can really help to make your eyes pop.

It's up to you to take your best features and wear them with pride. When you look in the mirror, what you should see is age-appropriate beauty. I can not emphasize this enough; look at your wardrobe, make up, hairstyle etc. Are you still doing all the same things you did when you were in your 20s or 30s? If your answer is yes, think about making some subtle changes. For instance, get rid of the gray. There are very few men or women that can wear their hair gray without adding years to their age. My advice would be to stay within two shades of your natural hair color. Not only will your hair look more natural, it will also be easier to maintain. If gray hair works for you, then women, update your hairstyle with a modern cut, wear some funky jewelry, a little makeup and maybe a pretty scarf; really own the look. For men, keep your hair cut neat and short and if you have facial hair keep it trimmed and clean cut. Also, the "comb over" is not a good look for any man. If you don't believe me ask any woman you know for their opinion, or better yet the next time you're watching television, take a look at Donald Trump's hairstyle, what do you think?

Instead of clinging to the past or trying to recapture the look you once had, ask yourself what positive changes you can make that will help you feel attractive right now. These might include exercise, visiting a dermatologist to discuss skin care or concentrating on healthier eating. Fast-forward 20 years and imagine seeing a photo of what you look like right now. You'll probably think you look pretty great – and might regret that you didn't enjoy your appearance more when you had the opportunity.

Learn to appreciate your appearance today. **Until next time...**

Salon 64, 64 Main St., Gorham, NH, 03581; (603) 466-9964.



Susan Griffin

## Gorham Public Library Calendar of Events

### Monthly Scheduled Meetings:

#### Monday, April 23rd:

Gorham Economic Development, 4pm – 6pm

#### Wednesday, April 25th:

Coos County Botanical Garden Club, 6pm – 7:30 pm

### Weekly Scheduled Meetings:

**Thursdays:** T.O.P.S., 5:30pm – 7pm

(Take Off Pounds Sensibly)

**Fridays:** Children's Story Time, 1:30 pm – 2pm

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Monday – Friday: 10am – 6pm Saturdays: 10am - Noon

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**Gorham Library**  
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