



# OUR VILLAGE

Next Edition  
Jan. 20th

FREE

FREE

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contact@ourvillagechicago.com

[www.OurVillageChicago.com](http://www.OurVillageChicago.com)

P.O. Box 31391,  
Chicago, IL 60631

Issue 1  
January 4, 2017



Resurrection  
COLLEGE PREP HIGH SCHOOL

**Resurrection  
Senior Named  
"Kid of the Year"**



See Page 3 for the Story



*We Honor  
Dr. Martin Luther King, Jr.  
on the Anniversary of his  
Birth, January 15  
(Observed on January 16, 2017)*

## WINTER, CHICAGO STYLE

**HAS ARRIVED**

**BE CAREFUL - BE AWARE - HELP OTHERS**

The City of Chicago reminds residents and business owners to keep your sidewalk shoveled this winter: it's neighborly and it's the law. There is no holiday for shoveling.

### Stay Up to Date with Message Alerts from the Village of Skokie!

One of the best methods to keep up to date with current events and emergency notifications in the Village of Skokie news is by subscribing to CodeRED Messaging System and .SkokieNews.

**CodeRED Messaging System:** The Village's high-speed telephone dialing system can reach Skokie residents and businesses quickly with a recorded emergency telephone message. Residents and businesses are strongly encouraged to add mobile phone numbers, email addresses and their street address to the system by visiting [www.skokie.org](http://www.skokie.org). This includes text message alerts. Adding the street address ensures that you will receive any neighborhood-specific email and/or text alerts that are issued from time to time.

**SkokieNews:** Subscribers to the Village's electronic newsletter receive email updates during an emergency. Visit [www.skokie.org](http://www.skokie.org) to subscribe. Subscribers to this electronic newsletter receive monthly information on general topics of interest including information and updates on Village programs, services and special events. Subscribers can opt in or out of the subscription service at any time.

To subscribe, visit [www.skokie.org](http://www.skokie.org) and click on Subscribe to SkokieNews or the CodeRED icon. Residents may also contact the Village of Skokie to subscribe at 847/933-8257.

### Niles Township Provides Scholarships to Oakton Community College Students



*Back Row, L-R, Lauren Davis, Administrative Assistant and Agency Coordinator, Rick Krier, Deputy Assessor, Township Trustees, Janice Cichowlas, Tony Lundin and Mark Collins.*

*Center Row, L-R, Kitty Kendrick, Deputy Clerk and Administrator, Van A. Schwab, Township Attorney, Don Gelfund, Township Trustee, Howard Singer, President, Oakton College Educational Foundation, Dr. Joianne Smith, President, Oakton Community College, Alyse Burman, Foundation Director, Scott Bagnall, Assessor.*

*Front, seated, L-R, Marilyn D. Glazer, Supervisor, Charles Levy, Clerk, Mary Knight, Executive Director of Development, Oakton Community College, Elena Conte, Manager of Development and Alumni Relations, Oakton Community College.*

See Page 3 for the Story

### Readers, Please Watch For Signs For Parking Bans During The Winter Months Along The Designated Snow Routes.

### Volunteer to be a VITA Literacy/ESL Tutor at Oakton Community College.

Help adults learn to read and/or speak English. Learn about methods and materials especially suited for tutoring individuals new to the U.S. or American-born residents who need help improving their English language skills.

**Required four-part training at the Skokie Campus:**

- Thursday, January 12, 5:00 - 8:45 p.m.
- Tuesday, January 17, 5:00 - 8:45 p.m.
- Saturday, February 11, 1:00 - 4:00 p.m.
- Saturday, February 25, 1:00 - 3:30 p.m.



Call 847.635.1426 for information about Winter/Spring classes.



7701 N. Lincoln Avenue,  
Skokie, IL 60077



**Entrance Exam**

Saturday, January 14, 2017 ~ 8:00 am to noon

**Shadow Days**

8<sup>th</sup> grade girls ~ Shadow Days available on select days.  
7<sup>th</sup> grade girls ~ "Experience Res" Day on Friday, February 10, 2017.

Entrance Exam details, more information or to register for a shadow experience, visit [www.reshs.org](http://www.reshs.org) or call 773.775.6616 Ext 129.

7500 West Talcott Avenue,  
Chicago 60631



# Community First Medical Center January Health Events

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in January.



**Tuesday, January 3, January 10, January 17, January 24 and January 31**

Learning Interventions Family Education (LIFE) – 7:00 – 8:30 p.m., Community First Medical Center, Café Conference Room, Ground Floor.

A Compassionate Recovery Education curriculum specializing in “Helping Family and Individuals Navigate the Recovery System”. This free training will provide education to family members to help them improve their personal understanding of the recovery process. To register, please call 708-536-8775.

**Thursday, January 5, 12, 19 and 26**

Overeaters Anonymous – 7:00 p.m. Community First Medical Center, Café Meeting Room

A fellowship of individuals who through shared experience, strength and hope are recovering from compulsive eating. If you think you may be a compulsive eater, please feel free to attend our free meetings.

**Thursday, January 5**

Diabetes Support Group - 2:00 – 3:00 p.m. Community First Medical Center, Community Education Room, 2nd Floor.

This free support group aims to provide mutual support and education.

**Sunday, January 7, 14, 21 and 28**

Alcoholics Anonymous – 9:30 – 10:30 a.m. Community First Medical Center, Conference Room A, 7th Floor.

Alcoholics anonymous is a group of men and women who share their experience, strength and hope with each other that they solve their common problem. If you think you have a drinking problem, please join our free AA Group.

**Monday, January 9**

Balance and Gait – 1:00 p.m. - Mather’s More than a Café on Higgins, 7134 W. Higgins, Chicago.

Presented by Carrie Stalec, PT, DPT, physical therapist from Community First Medical Center. Learn how to use exercise to improve balance and reduce the risk of falls, and also what you can do to improve stability in everyday life. To register, please call 773-774-4804.

**Thursday, January 12 and January 26**

Arthritis and Total Joint Replacement – Taking the Right Steps, 10:00 – 11:00 a.m., Community

First Medical Center, Community Education Room, 2nd Floor.

These free sessions will be conducted by Carleen Nunez, R.N., B.S.N., O.N.C., along with staff from rehabilitation services. Attendees will receive educational materials, get questions answered, learn what to expect from surgery and meet some professional staff. To register, please call 773-794-4640

**Friday, January 13**

Free Healthy Aging Program - 1:00 -2:00 p.m., Community First Medical Center, Conference Room A, 7th Floor.

Karlee Pinto RD, LDN Clinical Dietitian will do a presentation on Healthy Eating Tips for the New Year. This program is for individuals aged 55 and older and consists of social time, health topics and guests lectures. Registration not required.

**Tuesday, January 17**

Skin Lesions & What You Should Know – 1:00 p.m. - Mather’s More than a Café on Higgins, 7134 W. Higgins, Chicago.

Presented by Belmina Michael, M.D. from Community First Medical Center. To register, please call 773-774-4804.

**Wednesday, January 18**

The Foot Care Clinic: Lecture and Screening – 11:30 a.m.– Mather’s Café on Central, 3235 N. Central Avenue, Chicago

Chicagoland Foot Care, - Attend a half-hour lecture followed by a private, free foot screening. To register, please call 773-205-3300.

**Friday, January 20**

The Secret Ailment: Incontinence – 1:30 p.m.– Mather’s Café on Central, 3235 N. Central Avenue, Chicago

Presented by Carrie Stalec, PT, DPT, physical therapist from Community First Medical Center. Learn some causes and types of incontinence, as well as treatment options. To register, please call 773-205-3300.

**Thursday, January 26**

Courage to Quit Smoking - 1:00 – 2:00 p.m. Community First Medical Center, Community Education Room, 2nd Floor.

Pablo Castillo, RRT, Director, Respiratory will provide sessions on how to have enough courage to quit smoking.

## Resurrection Young Women’s Math Olympics Winners



8th Grade Algebra winners



8th Grade Geometry Winners



7th Grade Algebra winners



7th Grade Geometry Winners

Resurrection College Prep High School encourages young women to explore math, science and technology related fields and to challenge themselves in all academic areas. Resurrection recently hosted the Young Women’s Math Olympics and sixty-eight girls from nine local schools competed in the competition held on Thursday, November 17, 2016. Schools represented included Culver, Canty, Pope Francis Global Academy, Union Ridge, St. Celestine, St. Cyprian, St. Paul of the Cross, Union Ridge, Oriole Park and St. Robert Bellarmine. Awards were given to the top scoring 7th and 8th grade students in algebra and geometry.



8th grade algebra competition winners were as follows: 1st Place - Laura Jamrozik, St Paul of the Cross; 2nd Place - Emily Nowak, St. Paul of the Cross; and 3rd Place - Margaret Pry-Brown, Pope Francis Global Academy.

8th grade geometry competition winners were as follows: 1st Place – Nicole Szczesny, Canty; 2nd Place - Joia Canning, Oriole Park; and 3rd Place - Alexa Cintron, Canty.

7th grade algebra competition winners were as follows: 1st Place - Kathleen Downey, St Paul of the Cross; 2nd Place – Mia Kwiatkoski, St Paul of the Cross; and 3rd Place – Amy Dorgan, St. Paul of the Cross.

7th grade geometry competition winners were as follows: 1st Place - Amy Dorgan, St Paul of the Cross; 2nd Place - Mia Kwiatkoski, St. Paul of the Cross; and Veronica Szlachta, Canty.

The Math Olympics have been an annual event offered at Resurrection, along with other academic competitions for junior high girls. Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls’ Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.



## Community First Medical Center

5645 W. Addison Street | Chicago IL 60634  
1-773-282-7000 | www.cfmedicalcenter.com

**Community First Medical Center now has specialists  
in the following areas:**

- Pain Center/Pain Management • Bloodless Medicine
- Endocrinology • Gastroenterology
- Nephrology • Neurosurgery/Spine
- Obstetrics & Gynecology • Orthopaedic/Hand Surgery
- Orthopaedic/Sports Medicine • Otolaryngology/ENT
- Rheumatology • Wound Care

All conveniently located on the 2nd Floor Outpatient Specialty Clinic.

# Caring For Our Community

Please call (773)527-5071 for appointment and information.  
(1-844-236-2362 toll free)



## *It's With A Heavy Heart That We Share This News*

Our friend and member, Ralph Intagliata died Monday evening after suffering a heart attack. Ralph was a friend to so many, and in fact, insisted the friendship be at the heart of our community's mission, helping to choose the name Friendship Presbyterian.

Ralph was a visionary and full of life and always ready to share a big idea that would impact the world for good! Ralph understood the call of a disciple as one who gave wholeheartedly to the task of caring for others, building up the community and believing that there is a core goodness in everyone, he lived out his ministry with an unwavering faithfulness and a cheerful generosity, and today, I cannot imagine our lives without him.

A memorial service was held for Ralph on Saturday, December 31 at 10am at Friendship Presbyterian Church. The family has requested memorial donations be made to either The Night Ministry or the Special Olympics.

Ralph's commitment to the community, his service on the Memorial Day Parade planning team, his leadership in the Northside Hunger walk and the Fall Food Drive for the Norwood Park Food Pantry are only a few examples of his generosity.

*Information submitted by Rev. Shawna Bowman,  
Pastor at Friendship Presbyterian Church*

## **Niles Township Provides Scholarships to Oakton Community College Students**

The Board of Trustees of Niles Township brightened the prospects of 14 local students that will receive scholarships to attend Oakton Community College in 2017. In a recent check presentation at the Township office, Supervisor Marilyn D. Glazer presented a check for \$46,500 to Howard Singer, President, of the Oakton College Educational Foundation, and Dr. Joianne Smith, President, Oakton Community College. An additional check for \$3,500 was also presented to the Oakton College Educational Foundation, allowing a student from the alternative high school to attend Oakton.

Niles Township Supervisor Marilyn Glazer stated, "The Township Board understands the challenges many local families face trying to send their children to college. These scholarship funds will be used to help District 219 students meeting economic requirements realize their dreams of higher education."

Alyse Burman, Oakton's Foundation Director added, "I am thrilled that we were able to put this valuable connection together between Oakton Community College and the Township for the benefit of our students."

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 105,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

*By Jack Macholl, Niles Township Government- Public Relations*

## **Resurrection Senior Named "Kid of the Year"**

In December 2016, Resurrection senior Samantha Crump was named "Kid of the Year" by WGN Radio's Steve Cochran Show. In September 2016, Samantha was named "Kid of the Month" for her positive outlook, resilience and determination during her battle with non-Hodgkin's lymphoma. She has been undergoing treatment with the support of family, friends and the wider community and has been committed to supporting other kids undergoing cancer treatment as well. During the fall semester Samantha was unable to attend school on a regular basis, but kept up with school by visiting classes remotely and by taking online classes.

Already having a solid foundation and understanding of the importance of skilled care and compassion, Samantha's goal is to become a nurse and work with children. While appearing on the Steve Cochran radio show on December 13, 2016, Samantha was named "Kid of the Year" and was awarded a \$5,000 scholarship from Ray Chevy of Fox Lake and Raymond Chevrolet of Antioch. She has started to receive college acceptance letters and will be making a decision about where she will be attending college. Samantha will be returning to school at Resurrection in January 2017 and is looking forward to graduating with her classmates in May 2017.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit [www.reshs.org](http://www.reshs.org).

## **Resurrection Entrance Exam And Shadow Days**

### **Entrance Exam - Saturday, January 14, 2017**

Resurrection College Prep High School invites eighth grade girls to take the Class of 2021 Entrance Exam on Saturday, January 14, 2017 from 7:45 am to noon. No pre-registration is necessary - students should bring two #2 pencils and a \$25 testing fee (cash or check payable to Resurrection College Prep). The exam will begin at 8:00 am and end at approximately noon. Water and snacks will be provided to testers. Calculators and language translators are not permitted during the exam. Students must test at Resurrection to be eligible for the Block Scholarship for Top Testers and other scholarships opportunities at Resurrection. Information regarding limited accommodations on the Entrance Exam may be requested by contacting Registrar Mary Kaye Ulczak at [mulczak@reshs.org](mailto:mulczak@reshs.org) or 773.775.6616 Ext 127 with documentation submitted no later than January 10, 2017. On the day of the exam, testers will receive a packet of information that includes materials necessary for application to Resurrection College Prep.

Parents are welcome to attend an optional Parent Information Session at Resurrection at 8:00 am on the day of the Entrance Exam. Parents can learn about the curriculum and programs at Resurrection, including AP and college credit classes, technology initiatives, the advantages of single gender education and the unique Resurrection Practicum Job Shadowing Program. Information will also be presented about athletics, tuition assistance and scholarship opportunities.

Shadow Days are available for girls to spend the day at Resurrection to experience the school first-hand. Select days remain for eighth grade girls to spend the day at Resurrection to shadow a current student.

### **7th Grade "Experience Res" Day - Friday, February 10, 2017**

Seventh grade girls are invited to a special "Experience Res" Day on Friday, February 10, 2017. As seventh graders rotate through the nine academic areas at Resurrection, students meet with teachers, learn about the curriculum, clubs and activities and get a taste of life at Resurrection. Registration and additional information is available on the Resurrection website at [www.reshs.org](http://www.reshs.org) or by contacting Nancy O'Leary at [noleary@reshs.org](mailto:noleary@reshs.org) or 773.775.6616 Ext 129.

## **Norwood Park Senior Center To Host AARP Driver Safety Class On January 31 & February 2**

Are you up-to-date on changes to the "Rules of the Road" in Illinois or want to improve your defensive driving knowledge? If so, consider enrolling in the two half-day AARP Driver Safety Class, hosted by the Norwood Park Senior Center. The sessions are open to persons age 55 or older. Classes will be held on Jan. 31 and Feb. 2, from 1:00 p.m. - 5:00 p.m., at the Norwood Park Senior Center, 5801 N. Natoma Ave. in Chicago.

The sessions are informative, engaging and spirited. Many who have attended the classes remarked how much they learned about safe driving practices and changes to traffic laws. Completion of the course may qualify participants for a multi-year discount on their liability insurance that could exceed \$100. Cost of the class is \$20 per person (\$15 per person for AARP members). To register, please call the Center at (773) 775-6071 or email them at [info@npse-niorcenter.org](mailto:info@npse-niorcenter.org).

The Norwood Park Senior Center is managed by Norwood Life Society in partnership with the City of Chicago Department of Family and Support Services, Senior Services Area Agency on Aging and the Chicago Park District.

## **University Guild Jan 9th program information**

Northwestern University Campus, Scott Hall, in the Guild Lounge, 601 University Place, Evanston

All programs are held on Monday and begin at 1:30 pm (unless noted)

Tea, coffee and cookies are served after the program.

January 9 Dramatic Portrayal: Juliette Gordon Low (1860-1927) by Betsey Means, Actor, Womanlore

One of our favorite program presenters returns. Come with questions for Juliette Gordon Low. She led the formation of the Girl Scouts of the USA in 1912. By the time of her death, the Girl Scouts had become a successful national organization with thousands of members. Web site: [womanlore.com](http://womanlore.com)

The University Guild's annual membership fee is \$50. Membership is open to all in the community. Guests are welcome and cost is \$5 per program.

The purpose of the University Guild is to bring to the membership of the Guild the intellectual resources of the University, to promote the interests of the University, to work for the collection and exhibition of the objects of art, and to advance the development and appreciation of the fine arts in the University and in Evanston. The University Guild also gives scholarships to students at Northwestern University.

## **2017 Evanston Special Event Permit Applications Due January 31**

Groups and organizations that wish to hold special events in the City of Evanston in 2017 will need to submit a Special Event Permit Application by Tuesday, January 31, 2017. The application is available at [cityofevanston.org/specialeventpermit](http://cityofevanston.org/specialeventpermit).

A non-refundable \$150 application fee must be submitted along with the initial Special Event Permit Application for all non-City sponsored events.

Events are subject to final approval of the City's Special Events Committee and, in some cases, the City Council.

Applicants should submit the application, along with a description of their proposed event, to the City of Evanston, Parks, Recreation and Community Services Department, c/o Special Events Committee, 2100 Ridge Ave., Evanston, IL 60201; email it to [specialevents@cityofevanston.org](mailto:specialevents@cityofevanston.org); or fax it to 847-448-8051.

For more info, please visit [cityofevanston.org/specialeventpermit](http://cityofevanston.org/specialeventpermit) or call 847-866-2914.

## **Five Disaster Prep Hacks You Need to Know**

Disasters can happen with little or no warning, but that doesn't mean you can't be ready for them. Use these five life hacks to help you better prepare for whatever the unexpected may be:

Take small steps toward building your emergency supply kit. Pick up a couple of extra bottles of water and cans of non-perishable food the next time you're at the grocery store. When you buy replacement batteries for the remote control, set aside a few extras along with a flashlight. Small purchases such as these will eventually help you create a robust emergency supply kit that could be vital to survive on your own after an emergency. If you're wondering what supplies you might need to stock up on, reference Ready.gov's Recommended Supply List.

Get and stay connected with the ones you love. If your family members aren't together in an emergency and telephone circuits are jammed, does everyone know what to do? If the answer is no, go to Ready.gov's Family Communications Plan to help you get started collecting and sharing the important information your family may need in the event of an emergency. Make sure everyone knows where to go and who to contact so you never have to worry about your family's safety after a disaster.

Make your smartphone a lifesaving tool. FEMA's App can be downloaded to keep you aware of impending severe weather for up to five locations across the U.S., along with customized information to stay safe and other readiness resources to help you prepare for potential disasters.

Get smart... Everyone lives in a flood zone - but do you know whether your home is located in a high- or low- to moderate-flood risk area? If not, FEMA's FloodSmart page has a One-Step Flood Risk Profile tool where you can enter your address and find out. Learn

about all of the disaster risks unique to your community—and any location you may visit or spend time—so you're not caught unaware if something were to occur. Visit America's PrepareAthon! page and get educated about the specific hazards in any area you choose.

Then act the part! Once you know the type of disasters most common to your community, take steps to reduce your risk. Talk to your insurance agent and verify you're fully covered - did you know homeowner's insurance doesn't cover flood damage? What about the fact that sewer backup damage is typically covered by a rider added to your homeowner's coverage? You can also mitigate disaster risks by taking other simple steps like storing important papers in a safe place, elevating mechanicals off the floor of your basement to avoid potential flood damage and caulking exterior openings where electrical wires and cables enter your home to keep water from getting inside. Learn more about risk reduction techniques by visiting FEMA's Protecting Homes webpage.

For even more readiness information follow FEMA Region V at [twitter.com/femaregion5](https://twitter.com/femaregion5) and [www.facebook.com/fema](https://www.facebook.com/fema). Individuals can always find valuable preparedness information at [www.Ready.gov](http://www.Ready.gov).

FEMA's mission is to support our citizens and first responders to ensure that as a nation we work together to build, sustain, and improve our capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.

Follow FEMA online at [twitter.com/femaregion5](https://twitter.com/femaregion5), [www.facebook.com/fema](https://www.facebook.com/fema), and [www.youtube.com/fema](https://www.youtube.com/fema). Also, follow Administrator Craig Fugate's activities at [twitter.com/craigatfema](https://twitter.com/craigatfema). The social media links provided are for reference only. FEMA does not endorse any non-government websites, companies or applications.

## Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right Lawyer™." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at [www.chicagobar.org](http://www.chicagobar.org).

## Resolve to Ride Transit in 2017

The RTA has an idea for a New Year's Resolution you can keep! It's healthy, good for the economy and the environment and affordable. Ride the region's transit system in 2017 and enjoy one of the benefits of living in our six county region.

- Studies show transit riders get more daily exercise than those who use other modes
- Every dollar invested in public transportation generates approximately \$4 in economic returns
- Public transportation use in the United States saves 4.2 billion gallons of gasoline annually
- A two-person household in our region can save nearly \$1,000 a month by switching a daily commute from driving to taking public transportation

If you aren't a regular rider, the RTA has created new, updated sub-regional maps specifically for suburban customers that also provide useful information for riders with disabilities and older adult riders. The maps include:

- Pace Dial-a-Ride and Paratransit information with boundaries, hours of operation, eligibility and contact phone numbers;
- Pace fixed routes with times and days of operation;
- Metra to Pace connections within each map region;
- CTA, Metra, and Pace fare information; and
- Information about Pace Express Service, including Bus on Shoulder service.

As with the RTA System Map used by so many (the RTA gets hundreds of requests a year for them) these maps are the only single, comprehensive printed source of local CTA, Metra, and Pace information in the region.

The maps are available at RTA Headquarters and downtown Metra stations, at Pace Headquarters in the suburbs, and at all RTA Mobility Outreach events. They are also available online at the RTA website. They will also be circulated by RTA Mobility Outreach Coordinators at presentations throughout the region. These presentations educate people with disabilities and older adults about the region's transit services. For more information, visit [www.RTAChicago.org](http://www.RTAChicago.org).

## Are you a Teen that likes to help out your neighbors? Join the Skokie TeenLink Program!

If you're a teen who likes to assist neighbors and friends in their time of need, then the Skokie TeenLink Program is for you. The program is a database list of Skokie teens that are available to do outside yard work, including snow shoveling, which is provided to Skokie residents upon request. Teens are paid for their service by the resident they assist and it is a great start to a résumé.

Many residents who request the TeenLink list are unable to do physical outdoor yardwork themselves, are unable to afford the cost of a professional contractor or only need assistance once in a while. The TeenLink list provides contact information for Skokie teens including the name, phone number, email address and address of the teen, days of availability, type of work they are willing to do and their expected rate of pay. Residents receive the list by mail or email.

Skokie teens, sign up for the Skokie TeenLink now! Applications and additional information are available at [www.skokie.org](http://www.skokie.org) or by contacting the Village Manager's office at 847/933-8257.

## West Ridge Chamber Business Briefer

You are invited to the West Ridge Chamber's first Business Briefer of 2017.

When: Thursday, January 12, 2017

Where: Republic Bank, 2720 W. Devon

These "Briefers" are designed to inform Chamber members and other interested community members on the latest trends and issues facing businesses. Topics can include legislation, marketing, licensing and other matters impacting local business.

The Briefer on January 12th will cover the City of Chicago's Recycling Ordinance which is set to be enforced this year. We will have Chris Sauve, Deputy Commissioner of Sanitation at the City of Chicago and Mark Lestina, President of Wastemaster presenting on enforcement and compliance strategies. Time will also be allotted for a Q&A and coffee and donuts will be served.

Take advantage of this educational and networking opportunity!

Visit our website at [www.westridgechamber.org](http://www.westridgechamber.org) to register or RSVP. West Ridge Chamber members can register free of charge, while non-members will be charged \$10. Non-members can have their membership dues reduced by \$5 if they sign-up on the spot.

## How to Book a Free AFSP IL Speaker

American Foundation for Suicide Prevention, Illinois Chapter speakers are available to speak for free thanks to the generosity of our walkers, donors, and volunteers. To request a free AFSP Illinois volunteer speaker at your company, organization, club, religious center, meeting or other group complete the simple form at [www.AFSPILSpeaker.org](http://www.AFSPILSpeaker.org). For free AFSP materials and resources thanks to the generosity of Walkers like you go to [www.AFSPMaterials.org](http://www.AFSPMaterials.org). To donate to support AFSP go to [www.Chicagowalk.org](http://www.Chicagowalk.org).

**If you are in crisis, call the National Suicide Prevention Lifeline at:**

**1-800-273-TALK • 1-800-273-8255**

## OUR VILLAGE & STREET LEVEL

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## Mayor Emanuel, CTA Announce the Completed Renovation of Five Blue Line Stations as part of the Your New Blue O'Hare Branch Modernization Program

Addison, Irving Park, Montrose, Harlem and Cumberland are five of 14 stations to receive rehabilitation under Your New Blue; Part of system wide investment by Mayor Emanuel, including the largest modernization projects on the Red and Blue Line in history.

Mayor Emanuel and CTA President Dorval R. Carter, Jr. today announced that the CTA has completed the renovation of five O'Hare branch CTA stations as part of the historic \$492 million Your New Blue modernization project.

The \$43 million station modernization effort marks the second phase of the Your New Blue program that included the rehabilitation of the Addison, Irving Park, Montrose, Harlem and Cumberland stations. The renovations also included the installation of an elevator at the Addison station to make that station fully accessible to customers with disabilities.

"Today is an important milestone in our efforts to modernize transit infrastructure in Chicago, and we will continue making these much needed investments across the City to ensure we are providing the safest, most reliable service for commuters," said Mayor Emanuel. "There are now new tracks, signals and power between the Loop and the north-west side – all of which will make the ride smooth, safe and speedy."

## New! Lincolnwood License Plate Holders Available

Village residents, are you proud of Lincolnwood and want to show it? Now you can show your Lincolnwood pride with the new license plate holder.

The license plate holders say, "I Lincolnwood" on the top, and "Life's Good in the Wood" on the lower portion. A picture of the license plate available for sale is shown below.

The license plate holders are available in Village Hall for purchase of \$5.00, cash or check only please. The Village Hall is open Monday through Friday from 9:00 a.m. to 5:00 p.m. Pick up your license plate holder today and show off your Lincolnwood pride!

To receive more information about Village of Lincolnwood news and events, send an e-mail with the subject line "subscribe" to "mailto:subscribe@lwd.org" [subscribe@lwd.org](mailto:subscribe@lwd.org).



## Anti-Cruelty Society

For more info on The Anti-Cruelty Society and our adoption process, please visit our website [www.anticruelty.org](http://www.anticruelty.org) or call (312) 644-8338.

## Skokie and SWANCC Provide a Holiday Light Recycling Program

The Solid Waste Agency of Northern Cook County (SWANCC), Elgin Recycling and the Village of Skokie are offering a free Holiday Light Recycling Program.

All holiday string lighting and extension cords can be dropped off at the Skokie Public Works Department, 9050 Gross Point Road, Monday through Friday from December 1, 2016 through January 31, 2017 from 8 a.m. to 3:00 p.m.

Garland, live greens, wreaths or other non-recyclables are not accepted in this program. Elgin Recycling is processing the material, [www.elginrecycling.com](http://www.elginrecycling.com).

Remember to remove holiday decorations and lighting early in the New Year. In accordance with the Village of Skokie adopted 2008 National Electric Code section 590.3 (B), temporary electric power and lighting installations shall be permitted for a period not to exceed 90 days for holiday decorative lighting and similar purposes. Exterior holiday decorative lighting is a festive way to enjoy the holiday season. For more information, please contact the Property Standards Division at 847/933-8224.

For more information please contact the Public Works Department at 847/933-8427.

## City to Pick Up Holiday Trees December 27 through January 27

City of Evanston crews will pick up holiday trees beginning Tuesday, December 27, 2016 through Friday, January 27, 2017.

The five-week window provides residents with the flexibility to take down their trees when it's convenient. Trees will be picked up on the same day of the week as residents' normal refuse and recycling collection.

All trees should be placed on the parkway, in between the street and the sidewalk. Trees will not be picked up from alleys or private property. Residents are asked to remove all lights and decorations from trees, and to not place them in plastic bags. These materials can damage equipment used to convert trees into mulch.

For more information, please call/text 847-448-4311. For convenience, residents can also dial 3-1-1 in Evanston.

## Holiday Light Recycling Program Begins December 1

The City of Evanston, in conjunction with the Solid Waste Agency of Northern Cook County (SWANCC), will begin its annual holiday light recycling program on Thursday, December 1, 2016.

Holiday string lighting and extension cords can be dropped off for recycling at the Evanston Ecology Center, Main Evanston Public Library, and the Levy Senior Center. This year's donations will be recycled through a program supported by the City of Evanston, SWANCC and Elgin Recycling.

All holiday string lighting and extension cords are acceptable in this free program. Garlands, live greens, and wreaths will not be accepted.

The holiday light recycling program will run through Tuesday, January 31, 2017. Lights can be dropped off at the following Evanston locations:

Levy Senior Center, 300 Dodge Ave. 847-448-8250  
Monday through Friday: 7 a.m. to 9 p.m.  
Saturday and Sunday: 9 a.m. to 3 p.m.

Evanston Ecology Center, 2024 McCormick Blvd. 847-448-8256  
Monday through Friday: 8:30 a.m. to 5 p.m.

Evanston Library, 1703 Orrington Ave. 847-448-8600  
Monday through Thursday: 9 a.m. to 9 p.m.  
Friday and Saturday: 9 a.m. to 6 p.m.  
Sunday: Noon to 6 p.m.

For more information, please call/text 847-448-4311. For convenience, residents may simply dial 3-1-1 in Evanston.

# Take Steps to Age Well in 2017



How do you plan to Age Well in the New Year? Whether you want to get fit, improve healthy habits, or have more fun—the resources you need are at your fingertips.

## Aging Well in Your Neighborhood

There's a place to Age Well right in Portage Park and Norwood Park. Mather's—More Than a Café offers fresh, made-to-order breakfast and lunch, serves 95¢ bottomless cups of coffee along with free Wi-Fi, and is a great gathering place. Additionally, those age 50 and better can sign up for any of the continuously offered programs and events, including computer tutorials, live music concerts, exercise classes, and informative lectures.

"We're a neighborhood place where you can get delicious food at a great price and explore all sorts of educational and wellness programs, as well as enjoy a variety of events," explains Nina Kuzniak, director of Café operations.

All Mather's—More Than a Café locations, found at 3235 N. Central and 7134 W. Higgins in Chicago, plus a third location in the Chatham neighborhood, are part of Mather LifeWays, a unique, non-denominational not-for-profit organization with the mission of enhancing the lives of older adults by creating Ways to Age Well.SM

"Our programs and events are all based on that mission," says Kuzniak. "I guess that's part of the 'more than' in Mather's—More Than a Café. We try to give people the opportunity to learn something, try a new skill like watercolor painting or salsa dancing, or just get together and have fun right in their neighborhood."

There's no membership at Mather's—More Than a Café, though preregistration is required for all programs and classes.

Examples of upcoming programs at the Portage Park location include:

- A "Healthy Desserts" cooking demo and tasting that includes treats such as drinking chocolate and mini ice cream sandwiches. The program starts at 1:00 p.m. on Wednesday, January 11, and cost is just \$5.

- A hands-on flower arranging class with the theme "Winter Wonderland Arrangement." For a suggested donation of \$15, all supplies are provided, along with guidance from Robert Neri of Robert's Floral Design Studio. The program starts at 11:00 a.m. on Tuesday, January 10.

- Learn some little-known American history in a fascinating presentation about Edith Wilson, who assumed responsibilities of the presidency for over a year after her husband suffered a stroke. Madam President takes place Tuesday, January 17 at 12:30 p.m., and suggested donation is \$5.

"Both locations also have some regular evening events," says Kuzniak. "At Mather's on Central Avenue, we stay open late on some Fridays and feature live concerts with a variety of



Customers at Mather's—More Than a Café get creative in the popular Paint with Val art class.

music; at Mather's on Higgins Avenue we schedule some dinner theater events with special menus tied to live entertainment."

## Aging Well Anywhere, Any Time

Regardless of whether you take advantage of all that Mather's—More Than a Café has to offer, Mather LifeWays has more options for you to Age Well. The organization is sharing short and simple how-tos on a wide range of health topics. The research-based Ways to #AgeWell tips can help you Age Well in a number of ways. From simple habits that boost brain health to easy steps toward building resilience and happiness, each small tidbit can make a big difference in your life.

Choose from three ways to receive the tips:

- Like Mather's—More Than a Café on Facebook at [facebook.com/mathersmorethanacafe](https://facebook.com/mathersmorethanacafe), where a new tip is posted every day (Monday through Friday).
- Follow Mather LifeWays on Twitter at [twitter.com/matherlifeways](https://twitter.com/matherlifeways).
- Sign up online to have the tips e-mailed to you, at [matherlifeways.com/agingwell](https://matherlifeways.com/agingwell).

Start getting these healthy tips today—they are a great way to set and follow New Year's resolutions, or simply keep you on track or Aging Well in 2017 and beyond.

For information on Mather's—More Than a Café, visit [www.mathersmorethanacafe.com](https://www.mathersmorethanacafe.com) or call the Portage Park location on Central at (773) 205-3300 or the Norwood Park location on Higgins at (773) 774-4804.

## "Get a Kick Out of Fitness" will be Timely Talk at Norwood Crossing on January 18

The holidays are over, and it's time to get serious about staying fit through 2017. To help you start and remain on track, Jerry Weiss, owner and operator of Gen-Ki Karate and Fitness Center, in Chicago's Gladstone Park neighborhood, will present a Timely Talk on "Get a Kick Out of Fitness," at 2:00 p.m., on Jan. 18, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Weiss, who is a Black Belt and considered a Master of Martial Arts, will focus on staying fit. He believes that staying active is a habit and not always a way of life, will emphasize staying active as a life choice and will demonstrate various in-home exercise routines for staying fit during winter months. Self-defense as it relates to a person's surroundings will also be covered.

A question and answer session, door prize raffle and light refreshments will follow the talk.

For more info or to RSVP, please call (773) 577-5323 or email: [info@norwoodcrossing.com](mailto:info@norwoodcrossing.com).

CHICAGO PARK DISTRICT

# FREE FITNESS WEEK!

IS NEXT WEEK

## January 9-15, 2017

**Work out for FREE January 9-15**  
at any of the Chicago Park District's citywide fitness centers, fitness classes (Adult & Teen fitness classes only) or pools during lap swim (adults only; hours and times vary by park).  
Advanced registration encouraged. All activities are first come, first served based on availability.

**\*FREE Water Bottle & Towel**  
with a fitness center membership purchase!  
While supplies last.

For more information about your Chicago Park District visit [www.chicagoparkdistrict.com](https://www.chicagoparkdistrict.com), or call 312.742.7529 or 312.747.2001 (TTY).

MAYOR RAHM EMANUEL  
Chicago Park District Board of Commissioners  
Chicago Park District, Michael P. Kelly,  
General Superintendent and CEO

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# 2017 Kids Musical Theater Summer Workshops

Music Theater Works (formerly Light Opera Works) is now accepting enrollments for the 2017 Musical Theater Summer Workshop. Young people ages 8 to 13 will learn singing, dancing and acting in preparation for a free public performance, where family and friends

are invited to watch them perform a mini-musical. No experience or audition required, and everyone gets a part.

Five separate one-week workshops will be offered in 2017, each based on a popular musical. Each workshop is Monday through

Friday from 9:00 am to 3:30 pm, at the Music Theater Works (formerly Light Opera Works) rehearsal studio, 516 4th Street in Wilmette. On Saturday, students present a free public performance.

This year's workshops are:

- ANNIE (age 8-13) July 10-15, 2017
- THE MUSIC MAN (age 8-13) July 17-22, 2017
- SPAMALOT (age 8-13) July 24-29, 2017
- SINGIN' IN THE RAIN (age 8-13) July 31-August 5, 2017
- BYE BYE BIRDIE (age 8-13) August 7-12, 2017

In addition, a teen production of CANDIDE will be offered for ages 13 to 18, June 12-29. Auditions are required for this program, in

which youth rehearse the Broadway classic and present a free public performance with professional costumes, sound and lighting.

The workshop manager is Anya Plotkin, a member of the team that created the Summer Workshop in 2001. She works to create an environment where children develop confidence in a nurturing and fun atmosphere. The workshop director/choreographer is Caryn Ott Hillman. Musical director is Christopher Richard.

Workshop classes are held at the Music Theater Works (formerly Light Opera Works) rehearsal center, 516 4th Street in Wilmette. The fee is \$370 per student per workshop (\$1260 for CANDIDE youth production).

Register online at [www.MusicTheaterWorks.com/summer](http://www.MusicTheaterWorks.com/summer) or call (847) 920-5360.



The Music Theater Works (formerly Light Opera Works) Musical Theater Summer Workshops give kids 8 to 13 the chance to sing, dance and act in a fun, nurturing atmosphere.

## Free, Free, Free! Chicago Arts & Events

"Free, Free, Free!" is a new e-newsletter and website that provides a monthly curated list of free programs, events and activities happening throughout the city in our libraries, museums, cultural centers and parks. DCASE is excited to work with our partners to aggregate this information to better serve the public. It is our hope to eliminate barriers to programming by showcasing cultural activities that are downtown and out in the neighborhoods and welcoming residents to participate in these free events and programs across the City.

Please visit our website at [www.cityofchicago.org](http://www.cityofchicago.org).

## Chicago International Puppet Theater Festival Presents The Festival Neighborhood Tour

The Festival Neighborhood Tour fosters an appreciation of puppetry in every corner of the city by presenting three Festival artists-Schroeder Cherry, Interstate Arts and Magali Chouinard-in six locations. These FREE events invite families to share a full day of activity, or to sample performances and drop in on workshops as they please. Each show runs 40-45 minutes.

Chicago International Puppet Theater Presents The Festival Neighborhood Tour

- January 21, 2pm, 3pm and 4pm  
Navy Pier, 600 E. Grand Ave.
- January 22, 11am, 1pm and 3pm  
Chicago Cultural Center, Preston Bradley Hall, 78 E. Washington St.
- January 25, 4:30pm, 5:30pm and 6:30pm  
Garfield Park Conservatory, Jensen Room, 300 N. Central Park Ave.

This event is family friendly. Visit [chicagopuppetfest.org](http://chicagopuppetfest.org) for more information. Free to the Public, but Reservations are Required

## Jazz Links Jam Sessions

The Jazz Institute of Chicago created the Jazz Links Jam Sessions to provide an environment where student musicians can learn, grow, and connect with their jazz community in front of a live audience. Learn more about who can jam and who should attend the jam sessions! Visit [www.jazzinchicago.org](http://www.jazzinchicago.org) to find out.

Jazz Links Jam Sessions January 11, 5:30-7:30pm

Chicago Cultural Center, Studio Theater, 1st Floor North, 78 E. Washington St.

## Shedd Aquarium

The Shedd Aquarium has special offers and Illinois Resident Discount Days throughout the year! See what best suits you and your family. Valid I.D. must be presented on site for all offers, unless otherwise specified. Upcoming Illinois Resident Discount Days: January 9, 10, 16, 17, 23, 24, 27, 28, 29, 30, 31.

## Chicago Park District Ice Rinks Open

The Chicago Park District ice ribbon at Maggie Daley Park, and the Chicago Blackhawks ice rinks at parks citywide, will open for the season Friday, November 25, weather permitting.

Patrons can visit Maggie Daley's skating ribbon, 337 E. Randolph St., rent skates (or bring their own) and enjoy an amazing view of Chicago's skyline, while skating laps on rolling hills twice the length of a normal ice rink.

Admission to the Skating Ribbon is free. Skate rental is available for those who do not own skates, Monday through Thursday (excluding holiday periods) for \$12. Rental is available on weekends and holiday periods for \$14.

This year, in response to customer feedback, visitors will be able to purchase "Fast Passes". The "Fast Passes", which cost \$35 for one person, include free admission to the ribbon, skate and locker rental and the ability to skip the line. There will also be a \$90 "Fast Pass" for two skaters and comes with two collectable Maggie Daley Park beverage tumblers. Passes will be available beginning in December and in limited quantities during peak hours.



Chicago Blackhawk Neighborhood ice rinks The Chicago Park District will also open its seven neighborhood Blackhawks outdoor ice rinks November 25, weather permitting. Please contact individual parks for ice rink hours of operation. Locations include:

- Riis Park, 6100 W. Fullerton Ave., 312-746-5363
- Rowan Park, 11546 S. Avenue L, 773-646-3180
- Warren Park, 6601 N. Western Ave., 773-262-6314

Skating is free for children and teens 17 and younger and \$5 for adults. Skate rental is \$6 for children and teens and \$4 for adults.

The Chicago Park District's Blackhawk rinks will enjoy free Blackhawk skating clinics and Silver Skates competitions on the following days:

- Silver Skate Competitions
- Rowan Park, January 10
- Riis Park, January 18
- Warren Park, January 19
- Blackhawks Hockey Clinics
- Riis Park, February 4
- Warren Park, January 7, 11 and 14

For more information about the Chicago Park District and its ice rinks please visit [www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com).

## McCormick Tribune Ice Rink

Millennium Park, 201 E. Randolph

November 18 - March 5 (weather permitting), Hours Vary

The McCormick Tribune Ice Rink in Millennium park will kick off the winter season on Friday, November 18 (weather permitting). The rink will open to the public at noon and remain open through Sunday, March 5, 2017.

## ArtsHop

The First Fridays ArtsHop tours cultural destinations throughout Lincoln Square and Ravenswood on the (you guessed it) First Friday of every month. Each Hop takes place from 5pm to 8pm and features a rotating selection of artists, venues, and specialty retailers. Events range from coffee shop exhibitions to gallery openings, and in most cases guests will have the opportunity to meet the artist and purchase their work. Art Hops aren't just hotiy-toity affairs - they're neighborhood parties! Select Hop Stops will feature wine and hors d'oeuvres, live music, poetry readings, dance, gallery lectures, and more.

Visit our website to view details on future ArtsHop: [www.lincolnsquare.org/artshop](http://www.lincolnsquare.org/artshop)



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# Mayor Rahm Emanuel, Chicago Park District Break Ground On New Year-Round Theater On The Lake Cultural Facility

**New Lakefront Venue Will Feature A 330-Seat Performance Space, Two-Adjacent Spaces For Special Events, And A Restaurant With An Outdoor Patio Area**

Mayor Rahm Emanuel, Superintendent Michael P. Kelly, Alderman Michele Smith, and members of the Lincoln Park and theater communities today broke ground on the new Theater on the Lake year-round cultural facility, located at Fullerton Avenue and Lake Shore Drive.

“Theater on the Lake is a community treasure that has entertained Chicago residents and visitors during the summer months for more than six decades,” Mayor Emanuel said. “This new venue will provide access to Chicago’s rich cultural scene at a fraction of the cost all year long.”

The building, just steps from Lake Michigan, will undergo a \$6 million facelift to be funded by Lakefront Hospitality Group. The Group’s proposal to remodel, renovate and operate the one-of-a-kind entertainment and cultural venue was in response to a concession Notice of Availability that was advertised in December of 2015.

Theater on the Lake’s new redesign will preserve the historical aesthetics of the loft-like structure, while incorporating modern elements to transform it into a multi-use, year-

round venue. The structure will be divided into three sections: a new 330-seat main theater with new lighting, sound system, green rooms and dressing rooms, two-adjacent event spaces with access to a lakefront terrace, and a public restaurant furnished with a kitchen and a semicircular outdoor patio with a breathtaking vista of the city skyline.

“Improvements to Theater on the Lake will dramatically heighten the amazing production quality of this unique performance space and expand our capacity to offer professional world-class theatre, as part of the yearlong Night Out in the Park initiative, to our patrons from a year-round location,” said Chicago Park District Superintendent and CEO Michael P. Kelly. “The building’s new amenities allow us to accommodate patrons who just want to relax, while catering to guests celebrating a special occasion or enjoying a casual dining experience along the lake.”

Renovations are expected to be complete in summer 2017.

## Lincolnwood Daddy Daughter Dance

Registration is now open for one of the most adorable events of the year, the Lincolnwood Daddy Daughter Dance. Dads and their daughters (ages 5-14) are invited to an unforgettable night at the elegant Monastero’s Ristorante banquet hall. Couples will enjoy dinner, dessert, and a photo booth to help capture all of the memories of the evening. Then, we’ll let love glow with dancing and DJ-led games on our cosmic dance floor! You won’t want to miss out on this special evening. Presented by Lincolnwood Parks and Recreation. Advance registration required. Register by January 15 to save \$10 per couple! Visit <http://www.lincolnwoodil.org/daddy-daughter-dance> for more information, including pricing and registration or call 847-677-9740.

Ages: 5-14

Friday, Feb 3 from 6-9pm

Monastero’s Ristorante, 3935 W. Devon Ave. Chicago, IL, 60659

Advance registration required



*Theater on the Lake was constructed in 1920. The building was originally a recuperation ward for babies suffering from tuberculosis and other diseases. During World War II, the structure was then used as a USO Center. After the war, the Chicago Park District used the venue for then-popular barn dances. In 1952, it was converted into the Theater on the Lake performance venue and showcased productions staged by the Park District’s many community theater organizations. In 1996, the programming evolved into its current format, and the Chicago Park District began inviting professional theater companies to remount their best works.*

CHICAGO PARK DISTRICT

# Polar Adventure Days

Sponsored by Clif Kid

— NORTHERLY ISLAND —

Saturday • January 21 • February 25 • Noon — 4pm

Northerly Island at 1521 S. Linn White Drive, on the Museum Campus.

Parking is available for \$3, cash only.

*It's winter in Chicago - come out and enjoy it!*  
Have fun while enjoying all the wonders of nature.

- Tour the new Northerly Island Natural Area during winter
- See Siberian huskies, wolves and other live animals
- Encounter birds of prey from Flint Creek Wildlife Rehabilitation
- Explore the island on snowshoes (if there’s snow)
  - Make nature-inspired winter craft
- Sip hot cocoa while strolling across the prairie
- Raffle prizes and giveaways provided by Coca-Cola

For more information: Visit [www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com) or call 312.742.7529 or 312.747.2001 (TTY)

City of Chicago, Rahm Emanuel, Mayor  
Chicago Park District Board of Commissioners  
Michael P. Kelly, General Superintendent & CEO



The Chicago Bar Association's 93rd annual bar show "This Case is a Shamilton". Held December 1-4 at the Merle Reskin Theatre in Chicago, a holiday tradition, in which local attorneys utilize their acting talents and parody the year's most headlining local and national political, sports, and showbiz figures. PHOTO COURTESY OF BILL RICHERT.

**SKOKIE THEATRE**  
 NOTHING COMPARES TO THE THRILL OF LIVE ENTERTAINMENT  
 7924 Lincoln Ave, Downtown Skokie  
 SkokieTheatre.org 847-677-7761

**Skokie Idol Begins January 28, 2017**

By Wayne Mell, Artistic Director

One of the most exciting signs of the New Year is the start of the Skokie Theatre's annual Skokie Idol competition. Since we're surrounded by lots of local talent, we're sure it's going to be an exciting contest.

Contestants will compete in one of three divisions based on age: Junior Division (Grades 4 - 7), Teen Division (Grades 8 - 12), and Adults (Everyone else). People bring in their very best songs and can be accompanied by a karaoke tracks on a CD, the piano at the theatre, another musical instrument they bring in, or they may even sing a Capella.

On January 28, the top contestants in each division will be selected to return for weekly sing-offs.

Weekly sing-offs will be held from 1:00 to 5:00 on Saturday afternoons in February and March and are open to the public. In fact, the audience is crucial. Each week, they vote along with the judges and select the contestants in each category that are invited to return the next week. The last three contestants in each division will move on to the finals.

The final round for the Junior Division will be held on Friday, April 7, 2017 at 7:30 pm. The final round for the Teen and Adult divisions will be held on Saturday, April 8 at 7:30 pm. The finals will consist of 3 songs to be sung by each contestant with a special guest accompanist. The winner of the finals from each category will win the GRAND PRIZE, a solo program during the winner's concert on July 5 as part of Skokie's Wednesdays on the Green..

The contest will be held at the Skokie Theatre, 7924 Lincoln Ave in Downtown Skokie and it open to everyone, regardless of where they live or their experience. There is a \$25 registration fee. For complete contest rules and registration, please visit SkokieTheatre.org or call the Skokie Idol Hotline at 847-677-7761 ext. 4.

*Presenting the 2016 Skokie Idols*



Ellie Evens

Jonah Rawitz

Heather Mall

**2016 Skokie Idol winners Ellie Evens, Jonah Rawitz and Heather Mall.**

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## Stock Preschool Students Demonstrate True Meaning of Holiday Season

Preschool students in Room 108 at Stock School are learning – and showing – the true meaning of the holiday season this winter by giving back to others, both near and far. Students, ages 3-5 years old, are learning the importance of giving at all levels; in their classroom, school, and their surrounding community, by sharing toys, making cards, and collecting donations for those in need. The weeks leading up to Christmas, students gave gifts to other students in the school, members of their local community and troops stationed overseas.

Classroom teachers Tara Sullivan and Becki Hrubes felt that during the month of December, when students are asked so many times what they want for Christmas, it is important to remind the children to look and listen to the needs of others – what do others wish for, and why do we do kind things for others throughout the year and especially during this time? The students learned the answer to these important questions through preschool activities such as reading stories about giving, like *The Giving Tree*, and *The Gingerbread Man Loose At Christmas!*, a holiday story where characters give treats to thank their local community helpers.

Preschool age children often view their community as their family, friends, teachers and school. Room 108 students demonstrated ways that they can give to others, like sharing toys in the classroom or giving a hug to a friend. Some created homemade jewelry or decorated classroom artwork for parents. Students showed how to give a friend an extra turn in a game during playtime as well. During all these activities leading up to holiday break,

the teachers emphasized how giving to others changes our feelings and makes us feel happy, proud, and thankful.

The classroom teachers felt that the holiday season was the perfect time to teach students at such a young age, a way to give back to others. Lessons about giving and helping members of your community, near and far, can start as early as preschool.

About Stock School

Stock Early Childhood Center, “Where all children belong”, fosters a love for learning in every child by providing inclusive and differentiated programs that nurture and support all of our students. The curricula is intentionally focused on developmentally appropriate social/emotional growth, self-help skills, challenging academic learning experiences, fine arts and physical development. Stock provides experiences and interactions that promote problem solving and strategic reasoning skills, insightfulness, perseverance, curiosity and creativity.

A two-time Award of Excellence winner, Stock uses a play based, team teaching approach to maximize the potential of all students. Every team consists of teachers and specialists, each with their own area of expertise, that collaborate and meet regularly to prioritize objectives, share information, and evaluate student progress.

Stock School embraces a school climate that is warm, loving, stimulating, positive and productive. Stock feels each student will reach their greatest potential if they love school and love their teacher. For more information about Stock School, please contact Ann McNally, Principal, at 773-534-1215 or [almcnally@cps.edu](mailto:almcnally@cps.edu).

## Managing Jet Lag

Jet lag, also known as time zone change syndrome, is a sleep disorder that is attributed to a disruption of the body’s internal clock caused by rapid travel across time zones. It affects millions of people every year and interferes with business and vacation activities.

Although jet lag is not a serious medical condition, it does interfere with normal sleep cycles and circadian rhythms. This interference can produce a variety of symptoms, including insomnia, early waking or excessive sleepiness, irritability, difficulty concentrating or functioning at a usual level, headaches, muscle soreness and constipation or diarrhea.

The symptoms get worse with the number of time zones that are crossed during travel and with the age of the person traveling. Most people can feel the effects after crossing at least three time zones, although shorter trips can prompt jet lag in others. In addition, trips that go eastward generally cause more severe symptoms than those to the west.

What can you do to try to keep your internal body clock in sync with the time in the locale to which you are traveling? Although cures work differently in people, the following are basic rules to combat jet lag:

- For a stay of three or fewer days, the traveler may want to keep their watch on hometown and ignore local time by maintaining normal eating, sleeping and other activity patterns.

- If the stay is for four or more days, the body clock can be advanced about one hour per day for the three days before leaving by exposure to bright light on rising or by taking melatonin in the evening. Several studies have shown that 3 to 5 mg of melatonin, taken 2-3 hours before bedtime, improved sleep and decreased daytime fatigue.

- Get plenty of rest before the trip and drink lots of water before, during and after the flight to fight dehydration. Avoid alcohol and caffeine, both of which cause dehydration.

- Try to sleep on the plane if it is nighttime at your destination.

- Bright light, gentle exercise, and caffeine can be used to cause alertness on arrival at your destination.

*Submitted by Becker Professional Pharmacy  
4744 N. Western Avenue, 773/561-4486*

## Resurrection H.S. Students Take Action for International Human Rights

At Resurrection College Prep High School, all junior and senior Social Science classes participated in a letter writing campaign as part of International Human Rights Day, observed on December 10, 2016, and sponsored by the United Nations.

Letters were written to world leaders urging protection of Human Rights, citing five specific situations and individual women who have been identified by Amnesty International as victims of human rights abuses. Specifically, letters were written to the President of Malawi, demanding protection of people with albinism from attempted murder and abduction; to Turkey’s Minister of Justice, asking for laws to be repealed that stifle people’s right to freedom of expression; to the Prime Minister of Canada, urging a halt on the construction of the Site C dam and to respect and protect the rights of Indigenous peoples in the Peace River Valley; to Peru’s Minister of the Interior, asking for protection for a peasant farmer in northern Peru who has faced harassment and intimidation over land ownership in a legal battle with gold and copper mines; and to the Head of the Judiciary in Iran, urging him to allow medical

care and swift release to a political activity working to empower Iran’s ethnic minority Kurds.

Resurrection Social Science Department Chair Marianne Boe, J.D., explained, “This is the second year our department has been involved and we have tripled the number of classes participating. Last year’s campaign by Amnesty International had several success stories, including new laws in Burkina Faso prohibiting the former custom of marrying off girls as young as 11 and 12. At Resurrection, I always remind students that ‘real women speak up.’ Our students feel very empowered when they can see that by speaking up, real women make a difference.”

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit [www.reshs.org](http://www.reshs.org).

## Winter Weather Brings Challenges for Pet Owners

The early cold snaps of the past few weeks should serve as a reminder to pet owners that special precautions should be made for health and welfare of their dogs and cats as winter gets under way.

The Administrator of the Cook County Department of Animal and Rabies Control, offered a number of tips for pet owners to keep in mind during winter and the upcoming holidays.

Given that this is only January, and we realistically have several months of severe weather ahead of us, it is important for pet owners to remember that they should adjust their pets’ normal routine. Prolonged exposure to cold, snow and ice can be as dangerous for dogs and cats as it is for humans.

- Bring all pets indoors. All dogs and cats, whether acclimated to outdoor living, must be brought indoors during sub-zero weather. Even creatures of the wild seek shelter when temperatures plummet. As the responsible caregiver of a pet, you should provide an indoor heated shelter for your animal. Despite their abundance of hair, all domesticated dogs and cats are subject to frostbite and hypothermia.

- Salt and ice. Both salt and ice can irritate your dog’s footpads. If your dog will tolerate them, foot coverings are advised. If your dog will not tolerate foot coverings, avoid the salt when possible and wash their paws with warm water when you return home. Walking the dog in the snow as opposed to the salted sidewalk may be advisable, but in extreme low temperatures this could add to frostbite concerns.

- Frostbite. Dogs and cats may have fur coats but they also have exposed areas that are susceptible to frostbite. Limit their time outdoors for waste elimination only. Walks should not exceed 10 minutes in sub-zero temperatures. Check their pads when you get home and wash with warm (not hot) moist towels. If you suspect frostbite on any extremity (don’t forget the nose or the tips of the ears) contact your veterinarian.

- Properly secure potentially poisonous material, such as antifreeze. Antifreeze is extremely toxic to all living creatures. It is sweet to the taste but even a drop can be lethal. Keep antifreeze bottles out of the reach of animals and clean up all antifreeze spills immediately. Feral cats and wild animals will seek refuge and warmth wherever they can. A car’s engine, for example, may provide a warm spot to “hole up” in sub-zero conditions. Honk your horn before you start your car to give a wake-up call to any critters before you turn on the ignition. If an animal has chosen your attic, your garage or even space under a deck as refuge, close off access to the rest of the house. Contact local officials for their removal but be prepared for an assessment of your home for its accessibility to wildlife intrusion. Pet owners are reminded that they should have an established doctor/patient-client relationship with a veterinarian close to home and establish an emergency protocol. If your pet is receiving ongoing prescription treatment, make sure you have adequate amounts in case of closures due to weather. Know where your closest emergency veterinary clinic is located or the policies of your primary care veterinarian regarding emergencies.

## Edison Park Post 541 Of The American Legion



Edison Park Post 541 of the American Legion will be meeting on the 2nd and 4th Thursday of each month at the Edison Park Field House, 6755 N. Northwest Hwy, Chicago, IL 60631. The meeting will start at 7:30 P.M. and is open to all Veterans who served in any branch of the United States military services during the armed conflicts listed below.

We are also forming a Sons of the American Legion Squadron. The requirement for becoming a member is:

All male descendants, adopted sons and stepsons of members of The American Legion and such male descendants of veterans who died in service during WWI - WWII - Korean War - the Vietnam War - Lebanon Grenada - Panama and the Persian Gulf War, during the delimiting periods set forth in Article 1 of the National Constitution of The American Legion or who died subsequent to their Honorable Discharge form such Service shall be eligible for membership in the Sons of the American Legion.

Visit our website at <http://amerlegion541.wix.com/americanlegion541>

## Call for SSA Commissioners

### Belmont Central Chamber of Commerce SSA #2

The Belmont-Central Chamber of Commerce and Special Service Area #2 have a great opportunity for anyone who lives, owns property or a business in the boundaries of the SSA.

Special Service Areas (SSAs), known as Business Improvement Districts or BIDs in other cities, are local tax districts that fund expanded services and programs through a localized property tax levy within contiguous areas. The enhanced services and programs are in addition to those currently provided through the City.

If you would like to be part of the decision-making on how to make the area safe and beautiful and to maintain its diverse businesses, then becoming a commissioner could be for you. We are eager to hear your ideas to make this SSA a success. Call 773-647-1644 for information.

## Keeping Your Car Clean

Keeping your car clean has many significant financial and environmental benefits, especially when performed by a professional car wash. Let’s start with the financial rewards. Every day our cars are subjected to sun, salt from the sea, salt from snow trucks, grease and grime from the road, acid rain, smog, tree sap, dead bugs, and worst of all, the ever-acidic compound of bird poop bombs. We’ve all been riddled and splattered at one time or another.

These conditions eat away at a car’s metal and chrome. They dull the paint. They corrode and cause rust. They attack your pride and joy day after day. You may not see it right away, but over time they will contribute to the decay of your car’s exterior, ultimately diminishing its resale value.

By professionally washing your car at least twice a month, you help preserve one of your biggest investments.

Another benefit? Saved time and convenience. Lugging everything in and out of your garage or house is exhausting compared to a quick trip to the nearest car wash.

Few people also realize that washing their cars at home pollutes the environment. Soap and road grime such as oils, tar, and dirt end up in storm sewers that flow into lakes, streams and rivers - the same water in which your children might swim, or where you fish or hunt.

Wastewater from professional car washes enter a sanitary sewer system. facilities designed to protect the environment. No polluted water from professional car washes will reach our waterways.

Though a parking lot car wash might sound like a good way to make money for your organization, many groups don’t realize that dirty water from parking lot and driveway car washing enters the storm sewer system. Meant only for rainfall, storm sewer water flows directly into the closest creek, stream, or river

Water conservation is another benefit: professional car washes can use about half the amount of water it takes to do it yourself.

(See also [http://environment.about.com/od/greenliving/design/a/car\\_wash.htm](http://environment.about.com/od/greenliving/design/a/car_wash.htm))

For all these reasons, you can’t beat a professional car wash. And oh what fun it is to take your kid through the wash from the inside of the car! Or just follow along by the window.

All sorts of interesting facts illuminating how we use and abuse our cars can be found at [www.carlove.org](http://www.carlove.org).

So treat your car the way you want it to treat you. Add having your car washed to your list of chores; go to the bank, pick up the dry cleaning, visit the grocery store, and get the car washed. There’s just no excuse not to swing through one every two or three weeks. You’ll protect your investment, save time, and minimize environmental impact inspiring the best feeling of all; unconditional love for an unconditional friend.

*Submitted by Chicago’s #1 Car Washes, Four Convenient Locations*

## Common Myths About Estate Planning



**Chester M. Przybylo**

A great deal of confusion remains over what constitutes a proper Estate Plan. Rumors, statements taken out of context, gossip, some bad characters that have bilked the innocent, and even turf battles over business interests have created widely held beliefs that just aren't correct. These stories have become myths. They can be harmful to you and your loved ones.

One myth is that if you have a Will, probate will not be required, and your assets can be transferred immediately to the beneficiaries of the Will. In fact, having a Will mandates a probate in many circumstances.

Probate is the process of distributing assets to beneficiaries, and it occurs in the state of your legal residence as well as any state where you own real property. The Probate process might be finalized in less than a year, but if your estate is large with more complex assets the process can take years to finalize.

The procedures, as well as the cost of probate, are determined under your state's laws.

Additionally, because it is a court proceeding, the probate of your estate is part of the public record. This means that anyone who wishes to access your records may do so.

A second myth, believed by approximately 70 percent of the population, is that if you don't have a large estate, you don't need a Will. Many people also believe that if there is no Will, all the decedent's belongings will go to the surviving spouse.

A Will provides legally binding guidelines on how to distribute your property after your death. It also names the person you want to administer your estate. If you don't have a Will, then state law (the state where you are a permanent resident) makes many of the decisions you did not make for yourself.

Generally, if you and your spouse hold joint title to assets, then those assets pass automatically to your spouse. If you die and do not have a Will, all of your individually owned assets are subject to your state's "intestacy" laws. These intestacy laws normally divide the estate between a spouse and children, using a pre-determined percentage, based upon the number of children and the decedent's marital status. If there is no spouse or children, then the intestacy laws have provisions for dividing the assets among other relatives, and even the state.

If you do not have a Will, a court will appoint someone to administer your estate. This person will be responsible for performing all the administrative functions of probating your estate. This appointee may or may not be someone you would have chosen to manage your estate. They may not even have any real idea of what your wishes are concerning the disposition of your assets.

Not having a Will or Trust nearly always increases probate costs and delays. Additional court appearances will be required, such as to appoint someone to administer your estate, and additional money will be spent for services such as determining whom your heirs are. A failure to legally document what you want to happen makes everyone's job much more difficult.

You can't afford to rely on myths when it comes to your estate. Find out the facts, plan carefully and execute a plan to provide you with peace of mind and security for your heirs.

*Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 45 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at [www.PlanOurEstate.com](http://www.PlanOurEstate.com).*

### St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties!!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

### Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and baingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

## Rauner Administration Takes Action to Help Illinoisans Find Lost Life Insurance Money

Governor Bruce Rauner and Anne Melissa Dowling, Acting Director of the Illinois Dept. of Insurance, today announced two actions taken by the administration to help Illinoisans find lost life insurance money through the launch of the free Life Policy Locator Service and signing House Bill 4633 into law.

"I applaud Director Dowling and her staff for their efforts to make it easier for Illinoisans to access life insurance policy information, ensuring they can more quickly receive the benefits they are owed," said Governor Rauner. "Updating our antiquated technology to increase employee efficiency and provide better customer service to the taxpayers that interact with state government has been one of my top priorities since coming into office, and our administration will continue to pursue efforts like the Life Policy Locator Service to bring state government into the 21st Century."

The Life Policy Locator Service through the Dept. of Insurance (DOI) helps executors, legal representatives, or members of the deceased person's immediate family find a life insurance policy or annuity contract left by a deceased loved one and serves to bridge the gap between insurance companies and Illinois citizens who think they may be listed as a beneficiary.

"Many times finding life insurance policies can be difficult and time consuming after a loved one's death," said Dowling. "But with this new free service, consumers can request help from the Illinois Department of Insurance to simplify the process of locating lost life insurance policies. This search service eliminates the confusion of trying to locate missing life insurance policies or annuity contracts and helps get those benefits to the intended beneficiary."

After the necessary information is submitted, DOI will contact all state-licensed life insurance companies asking them to search their records for any life insurance policies or annuity contracts insuring the decedent. If a policy is found, that insurance company will contact the beneficiary to complete the claim.

In addition, today Governor Rauner signed House Bill 4633 into law. The legislation creates the Unclaimed Life Insurance Benefits Act and requires insurers to run an initial, and then semi-annual, check against the Death Master File to determine if an insured has passed away. Insurers will be allowed to access the Life Policy Locator to help streamline the process and comply with the new law.

Finally, Governor Rauner and Director Dowling called on the General Assembly and the Treasurer to stop contingency arrangements with private finder companies. The Treasurer's Office has paid these companies millions of dollars over the past several years, funds which would otherwise be put towards the pension systems, to locate unclaimed life insurance policies. With the launch of the free Life Policy Locator Service and the enactment of HB 4633, these arrangements should no longer be necessary. The savings will result in millions of dollars for the pension funds.

Illinoisans can learn more about the Lost Life Policy Locator Service, by visiting the DOI website at [www.insurance.illinois.gov](http://www.insurance.illinois.gov).

HB4633 is effective January 1, 2017.

## Cell Phones for Soldiers

Representative D'Amico has partnered with Cell Phones For Soldiers, a nonprofit serving troops and veterans, to collect gently used cell phones for members of our military. Donated phones will be used to provide free communication services to military members so they can connect with their loved ones. Donations will be accepted starting today, May 1, 2015 to May 29, 2015 in Representative D'Amico's public service office located at 4404 W. Lawrence Ave., Chicago, IL 60630. Office hours are 9 AM to 4:30 PM.

## Honor Flight Chicago – "Operation Locate A Hero" - 2017 Season Planning Underway

Honor Flight Chicago (HFC), part of the National Honor Flight Network, was founded to recognize our Veterans – most specifically our WWII Veterans with a day of Honor, Remembrance, and Celebration from a proud and grateful Nation. HFC is currently working on the 2017 season flight schedule - with projected monthly flights from Chicago Midway to Washington, DC to visit their WWII Memorial. The trip is provided at (no) cost to the Veteran.



There are approximately (21,000) WWII Veterans remaining in the Chicago area – which HFC is requesting assistance from the public to help locate these WWII Heroes.

For more information please contact Jac Charlier at [jac.charlier@gmail.com](mailto:jac.charlier@gmail.com) or visit ([www.honorflightchicago.org](http://www.honorflightchicago.org))

Honor Flight Chicago is a 501(c)3 non-profit organization dedicated to the mission of flying our World War II veterans to Washington DC to see the WWII Memorial built in their honor.

### Evanston/Skokie Valley Metropolitan Family Services - Giving Hope And Opportunity To Families

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, [metrofamily.org](http://metrofamily.org).

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## Resurrection Seniors Named Illinois State Scholars



Resurrection College Prep High School is pleased to announce the members of the Resurrection Class of 2017 who have been named Illinois State Scholars in recognition of their outstanding academic achievement. Approximately the top ten percent of graduates from approved high schools are announced as State Scholars each year. Rankings are based on a combination of ACT test scores and GPA at the end of the sixth semester in high school.

The students who were honored for their academic achievements as Illinois State Scholars included the following Resurrection seniors: Rahma Almajid, Julia Baase, Elyse Boldt, Alison Crivlare, Mary Donohoe, Lauren Gawlinski, Clare Hobson, Natalie Markech, Analisa Martorano, Noelle McGlenn, Meredith Nowotarski, Melanie Persangi, Eleanor Riordan, Cheryshe Sinfuego and Emma Sudie.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit [www.reschs.org](http://www.reschs.org).

### NEW Jefferson Park Indoor Farmers' Market – Join Us!!

The Farmers Market in Jefferson Park is now both a summer and winter market. Winter Sunday Market - Jefferson Park Copernicus Center-Annex, 5214 W. Lawrence, 10:00am - 2:00pm January 29, April 2, May 7. Produce, canned goods, meats, crafts and more. Brunch available - Cash Bar! Visit us at [www.jeffersonparksundaymarket.com](http://www.jeffersonparksundaymarket.com) to learn more.

## Village Cooking Corner

Enjoy these great ideas for your next gathering! Don't forget to begin the New Year by partaking of a bit of Pickled Herring. It will bring you good luck!!

### Water Chestnut Hors d'oeuvres

Soak drained, whole water chestnuts in soy sauce 1/2 hour. Roll in sugar. Cut strips of bacon lengthwise, and crosswise wrap bacon around chestnuts, securing with toothpicks. Bake: 400 20 minutes. Drain Grease and Bake again: 350 5 minutes.

*From the Kitchen of Laurel Atkeisson*

### Appetizer

Make a list now of all your social obligations for the upcoming Holidays. Save this recipe in your "Appetizers" folder so you can serve it to your guests while they are sipping on their cocktail or glass of wine to prevent them from starving, just in case dinner is late.

Ingredients: 2 eggs, beaten, 2 pkgs. frozen chopped spinach, drained  
1/2 stick melted butter, cooled, 1 cup milk  
1/2 lb. grated Monterey Jack cheese, 1 cup flour, 1 tsp. salt  
1 capful lemon juice and several dashes garlic powder or garlic salt

Preparation: Mix all ingredients and spread in a greased 12" x 17" pan. Or, spray with Pam to prevent sticking. Bake for 25 minutes in a 350 degree oven or until lightly browned on top. Cut in squares while warm and serve. Leftovers are good to eat for breakfast, lunch or as snacks..

\* May be found in any Greek or Italian market  
Suggestion: leftovers, if any, makes a great sandwich the next day. Serves 4.

*From my "Appetizers" file – Submitted by Maria P. Bappert*

**Pick up the next Our Village News for recipe ideas for your Super Bowl parties!**

Watch the Food Network's upcoming episodes of Coast-To-Coast Chow featuring Harry Kempf, owner, operator and chef of the Chicago Brauhaus.





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