



**FREE** 

**FREE** 

Volume XXI 773/633-4059 contact@ourvillagechicago.com

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P.O. Box 31391, Chicago, IL 60631

Issue 3 February 10, 2017



# Polar Adventure Days February 25, 12 Noon-4nm

February 25, 12 Noon-4pm Northerly Island, 1521 S. Linn White Dr.



It's winter in Chicago - come out and enjoy it! Have fun while enjoying all the wonders of nature at the 12th annual Polar Adventure Days at Northerly Island. Explore Northerly Island and come face-to-face with live animals, engage in winter activities, and create nature-inspired crafts. See the full list of activities on the website at www.chicagoparkdistrict.com.





See Page 3 For More.



#### Norwood Seniors Network Receives Fourth Consecutive Home Care Pulse Awards



Norwood Seniors Network Executive Director Libby Ervin (seated right), is joined by staff members (standing from left) Mary Scott, Carole Niziolek, Lee Stein, Cindy Gallian, Neil Helfgot, and Bea McDonough (seated left) as they celebrate receiving NSN's fourth consecutive Home Care Plus Awards. These awards are based on satisfaction ratings from clients and caregivers of each award winner and only providers with some of the highest quality ratings qualify. This recognition attests to Norwood Seniors Network's role in providing a high level of quality, professionalism, and expertise in home care. Norwood Seniors Network, 6009 N. Nina Ave. in Chicago, provides a range of services to help keep older adults independent in their homes. Learn more by calling (773) 631-5673 or visiting www.norwoodseniorsnetwork.org.

(See page 3 for complete details.)

# LENT BEGINS MARCH 1ST

Pick Up The Next Few Editions Of Our Village For Delicious Lenten Recipe Ideas.



# Fat Tuesday Crazy Hat Night Mardi Gras Party



Russ Phillips and His "Windy City Jazz Ensemble"

Vocalist

Jeannie Lambert



#### Tuesday, February 28th — 8:00 P.M.



#### Special Mardi Gras Menu

Catfish — BBQ Ribs Jambalaya — Gumbo Red Beans and Rice Black-Eyed Peas Bread Pudding

. . . and much more

Reservations:

Doors Open at 5 P.M.

# Chicago Brauhaus

4732 N. Lincoln Avenue Chicago, IL 1-773-784-4444



# 3.12.2017

#### NORTHWESTSIDE IRISH PARADE SUNDAY, MARCH 12, 2017 SAVE THE DATE!



#### www.northwestsideirish.org

The 14th annual Northwest Irish Parade is a celebration of faith, family, & heritage on the Northwest side of Chicago in Norwood Park.

 $Questions\ \&\ Concerns, Please\ Contact:$ 

Elizabeth Murray-Belcaster: 773-678-7026 or visit our website: www.northwestsideirish.org



Like Us On Facebook! #NWSI

#### **Community First Medical Center February Health Events**

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in February.



Free Healthy Aging Program - 1:00 -2:00 p.m., Community First Medical Center, Conference Room A, 7th Floor.

This program is for individuals aged 55 and older and consists of social time, health topics and guest's lectures. Registration not required.

#### • Sunday, February 12, 19 and 26

Alcoholics Anonymous – 9:30 – 10:30 a.m. Community First Medical Center, Conference Room A, 7th Floor.

Alcoholics anonymous is a group of men and women who share their experience, strength and hope with each other that they solve their common problem. If you think you have a drinking problem, please join our free AA Group.

#### • Tuesday, February 14, 21, and 28

Learning Interventions
Family Education
(LIFE) – 7:00 – 8:30
p.m., Community First
Medical Center, Café
Conference Room,
Ground Floor.

A Compassionate Recovery Education curriculum specializing in "Helping Family and Individuals Navigate the Recovery System". This free training will provide education to family members to help them improve their personal understanding of the recovery process.

To register, please call 708-536-8775.

#### • Thursday, February 16 and 23

Overeaters
Anonymous – 7:00
p.m. Community First
Medical Center, Café
Meeting Room

A fellowship of individuals who through shared experience, strength and hope are recovering from

compulsive eating. If you think you may be a compulsive eater, please feel free to attend our free meetings.

#### • Wednesday, February 22

To mark American Heart Month – 2:00 p.m.– Mather's Café on Central, 3235 N. Central Avenue, Chicago

Dr. David Fishman, Cardiologist, Community First Medical Center will discuss heart health, signs of cardiac disease, and what you can do to keep your heart healthy. To register, please call 773-205-3300.

#### • Wednesday, February 22

Courage to Quit Smoking - 1:00 – 2:00 p.m. Community First Medical Center, Community Education Room, 2nd Floor.

Faisal Master, RRT, Advanced Respiratory Care Practitioner will provide sessions on how to have enough courage to quit smoking.

#### • Thursday, February 23

Arthritis and Total Joint Replacement – Taking the Right Steps, 10:00 – 11:00 a.m., Community First Medical Center, Community Education Room, 2nd Floor.

These free sessions will be conducted by Carleen Nunez, R.N., B.S.N., O.N.C., along with staff from rehabilitation services. Attendees will receive educational materials, get questions answered, learn what to expect from surgery and meet some professional staff. To register, please call 773-794-4640

#### • Saturday, February 25

Community First Medical Center Heart Fest – 8:00 a.m. – 11:00 a.m., Conference Room A & B

Offerings at this event will include, EKG, Lipid Panel (fasting is required 8-10 hours), A1C screening, Osteoporosis screening, BMI, a parfait bar, Zumba, talks with a dietician, a pharmacist and cardiologist, Dr. David Fishman. The cost to participate will be \$40. To register, please call 773-282-7000, walkins welcome.

#### • Monday, February 27

Hearing Screening – 11:00 a.m.– Mather's Café on Central, 3235 N. Central Avenue, Chicago Marie Vetter-Toalson, AuD, Chicago Hearing Services. Marie will offer complimentary screenings and answer questions.

To register, please call 773-205-3300.

# Become part of our team

\* Registered Nurses \* Nursing Assistants \* ER Technicians

\* Unit Secretaries \* Surgical Technicians \* and other Clinical Opportunities

Community First, it is not just our name, IT IS OUR MISSION.

# Career Fair

Thursday, February 23, 2017 — Noon - 6pm

Community First Medical Center 5645 W. Addison - 7th Floor, Chicago, IL 60634

Bring your resume and meet with our amazing team!

• Same-day interviews • Free Parking





For more info on The Anti-Cruelty Society and our adoption process, please visit our website www.anticruelty.org or call (312)644-8338.

Due to an outbreak of canine influenza virus (dog flu), the dog adoption rooms at our Adoption Center (510 N. LaSalle St.) and Everyday Adoption Center (1101 S. Canal St.) are closed. We remain open for cat adoptions. To help us during this difficult time, please consider making a donation.

#### **Adler Planetarium Offers Free Admission Days In February**

# Residents of the Land of Lincoln Can Visit Adler Planetarium for FREE ~ Spend President's Day at the Adler

**WHAT:** Spend a day at one of Chicago's top cultural institutions—the Adler Planetarium— for FREE! The Adler is offering all Illinois residents FREE general admission with proof of residency on select days in February including President's Day! Whether you are planning a fun weekday activity or looking for something to do with the kids on the school holiday, take advantage of one of the free days offered by the Adler Planetarium, and see why space is freaking awesome!

For more information and to plan your visit, please visit: adlerplanetarium.org.

**WHEN:** Monday-Friday, February 6-10

Monday, February 20 (President's Day)

Tuesday-Friday, February 21-24

**HOURS:** 9:30 am–4 pm; 9:30 am–6 pm (President's Day, Monday, Feb. 20) **PRICES:** FREE general admission at the Adler Planetarium is for Illinois

residents with proof of residency. Illinois residents also may upgrade to an All Access Pass at a discounted price: \$17.95 for adults; \$16.95 for children. Tickets are required for sky shows.

WHERE: Adler Planetarium, 1300 S. Lake Shore Dr., Chicago, IL 60605

#### Competitively Priced Video Services For Legal Community Offered By The Chicago Bar Assocation

The Chicago Bar Association announces its video production services to members of the legal community. The competitively priced services are ideal for legal practitioners IN small, mid, and large firms intent on expanding their outreach to new and existing clients. The video services team is led by Ricardo Islas, a thirty year television production veteran who recently joined The CBA team from WYCC, where he was a senior producer.

As part of the service, the video shoot can be filmed either on location at individual firms or at The CBA, where a full TV studio is available for use. Member pricing for the services are as follows:

Member Pricing:

30-minute Initial Consultation \$75
Video Production Set Up\* \$500
Single Attorney Video (1-5 min.) prices start at \$500
Additional editing fees \$75 per hour

Nonmember pricing available upon request.

\*Parking/taxi and other fees may apply.

For more information or to set up an appointment contact Ricardo Islas, New Media Developer at rislas@chicagobar.org or www.chicagobar.org.

#### **Cell Phones For Soldiers**

Representative D'Amico has partnered with Cell Phones For Soldiers, a nonprofit serving troops and veterans, to collect gently used cell phones for members of our military. Donated phones will be used to provide free communication services to military members so they can connect with their loved ones. Donations will be accepted starting today, May 1, 2015 to May 29, 2015 in Representative D'Amico's public service office located at 4404 W. Lawrence Ave., Chicago, IL 60630. Office hours are 9 AM to 4:30 PM.

#### U.S. Pizza Museum Exhibit At The Niles Public Library District

Learn about the history of pizza in Chicago and beyond in the Franklin Gallery on the third floor of the Niles Public Library District from February 1–March 31, 2017. The exhibition will explain what defines Chicago pizza styles and how they relate to regional styles throughout the United States. New and vintage items from the U.S. Pizza Museum collection will bring the stories to life.

"Our mission aligns with the Library's mission to enrich and connect with the community." explains U.S. Pizza Museum Founder, Kendall Bruns, "In addition to being a great public space to display items from our collection, the Niles Public Library District is also very close to the original Pequod's and Burt's Place—two legendary Chicagoland pizzerias."

Items from those pizzerias will be on display as well as menus, pizza boxes, and other memorabilia from Chicago pizzerias including: Aurelio's, Coalfire, Father and Sons Restaurant, Gino's East, Giordano's, Home Run Inn, Lou Malnati's, Piece Brewery and Pizzeria, Pizano's Pizza & Pasta, Spacca Napoli, Uno Pizzeria & Grill, and many others.

#### I Love Pizza Events

#### February

2/4–2/28: Pizza Box Art Contest (Grades 5–12)

2/18: Pizza Dough Demo, Paulie Gee's Logan Square Owner, Derrick Tung, 11–11:45am

2/22: Bedtime Pizza Math (Ages 4 and Up), 7–7:45pm

#### March

3/4: Pizza Snack Food Taste-off, 12–4pm

3/6: Explore Southern Italy, 7–8:30pm 3/14: Pizza Pi Day! (Grades K–4), 4–4:45pm

3/22: The History of Pizza, U.S. Pizza Museum Founder, Kendall Bruns (Sr. Coffee Hour),

10:30–11:30am

For more details about this exhibit and special pizza-themed events, visit www.nileslibrary.org/pizza.

Niles Public Library District

6960 W. Oakton St. | Niles, IL 60714 | 847-663-6404 (Direct)

#### Norwood Seniors Network Receives Three Home Care Awards For Fourth Consecutive Year

Norwood Seniors Network is a recipient of the 2017 Best of Home Care--Provider of Choice and Employer of Choice Awards, in addition to the 2017 Best of Home Care—Leader in Excellence Award, for the fourth time. The local not-for-profit home care agency helps older adults enjoy a safer, more independent lifestyle by bringing affordable services into their homes.

This recognition places Norwood Seniors Network, 6009 N. Nina Ave. in Chicago, among the top five percent of home care providers in the country. Nationally, only 73 agencies were recipients of all three awards, and NSN is the only home care agency in Chicago to receive all three awards for the second consecutive year. "This is truly an outstanding accomplishment," said Libby Ervin, Norwood Seniors Network Executive Director. "The awards are a direct result of NSN's dedication to client and caregiver satisfaction."

The awards were presented by Home Care Pulse, an Idaho-based company whose purpose is to provide feedback on services offered by home care agencies. To be eligible for the awards, home care agencies must partner with Home Care Plus for at least six months and become Home Care Plus Certified. Feedback is obtained from clients and caregivers in random phone interviews and that information is provided to agencies that use the data to maintain or improve upon their quality, professionalism and expertise.

The Best of Home Care Provider Award is given to those agencies that receive the highest satisfaction scores from their current clients and caregivers. This offers assurance to clients that the home care provider delivers quality and trustworthy home care. Similarly, the Best of Home Care Employer of Choice Award assures clients that the agency's caregivers are satisfied, supported, trained and pleased with their employer.

The Leader in Excellence Award requires the business to be Home Care Pulse Certified for a minimum of 12 months, be a winning provider in 15 or more client and caregiver satisfaction categories within a specific geographical area and complete interviews monthly with 10 percent of both their clients and caregivers.

Norwood Seniors Network is now celebrating more than 20 years of service, providing inhome caregiving, home delivered meals, care management, personal emergency response, home assessments, transportation, and social outings to clients in far northwest Chicago and nearby suburbs. It receives no state or federal funding and functions as an affiliate of Norwood Life Society that also oversees Norwood Crossing, Norwood Life Care Foundation, Norwood Life Society Thrift Shop, and Norwood Park Senior Center.

# **CPL Celebrates African American History Month** and Announces Free Access to HistoryMakers

Deputy Mayor Andrea Zopp joined Chicago Public Library (CPL) Commissioner Brian Bannon and The HistoryMakers Founder & Executive Director Julieanna Richardson today to kick off the start of African American History Month and announce CPL's offering of The HistoryMakers Digital Archive free of charge. Since 1999, The HistoryMakers has been recording African American oral histories to refashion a more inclusive record of American history. The HistoryMakers is committed to preserving and making widely accessible the personal stories of African Americans—both well-known and unsung. Offering the most significant recording of past and present African American influencers, The HistoryMakers is a vital online resource for the city's students, educators and researchers.

Chicago Public Library is the first public library to offer patrons unlimited access to the extensive HistoryMakers video database of interviews with more than 1,700 African Americans. By the end of 2017, the collection is slated to house 2,700 interviews of primary source material. Full remote access to the entire HistoryMakers database through the CPL website (with a library card) is slated to start this spring.

Anyone with internet access can visit the archives at www.thehistorymakers.com and read more 2,000 HistoryMaker biographies. Over a 17 year period, 500 of those interviewed for The HistoryMakers Collection came out of Chicago, including President Barack Obama, while he was still an Illinois State Senator; CPL board member and early education expert Barbara Bowman; and CPL board president and Johnson Publishing Chairman and CEO Linda Johnson Rice.

#### Cook County Government and You" is Timely Talk at Norwood Crossing on February 15

Do you know how Cook County government operates, what services it provides and what programs are available to you? What is the role of the elected commissioner who represents you? Are your tax dollars spent wisely? What are the issues facing Cook County today? The answers to these and other questions can be learned by attending the Timely Talk, "Cook County Government and You." The event will take place from 2:00 p.m. – 4:00 p.m., on Feb. 15, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

9th District Cook County Commissioner Peter Silvestri will make the presentation, offering an opportunity for local residents to ask a myriad of questions about county government. Silvestri is in his fifth term on the county board, chairs or serves on a variety of committees and also is a board member that oversees the 68,000 acres of forest preserves.

This is an informational talk to keep you better informed about your county government. It is not a political appearance. A question and answer session, raffle and light refreshments will follow the program.

Please RSVP by calling (773) 577-5323 or emailing info@norwoodcrossing.org.

#### Honor Flight Chicago - "Operation Locate A Hero"-2017 Season Planning Underway

Honor Flight Chicago (HFC), part of the National Honor Flight Network, was founded to recognize our Veterans – most specifically our WWII Veterans with a day of Honor, Remembrance, and Celebration from a proud and grateful Nation. HFC is currently working on the 2017 season flight schedule - with projected monthly flights from Chicago Midway to Washington, DC to visit their WWII Memorial. The trip is provided at (no) cost to the Veteran.



There are approximately (21,000) WWII Veterans remaining in the Chicago area – which HFC is requesting assistance from the public to help locate these WWII Heroes.

For more information please contact Jac Charlier at jac.charlier@gmail.com or visit (www. honorflightchicago.org)

Honor Flight Chicago is a 501(c)3 non-profit organization dedicated to the mission of flying our World War II veterans to Washington DC to see the WWII Memorial built in their honor.

#### Jefferson Park Meeting

The Jefferson Park Neighborhood Association, JPNA, Will hold hits general meeting on Wed. Feb. 22, at 7:00 p.m. The main speaker will be from the Citizen's Utility Board. People are encourage to bring their utility bills. The meeting is at the Congregational Church of Jeff Park , 5320 W. Giddings, lower level. Meetings are free and open to the public with light refreshments.

For more info., contact C.M. Blumenthal, Board Member, 773-736-1702 or 773-430-6662.

#### **Life Insurance Policy Locator Recovers \$1.7M for Illinois Families**

#### Rauner Administration Service Helps Identify And Issue Money Owed To Beneficiaries Across Illinois For Free

Governor Bruce Rauner today announced that Illinois families have claimed more than \$1.7 million in life insurance with the help of Illinois' Life Policy Locator Service. The free service helps families find a deceased person's lost life insurance policies and annuities. Since July 1, 2016, the Illinois Department of Insurance (DOI) recovered more than \$1.7 million for Illinois families.

"Losing a family member is difficult, and those left behind should not have to worry about life insurance policies while they are grieving," said Governor Rauner. "This life policy locator service eases the burden on families by removing the confusion of finding loved ones' life insurance policies and simplifying the process so families can focus on more important matters."

For a consumer, the process is as follows: a potential beneficiary submits the necessary information including a copy of the death certificate to the Life Policy Locator Service on the DOI website; a paper application is available if necessary. Then, DOI contacts 485 Illinois-licensed companies

to search their records for any life insurance policies or annuity contracts insuring the person who died. If a policy is found, that insurance company will contact the requestor if they are authorized to receive this information within 30 days to complete the claim process.

"The Life Policy Locator Service has drastically improved the state's response time in handling Illinoisans' life insurance policies. The swift manner in which funds are being identified and allocated is beneficial for all Illinoisans," said Department of Insurance Acting Director Jennifer Hammer. "Funds are no longer going unclaimed. Instead money that rightfully belongs to Illinoisans is being appropriately given through a process that has cut the bureaucratic red tape for requestors."

To learn more about the Lost Life Locator Service click here: https://insurance.illinois.gov/ Applications/LifePolicyLocator/ you can also find it through the DOI homepage: http://insurance. illinois.gov/

#### Comcast Rolls Out DOCSIS 3.1-Based Gigabit Internet Service for Chicago Area Business Customers Unveils Business Internet 1 Gig and Business Internet 500 speed tiers

Comcast Business today announced it is now offering DOCSIS 3.1-based internet service to business customers in the Chicago area. "Business Internet 1 Gig" and "Business Internet 500" speed tiers are now available to thousands of business customers in the Comcast service area using the company's existing network, without costly and disruptive construction of new network facilities.

For small and mid-sized businesses in buildings already served by Comcast, upgrading to Business Internet 1 Gig or Business Internet 500 is as simple as calling Comcast or visiting www.business.comcast.com/gig to change their service, and ordering a new modem. Gigabit service over DOCSIS 3.1 benefits many industries ranging from retail, healthcare, manufacturing, and hospitality to education and government.

#### Property Tax Bills Due March 1 Show Local Government Debt, Pappas Says

Taxpayers can stay home to make online payment of property tax bills that show them the debt of each local government that levies taxes on their homes and other real property, Cook County Treasurer Maria Pappas said today.

Nearly 1.8 million property tax bills for the First Installment of Tax Year 2016 have been mailed to owners of homes, businesses and land, and the due date for on-time payment is March 1. Pappas said.

"No need to leave the house when you can pay online," Pappas said. Simply by logging onto cookcountytreasurer.com, online payment can be made from a smart phone, a laptop, or a computer at work or in a library.

Anywhere from seven to 20 taxing districts – such as local governments and school districts - levy taxes on a given property, Pappas explained, adding that First Installment bills are 55 percent of last year's total property tax.

On the front of every mailed bill, below the amount owed, is a section called "Taxing District Debt and Financial Data." That section lists each taxing district that levies a tax on a property and gives the following financial information about each district:

- Money Owed by Your Taxing Districts
- Pension and Healthcare Amounts Promised by Your Taxing Districts
- Amount of Pension and Healthcare Shortage
- Percentage of Pension and Healthcare Costs Taxing Districts Can Pay

Those who log onto cookcountytreasurer.com can see even more information by selecting "Want to see your local government debt?" and entering the 14-digit Property Index Number for the property or the name of a taxing district.

"Property owners should know how much they are being taxed and by which units of government," Pappas said. "The bill and our website tell them."

#### The Skokie Fire Department Citizens' Fire Academy Schedule for 2017

The Skokie Fire Department will host the 2017 Citizens' Fire Academy. The Academy is a ten-week program beginning Tuesday, February 21, 2017. To be eligible to participate, individuals must be at least 18 years of age, live or work in the Village of Skokie, pass a criminal background check and sign a medical release.

The mission of the Citizens' Fire Academy Program is to create well-informed individuals from the community with hands on knowledge of Fire Department operations. The Academy will provide an overview of several areas of the fire service including CPR, emergency medical services, auto extrication, rappelling and exposure to firefighting operations in the drill tower. Through education, demonstration and participation, Academy students will gain an understanding of why the Fire Department operates the way it does.

Classes will be held from 6:30 to 9:30 p.m. at Skokie Fire Station 17, 8157 Central Park Avenue. Applications are accepted through February 8 and available online at www.skokie.org or at the Fire Department Headquarters, 7424 Niles Center Road. If you have any questions about the Academy, please call 847/982-5340.

#### **Phone For Legal Advice At No Cost**

The Chicago Bar Association (CBA) Lawver Referral Service hosts Call-A-Lawver on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right LawyerTM." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at www.chicagobar.org.

#### OUR VILLAGE & STREET LEVEL

**Published by Village Publications** 

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"Fast, reliable Internet service, the ability to share large amounts of data and information with employees in the field and customers, and access to applications in the cloud is crucial to our productivity," said Christina Pascente, manager of Marketing and Communications for Chicago-based Centaur Construction. "We use Comcast Business Internet technology to support the speed and performance demands of our business and to help us execute our mantra of delivering on time and on budget while at the same time paying strict attention to detail."

With the addition of Business Internet 1 Gig and Business Internet 500, Comcast has the potential to deploy gigabit service more widely across its network and reach more customers. The new tiers of service complement existing gigabit and multi-gigabit options already available to Comcast Business customers, including Comcast Business Ethernet, which the company launched and has been expanding nationally since 2011. Those services can support speeds of 100 gigabits per second

"Comcast Business is now uniquely able to provide 1 Gig speeds across its entire Chicago area footprint, regardless of the neighborhood or community the business is located in," said Jay Dirkmaat, vice president of Comcast Business for the company's Greater Chicago Region. "Businesses have a variety of needs and budgets, and this new service provides yet another option for customers who depend on technology and want faster Internet speeds to help their businesses thrive and grow."

Comcast Business also launched Business Internet 1 Gig and Business Internet 500 in the Atlanta, Detroit and Nashville markets today and has additional plans to launch in the majority of its service areas throughout 2017 and into 2018. Pricing for the services varies based on a business's location or number of locations to be served and the services to which the business currently subscribes, and customers can contact their local Comcast salesperson or agent/partner for more information.

#### **Registration Open for the Evanston Police Department's Spring 2017 Citizen Police Academy**

The Evanston Police Department's Citizen Police Academy is currently accepting applications for its spring 2017 session, which begins Wednesday, March 1.

The free 13-week program gives participants the opportunity to learn about the world of law enforcement while developing a partnership with the police department. The program's interactive curriculum includes:

- Tour of police headquarters;
- Mock trial;
- Explanation of use-of-force decision making;
- CSI practices;
- Exercises in self-defense; And much more.

The program is open to anyone who is at least 18 years of age and lives or works in Evanston. Classes and discussions take place on Wednesday evenings from 7 p.m. to 9:30 p.m., and are limited to 30 students. The program ends with a graduation ceremony and reception.

The registration deadline is February 3, 2017. Spaces are known to fill up quickly. To register online, click here.

For more information, please call/text 847-448-4311. For convenience, residents may simply dial 3-1-1 in Evanston.

LIVE LOCAL . SHOP LOCAL . GROW ROOTS

## BELMONT-CENTRAL CHAMBER OF COMMERCE

5534 W. BELMONT AVENUE . CHICAGO, 1 60641 . (773) 647-1644

#### **Incentive to Complete the Small Business Start-Up Certificate Program**

plete the city's Business Start-Up Certificate Program eligible to apply for low-interest and no-fee loans through the bank's Entrepreneurial Loan Program.

Program participants who complete the curriculum will now qualify to apply for The

The City of Chicago's Small Business PrivateBank Entrepreneurial Loan. This low-Center (SBC) has partnered with The Pri- interest, no-fee loan can range from \$1,000 vateBank to make entrepreneurs who com- to a maximum of \$10,000 for new businesses and \$25,000 for businesses with one-year of filed tax returns. All financing decisions are made by the bank.

For more information go business workshops email BACPoutreach@cityofchicago. org or call 312.744.2086

#### Call for SSA Commissioners

The Belmont-Central Chamber of Commerce and Special Service Area #2 have a great opportunity for anyone who lives, owns property or a business in the boundaries of the SSA.

#### What is a Special Service Area?

Special Service Areas (SSAs), known as Business Improvement Districts or BIDs in other cities, are local tax districts that fund expanded services and programs through a localized property tax levy within contiguous areas. The enhanced services and programs are in addition to those currently provided through the City.

The City contracts with local nonprofits, called Service Providers, to manage SSAs. Mayorally-appointed SSA Commissioners for each SSA district oversee and recommend the annual services, budget and Service Provider Agency to the City. There are currently 53 active SSAs in Chicago.

If you would like to be part of the decision-making on how to make the area safe and beautiful and to maintain its diverse businesses, then becoming a commissioner could be for you. We are eager to hear your ideas to make this SSA a success.

## FEBRUARY 20, 2017

Washington's Birthday is a United States federal holiday celebrated on the third Monday of February in honor of George Washington, the first President of the United States. Colloquially, it is widely known as Presidents Day and is often an occasion to remember all the presidents, not just George Washington or Abraham Lincoln, whose birthday is also in February. The term "Presidents Day" was coined in a deliberate attempt to change the holiday into one honoring multiple presidents.

The day is also a state holiday in most states with official names including Presidents' Day, President's Day and Washington's and Lincoln's Birthday. Depending upon the specific law, the state holiday might celebrate officially Washington alone, Washington and Lincoln, or some other combination of U.S. presidents.

Some states celebrate Washington and the third president Thomas Jefferson but not Lincoln.

#### History

The federal holiday honoring George Washington was originally implemented by an Act of Congress in 1879 for government offices in Washington (20 Stat. 277) and expanded in 1885 to include all federal offices (23 Stat. 516). As the first federal holiday to honor an American president, the holiday was celebrated on Washington's actual birthday, February 22. On January 1, 1971, the federal holiday was shifted to the third Monday in February by the Uniform Monday Holiday Act. This date places it between February 15 and 21, which makes the name "Washington's Birthday" in some sense a misnomer, since it never occurs on

Washington's actual birthday, February 22.

The first attempt to create a Presidents Day occurred in 1951 when the "President's Day National Committee" was formed by Harold Stone Bridge Fischer of Compton, California, who became its National Executive Director for the next two decades. The purpose was not to honor any particular President but to honor the office of the Presidency. It was first thought that March 4, the original inauguration day, should be deemed Presidents Day. However, the bill recognizing the March 4 date was stalled in the Senate Judiciary Committee (which had authority over federal holidays). That committee felt that, because of its proximity to Lincoln's and Washington's Birthdays, three holidays so close together would be unduly burdensome. During this time, however, the Governors of a majority

of the individual states issued proclamations declaring March 4 to be Presidents' Day in their respective jurisdictions.

An early draft of the Uniform Monday Holiday Act would have renamed the holiday to "Presidents' Day" to honor the birthdays of both Washington and Lincoln, which would explain why the chosen date falls between the two, but this proposal failed in committee, and the bill was voted on and signed into law on June 28, 1968, keeping the name as Washington's Birthday

By the mid-1980s, with a push from advertisers, the term "Presidents' Day" began its public appearance.

In Washington's adopted hometown of Alexandria, Virginia, celebrations are held throughout the month of February.

# Chicago History Museum Presidents' Day Events and 'Lincoln's Undying Words' closes February 20, 10am-3pm • 1601 N. Clark St.

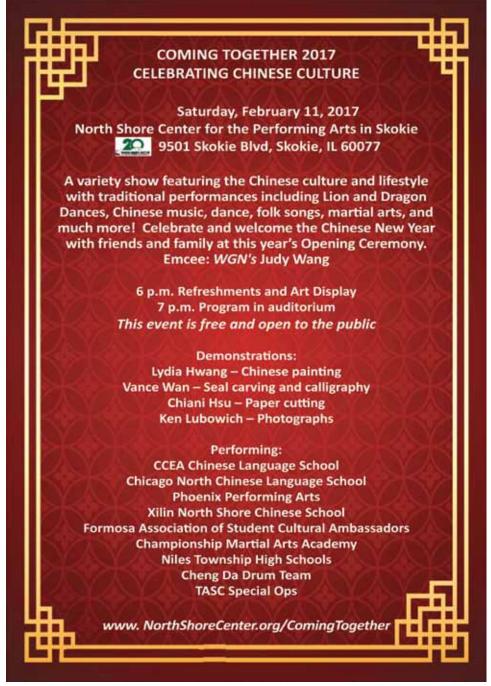


Museum admission is complimentary for Illinois residents on this day! Discover the lives behind the legends of the American presidency. Join us for live music, family crafts, and storytelling for kids. Special events include a performance by Chicago Brass Band and Meeting the Lincolns by With Lincoln Productions. This year's programming will feature orations by the winners of our Inspired by Lincoln speechwriting competition, which is open to students in grades 5 through 12. In addition, visitors to the Museum have one last chance to see, "Lincoln's Undying Words!"

# 2017 Year of Public Art Chicago 50x50 Neighborhood Arts Project Call for Artists

DCASE is now accepting applications for the 50x50 Neighborhood Arts Project, which will provide up to \$1 million to create new public artworks throughout the city's neighborhoods. Artists--including painters, photographers and sculptors--interested in brightening and enhancing the city are invited to submit their qualifications for the project at bit.ly/2jcP8wz before February 24. Part of the Year of Public Art designated by Mayor Rahm Emanuel, the 50x50 initiative was inspired by Chicago's 50 wards and the 50th anniversary of two of the city's most iconic public artworks--the Picasso in Daley Plaza and the Wall of Respect which once stood on the South Side.









#### Staying Healthy With Chocolate For Valentine's Day

By Nicole Domico

Independent Chocolatier with Dove Chocolate Discoveries

Research has shown us that chocolate can be healthy for us. We have all heard that dark chocolate is the healthiest but many are not sure why that may be. The source of all nutrients in chocolate comes from the cacao tree or cocoa bean. Dark chocolate is healthier because the cocoa bean goes through less processing than when making milk choco-

The cocoa bean contains many nutrients including antioxidants. Antioxidants help our body's cells fight damage that can cause illness or disease. One of the most interesting nutrients found in a cocoa bean is actually a phytonutrient called cocoa flavanols.

Flavanols are found in several foods we eat daily such as chocolate, apples, grapes and even red wine. Cocoa flavanols are specifically from the cocoa bean and are very unique. Cocoa flavanols when consumed daily can support healthy living by increasing our blood circulation. When we have a free flow of our blood it helps prevent clotting and heart disease. Healthy blood circulation also helps our bodies bring more oxygen to our bodies. More oxygen can increase our body's endurance and overall health.



Recent studies have even shown that cocoa flavanols when consumed regularly and in higher doses than in a regular chocolate bar, can also help with age related memory loss. Dove Chocolate Discoveries<sup>TM</sup> has a product containing 150mg of cocoa flavanols called Vitalize. Otherwise, get your daily dose from dark chocolate, apples, grapes and a glass of red wine.

Dark chocolate is the way to go when your health is concerned; less processing, more goodness. All in moderation of course. Happy Valentine's Day!



an evening of Polish and American Love Songs performed by Lira Ensemble soloists



Wednesday, Feb 15, 2017, 5:30pm at the Consulate General of Poland 1530 N Lake Shore Drive, Chicago Featuring: Cocktail and Canape Reception 5:30pm Concert 6:30pm Polish Buffet Supper 7:15pm

Tickets - \$100 per person For tickets and information, please call the Lira office at (773) 508-7040

#### Love Goes Through The Stomach

By Maria P. Bappert

Moms and brides and wives know, Everybody far and wide knows That love goes through the stomach. When our love we wish to show, To the grocery store we go

And our budget we do blow, Buying the choicest of ingredients To cook and bake for our family and

**NOW THAT IS LOVE!** 



THE ANTI-CRUELTY SOCIETY'S FOURTH ANNUAL

FEBRUARY 23, 6-8 P.M. UNION LEAGUE CLUB (65 W. JACKSON BLVD.)

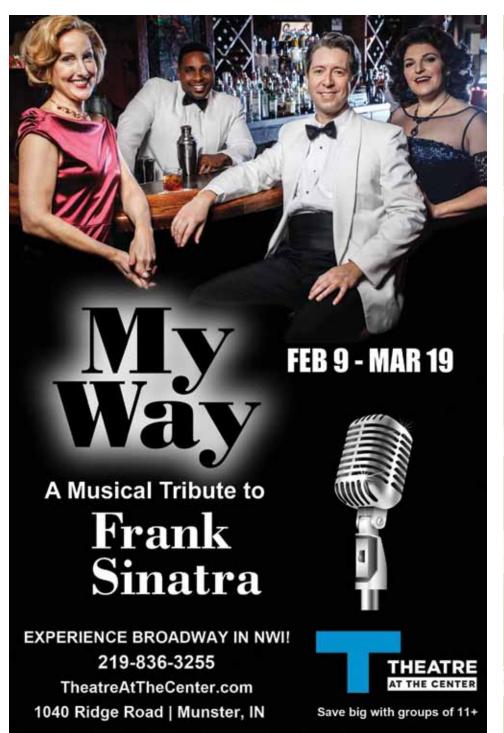
> HORS D'OEUVRES WINE PULL

**RAFFLE** 

TASTING STATIONS FEATURING A VARIETY OF BEER, WINE, AND SPIRITS!

Reservations are \$65 until Wednesday, February 22, and \$70 the day of the event. Business casual attire.

For more info on The Anti-Cruelty Society and our adoption process, please visit our website www.anticruelty.org or call (312)644-8338.







Enjoy light refreshments, fun activities and dancing while celebrating Valentine's Day at Fleetwood-Jourdain Community Center's Daddy-Daughter Dance on Sun., Feb. 12, from 3 p.m. to 5 p.m. Admission is \$5 per person. Please register by calling or texting 847-448-4311. (Class # 442902A7)



Orders for #PaczkiDay2017 are officially open. Be sure to place you order for your delicious jelly filled doughnuts of happiness today! And of course, to add to that feel-good moment, proceeds from your purchase will go directly to benefit the life-changing programs of the Polish American Association. Are you ready for this jelly?

Things to know: Paczki can only be ordered by the dozen.

Price is \$36/dozen
There are 2 flavor options

There are 2 flavor options:

European Mix: prune, rasberry, rose, advocat (eggnog) American Mix: rasberry, rose, custard, sea salt/caramel ORDERS CLOSE FEBRUARY 20th

PACZKI DAY IS FEB 23rd!

If you have any questions, please contact us at 773.427.6300.

#### **Did You Know...?**

It seems only natural that
February is National Weddings
Month. After all, Valentine's
Day is the most popular day of
the year for wedding proposals.
The second-most popular day
to "pop the question" is New
Year's Eve.



# The Legend of St. Valentine

The history of Valentine's Day--and the story of its patron saint--is shrouded in mystery. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. But who was Saint Valentine, and how did he become associated with this ancient rite?

The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons, where they were often beaten and tortured. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl – possibly his jailor's daughter--who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use

today. Although the truth behind the Valentine legend is murky, the stories all emphasize his appeal as a sympathetic, heroic and – most importantly – romantic figure. By the Middle Ages, perhaps thanks to this reputation, Valentine would become one of the most popular saints in England and France.



#### **Valentine Greetings**

Keep a SMILE on your face and a SONG in your heart.

A SMILE is a sign of JOY; a HUG is a sign of LOVE,

And a LAUGH is a sign of HAPPINESS!

Show your affection to your family members and your

sweetheart not just on Valentine's Day, but every day!

Submitted by Maria P. Bappert

#### Celebrate Valentine's Day in the Parks with Dances

Planning your Valentine's Day celebrations?

Bring your little loves to one of these fun park events. The Chicago Park District celebrates Valentine's Day with numerous dances and parties throughout the city including the traditional daddy-daughter/mommy-son dances. Most events feature music, refreshments, photo opportunities, games and an arts and crafts station.



Please contact each individual park for additional information. To view a complete listing of citywide events visit www.chicagoparkdistrict.com or download our free

My Chi Parks<sup>™</sup> app, available in both the Apple store and Google Play store.

Valentine's Day Dance • Tuesday, Feb. 14, 5-6:30 p.m. Lincoln Park Cultural Center, 2045 N. Lincoln Park West | 312-742-7726 Free, All ages

Join us for our annual Valentine Family Dance! Enjoy dancing, treats, music, and more! The Lincoln Park Advisory Council will be selling items for purchase as a fundraiser.

#### 10 Years Comforting the Sick

Bears of Hope is an all-volunteer group. They have been making bears to comfort sick children and adults since 2007. No two bears are made with the same print. Each bear is unique, just like the person who gets a bear.



Volunteer Yvonne Sloan, said, "I'm grateful I'm doing something good with our bears for those in pain".

Carolyn Reiner started Bears of Hope ten years ago. She replied, "I wanted to do something for others going through challenging times, like I did fighting non-Hodgkin's lymphoma. I thought something like a bear would bring comfort to someone sick, like my bear did for me?

Over 2,050 children and adults needing "extra hugs" to feel better are now being loved by their bears.

Bears are given to local social service agencies for their clients/patients: children with

life-threatening illnesses; babies born with terminal birth defects; abused women and children; terminally ill and dying adults, children and veterans; and children hurt and in-trauma from fire, accidents or criminal activity. Agencies tell Bears of Hope "We are grateful for the bears. They certainly bring comfort, hope and aid in healing individuals under our care".

Bears of Hope also cares about veterans. Yearly, they make a limited number of patriotic-themed bears. They give these bears to veterans who attend Skokie's McCormick &

Schmick's Restaurant's "Veteran Appreciation Day". Terminally ill and dying veterans being cared for at Rainbow Hospice's VA unit also are given bears.

Besides making bears, the group reaches-out to the community to get them involved in doing something good for others in need. Yearly, the group holds a "Stuffing Party" with senior residents at Brookdale Senior

Living. One senior said, "I feel so good doing something for others". Students from Niles Township High School District 219 and Oakton Community College do many things for Bears of Hope such as tracing bears, sewing and stuffing bears, getting bears ready for delivery and much more. District 219 Education To Careers Coordinator, Lisa Edelson, commented, "I'm glad students volunteer for Bears of Hope. The organization does amazing things for those in need. The school encourages its students to get involved in service opportunities and take action to benefit others."

It takes money to make the bears. Many individuals and businesses support Bears of Hope. All funds received are only used for what's needed for bears.

There's so much history about the good things Bears of Hope has done in the past ten years. The joy and spiritual hope the bears bring to others, gives the group satisfaction they're 'Making a Difference' in the lives of children and adults struggling with a life crises.

Reiner says, "We believe, with the unwavering commitment of our volunteers and financial supporters, bears will continue to be made and will be there to comfort distressed children and adults with hugs."

Bears of Hope looks forward to what the next ten years will bring.



Baptisms . Dinner Dances

Corporate Events • Trade Shows

#### EVENT OF YOUR DREAMS

The Victoria Banquet and Catering family continues the tradition of providing top-quality Polish cuisine and first-class customer service White Eagle customers have grown to enjoy over the years.

- \*Banquets for 40 2,000 guests
- •Traditional Polish menus or custom menus to fit your tastes
- ·Variety of private rooms to select from



Banquets & Restaurant

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#### "Cash For Kids" Makes Money For Charity

Mary Marth, Janet Thorpe, Dan Helfenbein, Bill McElligott, Debbie O'Donnell, and Mark Leipold at the "Cash For Kids" charity event at the Irish-American Heritage Center on January 21. Host Stephen Davern says it was his 12th annual fundraiser to benefit the Gompers Park Athletic Association and that it was another very successful night.



Musicians who performed Johnny Cash songs included: Hayden Thomp-

son, Iron Horse, The Dark Passengers, Hodie Snitch, Prichard Harter, and The LaMantia Brothers. Stephen says that he'll be back with "Cash For Kids" #13 next year!



Coming Together is a township-wide celebration that explores and shares the diverse cultures of our community while promoting literacy

#### Mar 13 An Evening with Gene Luen Yang, Featured Author



Join us for an evening with **Gene Luen Yang**, author of both *American Born Chinese* and *The Shadow Hero*. Yang is the first writer who works primarily in graphic novels to be appointed by the Library of Congress as the National Ambassador for Young People's Literature. The MacArthur Foundation named him a Fellow in 2016.

**Registration for this event is required** at the Coming Together website or participating libraries.

7 p.m. (Doors open at 6:15 p.m.)
Holiday Inn Chicago North Shore (Skokie) • 5301 West Touhy Avenue, Skokie

#### **Featured Books**









American Born Chinese by Gene Luen Yang

O The Shadow Hero by Gene Luen Yang

 Where the Mountain Meets the Moor by Grace Lin

O The Ugly Vegetables by Grace Lin

Join us at more than **50** events including book discussions, movies, lectures and programs for all ages and interests.

For all events, please visit: comingtogether.in







#### By Wayne Mell, Artistic Director

Psycologists use the term "The Seven Year Itch" to describe a feeling that occurs after a long, monogamous relationship where someone starts to fantasize about life outside the relationship. George Axelrod took this concept and turned it into a play, which many credit as launching the American romantic farce genre. And what better way is there to spend the cold February nights that with a romantic farce at Skokie Theatre.

They play concerns Richard Sherman, a man in his late thirties, who has stayed in New York City while his wife and child take a summer-long vacation at the seashore. Alone and twitchy, he makes the acquaintance of a new neighbor, a sexy, free-spirited young woman who lives upstairs. Throughout the play he fantasizes about seducing her, and his fantasies contrast with reality in a comic way. Ultimately, Richard proves an incompetent seducer and more jealous of his wife than she has reason to be jealous of him.

Although the film version of The Seven Year Itch starring Marilyn Monroe is more famous today, the play was a Broadway smash, opening in 1952 and running over one thousand performances before closing.

Comedian David Dristas has the challenge of managing Richard Sherman's mid-life crisis. He started doing sketch comedy 15 years ago in his home town of Philidelphia. Since moving to Chicago, he has appeared with The Second City Theatricls and is an ensemble member downtown at ComedySportz. He also appears frequently with the Annoyance Theatre.

Megan Gill has the daunting task of taking on the role made famous by Marilyn Monroe. Megan first appeared at Skokie Theatre as Janet in our annual Rocky Horror themed cabaret, but she will also be familiar to our audiences from her appearances in Mame at Light Opera Works and Nice Work If You Can Get It at Theatre in the Center.

The Seven Year Itch runs from February 3 through February 19: Friday and Saturday nights at 7:30 pm, Sundays at 2:00 pm, with a one-time Wednesday afternoon matinee at 1:30 pm on February 8. Tickets are \$34 for general admission, \$29 for seniors, and \$24 for students. Tickets can be ordered by calling our box office at 847-677-7761 or online at SkokieTheatre.org.

Will Richard fall victim to the temptations of the innocent, provocative girl upstairs? Or will he stay true to his out-of-town wife? The only thing you know for sure is that you'll laugh all the way to the answer.

# ART in the VILLAGE

#### Winnetka, Illinois

Winnetka is located north of Chicago along the shores of Lake Michigan. This annual fair generates enthusiastic art buyers to our village. The North Shore Art League's 92 year history and quality event reputation is apparent in all of the pre-show interest from artists and patrons.

The League is a locally well-known organization with close ties to the Art Institute of Chicago, Columbia College and many art galleries, schools and organizations throughout the area. We draw art enthusiasts from the entire Chicagoland area and beyond. Art in the Village will be promoted in all of our mailed and emailed communications, through advertising in Chicago and local publications, through strategically placed articles, posters, yard signs and more.

Follow this link to our application on Zapplication.com. Enter this early show and get the summer started!

Please let us know if you have any questions. We hope you will join us at our show next summer!

Linda Nelson, Executive Director

Questions? www.northshoreartleague.org or 847-446-2870

#### **Adoption Event**

An adult continuing education class offers an in-depth look at "The Adoption Process from A to Z". Offered through the New Trier Extension Community Education Program, one session will be held on Wednesday, February 15, 2017, from 7:00 – 9:15 p.m. at the New Trier High School, 7 Happ Rd., Northfield, Illinois, 60093. This program is open to the public.

#### Alumnae Scholarship Recipients Announced At Resurrection

Recipients of the 2017 Resurrection College Prep High School Alumnae Association Scholarship were announced at the annual Catholic Schools Week Liturgy on January 30, 2017 at Resurrection. The awards recipients were Alexandria Ferraresi '19, Rebecca Slywczuk '20, Mary Schafer '18 and Jaime Barreras-Koster '20. Student applications were evaluated by a committee of alumnae and took into account alumnae heritage, scholastic performance, involvement in school activities, service, the content of the student's essay and family's finances.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit

#### **Review Super Bowl Advertising at Feb. 15 Oakton Business Series Event Des Plaines, Ill. (Jan. 23, 2016)**

Millions are spent each year on producing and running television commercials during America's preeminent sporting event-the Super Bowl. Advertisers showcase new products, build their brands' images or announce changes in corporate direction. Tim Calkins, an internationally recognized expert on brand building, will provide insights into what makes those spots from Super Bowl LI effective or ineffective at a seminar sponsored by the Oakton Community College Business Department at 6 p.m., Wednesday, Feb.15, Room 1606, 1600 E. Golf Road, Des Plaines. The presentation is free and open to the public.

Attendees interested in marketing strategy will have the opportunity to network with Calkins and Oakton business faculty and department chairs from 6 to 6:30 p.m. After Calkins' presentation, the author will hold a Q&A session, followed by a book signing. Calkins is the author of "Breakthrough Marketing Plans, Defending Your Brand" and co-editor of "Kellogg on Branding." For more details visit our website at: www.oakton.edu.

#### **Shedd Aquarium Discount Days**

Upcoming Illinois Resident Discount Days: February 10, 11, 12, 13, 14, 21, 27, 28; June 5, 6, 12, 13 August 28, 29; September 5, 11, 12, 18, 19, 25, 26 October 2, 3, 9, 10, 16, 17, 23, 24, 25, 26, 30, 31 November 6, 7, 13, 14, 20, 21

For hours, visit: http://www.sheddaquarium.org/hours For pricing/tickets,: http://www.sheddaquarium.org/tickets

Contact Information (General Inquiries): 312-939-2438 or email at the following link: http://www.sheddaquarium.org/About-Us/contact-us/

**Shedd Aquarium** 

1200 S. Lake Shore Drive, Chicago, IL 60605 • www.sheddaquarium.org



#### The Art Institute

The Art Institute Free Winter Weekdays 2017 ~ 111 S. Michigan Ave.

Illinois residents can enjoy free admission every weekday-all day long-January 9-February 16, 2017. Also, beginning January 2, 2017, museum admission is free for Chicago teens under the age of 18-thanks to the extraordinary generosity of Glenn and Claire Swogger and the Redbud Foundation.

#### Warm Stories on a Cold Winters Night at NPV

February 17, 7-8pm ~ North Park Village Nature Center, 5801 N. Pulaski Rd.

Join storyteller Mark Kater for a winter storytelling series inside around a crackling fire and hear stories filled with humor, joy and thoughtfulness. Registration required.

#### **Meet Cartoonist Tim Jackson, Author of Pioneering Cartoonists of Color**

February 11, 2-3pm ~ Rogers Park, 6907 N. Clark St.

Cartoonist Tim Jackson will discuss his 2016 book Pioneering Cartoonists of Color which takes an unprecedented look at the culturally rich, yet largely untold story of African American cartoonists from 1870s to 1968.

#### **Chicago Cultural Center Building Tours**

Weekly: Every Wednesday, Thursday, Friday & Saturday

Chicago Cultural Center, 78 E. Washington St., Randolph Street lobby

Gaze at the world's largest Tiffany stained-glass dome, as well as beautifully ornate multicolored mosaics, marble and molding during guided architectural tours of the Chicago Cultural Center. Tours are presented Wednesdays, Thursdays, Fridays and Saturdays at 1:15pm.

#### Chicago Children's Museum

**EXHIBIT: A Room of My Own** 

January 5 - November 20, 2017 ~ Navy Pier, 700 E. Grand Ave.

Featuring illuminated rooms and excerpts of conversations with artist Jamie Topper and children. Free for ages 15 and under on first Sundays (all day); Target Free Family Night: Thursdays (5-8pm).

#### The Field Museum

January 28, 29, 30 & February 1-28, 9am-5pm ~ 1400 S. Lake Shore Dr.

The Field Museum's ever popular "Free Days" are back for the first part of 2017. Illinois residents will receive free basic admission on specific dates at the beginning of the New Year, including Free February. A 74-dollar savings for a family of four, Free Days are an opportunity for visitors to discover-or rediscover-the wonders of the Museum, which contains one of the world's most extensive natural history collections. From Tattoo and Cyrus Tang Hall of China to ancient mummies and cretaceous creatures, visit The Field Museum on its Free Days for an interactive journey of scientific discovery unlike any other. Visit the Field Museum website for more details.

#### **Lincolnwood Library Grand Opening**

Save The Date! For the Lincolnwood Public Library Grand Reopening Ribbon-Cutting Open House on Sunday, February 19, 1-3 pm. Details will be available shortly. Stay tuned!

#### Stay Up to Date with Message Alerts from the Village of Skokie!

One of the best methods to keep up to date with current events and emergency notifications in the Village of Skokie news is by subscribing to CodeRED Messaging System and .SkokieNews.

CodeRED Messaging System: The Village's high-speed telephone dialing system can reach Skokie residents and businesses quickly with a recorded emergency telephone message. Residents and businesses are strongly encouraged to add mobile phone numbers, email addresses and their street address to the system by visiting www.skokie.org. This includes text message alerts. Adding the street address ensures that you will receive any neighborhood-specific email and/or text alerts that are issued from time to time.

SkokieNews: Subscribers to the Village's electronic newsletter receive email updates during an emergency. Visit www.skokie.org to subscribe. Subscribers to this electronic newsletter receive monthly information on general topics of interest including information and updates on Village programs, services and special events. Subscribers can opt in or out of the subscription service at

To subscribe, visit www.skokie.org and click on Subscribe to SkokieNews or the CodeRED icon. Residents may also contact the Village of Skokie to subscribe at 847/933-8257.

#### **Unique Torah Scroll for Children**

On Monday Feb. 13, the children of the Cheder day school in Skokie will gather to welcome in their new Torah scroll. While this happens in synagogues, it is rarely a children-only event happen-

The proceedings will include Hebrew chanting, Chassidic music, dancing and a joyous parade led by a fire truck. At the center of it all will be the handwritten Torah scroll, which the children will be caring for for years to come.

This is a great opportunity to document one of the most colorful (and unusual) aspects of Jewish

The event will begin at 9:30 am at 5201 Howard St, Skokie, IL 60077. For any information, please feel free to reply to this email or call me at  $224\,715\,8548$ .

#### The Adler Planetarium

#### Take a Journey to the Red Planet with Second Annual Mars-Di Gras Celebration Sat., Feb. 25 and Sun., Feb. 26

While the commonly-known Earthly festivities of Mardi Gras bring street festivals, masquerades, merriment, and lots of colorful beads to cities around the world, the Adler Planetarium is taking the festivities one giant step forward—TO SPACE! On Saturday, February 25 and Sunday, February 26, we're saying goodbye to Earth and heading to Mars for an out-of-this-world event. You'll be transported to the Red Planet, masquerade as the first Martians and experience first-hand what it would be like to live, work, and play on Mars for our second annual Mars-Di Gras celebration. Let the good times rove, and bring the whole family to discover why Mars is freaking awesome!

Mars-di Gras is free with museum admission and will be held during regular museum hours. Schedules/map will be provided to guests each day of the event detailing activities, locations and times.

Planned Martian Festivities:

Mars-Di Gras Parade with Jazz Band

The band will be playing and parading around the museum each day at 12 and 2 pm.

Martian Masquerade

Design and decorate your very own Martian/alien masks to masquerade in the parade. See It to Believe It

Grab some 3D glasses to view a huge landscape of Mars, plus drop by our Space Visualization Lab to see other Mars imaging.

**Red Planet Race** 

"Suit up" and race through a Martian obstacle course.

Dare to Compare Bean Bag Toss

Like corn hole, but with bean bags weighted to compare gravity on Earth and Mars.

The Great Crater Drop Challenge

How wide/deep/impactful of a crater can you create? Test your crater dropping skills in our Martian dirt.

The Magnificent Mars Glider Mission

Engineer and test your own Mars glider. Can you land it on the surface of Mars? Explore the work of Far Horizons and the science experiments we send to the edge of space in highaltitude balloons.

Rover Robotics

Program your Rover to move around Mars.

Mars-Di Gras Selfie Spot

Capture your Mars-di Gras fun! Snap, tag #AdlerMarsDiGras, and share.

Mars Encounter in the Community Design Lab

Do hands-on science all weekend! Join Lyle Tavernier, Educational Technology Specialist from NASA's Jet Propulsion Laboratory, for 15-minute Mars talks, an up-close look at Mars stuff, and the chance to tackle a real-world space engineering challenge.

**Mars Pop-up Labels Scavenger Hunt** 

A 10 clue scavenger hunt will lead guests on an adventure to solve a variety of Marsthemed riddles placed throughout the museum that highlight Mars connections to objects already in our collection.

For more information, visit

http://www.adlerplanetarium.org/events/mars-di-gras-02-25-17-02-26-17-2017-02-25/

#### Summer Sizzles with Science Fun at Summer Camps Summer Camp Registration Begins February 7 at 10 am

Are you ready for this year's solar eclipse? The Adler's summer camps are. Discover new worlds, engage in eye-opening experiments and play next to Lake Michigan during an Adler Planetarium summer camp!

The Adler Planetarium offers a variety of unique summer day camp experiences for children (preschool aged through 10th grade). Young space and technology enthusiasts alike will have the opportunity to spend part of their summer exploring space, using telescopes, building rockets, seeing (and in one camp, building!) immersive sky shows, programming robots, exploring exhibits, launching high-altitude balloons, and much, much more. Adler's summer camps give campers the opportunities to do and observe real science, learn STEM skills, and encourage positive social interactions and teamwork while having fun. And this year, each camp will have a solar eclipse twist!

Sessions run from June 19-August 18. (Registration opens February 7 at 10 am), with advance registration available for Mars-level Adler members and above starting February

For more information on Adler Planetarium summer camps, please visit:

http://www.adlerplanetarium.org/summer-camps/ or email: summercamp@adlerplanetarium.org. Adler Family Plus-level members and above receive a discount.

> **Adler Planetarium** 1300 South Lake Shore Dr., Chicago, IL 60605 312.542.2424 • adlerplanetarium.org

#### **How Likely Is That To Happen?**



Chester M. Przybylo

"How likely is that to happen?" You have undoubtedly heard these words spoken many times. You have possibly said them yourself when a well-meaning friend or family member tries to warn you about a risk that you perceive as unworthy of consideration. You may have even used this same logic to explain why you have yet to create a comprehensive estate plan. After all, what are the odds you will die or become incapacitated anytime soon? However, there is an important flaw in that train of thought. The odds of incapacity or death are likely higher than you realize. Even favorable odds do not guarantee that you will beat the odds.

Did you know that even if you were in your 20s right now, you stand a one in four chance of becoming disabled before you retire? Moreover, if you do become disabled you stand about a 38 percent chance of that disability lasting more than five years. Currently, about

half of the nation's 37 million disabled adults are in their working years (18-64).

If you suddenly were to become disabled, would you be prepared? Would your wishes be honored? What about death? If you died tomorrow, would your affairs be in order or would you leave behind a disorganized, confusing mess for your loved ones to straighten out? If you have yet to take the time to create your estate plan -- a plan that should include an incapacity planning component -- the answers to most of these questions is a resounding "no." If you have put off creating an estate plan because you believe the odds of something happening to you are slim, you should reconsider.

While there is no way to know when or how you will meet your end, you may be surprised at the odds of some causes of death:

Cause of Death	Lifetime Odds
Heart Disease	1-in-5
Cancer	1-in-7
Stroke	1-in-23
Accidental Injury	1-in-36
Motor Vehicle Accident	1-in-100
Intentional Self-harm (Suicide)	1-in-121
Falling Down	1-in-246
Assault by Firearm	1-in-325
Fire or Smoke	1-in-1,116
Natural Forces (combined)	1-in-3,357
Electrocution	1-in-5,000

Regardless of whether you ultimately succumb to something as common as heart disease or as rare as an asteroid impact, the end result is the same. The question you must ask yourself is: "What happens after that?" Without an estate plan in place, your state's intestate succession laws will control the fate of your estate assets. Only a spouse and/or close blood relatives are likely to inherit under those laws. Promises you made to other friends, family members, and loved ones will not be honored. Speaking of loved ones, an estate plan allows you to name a guardian for your minor children. Without a Last Will and Testament, a court may be forced to appoint a guardian without any guidance from you.

What happens if you become incapacitated? You might associate the concept of incapacity with old age dementia illnesses such as Alzheimer's disease. While Alzheimer's certainly leads to incapacitation, it is hardly the only cause. A severe illness, tragic motor vehicle accident, or catastrophic workplace injury could cause you to become incapacitated at any time in your life. Who would control your assets and pay your bills for you during a period of incapacity? Who would make personal and healthcare decisions for you? Without an incapacity plan in your overall estate plan, a court likely would decide who would control your assets and who would make decisions on your behalf. Furthermore, your loved ones might become embroiled in a divisive court battle that could be financially and emotionally draining for everyone involved.

Do you want the state to decide what happens to your estate assets? Can you trust a judge to appoint the right guardian for your child without guidance from you? Additionally, do you want your loved ones fighting over the right to make decisions for you if you cannot make them for yourself? If the answer to these questions is "no," "no," and "no," you need a comprehensive estate plan in place to ensure that your wishes will be honored in the event of your death or incapacity. Take the time now to consult with an experienced estate planning attorney. Creating your comprehensive estate plan is the best gift you can give to yourself and your loved ones.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 45 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.

## Do you have an Estate Plan? Or is your Estate Plan out of date?

Request a Free Consultation if you are interested in a trust or will

Call 773-631-2525

Law Offices of Chester M. Przybylo & Associates www.PlanOurEstate.com

#### This Month at the DANK Haus

#### Promoting And Preserving German American Language & Culture Since 1959

#### Stammtisch Open Haus - Karneval

Friday, February 17, 7:30 pm • Free Admission

Celebrate the German carnival session, also known as the "Fifth Season", at our February Stammtisch - Open Haus. There will be Karneval music for schunkeln along with plenty of Kölsch Bier and Bierhappen (bier snacks). It's traditional to dress up, so wearing a costume is strongly encouraged.

#### The Germania Club of Chicago - A History and some Curiosities

Saturday, February 18 • 2:00 pm • Free Admission

The Germania Club was one of the most prestigious institutions in the history of the German American community in Chicago. When it closed in 1987, the DANK Haus inherited a lot of its treasures.

Prof. Reinhard Andress (Director of German Studies, Loyola University Chicago) will trace the history of the Germania Club from its beginnings through its many twists and turns. Along the way he also hopes to entertain you with some curiosities about the Germania Club.

Snacks and drinks available for purchase

#### International Art Exhibit - Kulturbrücke 2017 February 18 - March 18, 2017

International Art Exhibition with artists from 5 nations. Curated by Marianna Buchwald and Alpha Bruton. Grand Opening: Saturday, February 18, 6:00 pm.

#### Location: DANK Haus German American Cultural Center 4740 N. Western Ave., Chicago, IL 60625

Parking: Metered parking on Western Ave. After business hours, guests are welcome to park in the MB Financial parking lot at Western & Gunnison.

#### **Mount Carmel Event**

The 2017 Caravan Gala committee invites members of the Mount Carmel community to join them for the annual Caravan Gala. This year's Gala will take place on Saturday, February 18, 2017 at the Chicago Marriott Downtown Magnificent Mile.

This exciting evening will feature silent and live auctions, dinner, and live entertainment directly benefiting students and their families through the Mount Carmel Educational Foundation.

The primary purpose of the Educational Foundation is to fund the gap between the cost of tuition and the true cost of a Mount Carmel education.

Date & Time:

Saturday, February 18,2017, with cocktail hour beginning at  $6:00\ p.m.$ 

Location

Chicago Marriott Downtown Magnificent Mile, 541 N. Rush Street, Chicago, IL, Chicago Ballroom, 5th Floor Purchase Gala Tickets: www.MCHS.org/CaravanGala

#### **Edison Park Post 541 Of The American Legion**



Edison Park Post 541 of the American Legion will be meeting on the 2nd and 4th Thursday of each month at the Edison Park Field House, 6755 N. Northwest Hwy, Chicago, IL 60631. The meeting will start at 7:30 P.M. and is open to all Veterans who served in any branch of the Unites States military services during the armed conflicts listed below.

We are also forming a Sons of the American Legion Squadron. The requirement for becoming a member is:

All male descendants, adopted sons and stepsons of members of The American Legion and such males descendants of veterans who died in service during WWI - WWII - Korean War - the Vietnam War - Lebanon Grenada - Panama and the Persian Gulf War, during the delimiting periods set forth in Article 1 of the National Constitution of the The American Legion or who died subsequent to their Honorable Discharge form such Service shall be eligible for membership in the Sons of the American Legion.

Visit our website at http://amerlegion541.wix.com/americanlegion541

#### **How To Book A Free AFSP IL Speaker**

American Foundation for Suicide Prevention, Illinois Chapter speakers are available to speak for free thanks to the generosity of our walkers, donors, and volunteers. To request a free AFSP Illinois volunteer speaker at your company, organization, club, religious center, meeting or other group complete the simple form at www.AFSPILSpeaker.org. For free AFSP materials and resources thanks to the generosity of Walkers like you go to www.AFSPMaterials.org. To donate to support AFSP go to www.Chicagowalk.org.

If you are in crisis, call the National Suicide Prevention Lifeline at:

1-800-273-TALK • 1-800-273-8255

#### St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties!!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

#### **Norwood Park Seniors Club**

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and baingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

# Evanston/Skokie Valley Metropolitan Family Services - Giving Hope And Opportunity To Families

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, metrofamily.org.

#### Village Cooking Corner

A Few Ideas For Indulging Prior To Lenten Menus Begin

#### Kota Kapama (Chicken In Tomato Sauce)

This is a dish served in many parts of Greece, especially in Arcadia in the Peloponnese - to guests and a special menu on Sundays.

- 1 whole chicken cut into parts
- 1/2 cup of Canola or Olive Oil
- 1/2 tsp. salt; 1/2 tsp. pepper
- 1-1/2 tsp of cinnamon

Sauce:

- 1 tbsp of drippings
- 1 tbsp of all-purpose flour
- 2-3 cups of water
- 1 cup of canned diced tomatoes (no salt added)
- 1 cup of tomato sauce (no salt added)
- 1/2 cup of dry white wine (optional)
- 1 whole cinnamon stick 6 whole cloves
- 1/2 tsp oregano Juice of one lemon
- 2 tbsp of grated Kefalotyri cheese (found in Greek markets\*) or Parmesan or

Romano)

Cut the chicken in parts, wash and dry and then place in a bowl. Sprinkle with lemon juice, salt and pepper and 1-1/2 tsp. of cinnamon Marinate for about 15 minutes. Heat oil in a Dutch Oven or large pot and saute the chicken until golden. Add the wine, cover and simmer for about 15 minutes. In the meantime prepare the sauce in another pan by mixing the flour with a little of the water to a paste consistency. Combine the rest of the ingredients but not the cheese. Cook the sauce on a low/ medium fire on top of the range for about 10 minutes stirring to combine. Add the sauce to the chicken and continue to cook another 20 to 25 minutes or until the chicken is well done.

Prepare the pasta Macaroni\* or Spaghetti as directed by the pasta maker.

Drain and place on a platter sprinkling the pasta with the grated Kefalotyri, Parmesan or Romano as desired. Place the Chicken and the Sauce into an appropriate serving dish along with the platter of pasta and present to your family and/or guests. Bon Appetite (Kali Orexi)

\* Kefalotyri and Macaroni is sold at Northeastern Fruit Market, 6000 N.. Lincoln, Chicago and at Market Place at 4817 North Oakton, Skokie, Il

From the Kitchen of Anastasia E. Weaver

Watch the Food Network's upcoming episodes of Coast-To-Coast Chow featuring Harry Kempf, owner, operator and chef of the Chicago Brauhaus.



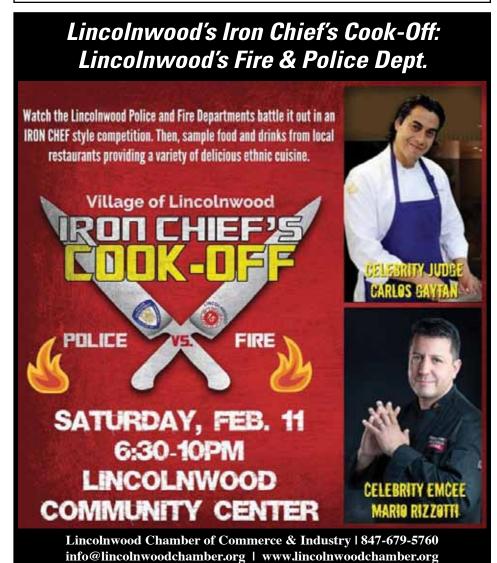
# Shop at the Ecology Center's Indoor Winter Farmers' Market on Saturdays

The Evanston Ecology Center's Indoor Winter Farmers' Market is held from 8 a.m. to noon every Saturday, December 3, 2016 through April 29, 2017, except for December 24 and 31.

Location: 2024 McCormick Blvd., Evanston (Intersection of McCormick Blvd. and Bridge St.)

Parking: Parking is available in the lot across the street from the Ecology Center, accessible via McCormick Blvd. Parking will not be permitted in the Ecology Center Circle Drive







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