



OUR VILLAGE



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Volume XIII

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Issue 8
May 15, 2009

Farmers Markets Kick Off on Thursday, May 14 at Daley Plaza

This year marks the 30th Anniversary of the Chicago Farmers Markets, presented by the Mayor's Office of Special Events and COUNTRY Financial.

The City of Chicago and COUNTRY Financial will kick off the 2009 Chicago Farmers Markets at 11:30 a.m. on Thursday, May 14, at Daley Plaza. The winner of the Second Reusable Bag Design Contest will be announced.

Open to all Chicago Public Schools high school students, the 2009 Farmers Markets Reusable Bag Design Contest winner will receive a \$1,000 scholarship and have his/her design displayed on all reusable shopping bags handed out at Chicago Farmers Markets throughout the summer. Two runners-up will each receive a \$500 scholarship.

COUNTRY will distribute 500 sustainable shopping bags and a \$100 gift card.

Special guests include the three contest finalists and city officials. There will also be a special performance by musician Franky Perez.

Market Hours on Daley Plaza are 7am to 3pm.



To the men and women who died for our freedom:

We Thank You

This Memorial Day, remember our local heroes who gave their lives for FREEDOM.

Have a SAFE Memorial Day Weekend

WRIGHT COLLEGE SPECIAL 4-Page Pull Out Pages 7-10

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GARDENING TIPSPAGE 6

CHESTER M. PRZYBYLO, APPOINTED TO
THE AMERICAN ACADEMY OF ESTATE
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GOVERNORS.....Page 13

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EMPLOYMENT ADVICEPage 13

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To access this new exciting venue, go to our website at www.ourvillagechicago.com and click on **VILLAGE IVY**.

Thank you,
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Our Lady of the Resurrection Medical Center Offers May Health Programs

Our Lady of the Resurrection Medical Center, 5645 W. Addison St., Chicago, will offer the following health events in May.

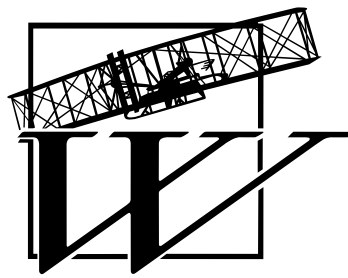
The Arthritis Support Group will meet Thursday, May 28, from 1 p.m. to 2 p.m., in the seventh floor Centennial Conference Center B. These free sessions aim to provide mutual support and education. Registration is not required.

“Living a Healthier Lifestyle” is a program to help heart patients and people concerned about cardiac health develop a healthy lifestyle. Sessions are part of the hospital’s cardiopulmonary rehabilitation program. A cardiac stress test, lipid profile, risk factor analysis and diet counseling may be required to participate. To learn more, call the Cardiopulmonary Rehabilitation staff at 773-794-8420.

The Diabetes Support Group will meet Tuesday, June 2, from 6:30 p.m. to 8 p.m., in the second floor Community Education Room. These free sessions are tailored for adults who have Type 2 diabetes and focus on the emotional side of diabetes, allowing participants to share coping strategies, feelings and problems in living with diabetes. For further information about the Diabetes Support Group, call certified diabetes educator Kathy Byrne-Bellavia, R.N., at 773-794-8329.

Stroke is the number one cause of adult disability and the third leading cause of death in the nation according to the American Stroke Association. **“Be Stroke Smart”** is a free community lecture that will be held Wednesday, June 3, from 1 p.m. to 2:30 p.m. in the seventh floor Centennial Conference Center. Chief of Emergency Medicine David J. Bordo, M.D., will discuss the signs and symptoms of a stroke, who is at risk and how to reduce risks. He also will discuss how patients who come to the Emergency Room with symptoms of a stroke are medically treated and how patients can facilitate their care. Refreshments will be served. Advance registration is required by calling 877-RES-INFO (877-737-4636).

Free parking is available in the hospital’s parking facility on Addison Street.



Wright Swimmers Perform for Olympic Committee



Members of the Wright College Synchronized Swim Team recently performed in the newly renovated Shedd Aquarium Oceanarium as part of Chicago’s bid for the 2016 Olympics. Back row from left: Assistant Coach Karen Poulson (Irving/Ravenswood), Lisa Merlin Des Plaines, Vera Iwankiw, Norwood Park Amy Goodwin Saugansah, Coach Cathy Goodwin and Tess Snyder Lincolnwood. Front row from left: Agnes Otap Portage Park, Liz Kegg (Moody Bible) and Marci Mies Skokie. (Photos were not allowed of the performance itself.)

Seven members of the Wright College synchronized swimming team, The SeaStars, played a role in Chicago’s bid for the 2016 Olympics by performing in the newly renovated Shedd Aquarium Oceanarium pool.

At the invitation of the Chicago 2016 Bid Committee, the swimmers presented two short programs for the International Olympic Committee during its April tour to decide whether to award the Olympic games to Chicago.

The committee was very impressed, applauding resoundingly after each performance, said SeaStars Coach Cathy Goodwin. The swimmers had a great time to swimming among the rocks and waving to people at the underwater viewing windows. “How many people get the opportunity to do that?” Goodwin added.

The seven swimmers were Amy Goodwin, of Chicago’s Sauganash neighborhood, Vera Iwankiw, of Chicago’s Norwood Park neighborhood, Liz Kegg, of Downtown Chicago, Lisa Merlin, of Des Plaines, Marci Mies, of Skokie, Agnes Otap, of Chicago’s Portage Park neighborhood, and Tess Snyder, of Lincolnwood.

The SeaStars were particularly honored to be presenting this program for the IOC because of the Wright’s history as the birthplace of synchronized swimming. A faculty member at the time and originator of the sport, Kay Curtis, and her students wrote the first set of rules for competition. The first recorded competition was held in 1940 in the Chicago area between Wright College and Chicago Teachers College. Wright College’s co-ed team won that competition.

One of the compositions presented in the program for the IOC featured original choreography by Curtis’ “Modern Mermaids” at the 1934 Century of Progress world’s fair. The second composition, choreographed especially for the event, showcased the high-energy precision swimming skills of the SeaStars.

The SeaStars enjoyed their once-in-a-lifetime swim in the new Oceanarium and gave it a “thumbs up” for the soon-to-be returning aquatic life at the scheduled re-opening of the attraction in May 2009.

The SeaStars are currently preparing for their 14th annual water show to be presented in the fall. For more information, contact the Wright College Aquatic Office at (773) 481-8918.

28th Annual



St. Pascal School is looking for volunteers to work on committees listed below and/or to volunteer to help at the 28th Annual St. Pascal Carnival June 3-7, 2009. If you would like to volunteer or would like more information, please contact Kelly Villanti at 773-427-1768 or submit an on-line inquiry at www.stpascalschool.com by following the Carnival link.

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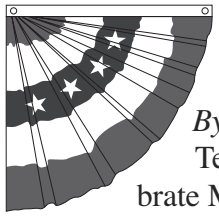
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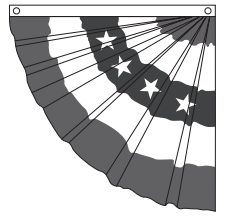
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Remembering Memorial Day



By Sophia Venetos

Ten-year-old Jenna George has no idea why Americans celebrate Memorial Day. She admits she does not know what the holiday signifies and has never learned its meaning in school. Her sister Sophia, 8, is just as clueless about this quintessential American holiday. The sisters could not even fathom a guess as to the holiday's meaning. But both know they have the day off of school, something they made sure not to complain about.

Whether this is a growing trend, or just the case of these two children who attend school in Skokie, is unclear. But what is apparent, is that traditional observance of Memorial Day continues to falter year after year, and various long-standing customs are no longer being practiced.

Perhaps more disturbing is that the meaning of Memorial Day is becoming lost among younger generations. Memorial Day is quickly becoming just another day off of work and a marker for the beginning of summer.

But as Americans continue to fight overseas, defending our freedom and sacrificing their lives to protect it, Memorial Day is just as relevant and important now as ever.

So, this Memorial Day take some time to learn the true meaning behind the holiday, and share it with your family.

Even if you don't commemorate the day in the traditional sense, bear in mind that Memorial Day is a day of remembrance for those who have died in our nation's service.

Originally called Decoration Day, Memorial Day was officially proclaimed as such on May 5, 1868 by General John Logan, the national commander of the Grand Army of the Republic. The holiday was first observed on May 30, 1868, when flowers were placed on the graves of Civil War soldiers at Arlington National Cemetery in Virginia.

However, the South did not observe Decoration Day, preferring to honor their dead on separate days until after World War I. In 1882, the holiday's name was changed to Memorial Day, and soldiers who had died in other wars were also honored.

In 1966, under the leadership of President Lyndon Johnson, the federal government declared Waterloo, N.Y. to be the official birthplace of Memorial Day. Waterloo was chosen because it had first celebrated the holiday in 1866, and residents made the day an annual, community-wide event during which businesses closed and residents decorated the graves of soldiers with flags and flowers. However, it is difficult to prove conclusively the origins of the federal holiday.

Memorial Day is now celebrated in almost every state on the last Monday in May, and was declared as such in 1971, to ensure a three-day weekend.

Memorial Day can still be celebrated at Arlington National Cemetery, in which a ceremony occurs and a small American flag is placed on each grave. It is also customary for the president or vice-president to give a speech honoring the contributions of the dead and lay a wreath at the Tomb of the Unknown Soldier.

In 2000, the National Moment of Remembrance" resolution was passed to help re-inform and remind Americans of the true meaning of Memorial Day. The resolution asks that at 3 p.m. local time, for all Americans "To voluntarily and informally observe in their own way a Moment of remembrance and respect, pausing from whatever they are doing for a moment of silence or listening to "Taps."

Although moments of silence are customary on Memorial Day, conversely, parades have also remained as a common occurrence to celebrate the holiday. Below you will find several Chicago area-parades that you and your family can attend to honor Memorial Day.

Saturday, May 23, 2009

Chicago Memorial Day Parade begins at noon. It starts at State St. from Lake St. to Van Buren.

Monday, May 25, 2009

AMERICAN LEGION EDISON PARK POST # 541 OBSERVES MEMORIAL DAY

In observance of Memorial Day on Monday May 25Th, at 9:30AM we will conduct a solemn ceremony at Monument Park Located at Avondale and Oliphant Avenue. This day has been set aside to honor those that died while a member of our military defending our great country. All are invited to attend.

After the ceremony we will go to Onahan School located st 6634 W. Raven to participate in the Norwood Park Memorial Day Parade. American Legion Edison Park Post # 541 has been selected as the Honor Guard to lead the parade.

Memorial Day at Bohemian National Cemetery, 5255 N. Pulaski, Chicago, IL 60630 at 9:00 A.M.

To honor all who served in America's Armed Forces The program will include a Sokol Spirit color guard, an inspirational address in English, the recitation of a Czech poem and patriotic songs by the Half and Half Singers to honor the veterans in attendance. Women attending will receive carnations, compliments of Friends of BNC. Czech refreshments included. Free and open to the public. Join us!

Des Plaines Memorial Day Events

8:00 a.m. - Brief ceremony at All Saints Cemetery

8:30 a.m. - Brief ceremony at Ridgewood Cemetery

9:15 a.m. - Parade line up at Maine West High School parking lot entrance at Howard Street

10:00 a.m. - Start Memorial Day Parade and proceed down Howard Street to Lee Street and proceed to the Lake Park Memorial Pavilion

10:45 - 11:00 a.m. approximately, immediately following the parade; regular Memorial Day program will start at the Memorial. Program will last until about 12:15 p.m.

Wreath Laying presentation: During the program at the Lake Park Memorial Pavilion, organizations are invited to place a memorial wreath at the memorial during the ceremony to honor all those who gave their lives in the military, in the defense of freedom. Those wishing to place a wreath can contact Steven Schaefer at 847-452-6991 and they will need to check in at the podium by 10:00 am on Memorial Day.

Lincolnwood Parks & Recreation Annual Memorial Day Parade and Festivities Parade - Along Pratt Avenue - 10:00am

Ceremony - Madeline's Garden - 10:45am; Community Picnic for Village Residents - Proesel Park Shelter - 11:45am Please Note: All times are approximations, and may vary. Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. There are many stories as to its actual beginnings, with over two dozen cities and towns laying claim to being the birthplace of Memorial Day. It is not important who was the very first, what is important is that Memorial Day was established. Memorial Day is not about division. It is about reconciliation; it is about coming together to honor those who gave their all. Help Lincolnwood celebrate Memorial Day. FREE

Norwood Park Memorial Day Parade begins at 11:00 a.m. from Onahan School, 6634 W. Raven and will proceed to Taft High School, located at 6545 W. Hurlbut. The procession will also include classic and antique cars.

This year's Parade Marshal is Paul R. Moreno, State Cmdr., Polish Legion of American Veterans. To sign up please call Jim: 773-497-5852 or Corrine: 773-774-4951.

Park Ridge Memorial Day Parade begins at 10 a.m. from the South Park assembly area on Talcott Road. The parade will move north on Cumberland Avenue, to Prairie Street, to Main Street, to the reviewing stand on the steps of City Hall. A commemorative ceremony will take place at the restored American Legion Veterans Monument in Hodges Park immediately following the parade. Afterward, the veterans will depart for the Town of Maine Cemetery, Talcott and Dee roads, where another ceremony will take place at the Civil War Veterans Monument.

River Forest Memorial Day Parade begins at 11:30 a.m. at Division Street and Ashland Avenue, River Forest.



SHERIFF REMINDS RESIDENTS TO BE CAUTIOUS WHEN VISITING CEMETERIES

As the warmer weather and Mothers' Day approaches, Cook County Sheriff Thomas J. Dart reminds residents to be alert when visiting the grave site of a loved one.

In the past few weeks, Sheriff's Police have investigated reports of thefts from vehicles at a local cemetery. These crimes occurred while the victims were away from their vehicles paying their respects.

"At no time has violence or the threat of violence been used in any of the reported incidents," Dart said. "Anyone visiting a cemetery needs to take a few common sense precautions to avoid being the victim of a theft."

Dart recommends that cemetery visitors follow these guidelines:

Lock all car doors and do not leave any valuables in plain view inside your vehicle

Lock purses, bags and any other valuables in the trunk while visiting a grave site

Do not make yourself a target by carrying your purse or bag to the grave site

If possible, avoid visiting the cemetery alone

Note your surroundings before exiting your vehicle. Report any suspicious vehicles or activity to the cemetery attendant or police

For further information, contact the Cook County Sheriff's Police Department at (708) 865-4700.

Get Fit with Free Workouts on The Great Lawn at Millennium Park Each Saturday Morning June 6-September 19

Tai Chi, Yoga, Pilates, Martial Arts and Aerobic Dance Workouts Presented by McDonald's®

Millennium Park and McDonald's invite Chicagoans and visitors to kick off their weekends with energizing workouts on the Great Lawn of the Jay Pritzker Pavilion in Millennium Park. Workouts are open to people with all levels of experience, are 45 minutes long and will be held from 7 a.m. to 11 a.m. every Saturday from June 6 through September 19, 2009.

Each week, instructors from Lakeshore Athletic Club—Illinois Center will lead classes in Tai Chi at 7 a.m., Yoga sessions at 8 a.m. and Pilates workouts at 9 a.m. Each month features a different type of martial art or dance aerobic workout at 10 a.m., including Body Combat™, Body Attack™ and Body Jam™ with the Les Mills Trainers; capoeira with Marisa Cordeiro of Gingarte Capoeira Chicago; samba with Shirley Vieira and Edilson Lima of Brazil via Chicago and zumba® with fitness coach Nancy Hildebrandt.

"We're proud to present these fun, free workouts on the Great Lawn again for the fifth season and to be doing our part to help Chicago become one of the healthiest cities in the United States," said Lois Weisberg, Commissioner of the Chicago Department of Cultural Affairs.

In 2006, McDonald's Corp. committed \$5 million to Millennium Park to provide free fitness activity, as well as the McDonald's Cycle Center. "McDonald's is thrilled to sponsor the free workouts at Millennium Park as part our ongoing commitment to promote balanced, active lifestyles both in Chicago and around the globe," commented Ron Lofton, president of McDonald's Owners of Chicagoland and Northwest Indiana. "For the past several seasons it has been our pleasure to be involved in this great initiative, with the goal of providing inspiration and fun for adults, families and kids."

For more information about Millennium Park or the Millennium Park Workouts, please visit www.millenniumpark.org or call 312.742.1168.

LEARN HOW TO TRACE YOUR CHICAGO ROOTS FROM AWARD-WINNING HISTORIAN Norwood Park Historical Society to Host Acclaimed Genealogist on May 27

The Norwood Park Historical Society invites you to its next membership meeting on Wednesday, May 27, 7 p.m., at the Noble-Seymour-Crippen House, 5624 N. Newark Avenue in Chicago, where family historian, Grace DuMelle, will present "Chicago Genealogy 101." DuMelle is the author of the award-winning book, "Finding Your Chicago Ancestors: A Beginner's Guide to Family History Research in the City and Cook County" (Lake Claremont Press). All are welcome at this free event, where DuMelle's book will be available for purchase.

At the discussion, DuMelle will provide research strategies on how to overcome the challenges of searching for Chicago ancestors, including locating hard-to-find resources and searching Chicago-specific libraries and document repositories. Discover more about your family and how they shaped the history of this great American city.

DuMelle has been a professional researcher since 1995 and serves on the staff of the Newberry Library in Chicago, one of the country's foremost genealogical libraries. Her experience on both sides of the reference desk – as a staffer and as a researcher – influenced the very practical, hands-on approach of her book. For more information on this free event, please call 773-631-4633 or e-mail info@norwoodparkhistoricalsociety.org.

The Norwood Park Historical Society, a not-for-profit organization, resides in the Noble-Seymour-Crippen House, Chicago's oldest home. We invite you to join our efforts to preserve our community's rich history and architectural integrity and to make the dreams and experiences of our predecessors come to life. Visit us on Saturdays, noon to 4 p.m., or by appointment.

LOOK HIGH TO THE SKY THIS SPRING DURING THE CHICAGO PARK DISTRICT'S BIRDING WORKSHOPS

Look high to the sky this spring with the Chicago Park District's Birding Workshops during the bi-annual bird migratory passage through Chicago.

Designated as an "Important Bird Area" by the National Audubon Society, the Chicago Park District's lakefront and North Park Village Nature Center are the perfect locations to see a variety of birds. Such designation is given to nature areas that are vital to birds and biodiversity. Participants may possibly catch a glimpse of Hooded Merganser, Yellow-Rumped Warbler, Yellow-Belly Sap Sucker, and American Kestrel!

"This birding workshop caters to a wide-range of nature enthusiasts," said Peggy Stewart, Manager of Environmental Programs. "Children and adults can learn the basics of birding and learn about the various types of migratory birds that visit during migratory season."

Spring Migration Bird Walks Saturdays; 8 – 10 am, May 16, 25, 30; North Park Village Nature Center, 5801 N. Pulaski Rd. 18 & up, Free

Join Chicago Audubon Society and look for yellow Warblers, Scarlet Tanagers, Indigo Buntings and other colorful migratory birds as they return to the Nature Center. Bring binoculars or check out a pair of ours.

For more information about Nature Oasis programs, please call 312.742.5039. The Nature Oasis program helps Chicagoans experience and enjoy the wonder of nature right here in the city. It strives to cultivate environmental awareness and appreciation by offering a wide range of nature-based programs throughout the seasons, in locations across the city.

The North Park Village Nature Center provides urban citizens with an opportunity to interact with wildlife, plants, and other natural resources through environmental education and access to natural landscapes. For more information about programs and events offered at the Nature Center go to www.chicagoparkdistrict.com or call 312.744.5472.

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*As we observe Memorial Day,
let's say a special prayer for our
brothers and sisters of the military*

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Edison Park
773/792-1991

Lincolnwood Social Club (55+) Join the Lincolnwood Social Club

Are you tired of staying home? Would you like to do fun and exciting things? Do you want to make a few new friends? Then why not join the Lincolnwood Social Club 55+. You do not have to be a resident of Lincolnwood to join. We go to exciting places every week in addition to the numerous special events held at our Community Center. Give us a call and find out what we are all about, our number is (847) 677-9740. This is one phone call you won't be sorry that you made.

PRESBYTERIAN HOMES BRINGS AFFORDABLE HOUSING FOR OLDER ADULTS TO WEST ROGERS PARK

Presbyterian Homes, a nonsectarian provider of retirement living in Evanston, IL, will offer 33 units of affordable housing for older adults in a newly renovated, four-story brick apartment building at 1950 W. Devon Ave (Devon & Ridge). The West Rogers Park building is the latest addition to the organization's Neighborhood Homes program. Occupancy is scheduled for July 2009.

Residents must be 65 years old with income not to exceed \$42,200 a year for a single individual or \$48,250 for two persons (in 2008). Rents are determined on a sliding scale based on 28 percent of adjusted income. Older adults who are interested in residency should contact Donna Musgrave, director of the Neighborhood Homes, at 773-477-4160, regarding applications.

The building offers studio, one and two-bedroom units of up to 885 sq. ft. Other features include reserved parking, sprinklers, smoke detectors and telephone security intercom systems. The units are air-conditioned, have baseboard hot-water heat and are pre-wired for cable television. Each unit has a new full-size kitchen and bath and in-unit laundry hook-ups.

Residents must be independent and able to do their own shopping, cooking and cleaning. The Neighborhood Homes director and a social worker will assist residents in locating social service agencies when needed.

The Neighborhood Homes program has two other apartment buildings in Chicago's Lakeview neighborhood. The program helps older adults with limited financial means to remain in their neighborhoods where gentrification has reduced the availability of affordable housing. The Geneva Foundation, the charitable arm of Presbyterian Homes, funds the Neighborhood Homes. Donations to the foundation provided the means to purchase and renovate the building.

Resident Meta Toerber of the Neighborhood Homes' Lake View Place at 416 W. Barry in Chicago says, "Lake View Place is a gift from heaven. We have weekly computer classes, low-impact exercise classes, and bus service to the grocery store. There is a 24-hour maintenance man and we have a wonderful sense of community, but you still have your privacy. For me, the personal interest Presbyterian Homes takes in you is worth a billion dollars."

Ned Russells, another Lake View Place resident added, "Presbyterian Homes has made my life totally different. I've been here 14 years, and they have enabled me to live with dignity in a building that is safe and well-maintained and in the community where I have lived a great many years."

About Presbyterian Homes

Founded in 1904, Presbyterian Homes is a not-for-profit, non-sectarian organization with a national reputation for creating extraordinary retirement communities. Presbyterian Homes serves older adults through its residential and healthcare programs on campuses in Evanston, Lake Forest, Arlington Heights and Chicago. The organization is accredited by the CARF/CCAC, the nation's only accrediting body for retirement communities.

Presbyterian Homes' mission also provides a significant charitable component. Last year, its Geneva Foundation spent more than \$7 million in benevolent programs, serving more than 300 older adults with limited financial means. Among these programs is the Neighborhood Homes Without Walls program in Lake County, providing subsidized living or rental assistance to individuals with limited financial resources.

New Hope Challenge Presents SPRING INTO ACTION

Saturday May 30th
from Noon – 4:00PM

My name is Ashley Salbeck. I am a sophomore at William Howard Taft High School. Recently I started a Foundation, New Hope Challenge, which provides ongoing communal outreach. I spend a lot of time doing volunteer work at a local food pantry in Norwood Park. When I began to see that the food pantries needed help, I started thinking of ways to help. The outcome of this endeavor is...

New Hope Challenge

Presents..



SPRING INTO ACTION

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FOR MORE INFO CALL OR EMAIL ASHLEY
(847).239.2036 or newhopechallenge@yahoo.com

Walk and Roll to School Day Grant Applications Now Open

Schools are invited to apply for funding to promote Walk and Roll to School Day Oct. 7. Walk and Roll to School is part of International Walk to School Day and celebrates children getting to school in safe and active ways.

Each October, millions of children, parents, teachers and community leaders across the globe walk, bicycle, skate, scooter or roll to school to celebrate Walk to School Day. It is an energizing event, reminding parents and children alike of the simple joy of walking and rolling to school.

In the United States today, 18 percent of kids walk or bike to school, versus 49 percent in 1969, according to the most recent CDC data (2001).

Grant packages include \$500 in cash and a variety of promotional materials and refreshment items. Only individual schools can apply. All public and private schools in Cook, DuPage, Will, Lake, Kane, Kendall and McHenry counties are eligible.

Walk and Roll to School Day Mini-Grant guidelines and application form is available online at www.activetrans.org/walkandroll. Questions? Contact the Mini-Grant Coordinator at 312.427.3325 x236 or mini-grants@activetrans.org.

Previous grant winners have staged Walk and Roll to School events, including rallies and breakfasts. Some have used the grant for incentives that encourage students to walk, bike and roll to school year-round.

View the 2008 Walk and Bike to School report online at: www.activetrans.org/international-walk-school-day

Walk and Roll to School Day Mini-Grant program sponsors are AAA Chicago, Active Transportation Alliance, Alliance for a Healthier Generation, Clif, FedEx, Safe Kids, Stakeholder's Collaboration (Respiratory Health Association) and Village Cycling Center. Partners are the Cook County Department of Public Health, Illinois Principals Association, League of Illinois Bicyclists and Walk Across Illinois.

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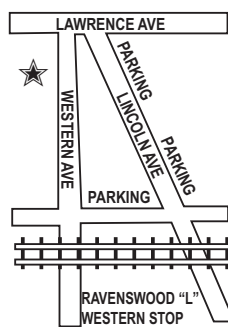
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GREAT OUTDOORS

Bike the Drive

More than 20,000 cyclists experience Chicago on a car-free Lake Shore Drive May 24 for annual Bike the Drive

Bike the Drive opens a car-free Lake Shore Drive to more than 20,000 cyclists to experience Chicago like never before. Cyclists – young, old, families and pro athletes – can cruise at the speeds and distances of their choices. The event benefits the nonprofit Active Transportation Alliance's work to improve biking, walking and transit in Chicagoland. A post-ride festival includes breakfast, live music from Funkadesi and fun give-aways. All at the World-famous Lake Shore Drive. Participants must start at Columbus and Jackson in downtown Chicago.

May 24, 2009

5:30 a.m.: Upon police approval, Lake Shore Drive will open to bicyclists.

9 a.m.: Bicyclists may not enter Lake Shore Drive; participants must be north of Randolph Street or south of Roosevelt Road.

9:45 a.m.: Volunteers will help participants safely move to the Lakefront Trail, which they can take back to the post-ride festival.

10:30 a.m.: Car traffic resumes on Lake Shore Drive.

8 a.m. – noon: Post-ride festival at Butler Field at Grant Park.

Cost is just \$37 for Active Trans members and \$42 for non-members. Youth 17 and under are \$12 with at least one adult registration. Registration includes an event T-shirt. Register at www.bikethedrive.org.

Save \$5 on Bike the Drive

Mayors Office of Special Events - Save \$5 on Chicago's biggest car-free bike ride! Sign up now for a bicycling utopia: eight lanes and 15 miles of legendary Lake Shore Drive humming with all your bicycling friends. Save \$5 on any registration package with coupon code MSE6A5 at www.bikethedrive.org.

Bike the Drive is Sunday, May 24 and one of the events offered during Bike Chicago 2009. During May, June, July, August and September, more than 100 events will offer fun and exciting ways to promote the economic, environmental and health benefits of biking as an alternative form of transportation. Bike Chicago 2009 is presented by the Mayor's Office of Special Events and Goose Island 312. This year's premier events are "Bike the Drive" (May 24); Bike to Work Rally (June 19); LATE Ride (July 11-12); Chicago Criterium (July 26) and the Boulevard Lakefront Tour (September 13). www.bikechicago.us or find us on Facebook and become a fan!

Lincolnwood Parks & Recreation Farmers Market

Beginning Thursday, June 4, the Lincolnwood Parks and Recreation Department will be operating Lincolnwood's 3rd Annual Farmers Market. The market will run every Thursday through August 20th, between the hours of 8 am – 1 pm, at St. John's Lutheran Church, 4707 W. Pratt Avenue. This location was chosen because of its visibility from Pratt Avenue, accessibility of parking, and neighborhood location.

The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.

Thursdays, June 4 – August 20, 8:00am – 1:00pm

St. John's Lutheran Church, 4707 W. Pratt Ave., Lincolnwood, IL

FREE – Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Urban Wildlife Coalition

Fawn Facts

Those of us fortunate to live near our region's last urban forests may happen upon white-tailed deer. Most fawns are born between the middle of May and the end of June. Here are a few "fawn facts" to help you get to know them even better.

The gestation period for white-tailed deer is approximately seven months. Does usually give birth to one to three fawns at a time.

Fawns can stand just 20 minutes after birth, can walk haltingly in an hour, and can outrun a human in just five days!

A doe may nurse her fawn three to four times a day. Deer milk is very rich, with a fat content of around 12% (compared to 4% in whole milk from cows we humans drink).

For safety, a doe will hide her fawns separately from one another. Mother deer may venture as far as a half-mile away (still within hearing distance) of her offspring. If you find a fawn on its own, do not assume it is abandoned. Often, mother is nearby keeping tabs on her young.

The white spots on a fawn's fur helps camouflage it from predators. They lose their spots at around nine months of age.

Yearlings are fawns that are a year old; at that point, they may mate and have fawns of their own.

Urban Wildlife Coalition is a community-based organization founded to help preserve our treasured urban wildlife. For more information about urban animals and tips for living in harmony with them, visit www.urban-wildlifecoalition.org. Questions? Call 773-545-8136 or e-mail urban-wildlifecoalition@gmail.com.

It's That Time of Year



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Established in 1922
6973 N. East Prairie Rd., Lincolnwood
(1 block east of Crawford Avenue)
OPEN WEEKLY 8 am-8 pm Sat. & Sun. 8-5 pm
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- Fresh HERB & VEGETABLE plants.

We Are Here!



Diamond Frost is a Gardener's Best Friend

by Nick Urhausen

An exciting new plant has been introduced which is unlike any you've ever seen or grown. This plant was recently the U.K.'s Plant of the Year, and it has won numerous awards and honors at trials all over the United States. The name of this new unique plant is Diamond Frost, and it is a member of the Euphorbia family. This plant is an annual which will survive as long as temperatures stay above 30 degrees F.

Diamond Frost boasts nonstop clouds of airy white blooms. This plant is very easy to grow due to its exceptional heat and drought tolerance. It simply never goes out of bloom. Diamond Frost is versatile, as it can grow anywhere from a full sun to a part shade location. The plant should be watered when the soil is dry and periodically fertilized with any well balanced fertilizer.

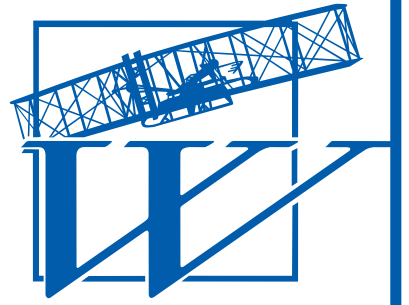
The uses for Diamond Frost are as abundant as its blooms. The plant can be grown in planters, hanging baskets, or the ground. In all uses, it can be planted alone for a dramatic, elegant display of white flowers, or combined with other plants and used as an accent plant. The tiny white blooms will brighten up any mixed planting. Diamond Frost has a mounding upright habit, and will grow into a robust 12" wide by 16" tall plant.

Everyone should try at least one Diamond Frost plant in their plantings this year. Whether you are an expert or a casual gardener, you will be pleased with the results. It is likely that Diamond Frost will become a staple of your plantings, and you will be growing this plant for many seasons to come.

Urhausen Greenhouses is located at 6973 N. East Prairie Road in Lincolnwood. Their phone number 847-675-1573. www.urhausengreenhouses.com

Wilbur Wright College

One of the City Colleges of Chicago



*Something
for everyone!*



Summer 2009



ACE Camp

Aviation Careers Education Summer Day Camp

Wilbur Wright College's Aviation Career Education (ACE) Camp is a weeklong summer camp program that will be held at Wilbur Wright College from July 28 to August 1, 2008. It is designed to introduce inner city students, age 13 to 18 to flying and aviation related careers. Camp participants will learn about the world of aviation by participating in classroom activities and field trips.

For more information on how to apply please call 773.481.8800 or visit the website at <http://wright.ccc.edu/events/ACE.asp>

- Learn about airplanes, flying and flight safety
- Take orientation flights
- Visit Midway International Airport & the FAA Control Tower
- Attend the EAA Oshkosh Air Show
- Meet and talk with aviation professionals
- and, MORE!



Basketball IQ Camp

If you're serious about improving your game, you don't have to look far. Boys and girls between the grades of 4th -8th that reside in the Portage Park, Harwood Heights, Jefferson Park and surrounding areas, are just minutes from our camp. The Wright College "Basketball IQ" Camp is conducted on the main campus of Wright College.

"Basketball IQ" Camp will be conducted by experienced college basketball coaches. Each four-day session reviews the fundamentals of the game and includes two instructional sections daily for both boys and girls with college coaches. Every session will include a visit from special guest speaker and current Wright College Men's and Women's basketball student-athletes. At the Wright College "Basketball IQ" Camp, you will work on your game with some of the best in the business and have fun doing it!

Need More Info?

For camp details contact Coach Harris, mharris24@ccc.edu
Camp Director, Athletics Department
"Camp Central" at 773.481.8435. www.wright.ccc.edu/department/ATHLETICS/

Chess Camp

Join us for this new summer day camp for 2008! Renaissance Knights utilized chess as a tool to improve academic, intellectual and social skills. Chess is a lifelong, skillful activity that is not only fun but intriguing!

For further information, please contact the Renaissance Knights at 847.526.9025
Registration takes place at Wright College, Arts Building room 120(A120)



Computer Camp

Attend this camp in June or August or both. Surf the net like a pro. Design a web page. Learn to use computer graphics and/or design a program and more!
Ages 9 to 14.

For further information, please email Diane Prosser at DProsser@ccc.edu



Summer on Stage

A three-week performing arts summer day camp. Come have fun out of the sun at Wright College's new performing arts summer day camp. Summer on Stage at Wright! Led by the professional artists and teachers of The Happiness Club, this three-week camp will teach classes in music, movement, and drama and culminate in an exciting musical and theatrical performance of friends and families. Fun special theme days, and terrific additional classes in poetry, hip hop dancing, arts and crafts and more! Limited space is available. Enroll now!

For further information, please contact the Happiness Club at 773.481.8264.

Looking for something else?

Here are some of our new camps and classes!

Ethnic Dance - Kamp for Kids

American and International folk dances introduced in the class at age appropriate levels. Also learn Irish line dance, Scottish, Asian, African and Polish dance steps to appropriate music. Wear gym shoes, ballet slippers or socks. Boys & girls welcome

High Five Dance Experience

Learn those special dance moves used in jazz dance, street dance, hip hop and robot movements. Get motivated, get dancing! Boys & girls welcome.

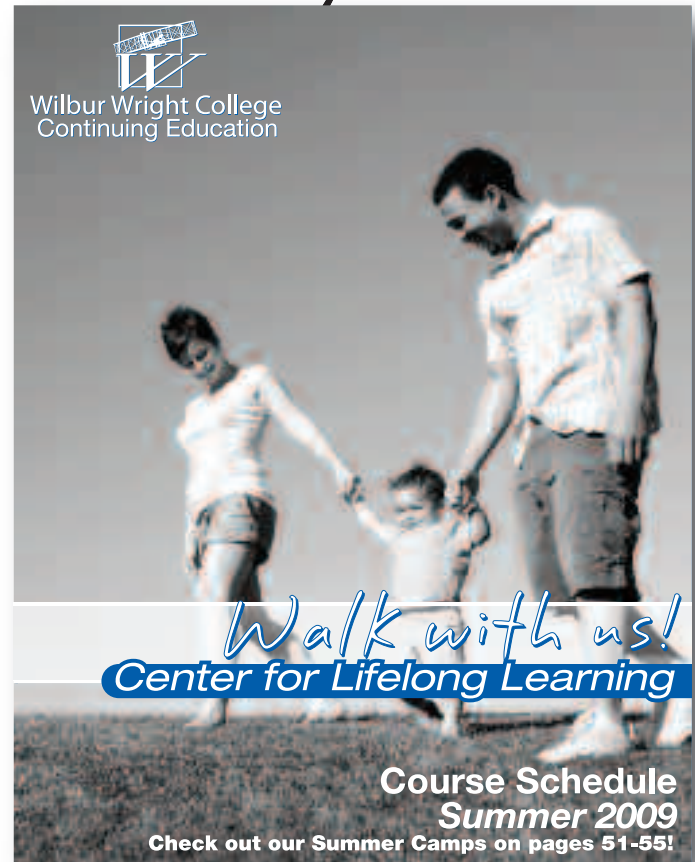
Latin American Ethnic Camp

Join this class to explore Latin American culture through movies, discussion and hands-on activities. Snack break daily; ethnic snacks made by the students. Materials included.

Movement for Fun

Learn formations alone and/or with a partner. Done to upbeat music intended to help you get fit. Wear double socks. Boys & girls welcome.

For more information on our new camps and how to register please call 773.481.8800 or go to <http://wright.ccc.edu> to look through our schedule.



Stop by and pick up our Summer Schedule!

5th Annual Father's Day Bike Ride



Sunday, June 21st, 2008. FREE.
Begins at Eli's Cheesecake World
6701 W. Forest Preserve Dr., Chicago
8:45 a.m. Continental breakfast
9:45 a.m. Ride begins

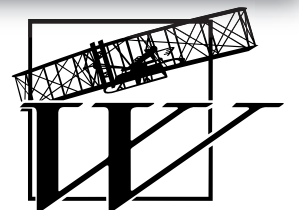
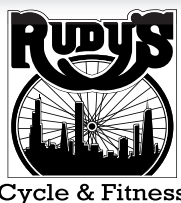
For more information and to register call 773-308-7015 or register in person at Eli's Cheesecake World by June 16th.

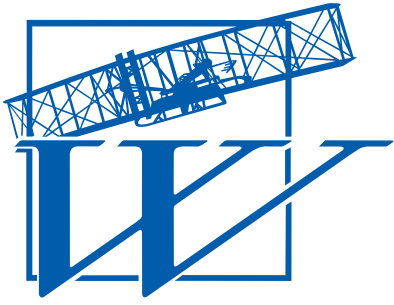
10th Annual Eli's Cheese Cake & Wilbur Wright College Farmers Market

Every Thursday
7:00 AM-1:00 PM
June 18- October 29

Eli's Cheesecake World
6701 W. Forest Preserve Drive, Chicago
(773) 205-3800
(Dunning neighborhood)

Blue Line to Montrose, then bus #78 to the Montrose/Forest Preserve Drive stop.
Plenty of free parking!
Fresh fruits, vegetables, flowers, and much more! Plus Eli's famous grilled lunch each market day at 11 am. Don't miss our Market Events sponsored by Eli's and Wright College, each market day.





Wilbur Wright College

4300 N. Narragansett Ave.
Chicago, IL 60634
wright.ccc.edu
773.481.8200

BRING THE FAMILY!



42nd Annual
Wright College Craft Fair
will be held at:
Wright College, 4300 N. Narragansett
Sunday, September 13, 2009

10:00 a.m. until 5:00 p.m.

Plenty of free parking.

FREE ADMISSION
Bring the family!

"A Theatre Review"

"Art"

*Steppenwolf Theatre Company Upstairs Theatre
1650 N. Halsted
Chicago, Illinois*

Reviewed by Richard Allen Eisenhardt

This year "Art" won the Tony Award for Best Play and "The Lion King" won for best musical at the Radio City Music Hall. I was fortunate to be in attendance.

While the producers never sent a touring company to Chicago, the show had a long run at the Royal George Theatre. First with Michael Gross from "Family Ties" heading the cast and later replacing him was Kevin Dobson from the television show "Kojak."

The show deals with three middle age Frenchmen: Serge played by John Procaccino, Marc who is played by Francis Guinan and Yvon played by K. Todd Freeman. Serge is divorced, Marc is married, and Yvon is scheduled to be married.

"Art" is the work of Yasmina Reza and the show is translated by Christopher Hampton.

The show's director Rick Snyder is also an actor who has found a strong cast for the show. Later in the run Guinan will take over the role of Serge and Ian Barford and Joe Dempsey will handle the other roles.

It's a show you'll either like or hate and it definitely is a play for men especially if you're a feminist. The show has its humor but it does have a darker edge. There is tension between the three men and you'll find humor in their bitterness and confrontation.

Serge purchases a virtually all-white abstract modern painting for a costly amount of money. Marc has a negative reaction to the art work and this threatens their 15 year friendship. We see Yvon wants no part of the conflict as he is having his own personal problems with his upcoming marriage as his mother and the bride's family are at odds with each other.

This play deals with friendship, loyalty, betrayal, culture and what is and what isn't taste.

"Art" runs 90 minutes with three strong performances. Art runs through June 7. For performance dates, show times and reservations call 312-335-1650. Ticket prices are \$20 to \$70.

Skokie Theatre Offers Free Tickets to Armed Forces, Veterans and Families

Tickets will be distributed through organizations like the Cook County Veterans Assistance Commission, VA hospitals and veterans groups in the Chicagoland area. We welcome your help in directing us to any related organization you feel would benefit from this program. We want to offer tickets for our weekday programming and selected weekend shows. Please check our website www.skokietheatre.org to learn more about our shows.

A donation in any amount will help us make this program a reality. Please direct your donations to: Skokie Theatre Music Foundation, 7924 N Lincoln, Skokie, IL. 60077

"The History Boys"

*Timeline Theatre Company
615 W. Wellington Ave.
Chicago, Illinois*

Reviewed by Richard Allen Eisenhardt

The Timeline Theatre Company is a small equity theatre that is housed on Wellington Ave. next to a Protestant Church.

P.J. Powers, the theatre's artistic director really scored a major coup in obtaining the rights to Alan Bennett's "The History Boys."

The show has received a total of 30 major awards that include the Tony and Oliver awards for the best new play. The show first opened in London in 2004 and finally ended up in New York in 2006. It was also made into a feature movie. The show is closing out Timeline's 2008-2009 season under the outstanding direction of Nick Bowling.

The play features a cast of 12 and runs three hours. Many British plays run three hours and Rock 'N' Roll at Goodman also has that time going for it.

Donald Bearly has the role of Hector the English Teacher who regularly swats his students in the classroom and fiddles around with the more attractive of his students after school.

The play deals with history and how it should be taught. You'll hear quotations from Auden, Larkin, Hardy and Shakespeare and in one scene in the classroom it is conducted entirely in French.

The adults are Donald Bearly, Terry Hamilton as the school headmaster, the newly hired Coach Irwin is being played by Andrew Carter and Ann Wakefield is Mrs. Lintott, the only female teacher in school. The boys are Joel Gross as Dakin, Rob Fenton as Lockwood, Will Allan as Scripps, Behazad Dabu as Akthar, Govind Kumar as Crowther, Brad Bukauskas as Timms, Michael Peters as Rudge and Alex Weisman as Posner

The show is set in 1980 in the northern part of England and you'll find that while it offers humor it is a provocative show. The who offers music and the musical director is Doug Peck. One student comes from a family of a Holocaust child and who has a love for Dakin, another is a playwright. Bennett the playwright who is 71 years young would be proud of this production of his masterpiece.

"The History Boys" runs through Jun 21 and could possibly get an extension. for performance dates, show times and reservations call 773-281-8463. Ticket prices are \$25 and \$35.

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www.ourvillagechicago.com



Chicago Area Public Libraries

RODEN BRANCH
6083 N Northwest Hwy, Chicago, IL 60631
(312) 744-1478

Looking for a Job? Find help here!

Tuesday, June 2, 2009 at 7:00 PM Resume Makeover It's time to make over your resume to get the job you want! You will learn practical and realistic steps on how to make your resume target the position you want from a recruiter and career coach's perspective.

Career Presentations by Karen Evertsen and sponsored by the Friends of the Roden Branch Library (FORL)

Register for one or more programs by calling 312-744-1478.

EDGEBROOK BRANCH
5331 W. Devon Ave., Chicago, Illinois
(312) 744-8313

EXHIBIT

The lobby cases feature another new exhibit mounted by local resident Nicholas J. De Leonardis, Sherlock Holmes: The Man Sir Arthur Conan Doyle Could Not Kill, from May 5 to May 30 in commemoration of the one hundred and fiftieth birthday of Sir Arthur Conan Doyle, born on May 22, 1859. Books and memorabilia relating to the Sherlock cannon composed of four novels and 56 short-stories cover a span of forty years of writing. Born in Edinburg, Scotland, Doyle studied medicine at the University of Edinburgh where he met Dr. Joseph Bell. The wise doctor was not only his tutor but a man who would play an important role in Doyle's life, serving as a model for Sherlock Holmes and "the method" (his remarkable powers of deduction).

Edgebrook resident, Nicholas J. De Leonardis, is an avid collector and member of the North Eastern Sherlockians, a book discussion group in Highwood. He spent thirty-five years in banking in various executive positions and was a well-known economist in the Mid-West. During his extensive international travels he met many of the money managers of world financial institutions. Upon retiring he spent fifteen years as an Executive in Residence in DePaul University's Finance Department as a teacher. Governor Thompson appointed him to the Task Force on the State's Future Mental Health Code and he served for twenty years as President for the Dixon Association for Retarded Citizens. At present he is a Director of the American Sign Language Project, a nonprofit organization involved in developing computer-based programs for the hearing impaired.

Mr. De Leonardis would now like to start a Sherlockian book discussion group in Edgebrook. The first meeting will convene on Thursday, July 30 at 7 p.m. at the Library. Participants will discuss the short story, "The Final Problem," and watch a short film.

BUDLONG WOODS BRANCH
5630 N. Lincoln Avenue, Chicago, IL 60659
312-742-9590

Saturday, May 23, 2009, 1:00 p.m.

Folk Dance from Cambodia, Presented by the Cambodian Cultural Dance Troupe. Free!

Chicago Riverwalk Opens for the 2009 Summer Season

1st Annual Taste of the Riverwalk Scheduled for June 19 - 21

The Chicago Riverwalk returns in 2009 offering visitors a wide-range of amenities, with three new vendors added the line-up. The Riverwalk officially opens Memorial Day from 6a.m. - 11p.m. Some attractions will begin to open by mid-May, weather permitting. Tour boats and water taxis have already begun service for the 2009 season.

Also new this year, look for the 1st Annual Taste of the Riverwalk to take place June 19 - 21. The event will feature tasty samplings from vendors at a discounted rate, music, programming and fishing. Entrance to the event will be free and will take place throughout the Riverwalk promenade.

The Riverwalk is a river-level promenade offering visitors concessions that include riverfront cafes, tour boats and water taxis, bicycle rentals, and retail stands featuring crafts made by local women entrepreneurs.

Currently, the Riverwalk runs along Wacker Drive and the south bank of the Chicago River from Franklin Street to Lake Shore Drive. Boat tours and water taxis also operate from the north side of the river at Michigan Avenue. Stairs to the Riverwalk are located at every bridge. East of State Street, it is wheel-chair accessible and continuous between the lakefront and a pedestrian ramp located in the Vietnam Veterans Memorial Plaza at State Street. Visitors may also be dropped off at Lower Stetson between Michigan and Columbus.

Admission to the Chicago Riverwalk is free, but fees vary for the attractions. The Chicago Park District runs concessions on the Chicago Riverwalk through an agreement with the City of Chicago. For information, visit www.cityofchicago.org/riverwalk.

A NEW MILLENNIUM PARK SERIES OF SONIC PROPORTIONS

Millennium Park's new Monday lunchtime series, Edible Audible Picnic, kicks off in just 5 weeks, featuring cutting edge rock bands, sound artists, DJs and more. For more information and electronic images, contact Amy O'Connor at amy.oconnor@cityofchicago.org.

Pit Er Pat | Monday, June 15, 12pm

Soul / Funk Record Party | Monday, June 22, 12pm

Black Moth Super Rainbow | Monday, June 29, 12pm

Experimental Sound Studio | Monday, July 6, 12pm

Reggae Dub Sound Clash | Monday, July 20, 12pm

Chicago Hip-Hop and It Don't Stop | Monday, July 27, 12pm

Third Coast International Audio Festival | Monday, August 3, 12pm

Daedelus | Monday, August 10, 12pm

Emily Wells | Monday, August 17, 12pm

Dark Party and Caural & K-Kruz | Monday, August 24, 12pm

The Chicago Department of Cultural Affairs and Millennium Park present Edible Audible Picnic, a noontime picnic of sonic proportions on Mondays from June 15 through August 24, 2009 (excluding July 13). This series features cutting edge rock bands, sound artists, audio documentaries, expert DJs, electronic musicians and more.

Edible Audible Picnic draws on the Jay Pritzker Pavilion's state-of-the-art sound system to produce quality performances for the loop lunchtime crowd. Edible Audible Picnic is part of a collection of three new Monday series in Millennium Park, which also includes Dusk Variations: A Chamber Series and Downtown Sound: New Music Mondays on Monday evenings, expanding the repertoire of music at Millennium Park.

For more information about the series, call 312.742.1168 or visit www.millenniumpark.org.

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Chester M. Przybylo Appointed to Board of Governors



Chester M. Przybylo

The American Academy of Estate Planning Attorneys is pleased to announce that Chester M. Przybylo, Attorney at Law, has been appointed to the Academy's national Board of Governors.

In his new capacity, Mr. Przybylo will serve as an advisor and help guide the direction of the 110-member organization. He joins six other attorneys from around the country on the prestigious board.

A member of the Academy since 1993, Mr. Przybylo limits his practice in Chicago, Illinois, to estate planning. He regularly presents free public seminars on living trusts and reducing estate taxes. Contact him at: 5339 North Milwaukee Avenue, Chicago, Illinois 60630, phone (773) 631-2525.

"The Academy recognizes Mr. Przybylo's outstanding professionalism and dedication to the field of estate planning," explains Robert Armstrong, founder of the Academy. "As a member of the Board of Governors, he will be able to share his knowledge and expertise with the members of the Academy to improve the practice of estate planning across the nation."

The American Academy of Estate Planning Attorneys is a national membership organization dedicated to keeping its attorney members up-to-date on the latest estate planning techniques and laws. It also helps attorneys provide expert legal advice and service to their clients.

NORWOOD CROSSING THRIFT SHOP TO HOLD SIDEWALK SALE ON MAY 23

The Norwood Crossing Thrift Shop, 6019 N. Nina Ave. in Chicago, will sell flowers for planting, on Sat. May 23, from 10:00 a.m. – 3:00 p.m. in conjunction with its sidewalk sale. The event coincides with the time of month when there is little risk of frost and gardeners get serious about planting flowers to beautify their homes.

There will be a wide assortment of flats from which to choose. Volunteers will be on hand to offer assistance with selections as well as oversee the sidewalk sale of clothing, books, collectibles, housewares, jewelry, paintings, and other treasures. The Thrift Shop will be open inside from 10:00 a.m. – 6:00 p.m. to accommodate its customers who want to linger after the Sidewalk Sale. The not-for-profit Norwood Crossing Thrift Shop is operated by Norwood Life Care Foundation and is affiliated with Norwood Crossing.

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5339 N. Milwaukee Avenue, Chicago IL 60630

The Perfection of Part-Time

By Tammy Cook

Words like "downturn", "recession" and "struggling economy" have been center stage for the last several months, causing Chicago businesses and companies across the country to act more like deer in the headlights than the innovators and entrepreneurs that they truly are.

Historically speaking, recessions only last a maximum of 18 months. Whip out your calculator and do the math; the economic sun should begin to shine over Lake Michigan again this summer.

But very few businesses are prepared for the imminent upswing, after having experienced months of hiring freezes and layoffs. When the time comes, many companies are going to find themselves understaffed and ill-equipped to move forward into the new burgeoning economy.

So what can businesses do now to gear up their production and services while still keeping their expenditures in check?

10 til 2 is the cutting edge staffing company that specializes in providing businesses, from small start-ups to well-established industries, with part-time, college-educated career people. Our clients get topnotch talent, maintain control over human resources expenses and merely pay for the hours they need covered. No costly benefits. No uncommitted temps. Just highly skilled professionals ready to hit the ground running.

The 10 til 2 "part-time employment model" is an easily accessible HR solution for companies that refuse to sit passively awaiting better times. Not surprisingly, it is also a solid business tool in more prosperous economies. The reason is simple. 10 til 2 and its proprietary database of educated professionals allow companies access to top job candidates poised to move their businesses forward while eliminating the need for dollar-heavy employee benefits and out-of-control salaries.

If you would like to learn more about the perfection of part-time and how 10 til 2 can help your business through to the sunny side of the economy, visit www.tentiltwo.com or contact me at tcCook@tentiltwo.com

Tammy Cook is the owner of 10 til 2 – The Part-time Placement Service – Chicago North Shore. Look for her upcoming article on emerging labor trends and the reason why so many top professionals are opting for part-time employment.

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You're Invited to Our Open House

By Bosley

As you know, moving, at best, is difficult. I'm just trying to stay out of my human's way.

Now that we are moved into our new digs at 6460 N. Milwaukee Avenue on Chicago's Northwest Side, we'll all settle down to business and I'll be back on the job for the next issue of the newspapers.

Canine Corral is really a great place to work and with the addition of our new boarding area, it should be even more fun for me.

Stop by our Open House on Sunday, May 31st from 10:00 a.m. to 3:00 p.m. Bring your animal companions with you so that we can all meet, face-to-face and paw-to-paw!

See you then, Bosley

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.



Recognizing Illness in Pet Birds

Continued from last issue

Peter S. Sakas DVM, MS

Watery droppings should be carefully evaluated to determine if they are due to gastrointestinal disturbance or increased urine production (polyuria). A somewhat formed fecal portion with an extremely watery urine portion or excessive urate portion may indicate a kidney problem or metabolic problem such as diabetes.

A more liquid consistency in the fecal portion of the droppings is suggestive of an intestinal tract infection. Occasionally, birds with an intestinal disturbance may have a grayish coating on the fecal portion due to excessive mucous. When a bird has pancreatic disease it has characteristic "popcorn" droppings which are bulky and off white to gray in color. Undigested seed or grit in the droppings are abnormal and could indicate a gizzard malfunction.

Blood in the fecal portion of the droppings is usually from the cloaca or oviduct. Severe inflammation in the cloaca, ulcerations or tumors may be responsible. Blood may also be seen in female birds encountering difficulty passing eggs. In Amazon parrots and macaws, blood in the droppings could be due to cloacal papillomas, which are of viral origin. Other signs of this condition include straining to defecate and the presence of granulation tissue (appears almost like a strawberry) around the vent and in the cloaca.

The urate portion (urine crystals) should be off white in color. If the urates are yellow or neon green it may serve to indicate hepatitis. The neon green urates may be suggestive of psittacosis. Blood in the urine or urates (to be distinguished from blood in the fecal portion) are indicative of a kidney disturbance or toxicoses, particularly heavy metal poisoning such as lead.

Unusual Growths/Enlargements

Birds can develop abscesses, feather cysts and tumors, so any unusual swellings should be properly evaluated. Fat deposits may develop on the chest and/or abdomen and should be considered abnormal. Other abdominal enlargements could indicate the presence of a tumor or an egg. Many times these growths are not detected until they are quite large. Early detection may be accomplished by noting irregular displacement of the feathers. Keep a close watch on your bird as the earlier these problems are treated the greater the success rate.

Conclusion

Develop a sense for what is normal with your bird, deviations from the norm could indicate disease. The more you handle and interact with your bird the greater will be your understanding of the bird as well as your ability to detect potential problems. If you observe any of these signs or have questions about the condition of your bird, do not hesitate to notify your veterinarian for aid. A sick bird that is treated promptly and properly has a much better chance of recovery. Yearly physical examinations including blood testing and fecal analysis are strongly recommended for all birds. New birds should be examined shortly after purchase so that their state of health can be properly evaluated. Early detection is the key.

Niles Animal Hospital & Bird Medical Center. 7278 N. Milwaukee Ave. Niles

Anti-Cruelty Society

Saturday, June 13th, Noon – 4:00pm

Wooftop Festival and Adopt-A-Thon – (rain or shine)! This dog days of summer fun fest features a KISSFM Adopt-A-Thon, food, refreshments, dog and human games, raffles, Denise Zak, Pet Psychic, Doggie Massages and much more. The event takes place on the upper levels of The Society's parking garage with a great view of the City's skyline, 169 W. Grand Ave, Chicago. \$20 Adults, \$5 for Children includes food and fun. For more information visit our website at www.anticruelty.org or call Emily Ledergerber (312)644-8338 ext. 319.

Thursday, June 25, 7:00pm

Mercury Canine Cruise – A Chicago Canine favorite! Dog-loving first mates welcome well-behaved and leashed canines aboard for the 90-minute lake and river tour with lively commentary about dog-friendly Chicago. On-board amenities include large bowls of fresh water, a newspaper-lined restroom and, of course, dog treats. The 2009 Season will kick-off with the annual Mercury Canine Cruise benefit for The Anti-Cruelty Society of Chicago, Thursday, June 25 at 7 pm. Tickets are \$35/humans; dogs are free! For more information visit our website at www.anticruelty.org or call Emily Ledergerber (312)644-8338 ext. 319.



Evanston Dog Beach Opens May 1

Evanston's dog beach, located north of the Church Street boat launch facility, opens for the 2009 season on Friday, May 1, and will remain open through Oct. 31. Hours are 7 a.m. to 8 p.m. daily. All dogs using the beach must have a pass. The fee for a 2009 dog beach pass is \$50 per dog owned by an Evanston resident and \$100 per dog owned by a nonresident. Applications for dog beach passes as well as dog beach rules and regulations are available at the Civic Center, 2100 Ridge Ave., or on the City's Web site at www.cityofevanston.org. Before obtaining a dog beach pass, owners must show written proof that their dogs are current on their vaccinations and have been examined within the past year for any communicable diseases. In addition, dogs must be currently licensed in Evanston or the city where the dog lives. For more information, call 847-866-2900.

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THE NIGHT MINISTRY HOSTS 10TH ANNUAL “LIGHTING UP THE NIGHT”

The Night Ministry is pleased to announce its 10th Annual Lighting Up The Night Benefit Dinner, Tuesday, June 9, 2009 in the Cotillion Ballroom of the Westin Michigan Avenue Hotel, located at 909 North Michigan Avenue in Chicago. A Cocktail Reception begins at 5:30 pm in the adjoining Buckingham and Windsor Rooms, with the Lighting Up The Night Program to begin at 6:30pm. Returning to emcee Lighting Up The Night is veteran news anchor Robert Jordan from WGN-TV. The event will be sponsored by Aon Corporation, Boeing Company, ComEd, and Peoples Gas. Mayor Richard M. Daley serves as the Honorary Chairman of the event, along with Co-Chairs Karen and Dick Pigott. The Lighting Up The Night Dinner Committee includes Paula & Gordon Addington, Cheryl & Jeffrey Anderson, Naomi Borwell, Mr. and Mrs. Dean L. Buntrock, Anne & Bill Goldstein, Shelley Ochab & Chester Gougis, Mr. and Mrs. Robert Judelson, Jennifer & Bruce Lee, Audrey & Ted Spiegel, Helen and Dick Thomas, Phyllis & Al Thomas, Peg Thomson, Laurie McCollum & Carl Warschausky.

Each year, The Night Ministry recognizes organizations and individuals as our Lamp Lighter Awardees, for going above and beyond the call of duty to help us make sure no one falls through the cracks. Ellen and Paul Gignilliat will receive the Outstanding Individual Citizens award for their dedication to The Night Ministry over the last 18 years. The legendary Fourth Presbyterian Church will be presented with the Outstanding Community Citizen award for the congregation's long standing commitment to service projects that benefit The Night Ministry. The employees of The Westin Michigan Avenue will receive the Outstanding Community Volunteers award for their continued effort to organize fundraising drives, which greatly benefit The Night Ministry.

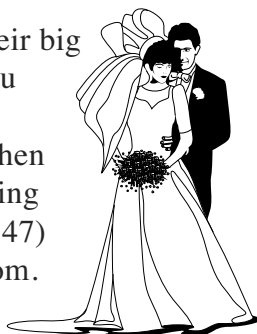
For more information about the 10th Annual Lighting Up The Night Benefit Dinner, please contact Carey Smith at Carey@thenightministry.org or 773.506.6025.

The Night Ministry connects with Chicago's vulnerable youth and adults, providing basic supplies, self-care supplies, free healthcare, housing and supportive services for youth, referrals to other resources, and more. We offer services at the moment of need on the street, a mobile health bus, and our shelter and supportive services programs for homeless youth. www.thenightministry.org

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Season ribs on both sides with "Jerry's" Barbeque rub.

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Remove foil and baste on both sides with your favorite sauce.

Cook on low, direct heat for about 7-8 minutes more, each side or until ribs are as brown as you like them.

Remove from Grill and enjoy great ribs.

Liberty Bank for Savings to Offer Free Estate Planning Seminar

The second in a two-part series, an informative Advanced Estate Planning seminar will be held on Thursday, May 28, 6 p.m. at Liberty's Lincolnwood branch, 6666 N. Lincoln Ave., Lincolnwood. There is no charge. Reservations are required and can be made by calling 847-674-1300 or visiting Liberty's Resource Center on their Web site at www.libertybank.com.

For this advanced-level class, attorneys Theodore Froum and Steve Bonneau, from the law firm of Charles E. Dobrusin & Associates Ltd, will be the presenters. They will discuss estate planning techniques, the use of lifetime gifts and family loans and ways to maximize the benefits of your IRA in this advanced-level installment of the class.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrates its 111th anniversary in 2009. For more information call 773-489-4471 or visit www.libertybank.com.

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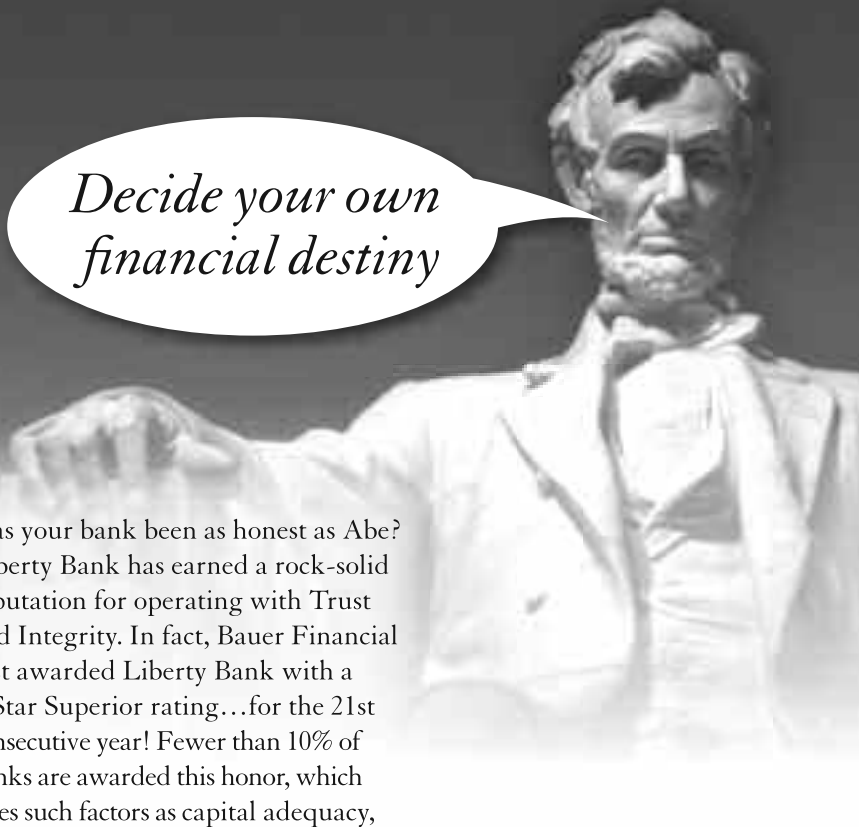
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