



OUR VILLAGE

Next Edition
June 23rd

FREE

FREE

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June 9, 2017



FLAG DAY JUNE 14

"Our Flag" series, a history of the American Flag, will begin with our June 23rd edition

Each year on June 14 we celebrate the birthday of the Stars and Stripes, which came into being on June 14, 1777. At that time, the Second Continental Congress authorized a new flag to symbolize the new Nation, the United States of America.

The Stars and Stripes first flew in a Flag Day celebration in Hartford, Connecticut in 1861, during the first summer of the Civil War. The first national observance of Flag Day occurred June 14, 1877, the centennial of the original flag resolution.

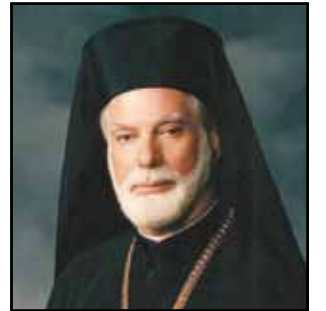
In 1916 President Woodrow Wilson issued a proclamation calling for a nationwide observance of Flag Day on June 14. It was not until 1949 that Congress made this day a permanent observance by resolving "That the 14th day of June of each year is hereby designated as Flag Day....". The measure was signed into law by President Harry Truman.

Although Flag Day is not celebrated as a Federal holiday, Americans everywhere continue to honor the history and heritage it represents.

Archdiocese Mourns The Falling Asleep In The Lord Of Metropolitan Iakovos Of Chicago

The Greek Orthodox Archdiocese of America is mourning the passing of Metropolitan Iakovos of Chicago, 89, who fell asleep in the Lord last night, June 2, 2017, at Chicago's Weiss Memorial Hospital following a short illness.

Archbishop Demetrios of America will preside at the funeral service for Metropolitan Iakovos, Friday, June 9, 2017 at 10:30am at the Greek Orthodox Cathedral of the Annunciation of the Virgin Mary in Chicago. The Divine Liturgy will precede the funeral 7:30am. The previous evening Thursday, June 8, the Archbishop will chant a Trisagion service in the Cathedral at 7:00pm.



SUMMER BEGINS JUNE 21ST!

Becker Pharmacy Goodbye

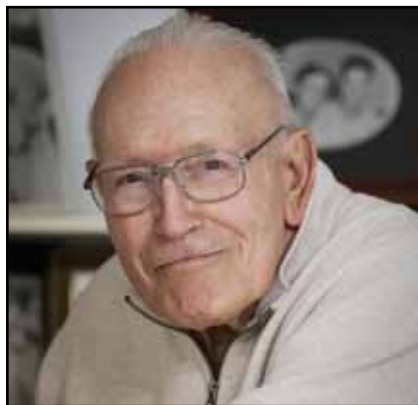
We say goodbye to one of the few remaining independent pharmacies in the Chicago land area.

Alvin Klein, current owner and pharmacist of Becker Professional Pharmacy has decided to retire and enjoy time with his Family and friends, but their gain is certainly our loss.

We wish Mr. Klein every happiness in the future and hope to see him around the neighborhood he has become such an integral part of through the years.

Statement From Mayor Emanuel On The Passing Of Jimmy Piersall

"Jimmy Piersall was a legendary ball-player and broadcaster whose career spanned decades and brought joy to millions of fans in Chicago and across the country. Jimmy's courage and candor in confronting mental health challenges helped combat stigma, fight discrimination and inspire others to seek help. Chicago joins with fans around the world in celebrating Jimmy Piersall's remarkable life, mourning his loss and extending our deepest sympathies to the Piersall family on this difficult day."



WHAT IS A FATHER?

By Grace Clays (Senior Connection, June, 2012)

A father is a thousand stars, each one a special dream;

A father is a font of love who guides his family team.

A father is a rolling wave upon the sea of life;

A father is a soaring wind who comforts us in strife.

A father is a solid fort who toils to fill our needs;

A father is a thriving soul so full of wondrous deeds.

A father is a source of strength, a sturdy tree of trust;

A father is a hero, too, who helps us to adjust.

A father is God's gift to us, sent down from heaven's blue;

So, honor him with all your heart and tell him, "I love you!"

(Submitted by Maria Bappert)

Images Of Dad

4 Year old – My Daddy can do anything.

7 Years old – My Daddy knows a lot. A whole lot!

9 Years old – My Dad doesn't really know quite everything.

12 Years old – Naturally, Dad doesn't know that either.

14 Years old – Dad? He's hopelessly old-fashioned.

21 Years old – The old man? He's way out of date.

25 Years old – Dad might know a little bit about it.

35 Years old – Before we decide, let's get Dad's opinion.

60 Years old – Wonder what Dad would have thought about it?

65 Years old – Wish I could talk it over with Dad just one more time.

– Anonymous

Submitted by Maria Bappert

TURN TO PAGE 6 TO LEARN MORE ABOUT YOGA



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Volunteer to be a VITA Literacy/ESL Tutor at Oakton Community College.

Help adults learn to read and/or speak English. Learn about methods and materials especially suited for tutoring individuals new to the U.S. or American-born residents who need help improving their English language skills.

Required four-part training at the Skokie Campus:

Tuesday, June 20, 5 - 8:45 p.m.

Thursday, June 22, 5 - 8:45 p.m.

Wednesday, July 12, 6 - 9:00 p.m.

Wednesday, July 19, 6 - 8:30 p.m.

Call 847.635.1426 for information about Winter/Spring classes.



7701 N. Lincoln Avenue,
Skokie, IL 60077

Community First Medical Center June Health Events



Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in June

• **Friday, June 9 — Free Healthy Aging Program - 12:00 -1:00 p.m., Community First Medical Center, Conference Room C, 7th Floor.**

This program is for individuals aged 55 and older and consists of social time, health topics and guest's lectures. Karlee Pinto RD, LDN will do a presentation on "Super Foods and Cancer prevention. Super food samples will be offered.

• **Friday, June 9 — Turning 65 or new to Medicare and have questions? Let's Talk - 1:00 -2:00 p.m., Community First Medical Center, Conference Room A & B, 7th Floor.**

• **Sunday, June 11, 18 and 25 — Alcoholics Anonymous — 9:30 — 10:30 a.m. Community First Medical Center, Conference Room A, 7th Floor.**

Alcoholics anonymous is a group of men and women who share their experience, strength and hope with each other that they solve their common problem. If you think you have a drinking problem, please join our free AA Group.

• **Tuesday, June 13, 20 and 27 — Learning Interventions Family Education (LIFE) — 7:00 — 8:30 p.m., Community First Medical Center, Café Conference Room, Ground Floor.**

A Compassionate Recovery Education curriculum specializing in "Helping Family and Individuals Navigate the Recovery System". This free training will provide education to family members to help them improve their personal understanding of the recovery process. To register, please call 708-536-8775.

• **Tuesday, June 13 — Trina Davila Community Service Center, 4300 W. North Avenue, Chicago**

Amy Loria, RD, Community First Medical Center will be providing a smoothie demonstration using seasonal fresh fruit and vegetables.

• **Thursday, June 15, 22 and 29 — Overeaters Anonymous — 7:00 p.m. Community First Medical Center, Café Meeting Room**

A fellowship of individuals who through shared experience, strength and hope are recovering from compulsive eating. If you think you may be a compulsive eater, please feel free to attend our free meetings.

• **Thursday, June 15 and 29 — Arthritis and Total Joint Replacement — Taking the Right Steps, 10:00 — 11:00 a.m., Community First Medical Center, Community Education Room, 2nd Floor.**

These free sessions will be conducted by Carleen Nunez, R.N., B.S.N., O.N.C., along with staff from rehabilitation services. Attendees will receive educational materials, get questions answered, learn what to expect from surgery and meet some professional staff. To register, please call 773-794-4640

• **Thursday, June 15 — National Men's Health Awareness, Free Men's Health Seminar, 6:30 — 7:30 p.m., Community First Medical Center, Conference Room A & B, 7th Floor,**

In honor of men's national health month, Dr.

Fadi A. Habib, Urologist, will be providing a free educational seminar on the signs, symptom & treatment options for erectile dysfunction and male stress urinary incontinence. To register please call 1-877-433-2873 or online at EDCure.org/events.

• **Wednesday, June 28 — Courage to Quit Smoking - 1:00 — 2:00 p.m. Community First Medical Center, Community Education Room, 2nd Floor.**

Faisal Master, RRT, Advanced Respiratory Care Practitioner will provide sessions on how to have enough courage to quit smoking.

Seven Signs Of Hearing Loss

Because hearing loss usually occurs gradually and over time, it's difficult for many people affected by it to realize that their hearing has changed and that they may benefit from using a hearing aid. However, knowing some of the common signs can help to diagnose hearing loss in yourself or in loved ones.

If you've experienced any of these symptoms, you may be suffering from hearing loss and may benefit from a hearing device:

- The volume of your TV is higher than usual — if you find that others are surprised by the volume at which you watch TV, it may be the case that you've experienced hearing loss and are trying to compensate with a higher TV volume.

- You're talking louder — if anyone has told you you're talking louder than necessary, it's important to consider why, as the cause may actually be your hearing. Those with hearing loss frequently have trouble gauging the volume of their own voice, so they tend to speak louder, which, to them, sounds right.

- Have trouble hearing the soft, high voices of small children — if you're having trouble hearing children, this could point to a possible loss of high frequencies in your hearing range.

- You avoid talking on the phone because you

find it challenging to hear others — it may not just be your particular device, but instead your hearing that's the problem.

- You have trouble hearing people in restaurants — if you find that it's becoming harder for you to hear others when there's other background noise (within reason), this could point to hearing loss as well.

- Your spouse complains you often miss information — if you're regularly missing parts of conversations (aside from voluntary selective hearing), it may be the case that you're suffering from hearing loss.

- Frequent ringing in the ears — if it happens regularly, ringing in the ears could be a sign of tinnitus, a serious condition that could affect your hearing and quality of life.

Hearing loss in most cases is insidious. Getting hearing help and undergoing a hearing evaluation is a good idea for the health of your hearing as well as for your overall wellness. If getting a second opinion is needed to get the answers you are looking for, now is the time.

Are you experiencing one or more of these seven symptoms? If so, it may be time for an evaluation by a Doctor of Audiology. Contact us today to set up a consultation!



Marie Vetter-Toalson, AuD is the owner and audiologist of Chicago Hearing Services. She received her undergraduate degree from the University of North Dakota and her Doctorate of Audiology from The Ohio State University. Dr. Vetter-Toalson is involved in the American Academy of Audiology, the Illinois Academy of Audiology, and Big Shoulders Fund Chairman's Advisory Council. Chicago Hearing Services has served northwest Chicago since 1990.

The Adoption Process From A To Z

"The Adoption Process from A to Z," a seminar presented by Chicago and Northbrook Attorney Sally Wildman, will be sponsored by Evanston Public Library and Chicago Bar Association's Law at the Library, to take place at Evanston Public Library, 1703 Orrington Avenue, Evanston, Illinois, 60201, on Thursday, July 13, 2017, at 7:00 p.m. — 8:30 p.m.

For additional information and to register (optional), call 847-448-8630 or visit: www.epl.org — Calendar of Events Adults. This program is free and open to the public.

Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right Lawyer™." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at www.chicagobar.org.



Community First Medical Center

5645 W. Addison Street | Chicago IL 60634
1-773-282-7000 | www.cfmedicalcenter.com

Community First Medical Center now has specialists in the following areas:

Pain Center/Pain Management • Bloodless Medicine

Endocrinology • Gastroenterology

Nephrology • Neurosurgery/Spine

Obstetrics & Gynecology • Orthopaedic/Hand Surgery

Orthopaedic/Sports Medicine • Otolaryngology/ENT

Rheumatology • Wound Care

All conveniently located on the 2nd Floor Outpatient Specialty Clinic.

Caring For Our Community

Please call (773)527-5071 for appointment and information.

(1-844-236-2362 toll free)



Resurrection Class Of 2017



The Resurrection College Prep High School Class of 2017 was comprised of one hundred and forty-six young women. The graduates celebrated their Baccalaureate Mass and Commencement ceremony at Holy Name Cathedral on Wednesday, May 31, 2017. For the past 95 years Resurrection has focused on developing strong, capable women who are confident, healthy, well-rounded and college ready.

The members of the Class of 2017 have distinguished themselves in academics, service, athletics and the arts and will be attending colleges and universities nationwide. Fifteen graduates were Illinois State Scholars, including class Valedictorian Clare Hobson and Salutatorian Meredith Nowotarski, as well as the following 2017 graduates: Rahma Almajid, Julia Baase, Elyse Boldt, Alison Crivlare, Mary Donohoe, Lauren Gawlinski, Natalie Markech, Analisa Martorano, Noelle McGlenn, Melanie Persangi, Eleanor Riordan, Cherryshe Sinfuego and Emma Sudie.

Reverend Daniel McCarthy, Reverend Britto Berchmans and Reverend James Blazek celebrated the Baccalaureate Mass at Holy Name Cathedral. Twenty-three graduating seniors are the daughters or granddaughters of Resurrection alumnae, and during the Baccalaureate Mass



Twenty-three graduating seniors are the daughters or granddaughters of Resurrection alumnae who honored their mothers or grandmothers with a red rose during the Baccalaureate Mass.



Left to right: Valedictorian Clare Hobson, Class President Shannon Borner, Class Secretary Gillian van Brenk, Class Vice President Olivia O'Hehir, Class Treasurer Katia Velisaris and Salutatorian Meredith Nowotarski

these graduates presented their alumnae mothers or grandmothers with a red rose to acknowledge the continued Resurrection legacy within their families.

During the Commencement ceremony that followed the Baccalaureate Mass, both the Principal's Award and the Sr. Anne Medal of Distinction in Faith, Leadership and Service were presented. The Principal's Award, presented by Principal Richard Piwowarski, recognizes a high-achieving graduating senior who has contributed to the school community through her service and scholarship and was awarded to Elyse Boldt. The Sr. Anne Medal, presented by Resurrection President Sr. Donna Marie Wolowicki, C.R., recognizes a student who exemplifies the values of Resurrection College Prep and its 1922 founder, Sr. Anne Strzelecka, C.R., and was awarded to Alyssa Walsh.

The Resurrection motto, Charity & Truth, is core to the values and philosophy of Resurrection College Prep and is part of the school's approach to education. During the Commencement ceremony, Salutatorian Meredith Nowotarski presented a student address on the topic Charity

and Valedictorian Clare Hobson presented a student address on the topic Truth.

Members of the Resurrection Class of 2017 will be attending colleges and universities nationwide, including the following: American Academy of Art; American University; Ball State University; Belmont Abbey College; Bradley University; Butler University; Colorado State University; Columbia College Chicago; Concordia University - Wisconsin; DePaul University; Dominican University; Elmhurst College; George Mason University; Grand Valley State; Illinois Institute of Technology; Illinois State University; Illinois Wesleyan University; Indiana University - Bloomington; Indiana State University - South Bend; Iowa State; Kalamazoo College; King's College; Loyola University Chicago; Loras College; North Park University; Northeastern Illinois University; Northern Illinois University; Northern Michigan University; Northwestern University; Oakton Community College; Purdue University; Robert Morris University; Saint Louis University; Saint Mary's University of Minnesota; Savannah College of Art and Design; Southern Illinois University - Carbondale; Tricoci University; Triton College; University of Arizona; University of Dayton; University of Illinois at Chicago; University of Illinois at Urbana-Champaign; University of Iowa; University of Missouri; University of New Mexico; University of Notre Dame; University of Tampa; University of Wisconsin - Madison; University of Wisconsin - Milwaukee; Valparaiso University; Wilbur Wright College; William Rainey Harper College; Washington University; Western Michigan University; and Xavier University.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls' Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.

Chicago Public Library – Kids Book Club

Tuesday, June 13 at 4 p.m.
 Austin-Irving branch • 6100 W Irving Park Rd. • (312) 744-6222
 Monday & Wednesday 12-8 pm; Tuesday & Thursday 10 am-6 pm;
 Friday & Saturday 9 am- 5 pm; Closed: Sunday

For June, we will be reading: WordGirl by Chris Karwowski. Copies of the books are available for checkout at the Reference Desk. This program is recommended for elementary school children, grades 3-5. We meet in the 1st floor meeting room for a book discussion led by a librarian, followed by a light snack and simple craft project or activity.
 Ask your librarian or visit chipublib.org for more information.

STAY CONNECTED.

Day Camp
June 26 - August 4

Late Summer Camps
August 7-18

(Offered at many parks. Varies by park.)

Financial assistance is available for eligible city of Chicago residents.
 Learn more at www.chicagoparkdistrict.com/day-camp/

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Explore Affordable
 Active Sports, Games & Art

Warrior Games
 June 30 - July 8
 in Chicago

City of Chicago, Rahm Emanuel, Mayor
 Chicago Park District Board of Commissioners
 Michael P. Kelly, General Superintendent & CEO

For more information about your Chicago Park District
 visit www.chicagoparkdistrict.com, or call 312.742.7529
 or 312.747.2001 (TTY)

DEPARTMENT OF RECREATION
WARRIOR GAMES

Grant Park Music Festival Expands Its Commitment To “Festival Connect”

Project Inclusion Choral and String Quartets bring a renewed focus to Chicago’s neighborhoods

The Grant Park Music Festival expands its commitment to Festival Connect, its comprehensive initiative aimed to increase music education and engagement opportunities for audiences of all ages.

Opening night of the Grant Park Music Festival is Wednesday, June 14 at the Jay Pritzker Pavilion in Millennium Park.

Working with the Chicago Park District and Mayor Emanuel’s Night Out in the Parks program, Festival Connect will continue to focus on the neighborhoods with performances by the Grant Park Orchestra, the Grant Park Chorus, Project Inclusion Choral and String Fellows and the Festival’s Apprentice Chorale.

In Millennium Park, the Festival Connect suite of programs includes Classical Campers, a half-day music immersion program for children, along with its Young Artists Showcase series, an opportunity for students from local music schools and summer music programs to perform in front of the Great Lawn at the Jay Pritzker Pavilion, prior to select Festival concerts. Additionally, patrons can learn more about the Festival’s performances and guest artists through pre-concert lectures and open lunchtime rehearsals.

For more information about the Grant Park Music Festival and Festival Connect, visit gpmf.org or call 312.742.7647. For additional information, visit the Grant Park Music Festival Facebook page or follow the Festival on Twitter @gpmf.

PROJECT INCLUSION

The Grant Park Music Festival expands its successful Project Inclusion professional development program, which guides young musicians from diverse backgrounds, tradition-

ally underrepresented in the symphonic and choral field, towards careers in music. New this year, the Festival will launch the Project Inclusion Choral Fellowship program to complement the Project Inclusion String Fellowship initiative.

The Project Inclusion String Fellows will also perform as a quartet at the following locations:

Thursday, June 22, 7 p.m., Lincoln Park Cultural Center, 2045 N. Lincoln Park West

Thursday, June 29, 7 p.m., Indian Boundary Park, 2500 W. Lunt Avenue

The Grant Park Music Festival is a key partner in Mayor Rahm Emanuel’s Night out in the Parks program. Night out in the Parks is an initiative featuring more than 2,000 cultural activities annually in Chicago Park District locations citywide in support of the City of Chicago’s Cultural Plan.



Skokie Theatre Annual Benefit Held on Tony Awards Night

By Wayne Mell, Artistic Director

On Sunday, June 11, Broadway’s elite will gather to celebrate their past year and hand out Tony Awards. In spite of our awesome work this past year, we’ve been overlooked yet again. But we understand. Our downtown Skokie location gives new meaning to “off Broadway”. And that isn’t going to stop us from celebrating.

This year’s annual benefit for Skokie Theatre will be a Tony Awards Party on Sunday, June 11 starting at 6:30 pm. We’ll have our own red carpet and snap photos of the guests as they arrive (fancy dress is optional but a lot more fun). Complimentary champagne and hors d’oeuvres will be served as people fill out their ballots to predict the Tony Award winners. At 7:00 pm, we’ll begin to

broadcast the awards live on our big screen.

When the folks from Broadway stop singing and dancing during commercials and long acceptance speeches, we will fill in with our own live entertainers. Both casts from our upcoming productions of The 25th Annual Putnam County Spelling Bee and The Drowsy Chaperone will be on hand to give you a sneak-peek of what’s to come plus pay tribute to Tony Award winning shows of old. There is also a performance by Chicago cabaret favorite Russ Goeltenbott.

In addition, we are presenting a special award to Barbara LaSpesa for outstanding community service. Barbara is a true patron of the arts who organizes her friends into large theatre parties in support of many local performers, both here in Skokie and in the Chicago area.

Admission is \$75 per person, which is basically the price of a show ticket with a modest donation attached. But your attendance is vital to keeping live entertainment flourishing in downtown Skokie. Your donations help us in three ways. Funds are used to help us build awareness in the community. Skokie Theatre brought over 12,000 patrons to downtown Skokie last year. These patrons also shopped at local stores and ate at downtown restaurants. Your funding helps us reach new people to make downtown Skokie even stronger. Your donations also supplement children’s theatre education. Last year, we opened our doors to local school districts and organizations so that students could perform in our facilities. Thanks to your donations, we could do this for a fraction of the fees that we would charge professional performers. And finally, your donations help us maintain the building and upgrade the technology. Prior donations provided us with a digital baby-grand piano and a set of wireless body mics that helped improve the theatre-going experience for everyone. This year we’re working towards a new digital sound board.

So dust off your tuxedos and your ball gowns, put on your summer diamonds (summer diamonds and summer not), and join us for the swankiest awards party in town. Black tie is optional, but it is a lot of fun.

Reservations can be made online at SkokieTheatre.org or by calling our box office at 847-677-7761. We look forward to seeing you there.

The Joffrey Ballet’s First New York Performances Since 1995

(In A Statement By Mayor Emanuel)

“More than two decades ago the Joffrey Ballet moved from New York City to Chicago, where they not only found a new home but have flourished and grown into one of the premier dance companies anywhere in the world. The Joffrey’s first return to their New York roots in 22 years is an exciting opportunity to share one of Chicago’s cultural jewels with new audiences and inspire fans young and old with their cutting-edge, innovative interpretation of a classical art form.”

Universal Peace Song

I’d like to build the world a home and furnish it with love;
Grow apple trees and honey bees and snow-white turtle doves.
I’d like to teach the world to sing in perfect harmony:
I’d like to hold it in my arms and keep it company.
I’d like to see the world for once all standin’ hand in hand,
And hear it echo through the hills for peace throughout the land.
IT’S THE REAL THING, WHAT THE WORLD WANTS TODAY:
THAT’S THE WAY IT WILL STAY, WITH THE REAL THING.
I’d like to teach the world to sing in perfect harmony;
A song of peace that echoes on and never goes away.
Put your hand into my hand – let’s begin today!
With your hand in my hand, help me find the way.

Maria Bappert, former Den Mother, Cub Scout Pack 3903, Chicago, and a tireless supporter of anything neighborhood related in the Lincoln Square area, has shared this song from her Cub Scout file. Maria states that “In view of all the violence we have been experiencing lately, it seems very appropriate to continue praying for peace”. Thank you for your inspirational thoughts, Maria, and for always being there to help others.

Visit Chicago Brauhaus During the Summer Concert Series in Lincoln Square

The Annual Summer Concert Series, Lincoln Square’s favorite free summer event, will begin soon!



The series will occur every Thursday evening from 6:30pm - 9:00pm in Kempf Plaza (across from Chicago Brauhaus) through August 31st.

Join us for brats, beer, music and fun!
4732 North Lincoln Avenue

Happy Fathers’ Day To All The Dads – Celebrate With Us!

Chicago Brauhaus

4732 N. Lincoln Avenue — Chicago, IL 60625

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■ Roast Veal Shank	■ Homemade Soups
■ Sauerbraten	■ Homemade Apple Strudel
■ Pork Shanks	■ Fresh Fish of the Day
■ Roast Duckling	

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Lincolnwood Summer Concert Series Features Family Fun and Live Music on Thursday Nights in June and July

The Lincolnwood Concert Series is a perfect way to enjoy warm summer nights in beautiful Proesel Park. Thursday evenings in June and July feature live music, free children's activities, and bingo with great prizes. The concerts are located near the big tent in Proesel Park (7055 Kostner Ave.) in front of the Proesel Park Family Aquatic Center, where ample parking is available. You're welcome to bring your own food and non-alcoholic refreshments or purchase food and beverages from our concession stand, which will remain open during the event.

- 6-8:30pm – Free bingo & a fun inflatable activity for kids
- 6:30-8:30pm – Free face painting by Rosa Flor Designs
- 7-8:30pm – Live music
- June 15** – Second Hand Soul
Energetic, dynamic Motown, soul, and rock n' roll
- June 22** – Felix & Fingers
Fun, interactive dueling pianos
- June 29** – Wild Skies
Folk/Americana with a modern twist
(July performances will appear in future editions of Our Village News)

2017 Starlight Concert Series Returns with Eight Free Shows June 6 through August 2

Evanston's 2017 Starlight Concert Series will feature eight free outdoor concerts, including a Starlight Junior Concert geared towards families with young children, at park locations throughout the city June 6 through August 2. The series is presented by the City's Parks, Recreation and Community Services Department.

Starlight concerts will take place on Tuesdays from 7 p.m. to 8:30 p.m. New this year, interactive family activities will occur before each concert from 6 p.m. to 6:45 p.m. In the event of rain, concerts will take place at the Levy Center, located at 300 Dodge Ave. The Starlight Junior concert will take place on Wednesday, August 2, from 6 p.m. to 7 p.m. The rain site is the Noyes Cultural Arts Center, 927 Noyes St.

The June 20 Starlight Concert at Twiggs Park will celebrate Juneteenth, a holiday commemorating the abolishment of slavery. The July 18 concert at Brummel Park will include a Food Truck Festival, with food trucks featuring a variety of food and dessert options. Food trucks will be on site at 5:30 p.m.

For more information and the concert schedule, visit cityofevanston.org/starlight

or call/text 847-448-4311. For convenience, residents may simply dial 3-1-1 in Evanston.

- Starlight Concert Schedule For June
- Tuesday, June 13**
Dawes Park, Sheridan Road at Church Street
Lowdown Brass Band - From street beat to metal, this brass band showcases a unique high-energy style that will get you grooving
 - Tuesday, June 20 - Juneteenth Celebration with food trucks on site beginning at 6 p.m.**
Twiggs Park, Dodge Avenue at Simpson Street
Christ Temple Sanctuary Choir & Worship Team - A mix of traditional and contemporary gospel
 - Tuesday, June 27 - Food trucks on site at 6 p.m.**
Bent Park, Central Street at Cowper Avenue
Lawrence Peters Outfit - Chicago Music Awards' "Best Country and Western Entertainer," featuring a deep-rooted honky-tonk sound

(July and August Concert Listings Will Appear In Future Editions Of Our Village News)

GREAT MUSIC. GREAT THEATER. THE WORKS.

Leonard Bernstein's musical hit

Candide

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August 19-27
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October 6-15
- Peter Pan**
Dec. 23-Jan. 1

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Night Out in the Parks
CHICAGO PARK DISTRICT

Night Out in the Parks brings world-class performances to Chicago's neighborhood parks!

Enjoy **FREE** music, dance, movies, theater, festivals and family fun **at your neighborhood parks** all summer!

View our upcoming Night Out events at:

www.NightOutInTheParks.com or access them in the free **My Chi Parks™** mobile app.

City of Chicago, Rahm Emanuel, Mayor
Chicago Park District Board of Commissioners
Michael P. Kelly, General Superintendent & CEO



THE OFFICIAL REWARDS PROGRAM OF THE CHICAGO PARK DISTRICT
www.ChiParkPoints.com

For more information about your Chicago Park District visit www.chicagoparkdistrict.com or call 312.742.7529 or 312.747.2001 (TTY).

STAY CONNECTED.



@ChicagoParks #InTheParks

Get It Done Right



Chester M. Przybylo

Each year countless people prepare estate planning documents yet do not get them “executed” properly. In order to be valid, an estate planning document must meet the appropriate formalities under state law. Some of these requirements are not intuitive.

For example, a will typically needs to be signed by the testator in the presence of two witnesses in order to be valid. In addition, the witnesses need to sign the document in the presence of each other and the testator. This may seem insignificant. However, Jo-El Stengel Smith’s family found out the hard way just how significant this can be. Jo-El was in a Louisiana hospital and signed her will in her hospital room. Two nurses witnessed Jo-El signing the document. However, one of the nurses was in the room and one of the nurses was outside the door in the hallway. The trial court found that, under Louisiana law, being in the hallway was not being “in the presence” of Jo-El and the other nurse. While the court of appeals found that the nurse could be in the hallway and still be in their presence, it still found

the will to be invalid. While Jo-El signed the will in her room, the witness nurses signed the document when they returned to the nurses’ station. So, Jo-El’s will was not allowed to be “admitted to probate” and was ignored. Unfortunately, because Jo-El did not have the proper legal direction, her wishes could not be carried out.

Further, the requirements for proper execution of a will or trust vary from state to state. For example, in most states, a trust need not be witnessed in order to be valid. However, in Florida, a trust must be executed with the same formalities as a will. An unwitnessed Florida trust would be just as invalid as Jo-El’s will.

There is a great deal of thought and preparation that goes into planning your estate. You have to think about how to distribute your assets, whom should be guardian for your children, etc. While executing a document in a certain order or method may seem nonsensical to some, ignoring those formalities can invalidate the document. A qualified estate planning attorney can help you prepare documents that achieve your goals and can help you execute them validly so that your wishes will be carried out once you are gone.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 45 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.



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Resurrection Students Donate Hair For 10TH Annual Respunzel Project



On Tuesday, May 23, 2016 the Resurrection Science Club hosted the tenth annual ResPunzel Project and 75 participants, including students, alumnae and friends of Resurrection, donated a minimum of 8 inches of hair which will be used by the Pantene Beautiful Lengths Program. The program works closely with the American Cancer Society to produce and distribute real-hair wigs, at no cost, for female cancer patients. The hair donations from Resurrection will make wigs for women who are faced with hair loss from cancer treatment. The ResPunzel Project began at Resurrection College Prep High School in 2007 as a project of the Science Club and in 2009 as a school-wide project. In the ten years since ResPunzel started, the goal has been to collect enough hair donations from Resurrec-

tion and the community to equal the length of two braids which could wrap around the entire academic area at Resurrection.

Special thanks to volunteer stylist Tracy Crivlare from Ivana DiPiero Hair Studio in Harwood Heights, along with volunteer stylists Maria Nigro, Isabelle Nigro and Lucy Vargas from Salon M in Niles.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.

What Is Yoga?

What is yoga? In its simplest terms, yoga is developing strength and flexibility in the body to prepare oneself for meditation.

In the Hatha style of yoga, we have adapted the practice to heal our bodies and improve our health, both physical and mental. Various yoga positions or asanas are used to promote this physical and emotional wellness.

Why do people try yoga? Often, people come to a yoga practice because they are motivated by existing or reoccurring pain or a desire to improve their health. This motivation takes many forms and could be issues such as diabetes or pre-diabetes, stress, depression, arthritis, migraine headaches, high blood pressure, anxiety or osteoporosis. The health problems that may respond positively to a regular yoga practice are not limited to those above.

Often, someone starts yoga on the recommendation of a friend or a health practitioner. These recommendations are may be made to supplement traditional medicine or in many cases as an alternative. When traditional methods of treating health issues have been unsuccessful, many explore the myriad of alternatives that are available and claim to offer relief or in some cases a cure.

How do I get started? If you have been experiencing health issues or are under the treatment of a Physician, it is best to have an appointment and get your doctor’s approval before attending your first class. If you are in good health the first step would be to try out a Gentle Yoga class or a Yoga for Beginner’s

class. The teacher will work with you as a new student and guide you through the class and make and ensure that you do the asanas properly to avoid injury.

Beginners should avoid “flow” classes. These are more aerobic and can be quite challenging.

What do I wear and must I bring anything to class? It is best to wear loose fitting and comfortable clothing. Now that warmer weather is approaching it is best to wear lighter clothing and dress in layers so if you get too warm during a class you can remove a layer to cool down.

Do not bring anything to class your first time. Most studios have all the necessary items such as mats, belts, blocks and towels. After you have taken a few classes you may then want to invest in your own mat.

What is the hardest thing to learn in yoga? You could ask three teachers and get different answers. But, I believe the biggest challenge for new students is learning how to breathe. Most teachers will spend 5 – 15 minutes of a 60-minute class teaching you how to breathe so your muscles will get the benefit of good oxygen flow.

Yoga is not hard, but it certainly is not easy. And like anything else, the more you practice the better you will become. Your muscles will thank you and as you increase your strength, those muscles will burn more calories and you will begin the trek to a more relaxed and alert body and mind.

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Lincolnwood Summer Day Camp Begins June 20. Registration Is Open But Camps Are Filling Quickly.

Lincolnwood Summer Day Camp provides a safe, engaging, affordable, and accommodating environment for children ages 3-15, with the lowest camper-to-counselor ratios in the area. Open to both residents of Lincolnwood and surrounding communities, our seven general recreation camps feature a variety of activities including arts and crafts, small and large group games, athletics, field trips, and recreational swimming. Campers also have the option to enroll in swim lessons, tennis lessons, weekly before-and after-camp programs, and specialty skill programs such as soccer and dance. To accommodate busy summer schedules, parents can sign up for one or both of our four-week camp sessions, or take advantage of the "pick-a-week" option to select individual weeks that fit their needs. Parents can also add onto the camp day with an option that starts at 7am and/or extends the fun until 6pm. Camp registration is available at the Parks and Recreation Office in Lincolnwood Village Hall, or online at <http://www.lincolnwoodil.org/camp>. Registration is required by 3pm on Friday prior to the start of each session (including "pick-a-week"). For questions, please call the Parks and Recreation office at 847-677-9740.

It's Time For "Taste Of Chicago", July 5th thru 9th in Grant Park at Jackson & Columbus.

Taste of Chicago, the world's largest free food festival, offers a cultural feast for all of your senses. In addition to the delicious eats from nearly 70 restaurants and food trucks, enjoy celebrity chefs, cooking demonstrations, dance performances, family fun and concerts by Alessia Cara, Cafe Tacvba, Ben Harper & the Innocent Criminals, Passion Pit and the O'Jays. Concert seating tickets start at just \$19 and are on sale now at tasteofchicago.us.

Home Run Or Grand Slam?

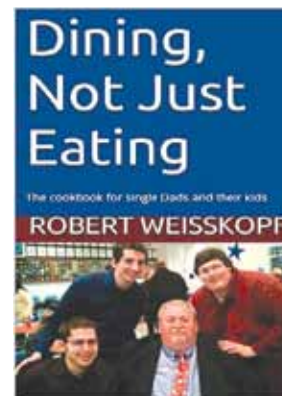
The Kane and Nicholson families have a lot of Cubs fans and a lot of them are wondering: "Did Jonathan Sanchez hit a home run or a grand slam on May 16?" But who is Jonathan Sanchez? He is the young man who asked Caitlin Kane to marry him via the jumbotron at Wrigley Field during a Cubs game on May 16. Caitlin Kane is the daughter of Mike Kane and Barbara Nicholson and they have heard that almost 41,000 fans witnessed this big production. Caitlin posted on Facebook: "The love of my life asked me to be his other half...forever...and I agreed!! Also, Cubs won!!" Jonathan posted: "I put a ring on it. Glad she said YESSSSSS." The "Jack Brickhouse - Chicago Sports-caster" fan page on Facebook says: "Let's call it a Grand Slam - Hey-Hey!"



Village Cooking Corner

Father's Day Cookbook

Retired police officer Robert Weisskopf likes to relax by writing and this year (so far) he has written 3 books. One of them is "Dining, Not Just Eating: The Cookbook For Single Dads And Their Kids" and it's perfect for Father's Day. Robert is divorced and he says: "The cookbook for the single dad or anyone new to cooking who wants to dine, not just eat. It teaches some kitchen basics and shows you shortcuts to make sure you don't spend hours making a meal after a long day." During his long career Robert worked at several Chicago police districts, including 17, 19, and 23.



Village Cooking Corner will be featuring recipes using all the fresh Farmers' Market offerings and listing all of the Local Market locations throughout the Summer months ahead, beginning next edition.

Regional Transit Agencies Thank Riders and Celebrate Dump the Pump Day 2017

On Thursday, June 15, the Regional Transportation Authority (RTA) will join the Chicago Transit Authority (CTA), Metra and Pace Bus in celebrating the 12th annual Dump the Pump Day, a national initiative that promotes the benefits of public transportation and encourages commuters to leave their cars at home.

During morning rush hour on June 15, Cubic Transportation Systems, the developer of the Ventra™ fare payment system, will offer a free cup of coffee as a thank you to transit riders who show a Ventra Card, the Ventra mobile app or Metra ticket, while supplies last. Cubic is sponsoring the 'Coffee from Cubic' from coffee trucks at the Northwest Transportation Center in Schaumburg; the CTA Roosevelt Station; and near Ogilvie Transportation Center and Union Station in Chicago.

Started by the American Public Transportation Alliance (APTA) in June 2006, Dump the

Pump Day promotes public transit as a convenient travel option that:

- Saves riders money – On average, a two-person household in the RTA region can save more than \$11,000 annually by downsizing to one car.
- Fosters economic growth – Every \$1 invested in public transportation generates approximately \$4 in economic returns.
- Reduces the carbon footprint – Public transportation use in the United States reduces the nation's carbon emissions by 37 million metric tons annually.
- Decreases gasoline consumption – Public transportation use in the United States saves 4.2 billion gallons of gasoline annually.
- Enhances personal opportunity – Access to public transportation gives people options to commute to work, school and more.

To learn more about the benefits of transit, visit rtachicago.org.

Chicago Bike Week 2017, June 16-23

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RALLY

BIKE TO WORK RALLY Join us Friday, June 16 at Daley Plaza for free giveaways from our sponsors, bike-themed entertainment, educational programming and more!

PARTY

ROCK THE ROOFTOP Join us Friday, June 23 at the SRAM/Google Rooftop for a dance party as we celebrate a successful 2017 Bike Week!

Celebrate Active Trans' Bike Week at our official Rock the Rooftop Party presented by SRAM! The event will be held Friday, June 23, 5:30-8 p.m. at the Google/SRAM Rooftop located at 1000 W. Fulton Market, #4.

Please RSVP if you're planning to attend: activetrans.org/bikeweek

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