

Interested in becoming a Sponsor or Vendor for FALL FEST 2015? NORWOOD PARK CHAMBER JOIN US



Resurrection Arts And Craft Fair Applications Available

Applications are available for crafters who are interested in participating in the Resurrection College Prep High School Arts & Craft Fair on Saturday, November 14, 2015. The annual event will be held from 10 am to 4 pm at 7500

W. Talcott Avenue. Each year, more than 2,000 patrons visit the fair to explore the wide variety of handcrafted items at over 180 craft displays. Spaces for professional company vendors are sold out. The application for crafters is available on the Resurrection website at www.reshs.org or by con-



tacting Carol Marchetti at 773.775.6616 Ext 112 or cmarchetti@reshs.org.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all

girls' Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated almost 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.

DCASE New DCASE Opportunities Newsletter

Do you know that DCASE is now sending a separate monthly email focused on opportunities, including grants, artist calls and professional development, for artists and creative professionals? If you would like to receive this mid-month newsletter, visit our website at http://www.cityofchicago.org.



Summer Children's Book Drive in Niles Township

Niles Township is partnering with Bernie's Book Bank, Glenview Youth Services and park districts located in Skokie, Lincolnwood, Morton Grove, Niles and Glenview to collect children's books July 13- August 3, 2015. The communities are working toward a common goal of 20,000 books to be collected for at-risk children.

The Books for All Children initiative is a great way to share books with children whose family may not have the financial resources to purchase them," stated Marilyn D. Glazer, Supervisor of Niles Township. Ms. Glazer added, "We are truly impressed by the work Bernie's Book Bank does to help at-risk children acquire a love for reading. Getting children in day camp programs working with the community to acquire books for other children in need is a great life lesson and service project."

Collection bins will be available at park

district day camp sites, Glenview Youth Services 3080 W Lake Ave, the Niles Oasis Fun Center 7877 Milwaukee Avenue, the Skatium Ice Arena 9300 Weber Park Place in Skokie and also the Niles Township Government office at 5255 Main Street in Skokie. For more information and a complete book drop site list, visit: www.nilestownshipgov.com

Bernie's Book Bank collects, processes and distributes quality new and gently used children's books to significantly increase book ownership among at-risk infants, toddlers and school-age children throughout Chicagoland.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

Mayor Emanuel, Chicago Park District Join **Project 120 Chicago And Yoko Ono To Announce** Construction Of ' Sky Landing' In Jackson Park Art Installation Part Of Larger Package Of Investments In Jackson Park To Restore And Improve Historic Open Space

Mayor Rahm Emanuel and Chicago Park District Superintendent Michael Kelly today joined Yoko Ono, representatives of Project 120, the Consul General of Japan at Chicago, the University of Chicago and others to announce the installation of a permanent piece of public art work by Yoko Ono. The installation, SKY LANDING, will be installed in Garden of the Phoenix, located in Jackson Park

"Through the implementation of our successful Chicago Cultural Plan, we're able to offer residents and visitors growing access to the arts and culture in neighborhoods across the city, fostering economic and cultural growth," said Mayor Emanuel. "Great works of art enrich, enhance and elevate our public spaces, just like SKY LANDING will do for Jackson Park."

SKY LANDING will be Yoko Ono's first permanent public art installation in the Americas, and is set to be open to the public in June of 2016. The installation will become a place of congregation and contemplation and will be installed in harmony with the revitalized landscape of Jackson Park in the Garden of Phoenix, located in northern portion of Jackson Park's Wooded Island. The idea for a sitespecific piece emerged from Ono's initial visit to the area during the cherry blossom tree installation in 2013.

"The City of Chicago was honored to receive such a gift from Japan at the time of the World's Columbian Exposition," said Superintendent Kelly. "Understanding our past and our relations today as global partners, we are privileged that the site, with the addition of SKY LANDING by Yoko Ono, will teach and inspire us and future generations who visit the Garden of Phoenix."

The installation of SKY LANDING is part of Mayor Emanuel's much larger vision for Jackson Park, totaling an estimated \$29 million in investments to return the park to the original vision by Frederick Law Olmsted, restoring its landscape and its character. These investments will include habitat restoration, landscape improvements, and tree plantings. Additionally, Project120 is leading a fundraising effort to restore the Jackson Park Music court, including a new 15,000 square foot pavilion to support music, arts and exhibition events.



5PM-11PM RICO TRIPLE THREAT THINK FLOYD USA ROSE HILL REVIVAL

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MORE INFO - WWW.LINCOLNWOODFEST.COM



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Community First Medical Center

July Health Events For Area Residents

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in July.

A cholesterol screening will be held on Tuesday, July 21, from 7:00 a.m. to 9:00 a.m. A 12-hour fast is required for this blood draw that will test for total cholesterol, triglycerides, HDL and LDL. Test results will be mailed. Advance registration is required by calling 773-794-8486. There is a \$10 fee payable in cash or check at the screening.

Free blood pressure screenings will be offered Thursday, July 22, from 9:00 a.m. to 10:00 a.m., in the hospital's main lobby. A health care professional will perform screenings and answer questions about blood pressure readings. Registration is not required.

The Arthritis Support Group will meet Wednesday, July 23, from 1:00 p.m. to 2:30 p.m. This session is free. Registration is not required.



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\$10,000 **CASH RAFFLE**

Grand Prize: \$5,000 Second Prize: \$2,500 Third Prize: \$1,500 Fourth Prize: \$1,000

Come Join Us for a Weekend of FUN! Kiddie Rides Greek Imports/

- Imported & Domestic
- Beverages Bookstore
 - And Much More! Friday 5:00 p.m. - 11:00 p.m.

Souvenirs

Church Tours

Gyros, Saganaki

BIG CASH RAFFLE

AND DOOR PRIZE

Saturday 2:00 p.m. - 11:00 p.m. Sunday 12:00 noon - Midnight

Celebrate at St. Demetrios Greek Orthodox Church 2727 W. Winona, Chicago, Illinois 60625 (1 block south of Foster and California)

For More Information Call (773) 561-5992

Summer Scams: The BBB's Hot Five

Summer for most people is the perfect time to go to a concert or take a vacation. For con artists, warm weather means their scam efforts heat up. Nationwide there are thousands of victims and millions of dollars lost to scammers. The Better Business Bureau (BBB) is warning consumers of popular summer scams.

'Scammers have been putting a lot of effort into convincing consumers that they are the real deal", said Steve Bernas, president & CEO of the Better Business Bureau serving Chicago and Northern Illinois. "Avoid being scammed by learning who you are dealing with and taking the appropriate measures."

The Top 5 Summer Scams of 2015 are:

Vacation Scams

Vacation clubs, free vacation offers, travel points and airline miles are just a few ways that scammers are trying to rip off consumers. Scammers are calling consumers with "free" vacation offers, and in return taking their personal information, debit or credit card which sets them up for identity theft.

Scam Protection:Book directly with an established hotel or reputable travel agent. Find an accredited agent at www.bbb.org. Keep an eye out for bad spelling and grammar. These are indications of scammers. Pay only by credit card and get refund policies in writing. Moving Scams

BBB records show in the past 12 months nearly 300 consumers have filed complaints against movers. The BBB warns of scammers who take advantage of the peak season.

Scam Protection: Know your rights and research them as a consumer for interstate moves or for moves within Illinois. Research the company thoroughly. All interstate movers must, at minimum, be licensed by the federal government and are assigned a motor carrier number you can verify. Ticket Scams

Concert season takes place in the summer and with that comes an increase in ticket scalping. Scalpers are looking to take advantage of lastminute ticket buyers.

Scam Protection: Know the difference between a ticket broker and a scalper. A ticket broker is a legitimate, licensed reseller. A ticket scalper is unlicensed and engaged in illegal activity. Phony Job Scams

For high school and college students, finding a summer job is a priority. The BBB is warning consumers that seasonal job postings may not be as advertised.

Scam Protection: Red flags for employment scams include no interview or application, no job details, non-existent website, or a contract and fees are required.

Door-To-Door Sales Scams

Consumers need to watch for individuals who try to skirt various city ordinances that regulate door-to-door solicitors. They offer deals for everything from air conditioning repair to driveway paving.

Scam Protection: Door-to-door salesmen are required to have a permit. Ask to see it. Resist high-pressure sales tactics such as the "good deal" you'll get if you buy now. Pay by credit card or check but never pay in cash.

"Before giving any organization your personal or financial information, review the business on the BBB website," added Bernas. "If an offer seems too good to be true, it probably is.'

For more tips, visit www.bbb.org/chicago, like us on Facebook, follow us on Twitter or add us on Pinterest.

•Keep gutters clean and free-flowing. Eliminate

Most people infected with the virus will have

few or mild symptoms including fever, headache,

body aches, skin rash and swollen lymph nodes.

Severe infections can include headache, high fever,

stiff neck, stupor, disorientation, coma, tremors,

convulsions, muscle weakness, paralysis and rarely

death. Symptoms generally occur three to 14 days

following the bite of an infected mosquito. Anyone

can get WNV, however, people over 50 years old or

individuals with a weakened immune system have

the highest risk of developing severe illness. If you

experience any of these symptoms you should con-

the Skokie Health Department to collect the bird for

testing. Historically, some birds have tested positive for WNV, and results from testing help to determine

the extent of WNV activity. To report a dead bird,

Skokie Health Department at 847/933-8484 or the

seven state-certified municipal health departments

in Illinois and provides a wide range of services to

Skokie residents. To learn more about the Skokie

Health Department, please visit www.skokie.org or

For more information on WNV or to report potential mosquito breeding sites, please contact the

The Skokie Health Department is only one of

If you find a dead bird it is important to contact

tact your personal physician.

please call 847/933-8484.

NSMAD at 847/446-9434.

call 847/933-8252.

quitoes accumulate in cool, shady areas.

•Don't let water stand on flat roofs.

dips and low areas that collect water.

Mosquitoes Test Positive for West Nile Virus in Skokie

The Skokie Health Department works diligently with the Northshore Mosquito Abatement District (NSMAD) each summer to monitor mosquito activity in the Village in order to lower the risk of West Nile Virus (WNV) infections.

This week, one mosquito pool has tested positive for WNV (RAMP-test) in Skokie. There have been no human WNV cases reported in Skokie for 2015, but this may change over the next few weeks and the Skokie Health Department urges residents to take precautions to prevent mosquito bites. Measures to reduce your risk of being bitten include staying indoors at dawn, dusk or early evening; wearing long-sleeved shirts and long pants whenever you are outdoors; spraying clothes with repellants and wearing protective clothing if spending time in a heavily wooded area; and applying insect repellents containing DEET very sparingly on exposed skin.

Property owners can eliminate mosquito breeding areas in the following manner:

•Remove standing water where mosquitoes can breed. For example, standing water in flower pots, children's toys, roof gutters, downspout drainage, ornamental birdbaths and ponds.

•Clean and maintain any catch basins that may be on the property. NSMAD will treat your catch basin for mosquito larvae. For more information, please call them directly at 847/446-9434.

•Change the water in birdbaths and plant pots at least once a week.

•Empty plastic pools at the end of each day and store indoors.

•Keep grass and shrubbery cut short. Adult mos-

Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right LawyerTM." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at www.chicagobar.org.



PAGE 2 - OUR VILLAGE, Wednesday, July 15, 2015

Neighborhood Farmers Markets

Chicago Farmers Markets

Chicago Farmers Markets presented by Country Financial open across Chicago this spring and run through October. The city-run markets sell fresh fruits, vegetables, plants and flowers, and some community markets also feature music programming, prepared food and local artisan (non-food) vendors. A complete list of all markets with dates and times can be found at chicagofarmersmarkets.us.

2015 Schedule Of Downtown And **Neighborhood Farmers Markets**

Weekly Neighborhood Markets

TUESDAYS *Lincoln Square (Lincoln/Leland/Western) June 2 – October 27; 7 a.m.-1 p.m.

WEDNESDAYS **Devon Community Market** (2720 W. Devon Ave.) July 8 – August 26; 3 p.m.-8 p.m.

THURSDAYS **Argyle Night Market** (Argyle & Sheridan Rd.) July 9 – September 3; 5-9 p.m.

SATURDAYS Lincoln Park (Armitage & Orchard) May 9 – October 24; 7 a.m.-1 p.m.

Northcenter (Belle Plaine/Damen/Lincoln) June 13 – October 24; 7 a.m.-1 p.m. 6210 W. Dempster - 8 a.m. to Noon

SUNDAYS

Northwest Corner of Portage Park at Berteau & Central – 10 a.m. – 2 p.m.

Downtown Markets TUESDAYS *Federal Plaza (Adams & Dearborn) May 19 - October 27; 7 a.m.-3 p.m.

Museum of Contemporary Art (MCA) (Chicago & Mies van der Rohe Way) June 2 – October 27; 7 a.m.-3 p.m.

THURSDAYS

*Daley Plaza (Washington & Dearborn) May 14 – October 29; 7 a.m.-3 p.m.

Willis Tower (233 S. Wacker Dr.) June 25 - October 29; 7 a.m.-3 p.m. ***MARKET ACCEPTS LINK**

Help Fill The Niles Township Food Pantry

Two Skokie organizations, The Men's Club of Ezra-Habonim, the Niles Township Jewish Congregation, 4500 W. Dempster, and Walgreens, 3945 Dempster, will join together to sponsor a Food Drive from Sunday, July 19 to Friday, July 25.

They are asking for canned goods and dry food products to be donated to fill the shelves of the Niles Township Food Pantry. These foods will be given to the hungry in the community.

All foods can be dropped off at Walgreens. For further information, please call Ezra-Habonim, the Niles Township Jewish Congregation office at 847-675-4141.

Eco-Friendly Pest Control in the Garden

By Melinda Myers

Spots on tomatoes, holes in hosta leaves and wilting stems mean insects and diseases have moved into the garden. Don't let these intruders reduce the beauty and productivity of your landscape. Work in concert with nature to prevent and control these pests and you will be rewarded with a bountiful harvest and landscape filled with beautiful blooms.

Monitor. Take regular walks through the landscape. Not only is it good exercise, but it will improve your mood and you'll discover problems earlier when they are easier to control. Look for discolored leaves, spots, holes and wilting. Inspect the underside of the leaves and along the stems to uncover the cause of the problem.

Identify. Once you discover a problem, identify the culprit. Your local extension service, garden center or reliable internet resource can help. Once identified, you can plan the best way to manage the culprit.

Invite the Good Guys. Toads, lady beetles and birds help control many garden pests. Attract them to the garden by planting herbs and flowers to attract beneficial insects, adding a house for the toads, and birdbath for songbirds. Avoid using pesticides and learn to tolerate a bit of damage. A few aphids or caterpillars will bring in the ladybeetles, lacewings, birds and toads that are looking for a meal. Clean up. Many insects and diseases can be managed and prevented with a bit of garden cleanup. A strong blast of water from the garden hose will dislodge aphids and mites, reducing their damage to a tolerable level. Or knock leaf-eating beetles and other larger insects off the plants and into a can of soapy water. Pick off discolored leaves, prune off diseased stems and destroy. Be sure to disinfect tools with 70% alcohol or one part bleach to nine parts water solution between cuts. This will reduce the risk of spreading the disease when pruning infected plants. Adjust care. Reduce the spread and risk of further problems by adjusting your maintenance strategies. Avoid overhead and nighttime watering that can increase the risk of disease. Use an organic nitrogen fertilizer like Milorganite (milorganite.com) which encourages slow steady growth that is less susceptible to insect and disease attacks.

Mulch the soil with shredded leaves, evergreen needles or woodchips. This will keep roots cool and moist during drought, improve the soil as they decompose, and also prevent soil borne diseases from splashing onto and infecting the plants.

Non-chemical Controls. If the problems continue, try some non-chemical options for insects. A yellow bowl filled with soapy water can attract aphids, a shallow can filled with beer and sunk in the ground will manage slugs, and crumpled paper under a flower pot for earwigs are just a few ways to trap and kill these pests.

Or cover the plants with floating row covers. These fabrics allow air, light and water through, but prevent insects like bean beetles and cabbage worms from reaching and damaging the plants.

Organic products. Organic products like insecticidal soap, Neem, horticulture oil and Bacillus thuringiensis can be used to control specific pests. And even though these are organic, they are designed to kill insects or disease organisms, so be sure to read and follow

Edison Park Farmers Market

Wednesday, July 29 • 4-8PM

6730 N. Olmsted • Center Metra Parking Lot (Across From Edison Park Inn)

Come one, come all to this family friendly, dog friendly neighborhood event! Fresh produce, soaps, homemade doggie treats, cheese, inflatable, acoustic entertainment by Robbie Gold, balloon artist, and specialty beers.

*Please note this parking lot will be closed at 7am. Violators will be towed at owner's expense. Alternate parking is available in the east and west Metra parking lots).



Maxwell Street Farmers Market

The Maxwell Street Market is a Chicago tradition of bargains and bargaining with an international flavor. The market offers an eclectic mix of merchandise-from tools to tires, plus fresh produce, furniture, clothing, rare finds and collectibles-and some of the best Mexican and Latin street food in Chicago.

Free Admission • Weekly: Every Sunday • 7 am - 3 pm



The Devon Community Market is just around the corner! The Market will be held on Wednesdays from July 8th through August 26th, from 3 pm to 8 pm, at Republic Bank, 2720 W. Devon Avenue.

This year's Market will showcase vendors offering a wide variety of products, including:

Fresh-from-the-Farm Fruits, Vegetables, Eggs, and Meat, Baked Goods, Right-Offthe-Grill Barbecue, Coffee and Teas, Health & Beauty Products, Henna Designs, Health & Fitness, More!

There will be LOTS of Kid-Friendly activities, including: Face Painting, Craft Projects, Story Time, Science Experiments, More!

And, plenty of live entertainment for all ages!

The mix of vendors will change each week so visit often to get the full flavor or the Devon Community Market!

Go to devoncommunitymarket.com for more details about the Market.

HELP WANTED!

We are looking for volunteers and interns to help with the Market. You can come a few times or every week, whatever works for you. Just let us know in advance so we can schedule properly.

Contact Farid Muhammad, the Market Manager, at ssa@westridgechamber.org or 773-462-4268 for more info.

Able to make a more significant commitment? There are a couple paid positions available. Farid can help you with that, too.

Jefferson Park Sunday Market

The Jefferson Park Sunday Market which is held in Jefferson Park from 9:30 a.m. until 1:00 p.m. on alternate summer Sundays will begin on June 14th. The market which sells fresh produce, bake goods, and food from food trucks is held on the corner of Long and Lawrence. Volunteers are always welcome. Entertainment by local musicians often brightens the days. For more information contact Merril at 847 902 2961 or Jefferson Park Sunday Market or facebook.com/JeffersonParkSundayMarket. Dates for the summer are June 14, June 28, July 12, July 26, August 9, August 23, Sept. 13, Sept. 27, Oct. 11, October 25. The Sunday Market will go on rain or shine. Volunteers do not have to commit for the entire season; one day will help.

Downtown Evanston Farmers' Market 40TH Year

The Downtown Evanston Farmers' Market kicks off its 40th year. It features fresh and locally grown fruit, vegetables, flowers and plants, along with meat, cheese, eggs and bakery items.

The market will take place every Saturday from 7:30 a.m. to 1 p.m. through November 7 at the intersection of University Pl. and Oak Ave., behind the Hilton Garden Inn. Parking is free in the adjacent 1800 Maple Avenue Self Park Garage with ticket validation at the City of Evanston tent (click on map to expand).

LINK cards are accepted and reusable bags are sold on site. Popular canning and food preservation workshops will be back at the market again this year in June, July and August, with exact dates to be announced.

For more information, visit cityofevanston.org/market, or call 311 (847-448- 4311 outside of Evanston). Community members can also sign up to receive information about Farmers' Market vendors, upcoming programs and events at cityofevanston.org/newsletter.



SATURDAYS **Morton Grove**

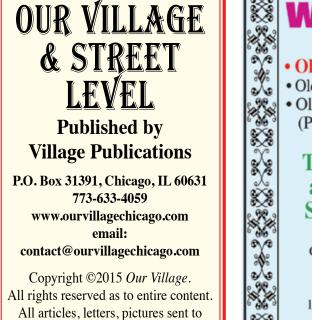
Portage Park

label directions carefully.

Take Note. Make notes on the problems and solutions in this season's garden. Refer to these next year to help you do a better job of monitoring and managing garden pests. And when shopping for new plants, select the right plant for the location and choose resistant varieties whenever possible.

A little eco-friendly gardening can go a long way in creating a beautiful and productive garden.

Gardening expert, TV/radio host, author & columnist Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening and the Midwest Gardener's Handbook. She hosts The Great Courses "How to Grow Anything: Food Gardening for Everyone" DVD set and the nationally syndicated Melinda's Garden Moment TV and radio segments. Myers is also a columnist and contributing editor for Birds & Blooms magazine. Myers' web site, www.melindamyers.com, features gardening videos, podcasts, photo galleries and monthly tips.



Village Publications are at own risk.



OUR VILLAGE, Wednesday, July 15, 2015 - PAGE 3

The Friend's Of Lincolnwood, 2015, Presents Lincolnwood Fest 2015

Lincolnwood Fest, Lincolnwood's summertime favorite, is right around the corner. If you haven't already, mark your calendar for Thursday July 23 thru Sunday July 26, 2015. The Fest features 4 days of non- stop fun and entertainment with the best carnival in the Midwest, live music, games, a beer garden, a variety of summertime festival food favorites including pizza, cotton candy and lemonade, family fun activities like face painting and crafts, a sensational Car Show and new this year, Lincolnwood's own real live Chamber Orchestra performance, conducted by Phil Simmons. Admission is free.

Thursday night the Fest kicks off at 5:00 pm by the Mayor of Lincolnwood, Jerry Turry and a special performance by the Lincolnwood Parks & Rec Campers.

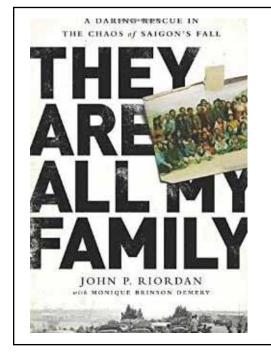
Opening night, Thursday, at 5;30pm Mainstage performance will feature Marlon Longid & the Shakes! Friday night headliners are Think Floyd and Rose Hill Revival - an Allman Brothers Tribute Band, Saturday night is Rico and Triple Threat and Sunday it's the Deacon Blues and the Bluegrass Boomers.

Sunday, July 26, 10 am – 2pm will feature a very special edition of the Monday Night Car

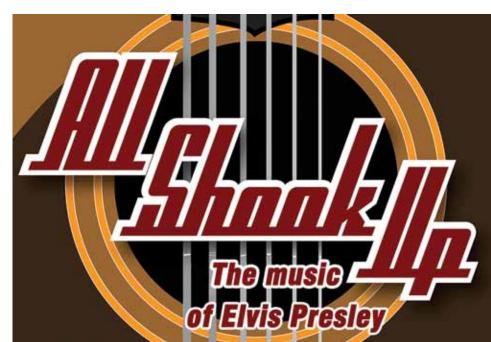
Shows, the Lincolnwood Chamber of Commerce will host the annual Business Expo! "Under the Tent" showcasing local businesses including Swedish Covenant Hospital, Meatheads Burgers & Fries, H&R Block, 16th District Representative Lou Lang, Loeber Motors, The Shoppes at Lincoln Pointe, First Security Credit Union, ChiroOne, Chicagoland Methodist Senior Services, The Lincolnwood Library, BMO Harris, Pan American Bank, and XSport Fitness. Also, on Sunday afternoon from 1- 2pm, the Lincolnwood Chamber Orchestra will perform on the Mainstage "Summerfest" including excerpts from "Midsummer Night's Dream", Vivaldi's ' Summer" from the "Four Seasons" And works by American composers.

A shout and hearty thank you to the Fest sponsors, Loeber Motors, The Shoppes at Lincoln Pointe, Windy City Amusement, Chroma Salon, RevActive, Joseph Mullarky Distributors, Trim Tex, Voss Belting, and MB Financial. The Fest is located in Proesel Park , 6900 N. Lincoln Avenue in Lincolnwood, Illinois.

For the full schedule and fest hours visit www.lincolnwoodfest.com



Former Chicagoan John Riordan has just released his book "They Are All My Family: A Daring Rescue In The Chaos Of Saigon's Fall" about his heroism in April of 1975. John's known as the "Oskar Schindler of Vietnam" for discreetly, but overtly, rescuing over 100 Vietnamese 40 years ago by claiming them as his children and other relatives. John wrote the book with another local author - Monique Brinson Demery and their book is now online at www.theyareallmyfamily.com and also in stores.



Summerfest, Sunday, July 26 1PM

Lincolnwood Fest Main Stage Proesel Park - 6900 N. Lincoln Lincolnwood, IL 60712 Musical program to include: Antonio Vivaldi's "Summer" from the Four Seasons Albert Igolnikov, violin Excerpts from "Midsummer Night's Dream" by Henry Purcell And works by American composers Edward MacDowell, Victor Herbert, and Tom Stevens Free admission! Visit www.americanmusicfestivals.com or call 224-456-2399 for more information

ICMC Announces Global Girls, Women's View, & ICFilmFest Winners for June!

The ICMC partnered with the Albany Park Community Center (APCC) to present a third exciting year of screenings. The ICFilmFest featured two film programs for different age groups on June 26, titled "I Wonder" and "Animation Extravaganza." The first showing of the festival included 14 films from 9 different countries for ages 2-5, while the second showing had 12 films from 9 countries for ages 7-10, all animated. The winner of the Best of Fest award, as determined by the children, was Orange Ô Despair, a charming French animated film about an orange living in the grocery store who prefers the company of pineapples to his stoic and stuffy citrus society. Director John Banana creates a comical



tale about whether or not the grass really is greener on the other side.

Skokie Synagogue Men's Club Hosts "Yoo Hoo Mrs. Goldberg"

"Yoo Hoo Mrs. Goldberg", a film about the life of Gertrude Berg, will be presented by the Men's Club of Ezra-Habonim, the Niles Township

Jewish Congregation, 4500 W. Dempster, Skokie, Wednesday, July 29, 7:30 p.m.

The program is free and open to the public. Free popcorn is available.

Gertrude Berg, an entertainment genius, wrote, starred in and produced the first successful domestic situation comedy.

The movie, "Yoo Hoo Mrs. Goldberg" is a collage of vintage film clips and interviews,

behind-the-scenes footage and intimate conversations with Berg and her friends, colleagues and family members.

It traces Berg's rise to stardom from her childhood in New York to her early radio days in "The Rise Of The Goldbergs" (1929-46) to her enormously influential sitcom "The Goldbergs" (1949-56) which brought Berg the first Best Actress Emmy in history.

For further information, please call the office of Ezra-Habonim, the Niles Township Jewish Congregation, 847-6 75-4141.

Chicago Department Of Cultural Affairs And Special Events Announces Upcoming Theater And Dance Schedule For Summer/Fall 2015

Queer, Ill & Okay, produced by JRV Majestry Productions July 24 and 25, 7:30 p.m.

Storefront Theater, 66 E. Randolph St.

Queer, Ill & Okay (QIO) is an annual multidisciplinary performance series exploring, challenging and reinventing narratives about the lives of queer individuals living with HIV and forms of mental and chronic illness. In December 2012 Creative Director Joseph Varisco turned to queer artists of Chicago to develop QIO in an effort to help make sense of his own HIV diagnosis. This multi-artist performance will feature deeply personal portrayals living with disease.

DON CHIPOTLE, produced by terraNOVA Collective and written by Juan Francisco Villa

August 25–30 (Previews), Tuesday – Saturday, 7:30 p.m.; Sunday, 2 p.m.

August 28–September 27, Thursdays – Saturdays, 7:30 p.m.; Sundays, 2 p.m.

Storefront Theater, 66 E. Randolph St.

From terraNOVA Collective this magical adventure story by Juan Francisco Villa sets a hero and his sidekick on an epic quest across New York City that proves anything but ordinary. Inspired by the classic story of Don Quixote, this world premiere comic fable is told through puppetry, animation, music, a children's choir and a powerhouse all-female Latina cast.

No Beast So Fierce, produced by Oracle Productions

October 6–8 (Previews), 7:30 p.m.

October 9–November 8, Thursdays–Saturdays, 7:30 p.m.; Sundays, 2 p.m.

Storefront Theater, 66 E. Randolph St.

Oracle Productions presents a dance-theater adaptation of Shakespeare's Richard III that explores the complexity of having to do wrong in order to achieve the greater good. Artistic Director Max Truax joins forces with Jeff Award-winning actress Katherine Keberlein, who will portray Richard in this world premiere production.

July 16 - August 16

Loosely based on Shakespeare's *Twelfth Night* and inspired by the movies and songs of Elvis Presley. It's 1955, and into a square little town in a square little state rides a guitar-playing roustabout who changes everything and everyone he meets in this hip-swiveling, lip-curling musical fantasy that'll have you jumpin' out of your blue suede shoes with 24 Elvis classics, including "Heartbreak Hotel," "Jailhouse Rock," "All Shook Up," "Love Me Tender," and "Don't Be Cruel."



SpinOff

November 6–21, Exact Schedule TBA

Storefront Theater, Chicago Cultural Center and Millennium Park

The SpinOff contemporary dance series returns November 6-21 celebrating the work of emerging and mid-career Midwest-based choreographers and dance companies. The series will feature Chicago and world premieres by Chris Schlichting, Molly Shanahan/Mad Shak and The Space Movement Project as well as works in progress by Honey Pot Performance and Ayako Kato. SpinOff will also welcome the New York-based curators of CATCH to present the first ever CATCH in Chicago, with multi-genre performances by local and Midwest artists. A complete performance schedule will be released at a later date. New Alaska, produced by Chicago Dance Crash

December 4-22, Fridays-Saturdays, 7:30 p.m.; Sundays, 2 p.m.

Storefront Theater, 66 E. Randolph St.

Taking its fusion-style aesthetic to a whole new level in this world premiere, Chicago Dance Crash will commission new work by several choreographers that specialize in Crash's trademark style of hip-hop, contemporary and acrobatics. Each will choreograph a piece inspired by Alaska, 100 years in the future, following a worldwide nuclear catastrophe.

The Department of Cultural Affairs and Special Events (DCASE) is dedicated to enriching Chicago's artistic vitality and cultural vibrancy. This includes fostering the development of Chicago's non-profit arts sector, independent working artists and for-profit arts businesses; providing a framework to guide the City's future cultural and economic growth, via the 2012 Chicago Cultural Plan; marketing the City's cultural assets to a worldwide audience; and presenting high-quality, free and affordable cultural programs for residents and visitors.

For information on all productions presented by the Department of Cultural Affairs and Special Events, visit our website: cityofchicago.org/dcase and join us on Facebook and Twitter @ChicagoDCASE.

PAGE 4 - OUR VILLAGE, Wednesday, July 15, 2015

Norvolution Honors Two Volunteers At First Appreciation Picnic

The first annual norVOLution Volunteer Appreciation Picnic with more than 140 in attendance on the grounds of Norwood Crossing, 6016-20 N. Nina Ave. in Chicago, recognized two outstanding local volunteers. Joe Longhini, a resident of Wrig-leyville, was named 2015 Betty Ohlgren Volunteer of the Year, and Sister Anne Marie Mullen, of Jefferson Park, received the 2015 Lifetime Achievement Service Award. Although inclement weather hovered in the distance, the sun broke through the clouds for the two-hour event to honor all volunteers at Norwood Crossing, Norwood Seniors Network, Norwood Park Senior Center, and Norwood Life Society.

Longhini began volunteering at Norwood Crossing in 2008 during his freshman year at Lane Tech High School. To fulfill his service hour requirement, Joe chose Norwood Crossing because he was familiar with it. His grandmother became a resident in January 2007, and Joe would often meet her on Saturday afternoons for bingo. She passed away in June the following year, but Joe wanted to continue volunteering. Although Joe has since graduated from Lane Tech as an Honor student, he continues to volunteer at bingo on Saturday mornings. In fact, his proficiency



The 2015 Betty Ohlgren Volunteer of the Year Award received by Joe Longhini is admired by Esther Garcia (seated left), a resident of Norwood Crossing, and Lois Stapleton, Life Enrichment Supervisor at Norwood Crossing.

in Spanish has enabled him to translate for Esther Garcia, a former opera singer in Cuba who only speaks Spanish but also loves to play bingo. In his free time, Joe listens to folk music, watches movies and visits friends and family.

"My grandmother loved playing bingo on Saturdays," said Joe, "and I'm happy to help other residents enjoy the experience just as much as my grandmother did."

Sister Anne Marie, a retired nun of the Sisters of Charity of the Blessed Virgin Mary (BVM), started volunteering at Norwood Crossing sometime after 2000. She had volunteered at nearby Immaculate Conception Church and then began assisting at the weekly Mass celebration at Norwood Crossing. She



Sister Anne Marie Mullen accepts the 2015 Lifetime Achievement Service Award from Mike Toohey, CEO of Norwood Life Society, and Kate Roche (right), director of norVOLution.

enjoys being with the residents and staff, and sharing experiences with them. Upon reflection, she cites her many memories visiting with Norwood Crossing residents. She holds a Bachelor of Arts degree in Math from Clarke College in Dubuque, Iowa, and a Master of Science degree in Counseling Psychology from Creighton University in Omaha, Nebraska. Her professional work included overseeing an orphanage, initiating a program for emotionally and educationally needy teenagers and then devoting her later work to helping teenagers with special needs and other problems.

In thanking the volunteers for the many roles they play in helping the elderly, Kate Roche, director of the norVOLution volunteer program at Norwood Crossing, said that of all the adjectives that depict our volunteers, they are best described as compassionate.

"...The volunteer program across our organizations is really a perfect example of new insights in brain science: Scientists are discovering that humans have a 'compassionate instinct' and that compassion is contagious. The more one experiences or witnesses compassion, the more likely one is likely to act compassionately" she said.

"The real reason our program grows is because of the compassion each and every one of you has for the seniors we serve together. Your example motivates others to want to be like you. norVOLution as a volunteer program grows because of who you are and what you do."

At Norwood Crossing, volunteers perform many duties and make selfless contributions for the elders in the community. They serve as walking companions, assist at bowling, pokeno, ceramics, and bingo activities, visit and spend time with residents, deliver meals to older adults who want to live independently in their own homes, clerk in the gift and thrift shops, help in the senior center, accompany residents to life enrichment activities and the beauty shop, and help in many more related areas.

Last year, over 400 volunteers provided nearly 21,500 hours participating in 25 separate activities. Those interested in volunteering can contact Kate Roche at (773) 577-5329.

Sulzer Regional Library Features Art Exhibition By Heather Mcadams

Chicago Public Library continues its commitment to Strengthen Communities, Nurture Learning and Support Economic Advancement by presenting Comic Strips, Movie Clips & Potato Chips, an exhibition of expression by Chicago artist Heather McAdams. The free exhibit will be on display from July 1 through July 31, 2015, at Sulzer Regional Library, 4455 N. Lincoln Ave. The exhibit features Ms. McAdams' selfportraits, comics, and her needlepoint designs of country music stars.

Heather McAdams will appear at a free reception and film screening on Thursday, July 9 at 6 p.m., at Sulzer Regional Library. During the event McAdams will present a series of her 16mm short films spotlighting jazz, folk & country music, vintage television ads, humorous movie trailers, and more. For more information call (312) 744-2781.

McAdams is best known for her work as a cartoonist for the Chicago Reader and as an experimental filmmaker. For more than 20 years McAdams has produced an annual hand-drawn calendar honoring various musicians, as well as presenting 16mm film jamborees with her husband Chris Ligon. McAdams has taught at the School of the Art Institute of Chicago, the University of Kentucky, the University of Rhode Island and Chicago Filmmakers.

Since 1873, the Chicago Public Library (CPL) has encouraged lifelong learning by welcoming



Heather McAdams Sulzer

all people and offering equal access to information, entertainment and knowledge through innovative services and programs, as well as cuttingedge technology. Through its 80 locations, the Library provides free access to a rich collection of materials, both physical and digital, and presents the highest quality author discussions, exhibits and programs for children, teens and adults. CPL received the Social Innovator Award from Chicago Innovation Awards; won a National Medal for Library Services from the Institute for Museum and Library Services and was ranked number one in the U.S. and third in the world by an international study of major urban libraries conducted by the Heinrich Heine University Dusseldorf in Germany. For more information, please call (312) 747-4050 or visit chipublib.org.

Visit Chicago Brauhaus During The Summer Concert Series In Lincoln Square

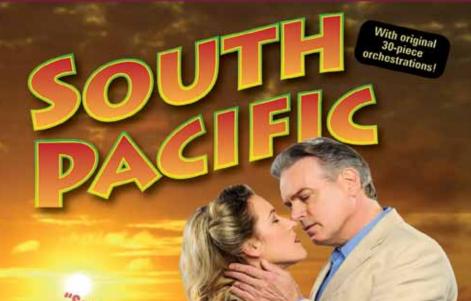
The annual Summer Concert Series, Lincoln Square's favorite free summer event, will begin soon!

The series will occur every Thursday evening from 6:30pm - 9:00pm in Kempf Plaza (across from

Chicago Brauhaus) through August 29th.

Join us for brats, beer, music and fun! 4732 North Lincoln Avenue

Great Music • Great Stories • Great Shows



.

Public Transportation Offers Best Travel Option for Summer Festivals

Summer fun is just a short ride away and the Regional Transportation Authority (RTA) is reminding riders that they can beat the traffic by taking the fastest and most convenient way to get around the region: public transportation. Take a bus or train to enjoy family time, meet friends at an event or just enjoy our great city. Riders can use the RTA's Trip Planner to plan travel and select routes with ADA accessible services when necessary. It is the only website in the region that provides a variety of options for getting around by using transit, walking, bicycling and driving. For more information about how the RTA Trip Planner can help you plan your next trip, visit www.RTAChicago.org.

Millennium Park Summer Celebration Through September

The Millennium Park Summer Celebration will feature hundreds of FREE events and exhibitions including an expanded Downtown Sound concert series, the first-ever Chicago Mariachi and Folklórico Festival and the 81st season of the Grant Park Music Festival; plus indie rock, electronic, jazz, classical and world music; the Summer Film Series on an outdoor, 40-foot LED screen; the Family Fun Festival; Summer Workouts; nature programs in the Lurie Garden; tours and more. More info at millenniumpark.org.

OUR VILLAGE, Wednesday, July 15, 2015 - PAGE 5

Even a Princess Can Get Estate Planning All Wrong



Chester M. Przybylo

We, as Americans, have a real fascination with royalty from "across the pond". While she was alive, Princess Diana seemed to be on the front cover of every magazine and tabloid at the supermarket. Her untimely death saddened people around the world. And there is another sad chapter to her legacy: Diana made an unfortunate mistake when planning her estate. She probably would have felt that insult had been added to injury in the manner her estate was handled.

Diana made it quite clear how she would want her estate to be distributed. She wanted her children, Prince William and Prince Harry, to receive a full three-quarters of her estate. As a generous and loving godmother to some seventeen godchildren she would have the remaining one-quarter of her estate divided equally among them. Additionally, her sons were to receive their individual share of the estate when each reached the age of

25. Her will states that her directions be followed"...as soon as possible, but no later than two years following my death ... " Her wish was that the directions she wanted followed could come in the form of a "memorandum or notes of wishes of mine." She followed up the next day with a handwritten Letter of Wishes that explained precisely how she wished the estate be divided.

Certain wording that she used in her Letter of Wishes allowed the executors of her estate, her mother and her sister, to successfully postpone executing her wishes. The executors went to court and were able to challenge her wishes. Since the Letter of Wishes allowed the executors to use their discretion, their "discretion" was to give each of the seventeen godchildren one piece of jewelry, rather than dividing a quarter of her estate evenly with these seventeen individuals. Prince Harry's portion of his inheritance was held in trust until he reached the age of 30, not 25, as Diana had requested. Diana's personal property was held for seventeen years by her brother, who was able to make money by putting the collection of her valuable artifacts up for viewing by the public.

While Prince William and Prince Harry did not have to worry about where their next meal was coming from, the way the matter was handled was not the way Diana had planned. In the case of normal, individual Americans, a mistake in documents could lead to confusion, lawsuits, unnecessary delays, and real hardships on the loved ones they leave behind.

If you have an estate plan it is wise to review it on a regular basis. If you are thinking of making changes to it, this is no time to become a "do-it-yourself" expert. Talk to a qualified, experienced estate planning attorney who knows and understands the nuances of the law. Have him or her review the documents to make sure they are not affected by laws that might have changed since you signed them. While you may not be royalty, you can take steps to insure that your heirs will receive your "estate" as you intended.

Chester M. Przybylo is a founding member of the prestigious American Academy of Estate Planning Attorneys, a nationally acclaimed organization whose members are dedicated to the highest standards of estate planning and elder law. His Chicago-based firm, Chester M. Przybylo and Associates, has served its clients for over 45 years. Visit the firm website for helpful information on estate planning: www.PlanOurEstate.com, or call 773-631-7100 for an appointment.

Evanston/Skokie Valley Metropolitan Family Services - Giving Hope And Opportunity To Families

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, metrofamily.org.

St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties !!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and baingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

VFW Announces Kick-Off of Annual \$30,000 **Scholarship Competition**

State Commander Phil Maughan of the Veterans of Foreign Wars (VFW) Department of Illinois announced the kick-off of this year's VFW's Voice of Democracy Scholarship competition. Local high school students have the opportunity to compete for thousands of dollars in scholarships and a trip to Washington, D.C.

Students must write and record a threeto-five minute essay on the selected theme using an audio CD or flash drive and present their recording, typed essay and completed entry form to their local VFW Post by November 1. The 2015-16 theme selected is "My Vision For America". Students begin by competing at the local Post level with an entry deadline of November 1. Post winners compete at the District level with the winner advancing to the state competition. All speeches are judged based on the sound recording submitted.

All state first-place winners receive a four day trip to Washington, D.C. and the chance to compete for their share of more than \$150,000 in scholarships. The first-place winner receives a \$30,000 college scholarship.

The National Association of Broadcasters (NAB) started the Voice of Democracy Scholarship program in 1947. The VFW became a national sponsor in the late 1950s and assumed sole responsibility for the program

in 1961. The competition was created to provide students grades 9-12 the opportunity to express themselves in regard to democratic ideas and principles. Around 40,000 students participate in the competition each year and VFW awards more than \$2 million in scholarships every year.

Interested students and teachers should contact the Voice of Democracy Chairman at their Local VFW Post or contact State VFW Headquarters at vfwil@vfwil.org for more information.

FOR DETAILS VISIT www.vfw.org/VOD. ABOUT THE VFW: The Veterans of Foreign Wars of the U.S. is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, Guard and Reserve forces. Founded in 1899 and chartered by Congress in 1936, the VFW is the nation's largest organization of war veterans and its oldest major veterans organization. With nearly 1.9 million VFW and Auxiliary members located in more than 6,800 Posts worldwide, "NO ONE DOES MORE FOR VETERANS." The VFW and its Auxiliaries are dedicated to veterans' service, legislative advocacy, and military and community service programs. For more information or to join, visit our website at www.vfw.org.

Niles Township Food Pantry Manager **Receives Award from National Louis University**

Skokie, Illinois, was chosen by unanimous vote to receive the Professional Assistance Center for Education (P.A.C.E.) program award from National Louis University in Chicago.

Created in 1986, P.A.C.E. is a two-year, post-secondary program offered by National Louis University (NLU). Designed to meet the transitional needs for young adults with multiple learning disabilities. P.A.C.E. is a leading residentialbased program in the country that integrates career preparation, life skills and socialization instruction into a curriculum



that prepares students for independent living through experiential learning.

Wendy Gearing, Assistant Director of the P.A.C.E. Program wrote "over the last 7-years Tony was able to teach job skills, life skills as well as social skills to all of the interns. Tony knows how to interact and draw out their talents and strengths. He has taught over thirty students the skills necessary to graduate P.A.C.E. and obtain gainful employment."

Niles Township Supervisor Marilyn D. Glazer and Mark Collins, Trustee and Food Pantry Liaison are equally proud of Mr. Araque. Glazer was quoted as saying; "before Tony became manager there was always much angst over the management of the food pantry. Tony has stepped up and helped transform our pantry into one of the leading facilities in northern Illinois. Our elected board, his fellow employees, and I are extremely proud and happy that Tony is receiving recognition for his work helping people overcome challenges and find their place."

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

Kiwanis Of Ravenswood

The Kiwanis Club of Ravenswood meets at Noon every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side. To confirm the meeting dates please call Maria Bappert at 773-728-8127. Thank you.

July 23 - Regular Club Meeting with Eagle Scout Harry Winters as guest speaker. HAPPY FOURTH OF JULY! Let's

always remember that courage, dedication, and effort made this country what it is today and what it will



become in the future. You can and do make a difference in your community. America's future depends on each and every one of us. Our forefathers had a dream and that dream must continue. We are the land of opportunity and the home of the free.

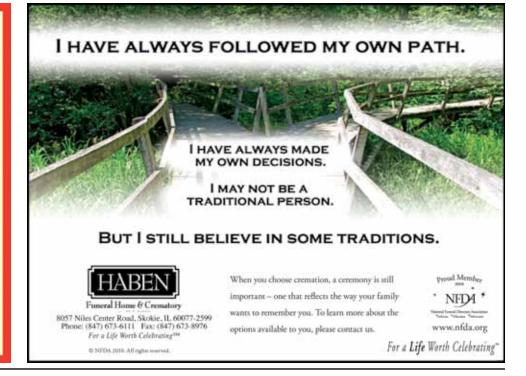
Tony Araque, Manager of Niles Township Food Pantry in

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PAGE 6 - OUR VILLAGE, Wednesday, July 15, 2015

Act Quickly When Flooding Occurs Rainbow International® offers tips on what to do before, during and after a flood disaster

Soaked rugs, damaged walls, warped flooring and ruined furniture are only the beginning of what homeowners in flooded areas across the nation are experiencing. Flooding can happen anywhere and can be caused by heavy rains, severe storms, poor drainage, plumbing issues, and other waterrelated issues. The key is to be prepared and take quick action when a flood disaster occurs.

Rainbow International offers these general tips on being prepared before, during and after a flood:

Before ...

Check with an insurance agent about flood insurance for the home.

Prepare a home inventory of furniture and valuables in the home, including details and pictures.

Put together a family emergency plan and make sure everyone in the household knows what to do.

If you live in a high-risk flood area, prepare an emergency kit, including insurance policy numbers and phone numbers, a change of clothes for each family member, essential toiletries, bottled water and nonperishable food items, flashlights, batteries, blankets, first aid kit, disposable cleaning cloths, insect repellent, and enough cash to last you a few days.

If you have a leak in your home, have it repaired immediately. Waiting to do repairs often results in flooding that causes structure or mold damage to your home.

During..

Watch the weather for high amounts of

rain in a short time period or tropical storms headed your way. Listen carefully to advisories, follow directions from local officials, and evacuate if needed.

If you have a second floor or large attic, move special furniture, family photographs, area rugs, computers, televisions, artwork, and other expensive items to a higher level to keep them dry.

If flooding is about to reach your home, shut off the electricity, gas, and water to your home. However, never touch electrical sources if you are standing in water.

Never walk or drive through high floodwaters.

After.

Act quickly. Report damage to your insurance agent or company as soon as possible to begin processing the claim immediately so restoration process can begin.

Take photos of the damaged areas both inside and outside to document the damage and give to your insurance agents.

Never turn on the electrical power to your home until a professional makes sure it's safe to do so.

Be patient and never use a home vacuum to remove water since electrical shock can result, as well as damage to the equipment. Let the restoration professionals do the cleanup.

"The number-one goal in a flooding disaster is for families to stay safe," said Rainbow International President Mark Welstead. "Then, it's important to act quickly to begin the cleanup and restoration process to prevent further damage in the home."

Evanston's Divvy Bike Program Funding Confirmed; Installation Now Set for Spring 2016

The City of Evanston is pleased to have received confirmation that Divvy bikes will be ordered in the fall of 2015 in order for the Bike Sharing Program to be in place in spring

Both the Illinois Department of Transpor-

Transportation (CDOT) have expressed their desire to continue to make the bike share program a success, especially in the suburban expansion project. They stated that they believe

Village Cooking Corner

From the Kitchen of Anastasia E. Weaver

One of my most vivid memories of childhood was watching my mother pick fresh vegetables in her garden and then create a dinner masterpiece for us to enjoy from her own home grown garden. She called it Tourlou-Tourlou or Summer vegetable casserole. When I started my own household with my husband it has become one of my favorite go-to recipes for healthy eating. I do not have a large garden like my mother, but I do grow herbs and once in a while like this year tomatoes, eggplants and peppers in containers! If I don't have my own home grown vegetables to use I go to the Farmer's Market or Whole Foods or my local Jewel. Right now there are plethora veggies to choose from and you can create your own masterpiece casserole at home.

Summer Vegetable Casserole (Tourlou-Tourlou)

2 medium onions, thinly sliced (usually use Georgia Vidalia Onions)

3 cloves of garlic, sliced

1 cup fresh parsley

1 cup of olive oil

1/2 lb green beans, cut in thirds

3 or 4 Celery stalks with leaves chopped

1/2 cup of water

2 green peppers cut in strips length wise 2 red peppers cut in strips length wise

2 potatoes peeled and quartered (I generally use Yukon Gold potatoes or Russet)

1 eggplant, cubed

2 medium zucchini, cut into 1 inch rounds

4 carrots, peeled and sliced

1/2 lb of Okra (I usually use frozen Okra to eliminate the extra step of sautéing the Okra) If you use frozen Okra you should sprinkle them with lemon juice prior to mixing them with the other vegetables.

Zucchini blossoms (optional) (I sometimes locate these at Greek Produce Markets

- 2 lbs of ripe garden grown tomatoes pureed in food processor or you may substitute a 28-oz can of peeled diced plum tomatoes
- Dash of dried oregano (I grow my own Greek Oregano and dry it during the summer for use throughout the year.

1 tsp of sugar

Salt and Pepper to taste

In a large Dutch oven place the first six ingredients, toss to mix and sauté for 3 to 4 minutes. Add a 1/2 cup of water and bring to a boil. Add the balance of the ingredients, season with salt and pepper to taste. Cover. Reduce the heat to low and simmer until all vegetables are tender, shaking the Dutch oven occasionally to make sure all the vegetables are being cooked evenly. You may have to add a little more water as the vegetables absorb the liquids. If you do not have some of the vegetables or prefer not to use them you may eliminate them.

You can also bake this wonderful casserole by layering the vegetables in a large baking pan and pouring the tomato sauce and water over the vegetables, season with salt and pepper and bake in a 375 degree oven for about 25 minutes. Reduce the oven to 350 degree temperature and bake until the vegetables are tender about 1-1/2 hours. Serves about 6. Serve this wonderful dish with crusty bread and Kalamata (Greek) olives and slices of Feta cheese. Bon Appetit



OUR VILLAGE, Wednesday, July 15, 2015 - PAGE 7

The Chicago Bar Association Lawyer Referral Service



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312-554-2055 (for the hearing impaired)

Evening/weekend help available for criminal, domestic relations and personal injury matters. Visit www.chicagobar.org/LRS for 24-hour referrals.



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312-554-2001 or www.chicagobar.org/LRS





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PAGE 8 - OUR VILLAGE, Wednesday, July 15, 2015



5 br, 4 ba, Newer build. Sophisticated Kitchen with new appliances, Open Floor plan, Bright Southern exposure, Amazing Dist 30 schools/GBN 225. Generous room sizes. Walk to park and school location. Full finished basement with bath rough-in. You're going to love living here.

2368 Bellevue Place, Northbrook \$1,150,000