



# OUR VILLAGE



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Next Edition  
July 15

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## Chicago July 4th Fireworks



Chicago 4th of July is a thrilling time to visit the Windy City. Many locals will advise that the best time to visit Chicago is the summer, when parks are in bloom and the sun is shining. The Navy Pier fireworks are one of the summer's highlights, and festivities continue well into the evening. Chicago is a great place for families looking for a fun way to spend the patriotic holiday, or even better for couples and groups of friends looking to combine nightlife and the 4th of July. No matter what brings you to the city, don't miss out on the chance to see the sparkling Chicago fireworks.

Each city across the US has its own way of celebrating this national holiday. Spending July 4 2015 in Chicago is sure to combine food, fun, fireworks, and music. Every local has their own favorite element of a Chicago 4th of July, including the yummy offerings of Taste of Chicago, outdoor symphony performances, and Chicago fireworks over Lake Michigan. Celebrations during the day have a distinct family atmosphere, so don't be surprised to see kids with firecrackers at just about every corner. The patriotic spirit takes over Chicago each Independence Day, so plan a trip and experience it yourself.

The Navy Pier fireworks are another favorite on the annual schedule of events. Typically, Chicago has more than one display of fireworks. You can catch the Chicago fireworks over Lake Michigan and another patriotic display at Navy Pier. The schedule can change each year, so check the Navy Pier website to find out when this show will take place. Other events include music and activities at beautiful Millennium Park. Beginning at 11am, the park will be full of families picnicking, concerts for the music festival, and other events for kids and families to enjoy.

A Chicago 4th of July is a great opportunity to enjoy an American pastime: baseball. While the game schedule varies each year, there are usually games over the long 4th of July weekend. Whether you want to see the Chicago White Sox or the Chicago Cubs (or both!) you will get a glimpse of American history by visiting these stadiums and supporting the teams. Kids will love the chance to sample a hot dog in the stadium and cheer on the home team. Attending a baseball game might just make this 4th of July stand out in your memory for years to come.

If you've already seen the Navy Pier fireworks, mix things up by scheduling a boat tour for the 4th of July 2015. There are a few companies that offer holiday tours on the water, including Odyssey Cruises and Spirit of Chicago. Choose from a range of options in different price ranges and times.

## Skokie's July 4th Parade

Celebrate the birthday of the United States of America with the annual Skokie Fourth of July Parade beginning at noon on Saturday, July 4, 2015. The route starts at Oakton Community College, onto Oakton Street, in Downtown Skokie and concludes at Oakton Park. The parade takes place rain or shine. The Fourth of July Parade Committee, led by Alan Gerstner, has worked for months to bring top-rated groups to march in the community. This year the parade will have it's first Grand Marshal, Christian Stolte, Co-Star of NBC's Hit Drama "Chicago Fire" and Roger Badesch from WGN Radio as the Reviewing Stand announcer.

Event sponsors include the Village of Skokie and the Skokie Park District. The parade is followed by an evening of family festivities at Niles West High School, 5701 Oakton Street, beginning at 5 p.m. Musical entertainment begins at 6 p.m. End the evening with a spectacular, 3-D fireworks celebration scheduled for dusk. The fireworks are sponsored by the Village of Skokie and the Skokie Park District.

For more information, please visit [www.skokie4th.org](http://www.skokie4th.org) or call 847/933-8210.

## Local 4th of July Parades!

### Arlington Heights

9:30AM on the corner of Dunton and Oakton in Arlington Heights, IL

### Glenview

10:45AM at Park Center, 2400 Chestnut Avenue, Glenview, IL

### Skokie

11:30AM at Oakton Comm. College, 7701 N Lincoln Ave in Skokie, IL

### Evanston

1:30PM on Central Park Avenue and Central Street, Evanston, IL.

## Chicago Public Library Closed on July 3 & 4, 2015

PLEASE BE ADVISED that all Chicago Public Library locations, including the Harold Washington Library Center, Woodson and Sulzer Regional Libraries, will be closed on Friday, July 3 and Saturday, July 4, 2015 in observance of Independence Day. For more information, please call the Library's Press Office at (312) 747-4050.



The 35th Annual Taste of Chicago is July 8-12 in Grant Park with hours 11am-9pm, Wednesday-Friday, and 10am-9pm, Saturday and Sunday. For more information on the FREE admission festival, call 312.744.3316 or visit [tasteofchicago.us](http://tasteofchicago.us). Join the conversation on Facebook at Taste of Chicago and follow us on Twitter, @TasteofChi (#TasteofChi) and Instagram, @ChicagoDCASE (#TasteofChi).

(See Page 5 For A History of the Fest and a Map of Vendors and Events)

## 2015 Starlight Concert Series Returns with 10 Free Shows Beginning June 6

Evanston's Starlight Concert Series runs through July 28 and features 10 free outdoor concerts at nine park locations throughout the city. Start times vary.

Other performers in the Starlight Concert Series include hip-hop and soul group Sidewalk Chalk, Latin band Grupo Cumbé, contemporary Zydeco and Creole band Jeffrey Broussard & The Creole Cowboys, and many more!

A variety of food trucks, including Chicago Cupcake, Grill Chasers, Hummingbird Kitchen, Sweet Ride Chi, 5411 Empanadas, Taquero Fusion and Pierogi Wagon, will also be available on Thursday, July 14 while guests enjoy the R&B, funk and soul tunes from R-Gang during the Food Truck Fest event at Brummel Park, located on Brummel St. at Elmwood Ave.

Please note that all concerts are free to the public. To view the complete concert schedule, visit [cityofevanston.org/starlight](http://cityofevanston.org/starlight).

In the event of inclement weather, rain site information will be available after 4:30 p.m. on the show date by calling 847-448-8058 or 847-448-4311. For convenience, residents can simply dial 3-1-1 while in Evanston.



WEDNESDAYS 3-8pm

JULY 8th - AUG 26th

REPUBLIC BANK PARKING LOT 2720 W. DEVON AVE.



WestRidge  
chamber of commerce



State Senator Ira Silverstein



Like us on Facebook:  
<https://www.facebook.com/DevonAvenueCommunityMarket>



Link is accepted!

# From Retirement To The Runway: Norwood Park Woman Models How To Age Well

When Kay Holstein of Norwood Park heard about a Chicago fashion show looking for volunteer models age 50 and better, she jumped at the chance. "I didn't think about it—I just called and arranged a meeting, and everything fell into place," says Holstein, a recent retiree who enjoys clothes and wearing bright colors. "It ended up being an unforgettable experience; overall, it was absolutely wonderful and I am so glad I participated!"

The show that Holstein modeled in was organized by Wendy Pack of Fashion Over Fifty, which targets helping older women gain self-esteem—and those who want to dress fashionably and appropriately, without looking "too old or too young." ([www.FashionOverFifty.com](http://www.FashionOverFifty.com)) The models were coached by Mark David Carter, an experienced runway coach, in multiple rehearsals before the show. The big event was held at Bloomingdale's on Michigan Avenue on Saturday, May 9, and featured clothing and accessories from the store. The models strutted among audience members in the store's aisles; Holstein estimates there may have been 70 people in attendance.

"I've always suffered from shyness and stage fright, and I was amazed afterward to realize that I had walked down the runway without experiencing any fear," says Holstein. "In fact, I hope I have a chance to do it again!"

Holstein spent more than 20 years working for the Ludwig Drum Company in Chicago, followed by several years in various office positions. After she retired in 2014, she says, "I felt like I'd been turned loose. I didn't have a lot of free time when I was working, and now I'm always on the run, trying different things and getting involved. Honestly, I think I'm more active than I want to be!"



## It All Started at Mather's—More Than a Café

One of Holstein's avenues for learning and entertainment is her local Mather's—More Than a Café at 7134 W. Higgins Ave. She began dropping in just three months after her retirement. At these innovative neighborhood places, people of all ages can enjoy fresh, made-to-order food; additionally, those age 50 and better can sign up for programs and events, including computer tutorials, live music concerts, exercise classes, and informative lectures.

It was at Mather's that Holstein learned about Fashion Over Fifty. Although the two organizations are not affiliated, the Mather's—More Than a Café receptionist handed Holstein a brochure on the fashion event, telling her that she would be a perfect fit.

"Mather's is a great way to stay active by attending classes and lectures covering a wide variety of interesting subjects," says Holstein, who seems to be interested in learning about just about every topic. "Last week I attended a class on painting vases and also a presentation on haunted houses in the Chicago area. I'm currently attending a series of lecture classes on Saturdays, which covers topics in medicine. There are exercise classes, dinner theater performances, and a lot of other subjects to keep you very busy, along with meeting a lot of new people!"

The public is welcome to drop in and visit Mather's—More Than a Café. Mather's on Higgins Avenue is open six days a week: Monday through Thursday, 7:30 a.m. to 3:30 p.m., Friday 7:30 a.m. to 7:00 p.m., and Saturday 9:00 a.m. to 2:00 p.m. Another Northwest Side location, at 3235 N. Central Avenue, is open Monday through Friday, 8:00 a.m. to 4:00 p.m.

For general information on Mather's—More Than a Café, visit [www.mathersmorethanacafe.com](http://www.mathersmorethanacafe.com) or call (888) 600.2560.

# Concert Of St. Florian Boys' Choir From Austria

The renowned St. Florian Abbey Boys' Choir will go on a concert tour of the USA the beginning of July, and expressed interest in coming to Chicago. They contacted Mr. Helmut Groetzl, President of the Austrian Mixed Chorus, who started looking immediately for a suitable place in the Windy City. We are happy to report that the Boys' Choir will participate in a bilingual English-German Mass at 5:00 pm on Saturday, July

11, at the Queen of Angels Church, 2330 W. Sunnyside Avenue. After the Holy Mass, starting at about 6:00 pm, they will give their concert under the direction of Mr. Franz Farnberger. The preliminary program includes sacred and secular choir music, including works by Wolfgang Amadeus Mozart and Johann Strauss, international songs, and music from Austria, such as waltzes and traditional folk music. As a grand finale, the choir will also perform songs from "The Sound of Music," celebrating the 50th anniversary of the famous movie. There is no charge for the concert, but a free will offering will be taken.



Queen of Angels Church is located one block north of Montrose Avenue and half a block east of Western Avenue, across the street from Welles Park. Street parking is available all around the church, and there is also the school parking lot on the northwest corner of Western and Sunnyside. Please mark your calendar to save the date and tell all your friends about it as well.

Thank you, or as they say in Austria, "Vergelt's Gott!"

For more information contact Austrian Mixed Chorus members Trudy Nika at (630) 960-1123 (Email [Nika7157@comcast.net](mailto:Nika7157@comcast.net)) or Maria P. Bappert at (773) 728-8127 (Email: [weindorfermitzi@att.net](mailto:weindorfermitzi@att.net)).

## St. Demetrios August 21,22,23 66th Annual Festival

**Featuring Great Food:**

- Chicken
- Lamb
- Souvlakia
- Pastichio
- Loukoumades

**CHICAGO'S GREEKFEST!!!**

**BIG CASH RAFFLE AND DOOR PRIZE GIVEAWAYS**

- Kafenio and Taverna
- Live Greek Band for Music and Dancing
- Family Games and Rides

### Come Join Us for a Weekend of FUN!

- Kiddie Rides
- Greek Imports/Souvenirs
- Imported & Domestic Beverages
- Church Tours
- Bookstore
- Gyros, Saganaki
- And Much More!

Friday 5:00 p.m. - 11:00 p.m.  
Saturday 2:00 p.m. - 11:00 p.m.  
Sunday 12:00 noon - Midnight

Celebrate at St. Demetrios Greek Orthodox Church  
2727 W. Winona, Chicago, Illinois 60625  
(1 block south of Foster and California)

**\$10,000 CASH RAFFLE**

Grand Prize: \$5,000  
Second Prize: \$2,500  
Third Prize: \$1,500  
Fourth Prize: \$1,000

**For More Information Call (773) 561-5992**

## Community First Medical Center

### July Health Events For Area Residents

Community First Medical Center, 5645 West Addison Street, Chicago, will offer the following health events in July.

The Diabetes Support Group will meet Tuesday, July 7, from 6:30-8:00 p.m. This free support group aims to provide mutual support and education. For information call 773-794-8329.

Having trouble paying your health care insurance deductible? Come to a free lecture offered by staff from Access to Care, a nonprofit program for low-income uninsured and underinsured people living in suburban Cook County. The program covers individuals that meet eligibility guidelines with high deductible insurance plans. A lecture discussing services will be held Thursday, July 9, from 6:00 pm-7:00 p.m. In Conference room A. Registration is required by calling 773-794-8484. Attendees can also register for services after the lecture. If you plan to register for services onsite please bring: proof of income, proof of address and proof of identity. This information is completely confidential and is only used to verify that you are not eligible for a more comprehensive medical program.

A free Healthy Aging Program will be held Friday, July 10, from 1 p.m. to 2:30 p.m. This program is for individuals aged 55 and older and consists of social time, health topics and guests lectures. Stephanie, from Health Alternative Systems, Inc., will discuss behavioral health and other services they offer to Community Members. Registration is not required.

A cholesterol screening will be held on Tuesday, July 21, from 7:00 a.m. to 9:00 a.m. A 12-hour fast is required for this blood draw that will test for total cholesterol, triglycerides, HDL and LDL. Test results will be mailed. Advance registration is required by calling 773-794-8486. There is a \$10 fee payable in cash or check at the screening.

Free blood pressure screenings will be offered Thursday, July 22, from 9:00 a.m. to 10:00 a.m., in the hospital's main lobby. A health care professional will perform screenings and answer questions about blood pressure readings. Registration is not required.

The Arthritis Support Group will meet Wednesday, July 23, from 1:00 p.m. to 2:30 p.m. This session is free. Registration is not required.

# Neighborhood Farmers Markets

## Chicago Farmers Markets

Chicago Farmers Markets presented by Country Financial open across Chicago this spring and run through October. The city-run markets sell fresh fruits, vegetables, plants and flowers, and some community markets also feature music programming, prepared food and local artisan (non-food) vendors. A complete list of all markets with dates and times can be found at [chicagofarmersmarkets.us](http://chicagofarmersmarkets.us).



## 2015 Schedule Of Downtown And Neighborhood Farmers Markets

### Weekly Neighborhood Markets

#### TUESDAYS

##### \*Lincoln Square

(Lincoln/Leland/Western)

June 2 – October 27; 7 a.m.-1 p.m.

#### WEDNESDAYS

##### Devon Community Market

(2720 W. Devon Ave.)

July 8 – August 26; 3 p.m.-8 p.m.

#### THURSDAYS

##### Argyle Night Market

(Argyle & Sheridan Rd.)

July 9 – September 3; 5-9 p.m.

#### SATURDAYS

##### Lincoln Park

(Armitage & Orchard)

May 9 – October 24; 7 a.m.-1 p.m.

#### Northcenter

(Belle Plaine/Damen/Lincoln)

June 13 – October 24; 7 a.m.-1 p.m.

#### SATURDAYS

##### Morton Grove

6210 W. Dempster — 8 a.m. to Noon

#### SUNDAYS

##### Portage Park

Northwest Corner of Portage Park at Berteau & Central — 10 a.m. – 2 p.m.

### Downtown Markets

#### TUESDAYS

##### \*Federal Plaza (Adams & Dearborn)

May 19 – October 27; 7 a.m.-3 p.m.

##### Museum of Contemporary Art (MCA)

(Chicago & Mies van der Rohe Way)

June 2 – October 27; 7 a.m.-3 p.m.

#### THURSDAYS

##### \*Daley Plaza (Washington & Dearborn)

May 14 – October 29; 7 a.m.-3 p.m.

##### Willis Tower (233 S. Wacker Dr.)

June 25 – October 29; 7 a.m.-3 p.m.

\*MARKET ACCEPTS LINK

## Mark Your Calendars for the Skokie Farmers' Market

Visit the Skokie Farmers' Market opening on Sunday, June 14, 2015. The Market will be open every Sunday through Sunday, October 25, 2015. Hours are 7:30 a.m. until 12:45 p.m. Arrive early for the best selection. The Market is relocating back to the west half of the Village Hall parking lot at 5127 Oakton Street.

A wide selection of fresh grown seasonal fruits and vegetables are always in abundance at the Farmers' Market. Also available are fresh baked goods, farm fresh eggs, a variety of mushrooms and cheeses, fresh cut flowers and plants and much more.

Special attractions to the Market include:

July 5 - Meet members of the Consumer Affairs Commission

July 12 - Music by Doug Blake

July 19 - RC Juggle and music by Steve Martin Blues

July 26 - Chef Demo with Sweetie Pies Bakery and music by Gene

August 2 - Music by Doug Blake

August 9 - Music by Gene

August 16 - RC Juggle & Music by Gene  
August 23 - Music by Doug Blake  
August 30 - Backlot Bash & Music by Gene  
September 6 - Amadeo String Duo  
September 13 - Music by Doug Blake  
September 20 - Document Destruction event & Music by Gene  
September 27 - RC Juggle & Music by the Amadeo String Duo  
October 4 - Music by Doug Blake  
October 11 - Music by Gene  
October 18 - RC Juggle  
October 25 - Trick or Treat!  
Sponsored by the Consumer Affairs Commission, there will be some new vendors and other fun surprises at this year's Farmers' Market for families including chef demos, document destruction event on September 20, balloon artist and a variety of musicians. Visit [www.skokie.org](http://www.skokie.org) for details. For more information on the Skokie Farmers' Market contact Janelle Silva, Market Manager, at 847/933-8257 or visit [www.skokie.org](http://www.skokie.org).

## Edison Park Farmers Market

Wednesday, July 29 • 4-8PM

6730 N. Olmsted • Center Metra Parking Lot (Across From Edison Park Inn)

Come one, come all to this family friendly, dog friendly neighborhood event! Fresh produce, soaps, homemade doggie treats, cheese, inflatable, acoustic entertainment by Robbie Gold, balloon artist, and specialty beers.

\*Please note this parking lot will be closed at 7am. Violators will be towed at owner's expense. Alternate parking is available in the east and west Metra parking lots).



## Maxwell Street Farmers Market

The Maxwell Street Market is a Chicago tradition of bargains and bargaining with an international flavor. The market offers an eclectic mix of merchandise—from tools to tires, plus fresh produce, furniture, clothing, rare finds and collectibles—and some of the best Mexican and Latin street food in Chicago.

Free Admission • Weekly: Every Sunday • 7 am - 3 pm

## Devon Community Market Begins July 1st

Join us every Wednesday evening in summer 2015 from 3 pm-8 pm at the Devon Community Market. Shop neighborhood vendors and farmers from around the tri-state area, and enjoy performances by local artists.

Wednesdays July 8 – August 26, 2015

Republic Bank Parking Lot – 2720 W. Devon Avenue

3 pm – 8 pm

Interested in becoming a vendor? Contact Market Manager, Farid Muhammad at 773-743-6022 or [devoncommunitymarket@gmail.com](mailto:devoncommunitymarket@gmail.com)

## Jefferson Park Sunday Market

The Jefferson Park Sunday Market which is held in Jefferson Park from 9:30 a.m. until 1:00 p.m. on alternate summer Sundays will begin on June 14th. The market which sells fresh produce, bake goods, and food from food trucks is held on the corner of Long and Lawrence. Volunteers are always welcome. Entertainment by local musicians often brightens the days. For more information contact Merrill at 847 902 2961 or Jefferson Park Sunday Market or [facebook.com/JeffersonParkSundayMarket](http://facebook.com/JeffersonParkSundayMarket). Dates for the summer are June 14, June 28, July 12, July 26, August 9, August 23, Sept. 13, Sept. 27, Oct. 11, October 25. The Sunday Market will go on rain or shine. Volunteers do not have to commit for the entire season; one day will help.

## Food Depository Helps Kick Off Cook County Summer Meals Effort

A coalition of federal, state and Chicago are organizations are holding the 2015 Summer Meals kickoff event at Dunbar Park in Chicago on June 24.

The event is sponsored by the Chicago Summer Meals Working Group which consists of the United States Department of Agriculture, Illinois State Board of Education, Greater Chicago Food Depository, No Kid Hungry Illinois, Chicago Parks Department, Illinois Hunger Coalition, Archdiocese, Catholic Charities, Department of Family and Support Services, Chicago Housing Authority and Chicago Public Schools.

The kickoff will include information for parents about summer meals, a short speaking program, immunization and nutrition information, games, activities, and a meal distribution for children.

"For many children, the summer is filled with the uncertainty of hunger," said Kate Maehr, Food Depository executive director and CEO. "However, there are summer programs that can help fill the gap when children are out of school. We want to make sure families know the resources available to them and feed as many children as possible."

Along with the Greater Chicago food Depository, Chicago sponsors are expected to deliver more than six million meals throughout this summer. The Greater Chicago Food Depository alone will have more than 250 feeding sites and will serve approximately 400,000 meals.

In Cook County, nearly 255,000 children – 1 in 5 – is at risk of hunger. During the school year, children receive free and reduced-price meals at school. But in the summer, many children no longer receive those meals. There are free programs available to fill that gap, but only 14 percent of eligible children utilize summer meals.

"One of the most powerful things we can do to build a brighter future for the children of Illinois is to give them the nutrition they need to learn and grow," said Tim English, Regional Administrator, USDA Food and Nutrition Service. "USDA's Summer Meals Program gives communities an opportunity to play a lead role in combating hunger and promoting good nutrition and physical activity."

Summer meal programs are administered by the Illinois State Board of Education and federally reimbursed by the USDA as part of its Summer Food Service Program.

Nearly 1,000 children are expected to attend the free event, from 10 a.m. – 2 p.m.

## Downtown Evanston Farmers' Market 40<sup>TH</sup> Year

The Downtown Evanston Farmers' Market kicks off its 40th year. It features fresh and locally grown fruit, vegetables, flowers and plants, along with meat, cheese, eggs and bakery items.

The market will take place every Saturday from 7:30 a.m. to 1 p.m. through November 7 at the intersection of University Pl. and Oak Ave., behind the Hilton Garden Inn. Parking is free in the adjacent 1800 Maple Avenue Self Park Garage with ticket validation at the City of Evanston tent (click on map to expand).

LINK cards are accepted and reusable bags are sold on site. Popular canning and food preservation workshops will be back at the market again this year in June, July and August, with exact dates to be announced.

For more information, visit [cityofevanston.org/market](http://cityofevanston.org/market), or call 311 (847-448-4311 outside of Evanston). Community members can also sign up to receive information about Farmers' Market vendors, upcoming programs and events at [cityofevanston.org/newsletter](http://cityofevanston.org/newsletter).

## Help Fill The Niles Township Food Pantry

Two Skokie organizations, The Men's Club of Ezra-Habonim, the Niles Township Jewish Congregation, 4500 W. Dempster, and Walgreens, 3945 Dempster, will join together to sponsor a Food Drive from Sunday, July 19 to Friday, July 25.

They are asking for canned goods and dry food products to be donated to fill the shelves of the Niles Township Food Pantry. These foods will be given to the hungry in the community.

All foods can be dropped off at Walgreens.

For further information, please call Ezra-Habonim, the Niles Township Jewish Congregation office at 847-675-4141.

## South Loop Embraces Locally Grown Food Movement

The opening of the South Loop Farmers Market, with vendors selling local farm-fresh produce, meats, cheeses, baked goods, specialty foods and other artisan products, will be Thursday, June 25 and will continue every Thursday—rain or shine—through Oct. 8, 4-8 p.m.

The South Loop Farmers Market (SLFM), an independent market supported by the city, will be held in the parking lot adjacent to the National Historic Landmark, Second Presbyterian Church, 1936 S. Michigan Ave., Chicago.

The South Loop Farmers Market aims to encourage the consumption and support of locally grown, quality, and healthy foods; to promote the South Loop's historical significance, diversity, and culture; and, to provide a location for the celebration of the food-producing regions of the Midwest. The European-style gathering will also feature prepared foods and live entertainment—fashioning the Market as the social 'place to be' in the South Loop Thursday nights.

A key sponsor of the SLFM is the Metropolitan Pier and Exposition Authority (MPEA). McCormick Place, one of the largest insti-

tutional anchors is the South Loop, has embraced the locally grown food movement with their own 20,000-square-foot rooftop farm on the West Building. The space, which opened in 2013, is a partnership between SAVOR... Chicago, a restaurant and catering business based in the convention center, and the Chicago Botanic Garden.

With the help of apprentices who work through an educational program, the rooftop provides about 10,000 pounds of produce each year to SAVOR and promotes local sustainable agriculture and opportunities to train city residents for careers in urban agriculture. Attendees to the SLFM will enjoy SAVOR chef demonstrations showcasing their locally grown foods, as well as tours of the McCormick rooftop garden-farm.

Another key stakeholder sponsoring the market is the Central Station Development Corporation. Central Station is owned by Fogelson Companies and Forest City Enterprises, and is the developer of Central Station, a community of more than 4,500 residential units, parklands and retail development, located on 80 acres in the South Loop and Grant Park.

# City Of Chicago Hosting Free Minimum Wage & Plastic Bag Ban Workshop

## July Workshops Include Mobile Food Licensing, And Opening Airport Concessions

The City of Chicago wants businesses and consumers to be fully educated on two important ordinances going into effect this summer. The City of Chicago Department of Business Affairs & Consumer Protection (BACP) is hosting "Everything You Need to Know about the Minimum Wage & Plastic Bag Ban Ordinances" to ensure that workers know about their rights in the workplace around the increase to a \$10 local minimum wage that goes into effect on July 1, 2015 and that businesses are prepared for it and the Plastic Bag Ordinance which takes effect August 1, 2015. This free workshop will be held on July 8, 2015 from 3:00 p.m. to 4:30 p.m. at City Hall, 121 N. LaSalle St., Chicago.

"The workshops are an opportunity for business owners and startups to learn about new and existing laws as well as innovative ways for growth in various industries," said Commissioner Maria Guerra Lapacek, of BACP. "Each presentation is produced and designed to help entrepreneurs run and maintain healthy businesses throughout the City."

BACP will also host a series of informational workshops on minimum wage for businesses, chambers of commerce, and other business advocacy groups to inform them of their responsibilities

under the new ordinance. The department will also send compliance information to its e-mail list of more than 60,000 businesses. Additionally, the Mayor's Office will send information about the ordinance to more than 2,000 faith, community, and small business leaders.

The City has prepared a variety of materials, available online, to ensure that businesses and workers understand the compliance process and timeline. The minimum wage ordinance regulations can be found [HERE](#). BACP has also produced a video on the upcoming raise in the Minimum Wage that can be viewed at: <https://www.youtube.com/watch?v=a7C8w783G30>

The Small Business Center (SBC) at the Department of Business Affairs and Consumer Protection hosts free business workshops every Wednesday and Friday in Room 805 at City Hall, 121 N. LaSalle St., Chicago. Workshops are conducted by city officials, BACP's partner organizations, and experts in the industry. To register for a workshop or for more information, call (312) 744-2086 or email [BACPoutreach@cityofchicago.org](mailto:BACPoutreach@cityofchicago.org). Learn more about BACP programs and events by visiting [www.cityofchicago.org/SBC](http://www.cityofchicago.org/SBC).

## Governor Rauner Activates State Emergency Operations Center In Springfield

### State Agencies Ready To Assist If Needed Following Tornado Touchdowns In Northern Illinois

Governor Rauner activated the State Emergency Operations Center (SEOC) in Springfield to ensure state personnel and equipment are ready to be quickly deployed if needed to help local emergency responders with public safety issues following tornado touchdowns in several communities in northern Illinois.

"I activated the State Emergency Operations Center to ensure we're prepared to act quickly if any local responders need our assistance," said Governor Rauner. "The Illinois Emergency

Management Agency is in close contact with local emergency managers in several counties and stands ready to coordinate deployment of state resources if needed to support local response efforts."

Representatives from several state agencies are reporting to the SEOC. The center will remain activated as long as necessary.

For updates on the current situation, visit the Ready Illinois website at [www.ready.illinois.gov](http://www.ready.illinois.gov).

## Mayor Emanuel, Chicago Public Library Kick Off Rahm's Readers Summer Learning Challenge

### Program Asks Chicago Kids To Read At Least 20 Minutes A Day This Summer

Mayor Rahm Emanuel joined Chicago Public Library (CPL) Commissioner Brian Bannon and over 500 Chicago preschoolers and kindergartners at the Museum of Science and Industry to launch the 2015 Rahm's Readers Summer Learning Challenge: Explore and Soar. This year, Chicago Public Library's Rahm's Readers program is teaming up with the Museum of Science and Industry, Adler Planetarium, Chicago Public Schools, Chicago Park District, Chicago City of Learning and the Big Shoulder Fund to challenge Chicago's children to read 20 minutes a day and a total of 70 million minutes this summer. This year's challenge encourages not only reading, but also exploring and investigating the solar system.

"Children lose up to three months of math and science learning during the summer months," said Mayor Emanuel. "Rahm's Readers provides an essential opportunity for kids to stay engaged, stay encouraged and be prepared for success when school resumes in the fall."

Rahm's Readers is a free, summer-long learning program designed to keep children and teens engaged in learning over the summer break and work to prevent the "summer slide," a documented loss of academic knowledge and skills in children who do not take part in such summer activities. Rahm's Readers provides activities and opportunities for kids to grow and learn; fun programs are held throughout the challenge with the Library's partner agencies as a part of Chicago City of Learning initiative. Last summer, more than 83,000 young Chicagoans participated in the program, this summer Mayor Emanuel is challenging 5,000 additional children to participate and encouraging an increase of 4 million minutes read over last summer.

This year, Chicago Public Library is taking the challenge to parents and caretakers to participate in the Library's Take 20, Read Plenty campaign by pledging to read to Chicago's youngest children for 20 minutes per day. Studies show that early learners need to have at least 1,000 stories read aloud to them before they are able to learn to read and that reading to young children for 20 minutes per day increases vocabulary and strengthens pathways to learning. This summer, all Rahm's Little Readers participating in the program, ages 0-5, will receive a free book.

"At Chicago Public Library, we are committed to inspiring continuous learning, exploration and growth," said CPL Commissioner Bannon. "Rahm's Readers will provide children and families with activities aimed at nurturing learning and building 21st century skills."

Chicago kids will spend the summer months reading, discovering and creating around the theme of space, space travel, and the solar system in this engaging program. Summer learners can: READ 20 minutes per day; DISCOVER by engaging in a series of hands-on library programs, visiting the Museum of Science and Industry and Adler Planetarium, and CREATE by solving design challenges, creating art, writing stories or poems, or designing and building things to share with others.

A specially designed Rahm's Readers Explorer Guide ensures that STEAM (Science, Technology, Engineering, Art and Math) education skills, critical to the success of 21st century learners, are cultivated during the summer months. Program participants are also encouraged to engage in various critical thinking, creation and design activities to encourage creativity, problem solving and persistence. Kids that complete at least 500 minutes of reading and other learning activities over the summer will receive prizes courtesy of the Chicago Public Library Foundation and will be entered in a raffle to win an eReader.

The early literacy component of the program promotes the American Library Association's "Every Child Ready to Read 2" practices for parents to grow a healthy reader, including Talk, Sing, Read, Write and Play activities combined into an age-appropriate activity log that parent and child can complete together. This piece is available in English, Spanish, Chinese and Polish. Parents and caregivers who participate and reflect on their family's learning will be eligible to win a tech package.

The program also features a teen component, Rahm's Readers Teen Summer Challenge: Defy Gravity, encouraging high-schoolers to deepen their understanding about the solar system and space

travel. Teens can participate in activities at YOUmedia locations, share their discoveries and creations on social media with #cpldefygravity and earn prizes, as well as enter an eReader raffle. Information and materials about the Summer Learning Challenge: Explore and Soar, and Teen Summer Challenge: Defy Gravity can be found at all CPL branches and on the Library website at [chipublib.org](http://chipublib.org).

Rahm's Readers is privately funded through the Chicago Public Library Foundation and is sponsored by Boeing, the James & Madeleine McMullan Family Foundation, KPMG, Dr. Scholl Foundation, Helen M. Harrison Foundation, Macy's, RPM Advertising, RR Donnelley, Peggy & Steve Fossett Foundation, Peoples Gas, Cubs Care and the McCormick Foundation and Motorola Solutions Foundation, through the Chicago Public Library Foundation.

Since 1873, the Chicago Public Library (CPL) has encouraged lifelong learning by welcoming all people and offering equal access to information, entertainment and knowledge through innovative services and programs, as well as cutting-edge technology. Through its 80 locations, the Library provides free access to a rich collection of materials, both physical and digital, and presents the highest quality author discussions, exhibits and programs for children, teens and adults. CPL received the Social Innovator Award from Chicago Innovation Awards; won a National Medal for Library Services from the Institute for Museum and Library Services and was ranked number one in the U.S. and third in the world by an international study of major urban libraries conducted by the Heinrich Heine University Dusseldorf in Germany.

For more information, please call (312) 747-4050 or visit [chipublib.org](http://chipublib.org).

## Notice Of Important Court Date Related To Devon Avenue

Message from 50th Ward Alderman Debra Silverstein:

"I would like to inform everyone of an important upcoming court case. The storefronts at 2906-10 W. Devon have been vacant for years. The owner of this property has allowed it to become an eyesore on the street.

At my request, the City is taking action to help remedy this situation. The Department of Buildings inspected the empty storefronts and have found many violations. The Law Department has filed suit and is taking the owner of this building to court.

The court date for these violations is Wednesday, July 8 at 2 p.m. in Courtroom 1107 at the Daley Center, 50 W. Washington Street. The best way to ensure that a positive change occurs is for the neighbors, business owners and residents affected by these vacant storefronts to come out and let the court and landlord know that we want these stores repaired and rented.

Please let me know if you plan to attend. You can reach my office at 773-262-1050."

## Chicago Department Of Transportation - Fine Warning

The Chicago Department of Transportation (CDOT) has announced that enforcement of the "use of public way" ordinance is being stepped up, especially against A-frame/sandwich board signs on the sidewalk and flag signs in the public way. This increased vigilance in the issuance of citations (tickets) is currently in effect. The fine is \$500 per violation. Also, the City of Chicago will not issue permits for these types of signs on the sidewalk because they are considered unsafe for pedestrians and present a liability for the City.

For more information, please contact the Belmont-Central Chamber at 773-647-1644.

## How to Book a Free AFSP IL Speaker

American Foundation for Suicide Prevention, Illinois Chapter speakers are available to speak for free thanks to the generosity of our walkers, donors, and volunteers. To request a free AFSP Illinois volunteer speaker at your company, organization, club, religious center, meeting or other group complete the simple form at [www.AFSPILSpeaker.org](http://www.AFSPILSpeaker.org). For free AFSP materials and resources thanks to the generosity of Walkers like you go to [www.AFSPMaterials.org](http://www.AFSPMaterials.org). To donate to support AFSP go to [www.Chicagowalk.org](http://www.Chicagowalk.org).

*If you are in crisis, call the National Suicide Prevention Lifeline at:*  
**1-800-273-TALK • 1-800-273-8255**

## Phone For Legal Advice At No Cost

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.

Attorneys will be available to answer general questions on a variety of legal issues including (but not limited to) bankruptcy, domestic relations, immigration, personal injury and Social Security. Callers can explain their situations to attorneys who will suggest self-help strategies to resolve their legal issues. If callers need further legal services, they will be advised to see their attorney or to contact the CBA Lawyer Referral Service.

The CBA Lawyer Referral Service is one of few bar associations in the country to meet the American Bar Association Standards for lawyer referral and approved to use its logo and slogan, "The Right Call for the Right Lawyer™." For referral to an experienced attorney, the public can contact the CBA Lawyer Referral Service at 312-554-2001 during business hours or through the Web site at [www.chicagobar.org](http://www.chicagobar.org).

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# Public Transportation Offers Best Travel Option For Summer Festivals

## Children Ride Free Or Reduced Fare When With A Fare-Paying Adult

Summer fun is just a short ride away and the Regional Transportation Authority (RTA) is reminding riders that they can beat the traffic by taking the fastest and most convenient way to get around the region- public transportation. Take a bus or train to enjoy family time, meet friends at an event or just enjoy our great region. And now that Chicago Public Schools are officially out for the summer, parents can enjoy taking their children around town for the festivities with these transit discounts:

**CTA**— Children between the ages of 7 and 11 are able to ride a CTA bus or train at a reduced fare. Children under the age of 7 are free with a fare-paying customer.

**Metra**— From June 15 through Labor Day, up to 3 children ages 11 and under ride FREE with

a fare-paying adult. On weekends, adults can ride on both Saturday and Sunday for just \$8 with Metra's Weekend Pass.

**Face**— Children under age 12 pay a reduced fare (\$0.85). Children under the age of 7 ride free when accompanied by a fare-paying adult passenger. No more than two children can enjoy this discount with each fare-paying adult passenger.

RTA's Trip Planner can help you plan your travel and identify routes with ADA accessible services. It is the only website in the region that provides a variety of options for getting around by using transit, walking, bicycling and driving. For more information about how the RTA Trip Planner can help you plan your next trip, visit [www.RTAChicago.org](http://www.RTAChicago.org).

# Grant Park Music Festival Continues Its 2015 Season in Millennium Park

The 81st annual Grant Park Music Festival continues into July with the patriotic annual Independence Day Salute, a theatrical Sondheim Celebration, Leonard Bernstein's vibrant, jazz-tinged Fancy Free and more. Artistic Director and Principal Conductor Carlos Kalmar leads the Grammy®-nominated Grant Park Orchestra and Chorus Director Christopher Bell directs the award-winning Grant Park Chorus in a ten-week season that continues through August 22 at the Festival's home in Millennium Park's Jay Pritzker Pavilion, with additional performances at the South Shore Cultural Center, the Columbus Park Refectory and the Harris Theatre. With a few exceptions during the neighboring Taste of Chicago, Festival concerts are Wednesdays and Fridays at 6:30 p.m. and Saturdays at 7:30 p.m. The July program schedule is below. A complete Grant Park Music Festival schedule is accessible at [www.gpmf.org](http://www.gpmf.org).

July highlights of the nation's only free, summer-long outdoor classical music series of its kind include Christopher Bell leading the Grant Park Orchestra for the annual Independence Day Salute, full of patriotic favorites including Gershwin's soaring Piano Concerto in F with pianist Terrence Wilson (July 4). Then enjoy a little night music and celebrate the award-winning master of the musi-

cal in A Sondheim Celebration led by Broadway conductor and long-time Sondheim collaborator Paul Gemignani, with Illinois native and Broadway veteran Elizabeth Stanley, Broadway tenor Alexander Gemignani and the Grant Park Orchestra performing Sondheim favorites, including selections from Sweeney Todd, Company, Into the Woods and the world premiere of A Little Night Music symphonic suite (July 10-11).

Open lunchtime rehearsals of the Grant Park Orchestra and Chorus return June 16-August 21 and typically take place Tuesdays through Fridays from 11 a.m.-1 p.m. Audiences are welcome to sit in the Pavilion Seating Bowl during rehearsals, and Festival docents will be on site to talk about the week's concerts during rehearsal breaks.

Ten of this summer's concerts – including July 3, 4, 10, 24 and 29 – will be broadcast live on 98.7WFMT, Chicago's classical and fine arts radio station, and also online at [wfmt.com/streaming](http://wfmt.com/streaming).

For more information about the Grant Park Music Festival including membership, one-night passes and group seating, visit [gpmf.org](http://gpmf.org) or call 312-742-7647. For additional information, visit the Grant Park Music Festival Facebook page or follow the Festival on Twitter @gpmf.

# 35th Annual Taste of Chicago

The highly anticipated, five-day Taste of Chicago - the world's largest food festival - is July 8-12 in Grant Park. This year's event features 60 restaurants, pop-ups and food trucks - including 19 newcomers - as well as celebrity chefs, cooking demonstrations, culinary podcasts, the Fashion Focus Chicago Maker Market and live music on two stages. Tickets are on sale now for the Pure Leaf Celebrity Chef du Jour dining pavilion (some dates already sold out!) and Petrillo Music Shell concerts headlined by Weezer, Erykah Badu, The Chieftains, Spoon and Maze featuring Frankie Beverly. More info at [tasteofchicago.us](http://tasteofchicago.us).

### History of Taste of Chicago

In 1980 a group of restaurateurs approached the Mayor of Chicago with the idea of a food festival on the Fourth of July, and Taste of Chicago was born. Inspired by a "build it and they will come" attitude, a \$150,000 budget, and confidence the event could attract 75,000 people, plans for the one-day food frenzy got under way. The festival was held in a three-block area of Michigan Avenue bordered by the Chicago River and the upscale stores and buildings that were then beginning to grace the Magnificent Mile; and between the architectural wonders of the Wrigley Building and Tribune Tower.

It was a huge success, (250,000 attended the first "Taste," and food and soda sales grossed \$330,000).

### The Site

Due to the overwhelming response from the people of Chicago, a larger space to accommodate even more people and restaurants was deemed necessary and in 1981, Taste of Chicago was moved to Grant Park (Chicago's "front yard").

Grant Park is centrally located, easily accessible to public transportation and parking, and is identifiable to citizens and visitors as the center of the Grant Park Cultural community which includes the Art Institute, Adler Planetarium and Shedd Oceanarium, Field Museum, Cultural Center, Michigan Avenue and State Street Shopping. The use of Grant Park as a venue would also afford utilization of the Petrillo Music Shell, originally designed for us by the Grant Park Symphony Orchestra. This would handily give access to a stage, dressing rooms and showers for performers, as well as seating for thousands of people.

### Description of Taste of Chicago

The Taste of Chicago that evolved from that steamy July 4th in 1980 is one of the largest tourist attractions in Illinois. This free-admission festival, now in its 33rd year, is the place to be, infusing the city with a spirit and attracting lead stories each day in newspapers and on television.

It is an impressive scene. Colorfully decorated food booths surround the outside kitchens of more than three dozen restaurants from all over Chicago, which now include Pop-Ups, three booths featuring new restaurants each day, that are also new to Taste. Exotic aromas permeate the air and no visitor leaves a food booth empty handed.

Last year's "Taste" attracted more than one million visitors from all over the city, the suburbs, the Midwest and the country.

Taste underwent a major transformation in 2013 with several new areas that highlight our vast culinary community. In addition to Pop-Ups, the event features Celebrity Chef du Jour, a specially designed air-conditioned dining experience where patrons can receive a sit-down, three-course meal prepared by noted chefs such as Graham Elliot and Stephanie Izard.

The Family Village presents special activities for kids, while the Bud Light Stage offers the best in local and regional music, covering a variety of genres.



For festival goers who want to satisfy more than their appetites, a popular attraction is the Dominick's Cooking Corner where local chefs, guest stars and our celebrity chefs demonstrate their wares and confide the secrets of their culinary success.

A star attraction in addition to Chicago's vast culinary offerings are real stars from the music industry who perform on the main stage at the Petrillo Music Shell. Over the years the lineup has included multiple Grammy winners including such stars as Carlos Santana, Stevie Wonder and Wilco.


Summer in Chicago is built around one event each year, Taste of Chicago, and continues to capture the favorites and the future of Chicago's restaurant and dining community.

The 2015 Taste of Chicago will take place July 8-12.

**Visit Chicago Brauhaus During The Summer Concert Series In Lincoln Square**

The annual Summer Concert Series, Lincoln Square's favorite free summer event, will begin soon! The series will occur every Thursday evening from 6:30pm - 9:00pm in Kempf Plaza (across from Chicago Brauhaus) through August 29th.

**Join us for brats, beer, music and fun! 4732 North Lincoln Avenue**





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Visit us during the Summer Concert Series in Lincoln Square

Music & Dancing  
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## Brush With Nature And 25th Year Anniversary Party

Brush with Nature is a plein air painting program presented by the non-profit arts organization Anatomically Correct, where visitors gather to watch professional artists paint plein air style (a French term which means out in the open). Anatomically Correct Founder and Program Director, Debra Hatchett explains, "It's almost like live theatre – or performance art. It is so much fun to see how an artist works and enjoy the magic of having a painting appear right in front of your eyes."

Anatomically Correct provides FREE public visual and performing art events in alternative spaces and has been holding its annual Brush with Nature event at Emily Oaks for the past 4 years.

The outdoor painting event will be held on Sunday, July 12, 2015 from 8:30 am – noon at Emily Oaks Nature Center, 4650 Brummel Ave, Skokie, IL 60076. Visitors are invited to watch over 50 professional artists set up their easels and "plein air" paint along the walking paths of the Nature Center during its Pancake Breakfast in the Woods event. (Plein air is a French term which means out in the open air.) During the painting event, Emily Oaks offers pancakes served hot off the griddle with syrup or strawberries, turkey sausage, and assorted beverages. After breakfast, visitors can walk the nature trails and meet the plein air painters. Free art activity stations for children will also be available. (Pre-paid reservations for the breakfast can be purchased through Emily Oaks Nature Center. Ph (847) 674-1500, ext. 2500 for more information.) The charge is for the breakfast only. There is no charge to watch the artists.



Best Summer Ever!

Artists must pre-register for the plein air painting event online: [www.BrushWithNature.org](http://www.BrushWithNature.org).

The artists who create their paintings during this plein air event will showcase their artworks inside the Emily Oaks Nature Center Gallery in a juried exhibition from November 6, 2015 through January 3, 2016. A free public reception will be held on Friday, November 6, 2015 from 7:00 pm – 9:00 pm. Regular viewing hours are Monday - Friday 8 am- 5 pm; Saturday 8 am- 4 pm; and Sunday 10 am- 4 pm.



Joy Bauer

Over the past quarter century, Anatomically Correct Arts has held over 200 art events and exhibited artworks by over 1,500 artists in and around the Chicago area. The public and many of Anatomically Correct's artists will celebrate these accomplishments at the

organization's 25th Year Anniversary Party at Via Veneto Restaurant, 6340 N Lincoln in Chicago, IL on August 2, 2015 from 3:30 – 5:30 pm. For tickets (\$30) to the fundraiser/silent auction, please contact Anatomically Correct at [www.anatomicallycorrect.org](http://www.anatomicallycorrect.org).

Brush with Nature is sponsored in part by the Village of Skokie Fine Arts Commission, Blick Art Materials and the Illinois Arts Council, a state agency. Founded in 1991, Anatomically Correct is a 501(c)(3) not-for-profit organization dedicated to showcasing works by artists in alternative spaces in a combined effort to educate, diversify, and promote community awareness of the visual and performing arts. [www.brushwithnature.org](http://www.brushwithnature.org)

## Chicago Park District Announces Schedule For 63rd Season Of Theater On The Lake

The Chicago Park District today announced the schedule for the 63rd season of Theater on the Lake. This summer, performances will hit the road again while the historic lakefront venue undergoes renovation. The season will run June 17th through August 16th.

Five encore presentations from artistically diverse Chicago theater companies will run at three park locations across the city for eight weeks. Performances are held Wednesdays through Saturdays at 7:30 p.m. and Sundays at 6:30 p.m. This year, since capacities are limited at the park venues, each production will be given a two-week run instead of the traditional one-week run in order to best fulfill the Festival's mission of maximizing exposure for participating storefront theater companies. Performance locations were carefully selected to fit the needs of each production and to introduce the Festival to new neighborhoods citywide. In keeping with Theater on the Lake's 62-year tradition of producing plays lakeside, the Festival will once again be anchored at Berger Park Cultural Center. The fifth show of the season, which runs concurrently with show number four, will be traveling to Washington Park Refectory for one week and to Austin Town Hall for its second week of performances.

Theater on the Lake: The Chicago Summer Theater Festival is presented as part of HYPERLINK "[http://www.chicagopark-](http://www.chicagopark-district.com/events/night-out-in-the-parks/)

[district.com/events/night-out-in-the-parks/](http://www.chicagopark-district.com/events/night-out-in-the-parks/)" Mayor Emanuel's Night Out in the Parks, a series of cultural events and activities at parks across the city; most events offer free admission. Launched in 2013, Night Out in the Parks is part of Mayor Emanuel's city-wide vision for art and culture. It is also a key component of the Chicago Cultural Plan, which was launched by Mayor Emanuel and DCASE in 2012 and is the first plan of its kind in more than 25 years. Through the Cultural Plan, the City is making investments in public art, music festivals, films, concerts, exhibitions and performances.

New this year is the launch of the My Chi Parks™ mobile application, which is available to download on Apple and Android devices. Through this app, patrons can access to all 1,000+ Night Out in the Parks events on the go, helping them to plan a spontaneous night out. Exciting features of the app include a full event list, park list and geolocation to help users identify nearby activities.

This season is selected by artistic curator Ike Holter, a nationally celebrated playwright named Chicagoan of the Year in Theater by the Chicago Tribune. Holter's work has been produced at The Steppenwolf Garage, LiveWire Chicago, Theater 7, The Greenhouse Theater, Theater on The Lake and The Inconvenience, where he is a founding member and resident writer. He's

received fellowships and commissions from The Goodman Theater, The Kennedy Center and The Playwrights Center. His show "Hit The Wall" played at Steppenwolf Garage and Off-Broadway at The Barrow Street Theater in New York. His hit play "Exit Strategy" is slated for an off-Broadway production in March 2016 after sold out runs in Chicago. He is a frequent speaker at Paper Machete at The Green Mill and Salonathon at Beauty Bar. His monologues have been published in The New Yorker and several editions of Applause Books. Holter was recently named one of Victory Gardens newest ensemble playwrights.

Theater on the Lake's Fullerton Street location is currently closed and will undergo renovations that include a larger capacity, restaurant, event space, outdoor seating and patio. Following a competitive application process, a concessionaire is scheduled to be selected in July and construction will begin later this year.

The 2015 Theater on the Lake Festival season:

While on the road, subscriptions and flex passes are once again being temporarily suspended. All tickets are \$10, except for Oracle Production's This House Believes the American Dream is at the Expense of the American Negro, which will be performed for FREE at Washington Park Refectory and Austin Town Hall.

For ticket information, call 312.742.7994 or visit [www.chicagoparkdistrict.com/events/theater-on-the-lake](http://www.chicagoparkdistrict.com/events/theater-on-the-lake).



**Community First Medical Center**

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### Portage Park

Effective January 1st, Our Lady of the Resurrection Medical Center, 5645 W. Addison Street, Chicago IL changed ownership and its name to "Community First Medical Center". Our new name reflects our commitment to the community and speaks to our "patient before profit" approach to providing award winning compassionate care.

We look forward to improving the patient experience, while continuing the tradition of providing the highest quality clinical care established in 1955!

Sincerely,

Leadership

Community First Medical Center

### Awards and Recognition

 NCDR (National Cardiovascular Data Registry) Action Registry – GWTG (Get with the Guidelines): 2014 Gold Performance Achievement Award	 Accreditation Achieve the Gold Seal Joint Commission Certified	 American Heart Association American Stroke Association Primary Stroke Center TJC Advanced Disease Specific Primary Stroke Center Certification
 Leapfrog Safety Score: A (Fall 2014)	 Society of Cardiovascular Patient Care Chest Pain Certified	 CAP College of American Pathologists Accreditation
 American Hospital Association Hospital Engagement Network Illinois Hospital Association Hospital Engagement Network Scored third in the state	 EDAP Emergency Department Approved for Pediatrics	 IAC (Intersocietal Accreditation Commission) Echocardiography Accreditation
 Consumer Reports named OLR: #2 in patient safety in the city of Chicago in five categories		

**We're Hiring! Go To Our Website [www.cfmedicalcenter.com](http://www.cfmedicalcenter.com) for Career Opportunities**



## FREE CONCERT: Skokie Idol Winners on the Green

By Wayne Mell – Artistic Director

It's finally here. The three winners of last winter's Skokie Idol will perform in concert at Wednesdays on the Green starting at 7 pm on July 8. The free concerts on the green in front of Skokie Library are always popular, and this one will be the hit of the summer.

Leila Hoxha of Lincolnwood, Leah Rubinberg of Skokie and Turrell Brown of Skokie were the three winners of the competition. Leila won in the Junior Division for grades 3 – 8. Leah won in the High School Division, and Turrell won the Adult Division.



The Skokie Idol competition started at Skokie Theatre last January. Over 75 contestants auditioned to be included in the competition. Of that crowd, only 27 were selected to compete.

The competitions were held every Saturday afternoon. Contestants were given a theme every week, and needed to come in with a new song that matched that theme. They sang about places that inspired them, shared songs from their favorite Broadway shows, and paid tribute to artists such as the Beatles and Elton John.

Each week, one contestant was eliminated from the competition. Choices were based on a combination of votes from the audience, plus votes from a panel of judges. Audience votes were weighted, so the popular votes were equally important to the votes of the judges. Each audience member also had to vote for more than one contestant each week, which gave lesser-known contestants a chance to win over audience members who came for a specific performer.

Due to the overwhelming amount of young talent, 11 contestants were admitted into the Junior Division instead of the 8 that were originally planned. This resulted in some grueling double-eliminations to make sure that this division selected its finalists at the same time as the other two groups.

Judges included feature writer Myrna Petlicki from the Skokie Review, comedian Caryn Bark, Broadway Our Way's Debbie Brodsky and local musicians and performers including Carla Gordon, Ken Preuss, Jessica Lauren Fisher, Charlene Brooks, Daryl Nitz, Lizzie Brodsky, and Top Note Music Academy's Teacher Dan Rosa. Teacher Dan resigned as a judge after the second week so that Top Note could offer free vocal coaching to the contestants.

The contestants in the Junior Division were Alexis Aponte, Ovinabo Banerjee, Rawad Baz, Gabriel Daoud, Roy Gantz, Natalie Garza, Leila Hoxha, Ericka Laire Manrique, Stefan Iovanescu Paduraru, Krish Om Pahan, and Olivia Rainey. All 11 of them performed in a special Skokie Idol Rising Stars concert this past May.

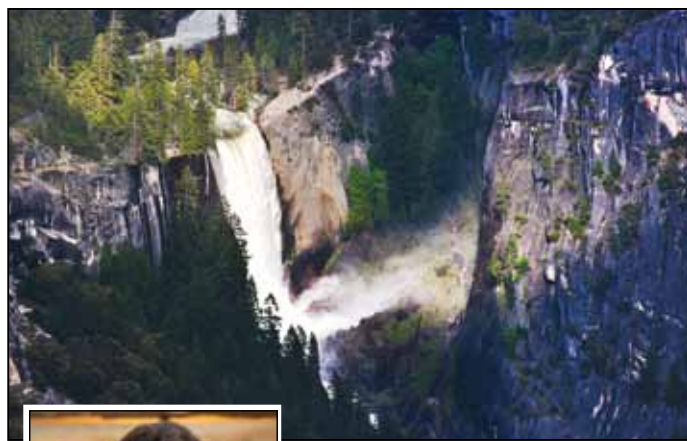
The contestants in the High School Division were Pam Connolly, Vanesa Elias, Hector A. Figueroa III, Tricia Pabst, Leah Rubinberg, Gabrielle Joy Ubaldo, and Hannah Williams.

The adult division included Arlene Armstrong, Turrell Brown, Andre Gloeckner, Sam Lee, Elizabeth Marcus, Lori Schneider, Katie Somers, and Jillian Yu.

The concert appearance at Wednesdays on the Green was the grand prize of the contest and was provided by the Skokie Chamber of Commerce. Other prizes included free vocal lessons and a recording of the concert from Top Note Music Academy and a \$50 Visa Gift Card from MadKap Productions.

The next Skokie Idol competition will begin in January, 2016. Registration and details will be available on the Skokie Theatre website starting October 1st.

## Irving-Austin Business Offers Photographer's View Of Our World



Northwest side neighbor, photographer Josh Sheldon will be on hand July 12 to meet fellow art lovers at Perkolator. Part of a six-week showcase of Sheldon's work, the exhibit is the sixth in an ongoing series of events promoting the work of artists who live in the area. The reception will give patrons a chance to see intriguing images of natural beauty, urban wonder, and the human condition.

Sheldon uses his camera to engage with both the macro and micro world, to converse with nature and explore the diversity of human experience.

Much of Sheldon's work is done in far away places. Recent assignments have taken him to the mountains of Switzerland, a run with the bulls in Spain, and the streets of Prague and Warsaw.

The images in the show reflect different themes that Sheldon has focused on during his career. He is passionate about our relationship with the natural landscape and, spent a month photographing the splendor of our national parks.

His work with a nonprofit group took him to Zimbabwe for a month, where he helped document the start up of an orphanage, a food program, and an education program. He took the opportunity to photograph the public and private moments in lives of the people he met. A selection of images from this experience reveal the common thread we share in our human experience.

Sheldon sees a connection between the natural grandeur of the mountains that he photographs and the canyons of glass and steel we create in our modern cities. Several photographs in the exhibit explore the relationship we have with the urban landscape.

Sheldon's enthusiasm for connecting us to the wonder, mystery and singularity of our human experience is an easy match for Perkolator, which has a commitment to community involvement. In addition to offering coffee, baked goods and conversation, the venue strives to be a comfortable spot where the value of art becomes accessible to the community.

Sheldon's work is on display from July 1 through August 15, with a reception on July 12, from 2:30 p.m. to 4 p.m. Perkolator is located at 6032 W. Irving Park Rd. The exhibit is a collaboration between Perkolator, and Northwest Arts Connection, (NAC).

For more about Josh Sheldon, visit [www.joshsheldonphotography.com](http://www.joshsheldonphotography.com).

For more about Perkolator, call (773) 853-2261 or visit them on Facebook®.

For more information about Northwest Arts Connection, (NAC), contact Marlena Ascher by email at [marlenaascher@sbcglobal.net](mailto:marlenaascher@sbcglobal.net)

## Welcome, Alyssa Triptow. Norwood Park Chamber's New Executive Director



Alyssa Triptow has deep roots in the Norwood Park neighborhood, a place that has come to shape her perspective on public service and sense of community. Prior to being named Executive Director of the Norwood Park Chamber of Commerce, Alyssa had a career working in sales and marketing, gaining experiences that will serve her well as she takes on the important task of growing Norwood Park's commercial corridors, which she believes have enormous potential.

Alyssa is already hitting the ground running. She is focused on devising a detailed plan that will attract new businesses to the community, beautify the district and provide exceptional service to all those members that help keep this community thriving. Of course, Alyssa will also do her part to advocate for policies and procedures that will make Chicago an easier place to own and operate a business.

"Alyssa is friendly, bright, motivated, reliable and fiercely devoted to her work. I have no doubt the businesses community in Norwood Park is in capable hands," said Amber, a friend and colleague who worked closely with Alyssa on the Annual Alpha Phi Red Dress Gala, which raises money for women's heart health.

"I am thrilled at the opportunity to serve a community that has given me so much. Norwood Park has a rich history with the greatest quality of life that the City of Chicago has to offer. Serving its residents is an extraordinary privilege," said Alyssa Triptow.

Alyssa is a graduate of Eastern Illinois University where she studied public relations and advertising. While earning an education, she remained quite active in her community including a stint as an intern in the office of former 41st Ward Alderman Mary O'Connor.



FRIDAY  
JULY 10, 2015  
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## How to make small spaces feel spacious



**Karen Feldman**

The trend in real estate is to go smaller and more functional space rather than huge with dead, unusable space. If you can't afford the space you really want, take tips from creative people who live without the stress of clutter. If you are trying to sell a small space, employ these tips to show buyers how they can live there functionally.

Furnish it with convertible or multi-functional pieces and create multifunctional spaces. Anything with a storage compartment that doesn't feel bulky can work. Ottomans have storage typically, but some even fold out into a cot. Put a small desk within a spare closet or build in a desk in dead end nook.

Keep all your little useless collections in a box, better yet, get rid of it. Handing down too many items to your children doesn't help them, it burdens them. Store things in baskets or drawers. You can then put them on shelves or in a piece of furniture with open shelving and use it as a room divider.

Furniture that isn't bottom heavy, floats. Thin legs gives the appearance of more floor space. You

can even store stuff under sofas or chairs if there is space. The same goes for other items like a glass table, a wire chair, or hanging light fixtures that you can basically see through instead of blocking your view. You don't need a huge couch or table, just one that is big enough, like a loveseat. Lose the "bigger is better" mentality and opt for furnishing the space.

Store vertically using colorful boxes for storage as well as décor. In closets, make sure you use the wall space up to the ceiling, be careful of lighting, you don't want to start a fire by storing things too close to light fixtures. Keep seasonal items, like sweaters, together. When spring comes, take the box to the basement. You can hang more racks for clothes off of the primary ones. Visit organizational stores for these and more ideas. Have a place for everything- this keeps clutter at bay.

Consistent flooring throughout the home feels bigger. If each room starts and stops with differing flooring, it breaks a big space into little spaces. Better to not have too much definition in small spaces. That defeats the multifunctional aspect we are going for. Instead, keep it consistent with the same flooring running throughout. Imagine a lean black top and black bottom outfit with a wide white belt, smack across the middle.... you get the picture. Too much white or neutral is boring and confining. Natural colors that aren't too dark, influence your mood while not fighting for attention or defining space.

Above all else, furnish the room. A vacant room looks small because there is no perspective to furniture in it. Imagine taking a picture of a vacant room and emailing it to a friend with the caption, "look at the size of this room". There is no perspective. Now furnish it with the aforementioned rules and send it, get the picture?

karenfeldman@atproperties.com  
www.athomewithkaren.com



**Karen Feldman**  
**@properties**  
**North Shore**  
**847/858-5875**

## Millennium Park Summer Celebration Through September

The Millennium Park Summer Celebration will feature hundreds of FREE events and exhibitions including an expanded Downtown Sound concert series, the first-ever Chicago Mariachi and Folklórico Festival and the 81st season of the Grant Park Music Festival; plus indie rock, electronic, jazz, classical and world music; the Summer Film Series on an outdoor, 40-foot LED screen; the Family Fun Festival; Summer Workouts; nature programs in the Lurie Garden; tours and more. More info at millenniumpark.org.

## Chicago A Cappella Announces Audition Results For Its 2015-16 High School Internship Program



The acclaimed vocal ensemble Chicago a cappella launches the fifth year of its unique and innovative High School Internship Program with a class of nine talented high school students representing five Chicago-area schools. The program provides high school students with a full year of musical and administrative training with Chicago a cappella's professional musicians, directors and arts administrators in a broad range of settings. Selected through a competitive audition process, Chicago a cappella High School Interns gain valuable skills to help further their musical ambitions, including how to rehearse collaboratively, how to sing at a high level in a small a cappella ensemble, and how such activities are supported behind the scenes by a nonprofit organization. The students meet regularly and rehearse as an ensemble, attend Chicago a cappella rehearsals, learn from staff members and other professional mentors, and assist at concerts. The students

will perform at the 2015 Youth Choral Festival on November 7, 2015, at the Logan Center for the Arts at the University of Chicago, and they will conclude the internship program with a performance at Chicago a cappella's gala event May 14, 2016.

Students participating in 2015-16 are Chiamaka Anele (soprano), Andrew Gonzalez (bass), and Declan Jones (bass) from Northside College Prep in Chicago; Maggie Bambic (alto) and Caroline Granner (alto) from Evanston Township High School in Evanston; Allison Bystron (soprano) and DaQuan Williams (tenor) from Chicago High School for the Arts in Chicago; Paul Jeffris (tenor) from Jones College Prep in Chicago; and Kevin Johnson (bass) from Nicholas Senn High School in Chicago.

Chicago a cappella is one of the area's most accomplished and innovative vocal ensembles. Spanning a repertoire from Gregorian chant to the Beatles and beyond, the group is presenting its 23rd season under founding Artistic Director Jonathan Miller. Chicago a cappella's Educational Outreach Program strives to promote and improve the life-long performance, understanding and appreciation of a cappella vocal music through programming, mentorship and collaboration with schools and community organizations in Chicago and beyond. Current program offerings include a High School Internship Program and the Youth Choral Festival, as well as choral residencies and master classes. For more information about Chicago a cappella's Educational Outreach Programs, contact Susan Schober, Educational Outreach Coordinator, at sschober@chicagoacappella.org.

## Niles Township Trustee Donald Gelfund Lincolnwood Volunteer of the Year

Donald Gelfund, Trustee of Niles Township Government, received the 2015 Madeline Grant Volunteer of the Year Award in Lincolnwood Illinois. The award is named in memory of the late Lincolnwood Mayor, Madeleine Grant who passed away in 2000.

"I am honored and somewhat overwhelmed to be chosen for this award. Being included amongst a group of doers whose volunteer spirit helped transform Lincolnwood to the dynamic community it is today, is a tremendous feeling. My hope is to help identify the next generation of volunteers who will shape the future of our village."

Mr. Gelfund is a Realtor® with Re/Max Villager in Glenview and a graduate of Bradley University, Peoria, Illinois.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.



**Donald Gelfund, Trustee of Niles Township receives the 2015 Madeline Grant Volunteer of the Year Award in Lincolnwood, Illinois.**

**Pictured L-R, Paul Grant, Donald Gelfund, Lincolnwood Mayor Gerald Turry, Maura Neuendank, daughter of the late Mayor Madeleine Grant**

## Niles Township Attorney Van Schwab Presents at Illinois Township Attorneys Annual Meeting

Attorney Van Schwab of Skokie, who serves as legal counsel to Niles Township Government, recently delivered a lecture on Sexual Harassment in the workplace and the Family Medical Leave Act at the Illinois Township Attorneys Annual Legal Seminar in Bloomington, Illinois.

One of the key takeaways from Mr. Schwab's presentation was the importance of having personnel handbooks that clearly spell out a procedure for reporting and investigating harassment claims. Van advises business owners to conduct "a sincere and swift, but thorough investigation that can prevent damages, if the employer does not demote or discharge the abused employee when harassment existed."

While speaking on the Family Leave Medical Act, Mr. Schwab shared that individuals can be discharged for taking more than

twelve weeks a year under the Act, unless additional time is granted within their personnel handbook. "It is important to have clarity in an employer/employee relationship. Leaving items open-ended or not specified in writing can be detrimental to small business owners and employees stated Mr. Schwab.

Van Schwab has practiced law for over 37-years and also serves as a Cook County Child's Representative and/or Guardian Ad Litem by appointment of the court.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

## Cell Phones for Soldiers

Representative D'Amico has partnered with Cell Phones For Soldiers, a nonprofit serving troops and veterans, to collect gently used cell phones for members of our military. Donated phones will be used to provide free communication services to military members so they can connect with their loved ones. Donations will be accepted starting today, May 1, 2015 to May 29, 2015 in Representative D'Amico's public service office located at 4404 W. Lawrence Ave., Chicago, IL 60630. Office hours are 9 AM to 4:30 PM.

## Summer And After-School Employment Opportunities Available For Evanston Youth

Evanston youth age 16 years or older who are seeking summer or after-school employment are encouraged to contact the Youth Job Center. A variety of positions are still available.

The Youth Job Center provides job placement, paid internship opportunities, job-readiness training, educational assistance, and certification and licensing. The Center can also help youth with resume development, mock interviewing, skill-building ac-

tivities, on-the-job-training and more. All services are free.

The Youth Job Center is located at 1114 Church St., in Evanston. For more information, visit youthjobcenter.org or contact Renetta Porte at 847-864-5627 (ext. 10) or info@youthjobcenter.org.

Six Flags Great America is also hiring youth this summer. To apply, visit sixflags-jobs.com.

## SKOKIE ART GUILD

### FIGURE DRAWING WORKSHOPS

Saturday Sessions 9:30 AM - 12:30 PM

Live models / no instructor

Fees per session SAG Members \$12.00;

non-members \$20.00. For information: Steve Gal 847/673-4450



## Celebrate Park And Recreation Month With “Share Your Rec Life” Instagram Contest July 1-20

In honor of Park and Recreation Month, from Wednesday, July 1 to Monday, July 20, the City of Evanston's Parks, Recreation and Community Services Department invites all Evanstonians to participate in the “Share Your Rec Life” Instagram Contest! Instagram users will have a chance to show off their favorite recreational activity for a chance to win two free beach tokens for the 2016 season and a free pass to enjoy a Parks & Recreation activity or event, such as personal training, the Zombie Scramble, a Nutcracker on Ice performance, and more.

In order to take part in the contest, participants must have a public Instagram profile and adhere to the following rules:

- Follow @ParkRecEvanston on Instagram
- Snap a picture of yourself, friends or family participating in a recreational activity and use #EvanstonRecLife
- Tag the beach, park, or any other Evanston location in the photo.

Please note that all recreational activities must take place in Evanston. Activities include, but are not limited to, playing sports, biking, exercise, kayaking, ice skating, swimming and fishing. Photo submissions will be judged based on creativity. Following the close of the contest, judges will select the top three photos for a community-wide vote to determine the

## Travel safely with your pets this Summer

By BluePearl Veterinary Partners

More than 37 million Americans are expected to travel this Summer, and doctors from BluePearl Veterinary Partners are offering tips for keeping your furry friends safe if they are hitting the road with you.

“Travel can be stressful for both pets and people,” said Dr. Jennifer Welser, chief medical officer for BluePearl. “We hope these tips will make your trip a more enjoyable experience for everyone, whether they have two legs or four.”

- Never leave your pet unattended in a car, even with the windows cracked. If it's 85 degrees outside, the temperature inside a car can rocket to 120 degrees in a matter of minutes.

- Always make sure you have plenty of your pet's medication packed. Take extra to be on the safe side.

- Pack a first aid kit for your pet: tweezers to remove ticks, bandaging material for any cuts, hydrogen peroxide, etc. Click here for a list of items to include in your pet first aid kit.

- If your pets have any ongoing medical conditions, take a copy of their medical records with you.

- Identify the nearest animal emergency hospital to where you are staying and have the phone number handy.

- Make sure your pet's heartworm and flea prevention medications are current.

- Don't feed a large meal before leaving; simply allow periodic snacking.

- Carry collapsible bowls for food and water.

- Make sure that dog tags are clearly visible because people are more likely to catch pets if they can return them to the owner. Having your pet get a microchip for identification is a good step, too.

- If your pet has implants (e.g. plates or

screws from orthopedic surgery), and he or she will be flying, you should bring a note from your veterinarian.

- When flying, be sure to have wheels for your carrier. Even a 10-pound animal can get heavy when carried in a shoulder carrier walking through a long airport terminal.

- If your dog is one of the 17 percent who get sick when traveling, ask your veterinarian about an anti-vomiting medication called Cerenia. Dogs get motion sickness either because they are anxious while traveling or because their balance is affected by movement. In either case, Cerenia blocks vomiting signals, which prevents dogs from getting sick.

### Special considerations for kitty

Cats can be particularly sensitive to traveling. Here are tips for keeping your cat calm:

- Try spraying “Feliway,” a synthetic feline facial pheromone, in the carrier about 30 minutes before leaving to help calm the feline traveler. Placing some catnip in the carrier may also serve the same purpose.

- Don't use tranquilizers or sedatives in cats for travel due to potential complications such as hypotension or paradoxical hyper-excitability.

- Always keep your cat confined in a carrier while traveling. A frightened feline can easily escape through an open car window or door without anyone noticing.

- Be sure to carry some moistened and dry paper towels and plastic bags for potential carrier accidents.

“We hope that both people and pets have a wonderful and safe holiday weekend,” said Welser. “If you have additional questions, be sure to contact your family veterinarian for guidance.”

## Eco-Friendly Mosquito Control

By Melinda Myers

Don't let mosquitoes keep you from enjoying your garden and outdoor parties. Look for environmentally sound ways to manage these pests in your garden and landscape.

Start by eliminating standing water in the yard. Buckets, old tires and clogged gutters and downspouts that hold water make the perfect breeding ground for mosquitoes.

Drain water that collects in these as well as kids' toys, tarps and pool covers. Store these items in the garage or turn them over to keep them from becoming a mosquito breeding ground. Even small containers hold enough water for hundreds to thousands of mosquitoes to breed.

Change the water in birdbaths at least once a week. Consider installing a small pump to keep water moving to prevent mosquito breeding. Or use an organic mosquito control like Mosquito Dunks and Bits (SummitResponsibleSolutions.com) in rain barrels and water features. The Mosquito Bits quickly knock down the mosquito larval population, while the Mosquito Dunks provide 30 days of control. They are both certified organic and safe for pets, fish, wildlife and children.

Wear light colored, loose fitting clothing. These pests are less attracted to the lighter colors and can't readily reach your skin through loose clothing. And be sure to cover as much of your skin as possible with long sleeves and pants.

Add a few birdhouses to the landscape to bring in the birds. You'll enjoy their beauty and benefit from their diet of insects, including many garden pests and mosquitoes.

Keep the garden weeded. Mosquitoes rest in shrubs, trees and weeds during the day. Removing weeds and managing neglected garden

spaces will make your landscape less inviting to these pests.

Consider using a personal repellent to protect you against disease-carrying mosquitoes. For those looking to avoid DEET, the Center for Disease Control and Prevention has also approved products with the active ingredient picaridin (found in Skin so Soft products), IR3535, and the synthetic oil of lemon and eucalyptus. Avoid products that contain both sunscreen and insect repellents as you need to apply the sunscreen more often than the repellent.

Add a bit more protection while sitting or eating outdoors. Use a fan to create a gentle breeze that keeps the weak flying mosquitoes away from you and your guests. Some gardeners even take a small fan into the garden, while weeding.

Then add a bit of ambience to your next party by lighting a few citronella candles for your evening events. Citronella oil and the scented candles do have some mosquito repelling properties. Scatter lots of candles throughout your entertainment space. Position the candles within a few feet of your guests. This can provide some short term relief from these pests for you and your guests.

Gardening expert, TV/radio host, author & columnist Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening and the Midwest Gardener's Handbook. She hosts The Great Courses “How to Grow Anything: Food Gardening for Everyone” DVD set and the nationally syndicated Melinda's Garden Moment segments. Myers is also a columnist and contributing editor for Birds & Blooms magazine. Myers' web site, [www.melindamyers.com](http://www.melindamyers.com), offers gardening videos and tips.

winner.

The contest is only open to Evanston residents. Proof of residency will be required upon prize pickup. For more information, contact Recreation Program Manager Ray Doerner at 847-448-8682 or call/text 847-448-4311. For convenience, residents in Evanston can simply dial 3-1-1.

## Village Cooking Corner

### The Art Of Summer Grilling

Keep the grill clean with a complete top to bottom scrubbing. Start by removing the grill grates and wiping down the interior of the grill with a paper towel; or mildly abrasive sponge in order to remove any built up grease and residue. By removing grease and residue on a frequent basis you are significantly reducing the likelihood of severe flare-ups so it definitely doesn't hurt to do a full scrubbing every few months.

Start with a clean grill: Removing remnants of last night's dinner and thoroughly cleaning your grill will decrease the chance of flare ups and over-charring food. Using a grill brush, thoroughly clean the grates and remove food remnants. Empty drip pans and ash catchers to start with a clean slate!

Apply non-stick spray or a light coat of olive oil on the grates before turning on the grill: a well-oiled surface will keep food from sticking!

Use a meat thermometer and take the guess work out. Using a thermometer will make you less likely to OVERCOOK your meat and will give you the courage to go ahead and pull it off the grill!! No more serving “rubber chicken!”

*Taken from Market Place flyer, week of June 25, 2015*

## Five Ways To Save On Your Family's Boating Budget

Contrary to the myth, recreational boating is a solid middle class lifestyle. About three in four boat-owning households earn less than \$100,000 combined income each year, so saving money for boating families is important. That's why informed boaters join Boat Owners Association of The United States (BoatUS) for the exclusive discounts at marinas, marine service facilities and other boating related businesses such as tackle shops and guide services. All can be found at [www.BoatUS.com/map](http://www.BoatUS.com/map).

- Marina fuel discounts: BoatUS members can get up to 10 cents off per gallon of fuel at over 360 BoatUS Cooperating Marinas.

- An overnight slip for the summer vacation: Over 600 BoatUS Cooperating Marinas offer up to a 25% discount on transient slip fees – essentially four nights for the price of three.

- Boat repair discounts: Save more at 300 BoatUS Cooperating Marinas offering up to 15% off repairs.

- Angler discounts: Go charter fishing or explore new fishing grounds with the help of a local guide, with discounts up to 15%. Bait and tackle shops offer up to 10% off.

- The greatest rewards at West Marine: BoatUS members get a \$10 reward certificate for every \$250 they spend – the highest reward level for any shopper.

Annual BoatUS membership is just \$24. For membership information and additional savings, go to [BoatUS.com/savings](http://BoatUS.com/savings) or call 1-800-395-2628

## Life With Celiac Disease Explored In Documentary Film

The Celiac Project a first-of-its-kind documentary about life before and after the diagnosis of celiac disease will be screened at the Evanston Public Library on Wednesday, July 8 at 7PM in the Community Meeting Room. A panel discussion will follow with director and subject of the film, Evanston native Michael Frolichstein (pictured). He will be joined on the panel by Dr. Vincent Biank, M.D., a pediatric gastroenterologist at Evanston Hospital and Carrie Ek, R.D., a registered dietician and nutritionist, and Coordinator of the Pediatric Celiac Disease Center at Advocate Lutheran General Hospital in Park Ridge.

The inspiration for this film came after Fro-

lichstein struggled with a series of “mystery ailments” before finally being diagnosed with celiac disease at age 40. He was surprised to learn that this auto-immune disease, which affects 1% of the US population, is 83% undiagnosed or misdiagnosed. His journey to meet others who had suffered, as well as get answers from experts, led him to uncover more mysteries within his own family. The documentary ultimately explores what we can do individually and as a society to advance the conversation and raise awareness about the disease.

All are welcome but registration is requested either online or by calling 847-448-8620 to guarantee a seat.

## Registration Now Open for Youth Citizen Police Academy July 13-17

The Evanston Police Department is now accepting applications for the fourth annual Youth Citizen Police Academy, July 13-17. The free week-long program gives Evanston residents between the ages of 13-17 years the opportunity to learn about the issues affecting law enforcement efforts in the City of Evanston and how to develop a partnership with the police department.

Classes and discussions will take place Monday through Friday from 6 p.m. to 8:30 p.m. and are limited to 20 students. The interactive curriculum includes a tour of police headquarters, CSI practices, an overview of SWAT operations, class experiments and exercises in self-defense, and an explanation of use-of-force decision-making. Students will also receive a jacket and diploma upon completion of the Academy.

The police department is selective in choosing participants due to the need for positive interaction with instructors and other students attending the Academy. However, it should be noted that the Academy is not a boot camp or a program for rebellious teens or youth who have

behavioral issues.

The deadline to register is Friday, July 10. Download the printable application and drop it off at the Evanston Police Station, 1454 Elmwood Ave., or email it to [lpells@cityofevanston.org](mailto:lpells@cityofevanston.org) upon completion.

For more information, please contact Academy Coordinator Officer Loyce Spells at 847-859-7843.

CURRICULUM SUMMARY FOR ACADEMY PARTICIPANTS

- Police Station Tour
- Alcohol and DUI Experiment / Traffic Enforcement
- Patrol Operations
- Juvenile Investigations / Youth Services
- Crime Scene Investigations (CSI)/ Evidence Technicians
- Use of Force Laws / Shoot - Don't Shoot Exercise
- Gangs & Drugs Education Prevention
- Police Survival Skills / Self-Defense
- SWAT Operations
- Police Encounters

## No Trust Or Will... The State Has You Covered



Chester M. Przybylo

It really amazes me that so many individuals with small children haven't taken the time to do any estate planning. Let's look at the case of Frank. He's happily married to his second wife, Ellen, and has just become the father of two adorable twins. He feels he deserves his happiness after the nasty divorce proceedings with his first wife, who has custody of his three teenagers. Things are really looking up for him.

Unfortunately, Frank's wedded bliss was short-lived. One rainy night, while coming back from the office, his car was involved in a head-on collision. Frank was killed instantly. His wife was distraught and overwhelmed by the tragedy. After the burial she tried to get her life back together. She wasn't aware of any planning Frank might have done, but she knew that his good friend, Jack, was an attorney and might have been advising Frank. She made an appointment with Jack and was hopeful that he might have a copy of a will or some other estate planning document

Frank may have made. Jack had a general practice law firm and did not specialize in estate planning. He told Ellen that his dealings with her deceased husband were strictly social and he never discussed the subject with him.

"So what does that mean, if Frank had no estate plan?" asked Ellen. The lawyer explained that Frank had died "intestate", meaning without an estate plan, and that the State of Illinois had written a will that would take care of individuals who died "intestate". He went on to explain the details of such a will that had been drafted by the State lawmakers. A probate would have to be opened and Frank's estate would be divided in half. One half of his estate would go to his widow, and the other half would go to his children. In Frank's case, he had five children, two (the baby twins) with Ellen, and three young teenagers with his first wife. The children's half of the estate would be split evenly among the five of them. In effect, each child would receive one-tenth of Frank's estate. Since the State will not distribute funds to a minor, guardianships would have to be established for each child. Frank's first wife would probably be put in charge of the funds for their three children until each reached adult status, and Ellen would probably be given rights over their twins.

There was more to the bad news for Ellen. Frank had failed to designate her as beneficiary of his company's 401K. He had meant to get around to this, but the records showed that his first wife was listed as beneficiary of his rather hefty 401K. While this may seem improbable, I have seen this before in my practice.

It probably seemed to Frank that the last thing he needed to worry about for his young family was estate planning. But by not putting any plans in place, he left his family with a lot of needless worries.

*Chester M. Przybylo is a founding member of the prestigious American Academy of Estate Planning Attorneys, a nationally acclaimed organization whose members are dedicated to the highest standards of estate planning and elder law. His Chicago-based firm, Chester M. Przybylo and Associates, has served its clients for over 45 years. Visit the firm website for helpful information on estate planning: [www.PlanOurEstate.com](http://www.PlanOurEstate.com), or call 773-631-7100 for an appointment.*

## Arbor Day Foundation In July And 10 Trees Will Be Planted In High-Need National Forests

Forests across America are a prized natural resource, and anyone can help plant trees in these vital areas by joining the Arbor Day Foundation this month.

Through the Replanting Our National Forests campaign, the Arbor Day Foundation will honor each new member who joins in July by planting 10 trees in forests that have been devastated by wildfires, insects, and disease.

The cost for joining the Arbor Day Foundation is a \$10 donation.

America's national forests face enormous challenges, including unprecedented wildfires that have left a backlog of more than 1 million acres in need of replanting. The Foundation has worked with the United States Forest Service for more than 25 years

to plant trees in high-need forests.

Our national forests provide habitat for wildlife, keep the air clean, and help ensure safe drinking water for more than 180 million Americans.

"Keeping our forests healthy is vital to the health of people and the entire planet," said Matt Harris, chief executive of the Arbor Day Foundation. "By planting trees in our national forests, we will preserve precious natural resources and the benefits they provide for generations to come."

To join the Arbor Day Foundation and help plant trees in our national forests, send a \$10 membership contribution to Replanting Our National Forests, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410 or visit [arborday.org/july](http://arborday.org/july).

## Dive Into Summer At Citywide Outdoor Pools

Cool off on the first day of summer with a dip at one of the Chicago Park District's 49 outdoor pools, which officially open for the season today! Admission is free to Chicago Park District pools, but fees vary for lap swim and instructional classes.

To mark the opening weekend of outdoor pools this year, the Chicago Park District has partnered with USA Swimming Foundation to kick off the Make a Splash initiative. This water safety campaign is designed to educate parents, kids and communities about the importance of learning to swim. Olympic athletes will make appearances at Chicago area pools on Saturday, June 13.

Additionally, the Park District offers free and low-cost swim lessons to ensure that children and families in Chicago have the ability to learn this life-saving skill. All learn to swim programs are taught by certified American Red Cross water safety instructors; the learn to swim program is about both physical fitness and safety. For a full list of aquatics offerings and other Chicago Park District summer programs, click here.

The Park District manages 49 outdoor pools, 28 indoor pools and operate 14 Chicago Public School pools that offer community programs. Outdoor pools are open through Labor Day. Pool hours of operation and schedules vary by location. For more information, visit <http://www.chicagoparkdistrict.com/facilities/swimming-pools/>

Many of the Park District pools have accessibility features such as ADA stairs, pool lifts and zero depth entry. At a few locations with pool lifts, direct wheelchair access to the pool area may still be limited.

To find a pool near you and for more information about Chicago Park District pools, click here or call 773-363-2225. For more information about the Chicago Park District, visit [www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com) or call 312-742-PLAY.

## Cong. Ezras Israel "Sweet Singers" To Perform At Evanston's Dobson Plaza

The "Sweet Singers of Cong. Ezras Israel" will perform at a

morning of music for the senior citizens at Dobson Plaza, 129 Dodge, Evanston, on Tuesday, July 7, starting at 9:30 a.m.

The event is free and open to the public.

The program will contain Yiddish, Hebrew, Israeli and English songs with Jewish content. Selections will include Sabbath songs, wedding music, Israeli tunes and songs about women in Jewish music.

Director of the "Sweet Singers" is Leona

Molotsky, who also accompanies the group on the piano. Business Manager is Phyllis Bierman.

The group, which entertains at nursing homes, retirement facilities and charitable organizations, meets the first Wednesday of every month at 10:00 a.m. in the Rosenberg Auditorium of Ezras Israel, 7001 N. California Ave., Chicago. Persons who enjoy singing are welcome to join.

For further information, call the Ezras Israel office at 773-764-8320.

## "Meals In Minutes" Will Be Timely Talk At Norwood Crossing On July 15

Tired of eating out but don't want to spend a lot of time preparing a meal for one? Why not save some money and learn to prepare your own meals at home in a matter of minutes with a few staple ingredients. See how this can be done by attending the Timely Talk, "Meals in Minutes," at 2:00 p.m., on July 15, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Making the presentation will be three members of the Dining Services Department at Norwood Crossing. Megan Peters, a Registered Dietitian, who has held various positions within the food industry, will lead the group that includes Jennifer Ramirez, Director of Dining Services, and David Paumier,

Chef Manager. They will explain how to create a grocery list of staple food items to purchase, and will show ways to create nutritious meals using these items in new and delicious ways. They will also discuss the importance of hydration and how to include hydrating foods and beverages into your daily routine. Sample servings of the food prepared during the demonstration and infused water will be provided after the presentation. A question and answer session and raffle will follow the talk.

For more information or to RSVP, please call (773) 577-5323 or email to: [info@norwoodcrossing.org](mailto:info@norwoodcrossing.org).

## Norwood Park Old School Networking

This is the type of Business Event where each business owner or representative prepares a 1-3 minute description of what they do and what they offer, complete with applicable hand outs or business materials.

This way each Chamber Business Member is guaranteed to be heard, and other members will fully understand the business so that we all can refer our clients/contacts to other chamber members.

When: July 8th at 6-8PM

Where: Chicago Center for Myofascial Pain Relief/ Trigger Point Sports Perfor-

mance 6304 N Nagle Second Floor Suite #3 (Entrance next to Walgreen's. Shared door with City Edge Dental) Plenty of free parking in the Shop and Save Parking lot

What: Prepare a short (1-3 mins) presentation as well as hand outs to fully explain your business. Each participant is asked to stay for the full length of the event.

Light refreshments & drinks will be provided.

PLEASE RSVP TO [info@norwoodpark.org](mailto:info@norwoodpark.org)

## Evanston/Skokie Valley Metropolitan Family Services - Giving Hope And Opportunity To Families

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, [metrofamily.org](http://metrofamily.org).

## St. Thecla Seniors Meetings

St. Thecla Seniors located at 6725 W. Devon meet at 11:30 a.m. on the first and third Thursdays of the month in the Queen of Peace room. There is a short meeting followed by sweet rolls and coffee. Bingo and cards are played. We have parties!!! Please join us as you may like us! For information, please call Joanie at 312/608-4092.

## Norwood Park Seniors Club

at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and baingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

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# Safe Places For Kids To Walk And Bike

New analysis shows nearly five children are hit by cars every day in Illinois while walking or biking within one block of a school. Action needed to address unsafe streets near schools.

According to a new analysis by the Active Transportation Alliance, a child was hit by a vehicle on average every five hours while traveling by foot or on bike within one block of a school in Illinois -- that's nearly five children every day, accounting for 54 percent of all crashes involving youth who are walking and biking in Illinois.

In response, Active Transportation Alliance and a coalition of organizations today launched the Safe Routes to School (SRTS) Campaign that seeks to pass legislation that will increase funding for Illinois' SRTS grant program and reduce administrative hurdles to applying for grants. In addition, low-income communities that generally experience higher rates of traffic crashes would be prioritized. Active Trans found that, in the most recent round of state SRTS grants, high-need/low-income communities were significantly less likely to receive

grants than other communities.

"Our kids deserve safe spaces for walking and biking, but too few communities currently provide them," said Ron Burke, executive director of Active Transportation Alliance. "These crashes are preventable with the right safety strategies."

Walking and biking to school was a safe, everyday activity for kids in the United States prior to the 1970s, but in recent decades walking and biking rates to school have declined precipitously. Half of school children walked or biked to school in 1969, but only 13 percent reported doing so in 2009, according to the National Center for Safe Routes to School. This decline is the result of many factors, including nonexistent crosswalks, heavy and fast-moving traffic, and broken or absent sidewalks.

Between 2006 and 2012, vehicles hit nearly 19,000 children who were walking or biking in Illinois, and 54 percent of those children -- more than 10,000 -- were hit within one block of a school. On average, that means vehicles hit nearly five children each day within one block of a school. Active Trans said that a comprehensive "Vision Zero" strategy -- including enforcement of traffic laws, public awareness and education programs, policy changes, and improvements to traffic engineering and street design -- is needed at the state and local levels to consistently reduce traffic crashes and ultimately eliminate traffic fatalities. A key Vision Zero strategy is the state's Safe Routes to School grant program.

The SRTS program in Illinois is federally funded and implemented by the Illinois Department of Transportation (IDOT). This program has been supporting walking and biking infrastructure improvements and educational projects since 2005, providing communities across the state with valuable resources that can improve the safety of walking and biking to school for children.

Heidi Gonzalez, a Village of Monee Trustee, applied for Safe Routes to School funding in 2008 for the Monee Elementary School in Monee, Illinois. At the time Gonzalez was not a Trustee, but a community liaison for the school and was concerned about a new subdivision that was built close by with no sidewalk connected to the school. "Kids were walking to school in the ditch, and if it wasn't possible to walk in the ditch due to rain they walked in the



street," says Gonzalez.

Concern for student safety and high busing costs to drive kids less than one mile to school prompted Gonzalez's group, with the help of local engineers, to apply for Safe Routes to School funding that would help construct a sidewalk that would join the school and the subdivision. After receiving project approval and funding from IDOT, the sidewalk project was successfully completed within the same school year of receiving funding. "Kids now have the opportunity to walk or bike to school as opposed to walking along a hazardous route or being bused a very short distance," explained Gonzalez.

This is just one example of how Safe Routes to School funding can effectively increase biking and walking safety in communities across Illinois.

The pool of Safe Routes to School grant money has only been enough to fund a small percentage of schools, and recent federal funding cuts have exacerbated the problem. In addition, administrative hurdles deter some schools and towns from applying, especially low-income communities that lack the staff resources to apply.

Support for improving the program comes from all over the state. "Ensuring that our kids can actively and safely get to school is an issue we must address collectively," said the Illinois Alliance to Prevent Obesity's Executive Director, Elissa Bassler.

Sign on to the campaign and find out how you can support the effort to improve Safe Routes to School in Illinois by visiting <http://activetrans.org/safe-routes> or contacting Erin McMillan, [erin@activetrans.org](mailto:erin@activetrans.org), at the Active Transportation Alliance.

## Resurrection H.S. Seniors To Play College Athletics

Student-athletes at Resurrection College Prep demonstrate their ability to balance athletics, academics, service and community involvement. As student-athletes from the Resurrection Class of 2015 prepare for college, graduates from the Resurrection College Prep Class of 2015 will be going on to play varsity athletics in college. Mary (Molly) Dougherty will play lacrosse at Loras College in Dubuque, Iowa, where she plans to study psychology. Kaitlynn Dziadosz will play softball at Loras College, where she plans to study criminal justice. Carissa Fagiano will run cross country and track & field at



Front row: Gina Moriarty - Millikin University - varsity soccer; Carissa Fagiano - University of Illinois at Chicago - varsity cross country & track and field; Kaitlynn Dziadosz - Loras College - varsity softball. Back row: Kelly Henehan - St. Louis University - club water polo; Taylor Farrell - Lake Forest College - varsity basketball and Mary (Molly) Dougherty - Loras College - varsity lacrosse

the University of Illinois at Chicago, where she plans to study nursing. Carissa recently represented Resurrection at the Illinois High School Association (IHSA) Outdoor Track State Championship. Taylor Farrell will play basketball at Lake Forest College and is undecided about her field of study. As a senior, Taylor was named Girls Catholic Athletic Conference (GCAC) All-Conference in basketball. Gina Moriarty will play soccer at Millikin University in Decatur, Illinois where she plans to study pre-veterinary medicine. Gina was recently named GCAC All-Conference in soccer. Other student-athletes

will continue to participate in athletics at the club level, including Kelly Henehan who will play water polo at St. Louis University, where she plans to study biology.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all girls' Catholic, Christian college preparatory high school for young women on the north side of Chicago. Since its founding in 1922, Resurrection has graduated almost 14,000 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit [www.reshs.org](http://www.reshs.org).

## Niles Township School Supplies Drive Begins

Niles Township is holding a school supplies drive to assist area children in need this coming school year. "When school begins, we want all children in the Township to have the proper supplies. This support is critical to bolster a child's self-esteem and will eliminate unnecessary worry or embarrassment over not having the proper materials," stated Marilyn D. Glazer, Supervisor of Niles Township Government.

New supplies and monetary donations will be accepted Monday through Friday from 9:00 a.m. until 5:00 p.m. at the Township office located at 5255 Main Street in Skokie.

Residents wishing to make a tax-deductible donation to be used toward purchasing additional school supply kits can mail or drop off a check payable to the Niles Township Food Pantry Foundation during business hours. Donors should check with their tax preparation professional about deductibility cash gifts.

Crucial items needed for the supply drive include:

- # 2 Pencils and colored pencils

- Pink Pearl Erasers
- Scissors with rounded points
- Shatterproof rulers
- Boxes of crayons-24 count
- Colored Markers
- Post It Notes®
- Three-ring binders 1"
- Facial tissues and antibacterial wipes
- Jumbo glue sticks and liquid school glue in plastic bottles
- Notebook paper
- Spiral notebooks- 80 sheets

Additional information and detailed school supply lists can also be found online at school district web sites in Skokie, Morton Grove, Lincolnwood, Niles and Glenview.

Since 1850, Niles Township Government has been dedicated to improving life for its residents. Niles Township is located in the northeast corner of Cook County. With a population of over 102,000 the Township includes the villages of Skokie, Lincolnwood and Golf, and sections of Morton Grove, Niles and Glenview.

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