



OUR VILLAGE



FREE

FREE

Volume XIII

P.O. Box 31391,
Chicago, IL 60631

www.OurVillageChicago.com

Phone: 847/675-6127
Fax: 847/679-8851

Issue 13
July 31, 2009

“National Night Out”

Commander Anthony J. Riccio
16th District Police and
Chicago Park District

Proudly invite you, your family and friends
to “National Night Out”

Join concerned citizens everywhere to celebrate police and community working together to make our homes, streets schools and parks safe and enjoyable for all! An enjoyable evening has been planned under the stars of family fun at Norwood Park with an Antique Car Show, Music by the K Michaels Band, MYX Performance Juggling Group, Magic Show, food vendors, family swim, blow up slide and jump around for the kids, and many other surprises. (Bring a lawn chair)

Where: Norwood Park 5801 N Natoma

When: Tuesday August 4th

Time: 5:00 - 9:00 p.m.

Questions: Please call our CAPS Office at (312) 742-5421

Residents Help Shape the Future of Milwaukee Ave. in Logan Square

By: Karin Sommer, Program Associate, Metropolitan Planning Council
The Logan Square Corridor Development Initiative (CDI) kicked-off Wednesday, July 22, when almost 70 people came to learn about development tools and discuss their vision for the future of Milwaukee Avenue in Logan Square. The discussion included the building height residents wanted in future development, the need to preserve the beautiful historic buildings that line the avenue, thoughts for the types of activities that should occur in public spaces, and much more.

The CDI is a three-part meeting series that not only lets residents learn about development tools available in their neighborhood, but help influence the type of development that will occur. This summer, the Metropolitan Planning Council is working with Ald. Rey Colon and a steering committee of neighborhood organizations and residents to host the Logan Square CDI.

The next Logan Square CDI meeting on Aug. 5 (time and location below), will build on the first meeting by giving residents a chance to work with developers and architects, through a block exercise, to “build” the type of development they would like to see. This meeting is open to anyone, regardless of whether they came to the first meeting. We encourage you to come and play with blocks!

The final meeting, on Aug. 26 (time and location below), will consist of a panel discussion of developers who will respond to the proposals created during the block exercise.

Block Exercise Meeting Wednesday, Aug. 5, 6:30 to 8:30 p.m.

Logandale School, 3212 W. George St. Play with blocks! Work with developers and architects to create the type of buildings you would like to see on Milwaukee Avenue in an interactive building block exercise.

Developer Discussion Meeting Wednesday, Aug. 26, 6:30 to 8 p.m.

Logandale School, 3212 W. George St. How do your development proposals stack up? Developers will give their professional opinion on the buildings you “built” at the block exercise.

For more information, please contact Karin Sommer at ksommer@metroplanning.org or 312-863-6044.

1812 Battle of Fort Dearborn Site to Receive Long Awaited Marker

The first star on Chicago’s flag, which represents Fort Dearborn, reminds us that the 200-year anniversary of the Battle of Fort Dearborn (during the War of 1812) is approaching. Now, a new Chicago Park District park in the South Loop will be named in honor of its history. The park is located at 18th Street and Calumet, which is the approximate site of the 1812 Battle of Fort Dearborn.

On Sat., Aug. 15, 2009 from 10-11 a.m., Native Americans, battle descendants, War of 1812 reenactors, historians, National Guardsmen, Park District representatives, residents of the Prairie District Neighborhood Alliance and 2nd Ward Ald. Robert W. Fioretti will assemble to dedicate and name the park, “Battle of Fort Dearborn Park,” and to place an historic marker which will commemorate the site for its significance in Chicago’s early history.

For more information, contact the alderman’s office at 312 263-9273.

Life Line Screening at St. Thecla

One Day Only: Life Line Screening will be in Chicago at St. Thecla Catholic Church on August 15, 2009. 6725 W. Devon. Call the church office today to register: (773) 792-3077



AUGUST 21, 22, 23

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5:00 to 11:00 p.m.

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JOIN US FOR AN ADVENTURE IN GREEK CUISINE AT ITS BEST — ST. DEMETRIOS FEST WILL TAKE PLACE ON AUGUST 21, 22, 23

by Anastasia E. Weaver

(Part 1)

You may have taken a trip to the sunny shores of Greece where the sun never hides behind a cloud and there is so much opportunity to enjoy the beautiful islands of the Mediterranean and Aegean seas. Or it may be just a dream! Or perhaps a plan for the future! You may have had an opportunity to visit Omonia Square or Syntagma Square and enjoy their Mediterranean cuisine. But with the economy being what it is, don't fret, just join us at St. Demetrios Church for our 60th Annual Greek Fest in another square called Lincoln Square nestled on a quiet residential street northwest section of the City of Chicago next to Swedish Covenant Hospital. There you will have the opportunity, without the major expense, of air fare and expensive hotels to enjoy the authentic cuisine of Greece. We will also extend to you the same warm hospitality that you would find in any island or mainland of Greece. We can't always promise the same sunny skies but rain or shine we promise to welcome you with open arms and to help make your weekend a pleasant one. You may also be happy to know that we have had no price increases as you may have noticed everywhere else that you stop to eat or shop!

So let's get together on Friday, Saturday and Sunday, August 21, 22, 23 at 2727 West Winona Street in Chicago's Lincoln Square. Bring the family, your friends and neighbors and let us welcome you for a wonderful summer weekend of great food, pastries, music and dancing.

The Greek Cuisine is a labor of love and although sometimes our recipes seem awfully long and time consuming, Greeks look at cooking as an art! It

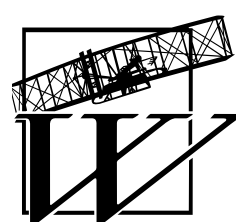
is not meant to be a fast food type cuisine but one that requires time and energy and the best in flavorful ingredients and seasonings. Just like the French start their meals whether large or small with the words Bon Appetit so the Greeks have always cared about the nutritional value of their food and use the words "Kali Orexi"(Good Appetite). You traditionally do not hear the words Good Appetite in America but the Greeks in America continue to say "Kali Orexi" upon sitting down for a meal. So my friends, we wish to all of you as you venture to our Festival "Kali Orexi".

If you have had an opportunity to visit Greece, you may have encountered many sidewalk cafes called Tavernas where you sit in a comfy chair in the sun and are served appetizers or Mezethes - a little snack along with a beverage of your choice. The tradition of mezethes (little snacks) of meat or cheese or other appetizers is usually served at a cocktail hour which can last way into the night. You may remember that the Greeks in Greece eat their dinner at a very late hour. And so the tradition continues at many Greek festivities where appetizers or mezethes are served first. You can visit our Greek Taverna where you can sit and relax and whet your appetite with our grilled Greek sausage (Loukanika) and other delicacies, enjoy your cold beverage, whatever your choice, and talk to friends while listening to music. Loukanika are traditionally made of pork or pork butt and seasoned with salt, cracked pepper and fresh orange peel and thyme and savory as well as garlic. Pork recipes in Greece are not as prevalent as other meats mainly because pork was not permitted by the those who had occupied Greece for so many years before its independence. Pork was then considered a delicacy. The roasting of a pig in villages or towns was done on special occasions.

When you are ready for your dinner, whatever the hour you choose, you can visit our Food tent for a wonderful assortment of authentically prepared Greek cuisine, which we create with the freshest and finest ingredients we can obtain. You may want to enjoy our GRECIAN CHICKEN - one half roasted chicken, marinated and seasoned with lemon, oregano and wine and served with the fluffiest rice pilaf. Or you may decide on our popular SOUVLAKI - succulent pork loin shish-kabob which we marinate Greek-style with lemon, garlic and oregano. Although Shish-kabob is a Turkish word, the Greek shepherds from ancient times skewered pieces of meat and vegetables and cooked them over coals in the ground. Remember knives and forks were not always available. But how easy it is to eat a Souvlaki - no fork or knife necessary, even today! Or why not try our ROASTED GREEK LAMB - we buy the finest meats to please our guests, and roast it after marinating with cloves of garlic, salt and pepper, oregano, thyme, spearmint flakes, lemons and wine and then roast it carefully till it melts in your mouth. Traditionally the roasting of lamb was always a man's job and still today you will find that the men of the household always are ready and proud to handle this job. Our GYROS is delicious and it is carved right there in front of your eyes and why not try our French Fried potatoes sprinkled with Feta cheese!

Or perhaps it is PASTITSIO that will hit the spot - a macaroni and ground beef seasoned with salt and pepper, cinnamon, red wine, and tomato sauce which is then topped with a rich cream sauce of eggs and milk and than baked to perfection. Pastitsio is a favorite Greek family recipe for celebrations and holidays and if you have had an opportunity to tour on a Greek ship you would have seen it on their sumptuous buffet suppers. We will also have TYROPITA - home made Greek-style cheese pie in crispy filo crust and our famous SPANAKOPITA - homemade (not bought) Greek style Spinach Pie, which we prepare with fresh spinach, feta cheese, green onions and seasonings of the Greek cuisine and bake it in a crispy filo crust. Unforgettable food.

See Next Issue for Part 2: The Desserts of the Fest



Wright Seeks Crafters for Fair

Wright College is seeking artists and crafters for its indoor 42nd Annual Craft Fair on Sept. 13 at the college, 4300 N. Narragansett Ave.

Many good spots are still available.

Tables for this no-admission fair range from \$65 to \$100. The fair is well-attended by thousands each year because of its long history and because much of the merchandise is hand-crafted.

Wright's Center for Lifelong Learning sponsors the fair, which runs from 10 a.m. to 5 p.m. Tables will be assigned on a "first-applied-for, first-assigned" basis.

For more information, contact Mary Dicks at (773) 481-8914. Also, a vendor application is on Wright's website: wright.ccc.edu.

Bucktown A Joy-FULL Celebration of Friendship Dinner

Sunday, November 8, 2009

The White Eagle Banquet & Restaurant, 6845 N. Milwaukee Ave.,
Niles, Illinois \$38.00 per person

Cocktails - 3:00 pm Dinner - 4:00 pm Friendship - until 7:00 pm

Please make early reservations Write to: Rev. Francis S. Rog, C.R.,
3636 W. Wolfram, Chicago, IL 60618

More details of the Joy-FULL Celebration to follow

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Our Lady of the Resurrection Medical Center Offers August Health Programs



**Resurrection
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Our Lady of the Resurrection Medical Center, 5645 W. Addison St., Chicago, will offer the following health events in August.

The Diabetes Support Group will meet Tuesday, August 4, from 6:30 p.m. to 8 p.m., in the second floor Community Education Room. These free sessions are tailored for adults who have Type 2 diabetes and focus on the emotional side of diabetes, allowing participants to share coping strategies, feelings and problems in living with diabetes. For further information about the Diabetes Support Group, call certified diabetes educator Kathy Byrne-Bellavia, R.N., at 773-794-8329.

Free hearing screenings will be given Tuesday, August 11, from 9 a.m. to noon. Audiologist Steven Wolinsky, Au.D., will perform the screenings in a soundproof booth in the second floor Audiology Department. Advance registration is required by calling 877-RES-INFO (877-737-4636).

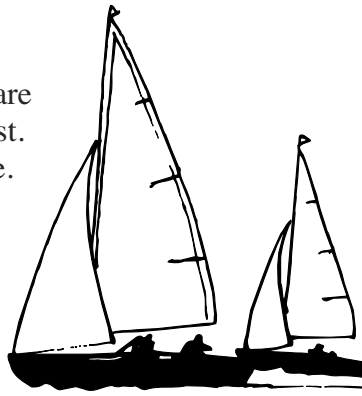
A free **Healthy Aging Program** will be held Friday, August 14, from 1 p.m. to 2:30 p.m., in the seventh floor Centennial Conference Center. This program for seniors aged 55 and older consists of social time, health topics and guest lectures. Registration is not required.

Free parking is available in the hospital's parking facility on Addison St.

Legends of the Lake

by Tracy Seglin

What was Chicago's worst disaster? If you are like most, The Chicago Fire comes to mind first. Maybe the Our Lady of the Angels School Fire. The Eastland Disaster of 1915, which resulted in the greatest loss of life in our city's history, has nearly been forgotten. The sinking of this great excursion boat also marks the Great Lakes' worst shipping disaster.



Scheduled to transport 2,500 passengers, Western Electric employees, their families and friends, to the company's picnic in Michigan City, Indiana, the S.S. Eastland never even made it from the Chicago River to Lake Michigan. In the early hours of July 24, 1915, more than 800 people drowned in 20 feet of water, just feet from the wharf.

With the lessons learned from the Titanic disaster just three years earlier, how could this have happened? Ironically, many speculate that it was because of the lessons learned from Titanic that S.S. Eastland capsized!

At 6:30 a.m. on July 24, passengers began boarding the Eastland, docked at the Clark Street Bridge. Twenty minutes later, the ship could be seen listing to port. Righted temporarily and precariously, orders were given for the gangplank to be drawn in and for departure to commence. At 7:28 a.m., with a dramatic 45-degree port list, dishes catapulted from shelves, a piano slipped across the promenade deck, and a refrigerator tumbled, pinning several passengers underneath. And the orchestra stopped playing. As panic broke out, passengers and crew aboard the upper decks leaped into the water or onto the wharf. Hundreds trapped on the lower decks drowned as Eastland eerily rolled onto her port side, coming to rest at the bottom of the Chicago River.

What caused Eastland to overturn? Theories vary, but most agree several factors came together, dooming the boat. Hailed the "speed queen of the Great Lakes," Eastland was built in 1903, a relatively stable craft, but one that did not meet all regulations of the time. Adjustments were made to meet these standards and to make her faster, but the new equipment added weight and made the ship top heavy. In fact, Eastland nearly capsized in 1904.

Some suggest the ballast system was flawed. It is also argued that she was the first passenger ship built by the Jenks Ship Building Company, a firm that specialized in freighters which carry a more stable load: there were 2,500 people moving aboard the Eastland. Another factor blamed were her gangways. Because they were lower than normal, when she did tilt, water poured into the ship adding even more weight and causing the boat to list even further.

Perhaps the most tragic cause was an adjustment made in response to the Titanic disaster. On July 2, 1915, additional lifeboats and rafts were added to her upper deck, adding more weight to an already unbalanced boat. The General Electric outing was her first time out with new modifications designed to save lives.

Today, visitors can see the S.S. Eastland memorial marker located at the exact site of the disaster, on the northeast corner of Wacker Drive and LaSalle Street. Plans also are underway to establish "At the River's Edge," a permanent exhibit remembering the Eastland disaster, slated as part of the new Chicago Riverwalk experience.

Lincolnwood Social Club (55+)

Join the Lincolnwood Social Club (55+)

Are you tired of staying home? Would you like to do fun and exciting things? Do you want to make a few new friends? Then why not join the Lincolnwood Social Club 55+. You do not have to be a resident of Lincolnwood to join. We go to exciting places every week in addition to the numerous special events held at our Community Center. Give us a call and find out what we are all about, our number is (847) 677-9740. This is one phone call you won't be sorry that you made.

Lincolnwood Social Club (55+)

Shedd Aquarium Trip

By member request we have planned a fabulous trip to the Shedd Aquarium that is sure to amaze, entertain and educate! Explore the sharks of the Wild Reef, beluga whales and Pacific white-sided dolphins of the Oceanarium and every sea creature in between.

The cost of lunch will be your responsibility. Transportation is provided. Wednesday, August 19, 2009, 10:00am Bus Departs Shedd Aquarium, 1200 S. Lake Shore Drive
Fee: \$39 Members, \$47 Non-Members

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Neighborhood Farmers' Markets

Norwood Park

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: May 30: Jun 27: Jul 25: Aug 29 Hours: 8 am - 12 pm

Location: Century 21 McMullen Parking Lot, 6400 N. Northwest Hwy., Chicago, IL 60631 Admission: FREE

Website: For additional information please visit, www.norwoodpark.org

Logan Square

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Weekly: Every Sunday

From: Jun 7, 2009 to Oct 25, 2009 Hours: Sundays, 10 am - 3 pm

Location: Logan Square, 3107 W. Logan Blvd., Chicago, IL 60647 Admission: FREE

Website: For additional information please visit, www.logansquarefarmersmarket.org

Independence Park

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Jun 14: Jun 28: Jul 12: Jul 26: Aug 9; Aug 23: Sep 13: Sep 27: Oct 11 Hours: 9 am - 1 pm

Location: South side of Irving Park btwn. Springfield and Hamlin, W. Irving Park Rd. & Springfield Ave., Chicago, IL 60631 Admission: FREE

Website: For additional information please visit, www.independence-park.com

Lincoln Square

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Every Tuesday From: Jun 9, 2009 to Oct 27, 2009

Hours: 7 am - 2 pm

Location: City Parking Lot adjacent to Brown Line Station, 4700 N. Lincoln Ave., Chicago, IL 60625 Admission: FREE

Website: For additional information please visit, www.chicagofarmersmarkets.us

Lincolnwood

Lincolnwood's 3rd Annual Farmers Market will run every Thursday through August 20th, between the hours of 8 am - 1 pm, at St. John's Lutheran Church, 4707 W. Pratt Avenue. This location was chosen because of its visibility from Pratt Avenue, accessibility of parking, and neighborhood location. The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.

Thursdays, June 4 - August 20 8:00am - 1:00pm

St. John's Lutheran Church 4707 W. Pratt Ave., Lincolnwood, IL

FREE - Open to the Public For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Lincolnwood Social Club (55+)

Movie & Lunch, now showing

"The Curious Case of Benjamin Button"

David Fincher directs this adaptation of F. Scott Fitzgerald's classic tale set in the early 20th century that follows Benjamin Button (Brad Pitt), a man who was born in his 80s and continually grows younger. The story throws linear conventions upside down to explore love, loss and memories from the perspective of a character living under incredibly unique -- and unexpectedly difficult -- circumstances. Cate Blanchett co-stars in this Oscar nominee for Best Picture.

Sub sandwiches will be served to those who register for the lunch.

Friday, August 7, 2009, 11:30am - Lunch, Noon - Movie

Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL Fee: \$11 Club Member * Movie & Lunch / \$4 Movie Only \$14 Non-Members * Movie & Lunch / \$6 Movie Only Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

GREAT OUTDOORS



MID SUMMER THOUGHTS

By Nick Urhausen, Urhausen Greenhouses

As we approach late July, all your flowering annuals should be peaking. Impatiens, begonias, and petunias should be filling out nicely and blooming profusely. The best tolerant plants like Salvia, Vinca Periwinkle, Portulaca, and so forth should be thriving from the recent heat waves. I do have some mid-summer thoughts, however, on a variety of topics to share.

The first topic concerns rain and watering. Don't assume when skies darken and it looks like rain that your plants are receiving water. Sometimes when thunderstorms pass through our area, the rainfall totals vary widely in different locations. One part of a neighborhood may receive a sprinkle, while a few blocks away an inch of rain falls. Yes, it can be that dramatic. So, the moral of the story is that you should check to make sure the rain really wets the soil thoroughly. If not, get out the hose and finish the job.

The other thought on the rain is that often times rain does not adequately wet the soil in containers and hanging baskets. This reminds me of a story from the greenhouse from two weeks ago. At that time we had a lot of stormy looking weather that really didn't produce any rain. An older couple brought two impatiens baskets back to the greenhouse and asked why they looked so poor. The soil in the baskets was 100% dried out, and the plants were nearly at death. When asked when the last time the couple had watered the baskets, the man replied that he couldn't remember because they hadn't been watering due to all the rain. Expecting rain to adequately water containers is asking a lot. Rain comes from all directions and angles, can come fast or slow, and is extremely variable in its quantity. Enough said.

The second topic concerns container planter maintenance. Sometimes when one looks at public plantings, for example the annuals in front of a business or a municipal planting like the hanging baskets along Oakton Street and Lincoln Avenue in downtown Skokie, one wonders why those always look so fresh and healthy. The answer is that they are constantly maintained. Spent blooms are removed, vining plants, like sweet potato vines which grow too long, are trimmed, and the plantings are regularly watered and fertilized. To keep your plantings looking great, you must do the same.

The third topic concerns vacations and plants. If you do go on a vacation this summer, or even take a long weekend excursion away from home, then try to have someone water your plants. In addition, before you depart, take baskets down and move them and any container gardens into a shady corner of the yard. Some people even put their planters in a pan with water in it to help extend the final watering. Barring on extreme heat wave, these measures will usually help the plants survive your absence (even if the person you place in charge of watering your plants doesn't do a thorough job). One couple I know does not take vacation in the summer due to concern for their plants.

The overall point is to continue maintaining and caring for your plants to keep them looking their best. Don't look at this as a dreary job. Instead enjoy being outside and try to observe how the plants change as they grow. Notice the fragrance the plant emit, and marvel at the beautiful shapes and bright colors of the different flowering plants. Step back and take a little time with a glass of iced tea or fresh squeezed lemonade and let your senses come alive.

Urhausen Greenhouses, Inc. is located at 6973 N. East Prairie Road in Lincolnwood. Phone: 847-675-1573, fax: 847-675-0661

Urban Wildlife Coalition

Understanding Urban Wildlife Quiz

How much do you know about the animals who share our metropolis?

- You are driving and a squirrel darts in front of your car. What should you do?
 - Stop
 - Swerve out of its way
 - Beep the horn
- Which landscaping change can help deter Canada geese?
 - Mowing the lawn regularly
 - Adding a pond or other water element
 - Keeping grass tall
- True or false? A mother bird will reject a baby that has been handled by a human.
- True or false? When finding an injured animal, try to give it water or a bit of bread.
- Which bird is likely the first to be domesticated – nearly 6,500 years ago?
 - Robin
 - Sparrow
 - Pigeons
- Coyotes are:
 - Vegetarians
 - Carnivores
 - Omnivores
- True or false? Most wild animals in our community are likely to carry rabies.
- What is the "rut"?
 - The depression-like symptoms displayed by a Canada goose that has lost its mate
 - The time of year (late fall/winter) when bucks vie for the attention of an eligible female deer.
 - The behavior exhibited by wild pigs when searching for truffles.

Answers:

- A. Stop. Squirrels will often take an erratic path across the street to deter predators. In an effort to swerve and avoid them, we may accidentally collide.
- C. Keep your grass more than 4" tall. Geese love manicured lawns and water.
- False. In most cases, human touch will not keep a bird from caring for its young.
- False. Too often, our best intentions in treating an injured animal cause even further complications. Avoid the good-natured impulse to feed or provide drink to an injured animal.
- C. Pigeon
- C. Coyotes will eat just about anything.
- False. Most wildlife in our area do not carry rabies. Of all urban wildlife, raccoons, foxes, skunks, and bats are more likely than others to carry the disease, and even then, it's possible, not probable.
- B. You may notice bucks making more noise than usual, puffing themselves up to look big and impressive, and sometimes fighting with other bucks.

Urban Wildlife Coalition is a community-based organization founded to help preserve our treasured urban wildlife. For more information about urban animals and tips for living in harmony with them, visit www.urbanwildlifecoalition.org. Questions? Call 773-545-8136 or e-mail us at urbanwildlifecoalition@gmail.com.

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EDISON PARK FEST 2009



Edison Park Fest is a neighborhood festival sponsored in part by the City of Chicago Mayor's Office of Special Events and the Edison Park Chamber of Commerce. Edison Park is located in the City of Chicago where it borders Park Ridge to the West and Niles to the North. Our festival is held in the downtown area in and around the Edison Park Metra Station. This popular festival attracts thousands of visitors over the two and a half days.

FRIDAY, AUGUST 14TH - 5PM TO 11PM

Taste of Edison Park*, Beer Garden*, Live Entertainment*, Bags Tournament, Children's Play Area (Monument Park)*, Carnival Games*

SATURDAY, AUGUST 15TH - 9AM TO 11PM

Parade featuring Parade Marshall, John McDonough, President of the Chicago Blackhawks and Edison Park native (11 am Northwest Hwy.), Children's Stage*, Craft Fair*, Business Expo*, Bingo & Pull Tabs (12 pm - 5pm)*

SUNDAY, AUGUST 16TH - 10AM TO 10PM

Dog Show (Olympia Park 2pm), Children's Play Area Wristband Day (10 am -2pm)

* Indicates event continues throughout festival

MAIN STAGE SCHEDULE

FRIDAY, AUGUST 14TH

6:00 PM – Rock Kevin Lee & The Kings

8:00 PM – Rock Strain Busy Sky Sponsored by: The Curragh Irish Pub

SATURDAY, AUGUST 15TH

12:00 PM – Rock Boho Paisley

1:45 PM – Pop/Rock C-Factor

3:30 PM – Country Brian Daniels & The Barrel Boys

6:00 PM – Pop K-Michaels Band

8:00 PM – Eagles Tribute Heartache Tonight, Sponsored by: Mary Beth Balcarcel Century 21 Mc Mullen Real Estate

SUNDAY, AUGUST 16TH

12:00 PM – Dance Chuck & Friends

2:00 PM – Rock Dr. Zylo

4:00 PM – Pop Second Time Around

6:00 PM – Rock Dot Dot Do Sponsored by: First Nations Bank

Working Together For You!

Michael P. McAuliffe
State Representative • 20th District



House of Representatives
2115-N. Stratton Building
Springfield, IL 62706
217-782-8182

20th District Office
6650 N. Northwest Hwy.
Chicago, IL 60631
773-792-0749

Peter N. Silvestri
Cook County Commissioner • 9th District



County Building
118 N. Clark St. (Suite 567)
Chicago, IL 60602
312-603-4393

9th District Office
6650 N. Northwest Hwy.
Chicago, IL 60631
773-792-0749

Brian G. Doherty
Alderman • 41st Ward



City Hall
121 N. LaSalle (Suite 209)
Chicago, IL 60602
312-744-3208

41st Ward Office
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EDISON PARK FEST 2009

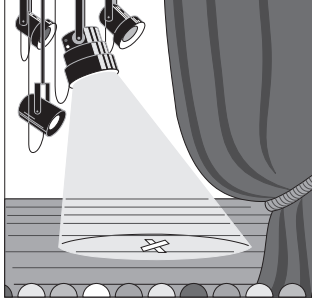
FAMILY STAGE SCHEDULE (located at Olmsted & Overhill)

SATURDAY, AUGUST 15TH

Noon - Chung's Tae Kwon Do Demonstration
 1:00 PM - Ed & Annette's Monkeys and More
 2:00 PM - Jeff Bibik's Magic Show
 3:00 PM - "That Juggling Guy" Brad French
 4:00 PM - Family Music with Rick Mann
 6:30 PM - ROCK BAND "2413"

SUNDAY, AUGUST 16TH

12:00 PM - Bingo Bonanza Magic Show
 1:00 PM - Jodi Joplin's Jiggle Jam
 3:00 PM - Balloon Animal Jamboree
 4:00 PM - Family Music and More



Edison Park Fest Children's Entertainment

The Edison Park Chamber of Commerce is pleased to announce the return of the Edison Park Fest Family Stage. The Family Stage will have performances on Saturday, August 15th and Sunday, August 16th at Olmsted and Oliphant. Saturday's performances begin at 12:30 p.m. with Chung's Tae Kwon Do, 1:00 is Ed & Anette's Monkeys and More, 2:00 is Jeff Bibik's Magic Show, 2:45 is EPUMC Jugglers, 3:00 is "That Juggling Guy" Brad French, 4:00 is Family Music with Rick Mann with a final performance at 5:30 featuring a teen band, "2413". Sunday's performances will begin at 12:00 p.m. is Bingo Bonanza Magic Show, 1:00 is Jodi Koplins Jiggle Jam, 3:00 is Balloon Animal Jamboree, with a final performance at 4:00 featuring Family Music and More.

The Edison Park Fest will also offer a Children's Area located in Monument Park starting Friday, August, 14th through Sunday, August 16th. Enjoy the Obstacle Course, Tropical Slide, Bungee Run, Joust, Castle bounce, Penguin Play Land, Caterpillar Climb, Runt Runner, Balloon Typhoon, Ferris Wheel, Gold Fish, and Scatter Ball Game for just \$2.00 a ride. Pony Rides and the Rock Wall Climb are \$3.00. Sunday is WRISTBAND DAY, \$15.00 from 10AM-2PM. Check out www.edison-park.com for more information about this year's Edison Park Fest!

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EDISON PARK FEST 2009

Edison Park Fest Parade "Chicago Blackhawks!"

This year's parade will be held on Saturday, August 15th. Kick off is at 11:00 a.m. at Ebinger School, 7350 W. Pratt. The Edison Park Chamber of Commerce Parade Committee has chosen John McDonough, President of the Chicago Blackhawks and Edison Park native, as our Grand Marshall. The theme for this year's parade is "Chicago Blackhawks!"

After leaving Ebinger School, the parade will wind down North Oketo Avenue to Northwest Highway where it will head Northwest on Northwest Highway for approximately 1 mile to North Overhill Avenue. The parade will turn left on Overhill and end in the heart of the Fest.

In addition to our Grand Marshall, the Chicago Blackhawks are sending the original Blues Brother car which will participate in the parade. Other participants include the Jesse White Tumblers, Mounted Police,

Wolves mascot, Taft High School Marching Band and ROTC, St. Juliana and Edison Park Lutheran Boy Scout Troops, Ace Hardware, Alden Northmore, Water Reclamation District, American Legion Post 541, Norwood Auto Sales, Norwood Crossing, Rosemont Honor Guard and Classic Cars.

Applications for businesses and community groups are available on the internet at www.edisonpark.com or in the Edison Park Metra Station, 6730 N. Olmsted Ave.

There is no fee to march in the parade but donations are greatly appreciated. Donation can be sent to the Edison Park Chamber of Commerce, 6730 N. Olmsted, Chicago, IL 60631.

For more information about the Edison Park Fest being held Friday, August 14th through Sunday, August 16th, visit www.edisonpark.com or call (773) 631-0063.

Edison Park Fest Bags Tournament

The Edison Park Community Council is pleased to announce that they will be hosting a Bags Tournament on Friday, August 14th, 2008, during Edison Park Fest.

The tournament will begin at 7:00 and will be located on Oshkosh Avenue. This tournament will be for ages 14-20. Teams can enter at www.edisonpark.com. Same day registration is also available from 6:00-7:00 on Oshkosh. Teams of two can fill out the application and enclose a \$10 entry fee per team.

Applications can be dropped off at the Edison Park Chamber of Commerce located at 6730 N. Olmsted.

The winning team will each receive a \$50 Visa Gift Card.



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EDISON PARK FEST 2009

A Dental Visit to Smile About

No one looks forward to a dental appointment, but at Northwest Dentistry patients leave with a smile. Dr. Tania Bui and her team know what it's like to be the one in the chair and they make every effort to ensure a comfortable visit. Your questions are cheerfully answered and patients are treated with patience. Procedures will wait until you are ready. If you need more time, or you're apprehensive, you'll never be rushed.

State-of-the-art equipment meets compassionate care for dental procedures like cleanings, fillings, root canals, crowns, bridges, dentures and extractions. Her passion is cosmetic dentistry such as Zoom (bleaching) and Invisalign (invisible braces). Dr. Bui and her team also help patients with sleep apnea, snoring, and other sleep/breathing disorders.

After 3 years of college, Dr. Bui was accepted at Washington University Dental School in St. Louis, Missouri. She completed her residency at Illinois Masonic Hospital in Lincoln Park, specializing in mentally and/or physically challenged individuals. This facet of expertise she then brought to her own private practice. Although her current location is new, Dr. Bui has been actively treating patients for the past 20 years.

Northwest Dentistry is a fee-for-service practice that gladly completes paperwork for PPO insurance so that their patients may maximize their benefits. Cash, check, and major credit cards are accepted, as is Care Credit. Several interest-free payment options are available.

Call for an appointment, consultation or more information. Dr. Bui will discuss your dental needs based on a thorough comprehensive exam and X-rays. Once you are fully informed you will be eager to start your dental journey with Northwest Dentistry.

Her office is conveniently located in the heart of Edison Park (far Northwest side of Chicago) at 6676 N. Northwest Highway. They can be reached at 773-631-6677. You may also visit them on-line at www.northwestdentaloffice.com.

Please stop in for a free toothbrush. They would love to meet you.

2009 Edison Park Fest Dog Show

The Edison Park Chamber of Commerce is happy to announce the return of the Edison Park Fest Dog Show! Along with all of the other activities going on throughout the weekend, the Dog Show is one of the highlights of Sunday's events.

When: Sunday August 16th, 2009

Where: Olympia Park, 6566 Avondale Ave. 773.631.4401

Time: 2p.m.-3:30p.m.

CHECK IN BEGINS AT 1:30P.M. AND THE SHOW STARTS AT 2:00P.M.

Price to Participate: \$15.00 Entry Fee

Categories

2:00-2:05-Largest Dog

2:10-2:15- Smallest Dog

2:20-2:25- Best Ball or Frisbee Player

2:30-2:35-Most Patriotic Costume

2:40-2:45- Stupid Pet Tricks

2:50-2:55- Biggest Sports Fan Costume

3:00-3:05- Most Obedient/Least Obedient

3:10-3:15- *Best in Show /People's Choice

You can access a registration form through our website at www.edisonpark.com. Registration

forms can also be found at the Edison Park Chamber of Commerce booth at the fest on Friday August 14 and Saturday August 15. Same day registration will be done at Olympia Park on Sunday, August 16th, at 12:30p.m.

Dogs MUST be kept on a leash at all times! The Edison Park Chamber of Commerce is not responsible for any injuries to any dogs, their owners, or observers. Please be aware that dogs are not allowed on the festival grounds.

Any questions call the Chamber Office at (773) 631-0063



Pups Paradise

Dear Human,

It's me... your pooch. We've got to talk. I need a change of scenery. I'm tired of nosing against the window, sniffing the same smells, and seeing the same fuzzy neighborhood faces. Even we have our dog days. My best pooch pal, Bosley told me about a pawfect place for pups: where we can romp and play with other fine canines; a place with toys to chomp, indoor and outdoor space to exercise until we're dog tired, even spa services – doggone! Next time you go on vacation, let me have one, too – at the Canine Corral, owned and operated by Bosley's human, Nicole Carfora, who is a Certified Master Groomer and an all around great gal!

First of all, all of the humans there are exceptionally well trained. They can say "good dog," rub bellies, and pat our heads on command. They are very loyal and work hard to make sure we are having lots of fun. We're kept in small packs and separated by size and personality which means I will never get stuck with "My Wittle Fifi-kins" or Bruno. During the day, we romp and frolic in Doggie Day Care, and for our overnight stay, we each live in the lap of luxury – our own spacious individual suite, complete with an elevated bed, and unlimited free love, attention, and hugs. Less social dogs (certainly not that snobby fluff ball down the street, for example) get full attention from the humans, but don't have to play with the other pooches. Oh, and cages are not part of arrangement.

Get this – they also have certified groomers who will revitalize every Rover and pamper every Pongo – with all-natural products and zero tranquilizers. We're talking experts who specialize in hand scissoring, show grooming, and the FURminator shed-less treatment. All sizes and breeds look and feel their best. Canine Corral's Pampered Pooch Program includes a grooming discount. Look – I'm drooling!

I wasn't going to tell you, but even bath-time is supposed to be fun. We'll have to see about that. Apparently, you get the human-dog bonding thing of washing me, but it's in an elevated tub with stairs, which I'm told is better for your back. Hooray for you. There are yummy smelling natural shampoos and grooming tools, and you don't have to pant and groan cleaning up the mess.

Did I mention the premium dog food and natural treats to make sure I feel happy and healthy? Woof! Tell you what... take me to Canine Corral and I'll stop using your Italian loafers as chew toys.

Your Devoted and Loyal Companion, Rex

P.S. Meet my best friend, Bosley, and the Canine Corral staff, who will be helping at the Edison Park Fest Dog Show on Sunday, August 16th, 1 to 4 p.m. at 6566 Avondale Ave. Don't forget to enter that, too!

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"A Theatre Review"

"Cavalia"

*The White Big Top Tent Racine and Jackson St.
Chicago, Illinois*

Reviewed by Richard Allen Eisenhardt

"Cavalia" has opened under the White Big Top Tent that is or was used as a parking lot at Racine and Jackson St. Norman Latourelle who was a founder of the Cirque Du Soleil shows is the artistic director.

The show runs two hours and 40 minutes with a 30-minute intermission and if you come with a family the children should not be under 10 to hold their attention span. It has acrobats and aerialists but if you're expecting death defying routines that Cirque Du Soleil offers you may end up being disappointed.

The show is a combination of circus and rodeo but the major stars are not the dancers, opera singers or acrobats but the horses that are trained to commands and the music.

It's an expensive show and the tent accommodates 2,000. The show offers riders on horses in what some might consider death-defying routines in the sense that if there is an accident one of the riders could get hurt. There is no story and the show offers a variety of horses from Palomino-Arabian and so on.

Before the show begins you are asked questions and shown answers and you also see the birth of a horse as it is in nature and we see how it struggles at first.

I found the first half overly long and tedious but in the second half the pace picks up.

The horses are beautiful and watching them being braided in their stalls after the show was a highlight.

The horses are under the direction of Sylvia Zerbin, Estelle Delgado and Geraldine Boutel through ballet steps. Each horse knows where it is going and what it is doing.

"Cavalia" runs at this time through August 2. However it might be extended as performances have been added. For performance times, schedule and reservations call 866-999-8111 or cavalia.net. Tickets are \$45.80 - \$98.50. Premium seats are \$139.50 to \$190.50. Starting July 28th tickets will be \$50.50 and \$209.50.

"Foot Loose"

Theatre at the Center, 1040 Ridge Road, Munster, Indiana

Reviewed by Richard Allen Eisenhardt

"Foot Loose" has returned to the Chicago area and is currently at the Theatre at the Center in Munster, Indiana. The show has a score by Tom Snow and Dean Pitchford and has been adapted to the stage by Pitchford and Walter Robbie. Additional music is by Eric Carmen, Sammy Hagar, Kenny Loggins and Jim Steinman and features such songs as "Foot Loose," "Can You Find It In Your Heart," "Dancing is not a Crime" and "I'm Free."

It is a high energy show of singing and the dancing is incredible. Stacey Flaster has been one of Chicago's top dancers and has made a super mark as one of Chicago's top choreographers but for this show, she shows brilliance with her direction as well.

Stellar performances are in the hands of Matt Raftery, Andrea Prestinaro, Larry Adams, Cory Goodrich, Robert Deason, Mary Jane Guymon and Kent Haina to name a few.

It's perfect summer fare even if the book and music is less than memorable.

Ren is a rebel who hails from Chicago with his mother to a small town in the Midwest that bans dancing and is run by the Reverend Moore played by Larry Adams. Ren falls for Moore's high spirited daughter Ariel played by Andrea Prestinaro. While they stand up for their rights they run into opposition until the end when they prove dancing is not a sin.

It's a show for the young and the older generation and is worth seeing as it is light and sugar coated.

"Foot Loose" runs through August 16. For show times, performance days and reservations call 219-836-3255. Tickets are \$36 and \$40.

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Protecting our families and our assets after we are gone is an essential part of life. However, in planning our estates, we need to take into account the many potential life changes that may come up for our surviving family members and ensure that we have various protections built into our estate plan.

For example, it's no secret that the divorce rate in this country is high and a significant percentage of Americans have been divorced several times. Additionally, in 2008 Americans filed more than 100,000 lawsuits, and the number is expected to increase dramatically because of the downturn in the economy.

These statistics should concern all of us, but especially those people who are planning, or failing to plan, their estates. These are very real and potential dangers that may come up for you or your surviving family members, and which can be managed with an effective estate plan.

However, not all estate plans are created equal. There are many Wills and Living Trusts available that are designed to be one-size fits all, and which leave out many important provisions that are intended to protect your family and assets from the very real world concerns that affect many Americans.

Therefore, the most important part of your estate plan is not the documents. It is the knowledge used by the attorney who creates your plan. How do you know if someone has the necessary knowledge? Be sure to check the background of the attorney you hire and make sure that they meet the following criteria:

Experienced. Only an experienced professional has seen what works and what does not work. You do not want to be someone's guinea pig.

Licensed. Many people purport to provide estate planning services, from annuity salespeople to paralegals. Estate planning involves complex legal issues which require a licensed attorney.

Focused. Licensed attorneys practice in areas from antitrust law to water rights law, and everything in between. An attorney who is focused in estate planning has the background, ability, and demonstrated commitment helping people with developing and implementing their estate plans.

The right attorney has the experience to avoid imprecision in the drafting of your documents. In addition to exposing your family and assets to the dangers of divorce and lawsuits, imprecision in documents can lead to family disputes which can wreak havoc on their emotional and financial well being. Further, an experienced, licensed, and focused attorney has the skills necessary to craft an estate plan that not only meets your goals, but also provides:

Remarriage Protection. If your surviving spouse remarries, it protects and passes your assets and your legacy to your children, instead of the new spouse.

Divorce Protection. It protects your children's inheritance in case of their own divorce, ensuring that up to 50% does not just walk away with your future ex in-law.

Creditor Protection. It protects your children's inheritance from the ravages of potential lawsuits and creditor claims, in case your children become the target of litigation.

Tax Savings. It provides the framework and flexibility to maximize savings on a range of taxes, including federal and state income taxes, local property taxes, and federal and state estate, gift, and inheritance taxes.

Tailored Solution. It is a plan that is tailored to take advantage of the laws of your state to best achieve your individual goals.

Your legacy and your family are the most important elements in your life. Protect them from the perilous times we live in and from untrained, inexperienced, or even unscrupulous "planners."

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. For more information or to attend an upcoming seminar, call (773) 631-2525.

Looking for Direction in This Volatile Market?

We are pleased to introduce Neil Gardner, a financial advisor with Edward Jones whose office is located at 9175 Gross Point Road in Skokie.

Neil will be submitting an ongoing series of articles in a column entitled 'Financial Focus'. The articles will be informative, practical and fun discussions of important issues such as investment strategies and much more.

Neil has over 15 years of experience in the financial services industry and joined Edward Jones after moving to Chicago from Baltimore, Maryland in 2008. He received his MBA from Loyola University in Maryland. "Not the Loyola University here in Chicago, mind you, where the mascot is the Ramblers", Neil quipped. "I actually went to graduate school at the Loyola in Maryland, where the mascot is the Greyhounds. Go Hounds!"

He received his undergraduate degree from Salisbury University. Neil is a lifetime member of the National Eagle Scout Association. He lives in the Bucktown neighborhood of Chicago with his wife, Allison, his one year old daughter, Sophie, and his orange tabby cat, Terrore. Neil is a member of the Wicker Park Committee. Neil's hobbies include golf, reading and winemaking. As a financial advisor with Edward Jones, Neil Gardner provides financial services for individual investors. Every aspect of Neil's business, from the types of investment options offered to the location of his branch office, is designed to cater to individual investors in the community. Neil works directly with clients to understand their personal goals – from college savings to retirement – and create long-term strategies for their investments that emphasize a well-balanced portfolio and a buy-and-hold strategy. Neil embraces the importance of building long-term, face-to-face relationships with clients, helping them to understand and make sense of the investment options available today.

Please join us in welcoming Neil Gardner and his financial focus column to our newspaper.



Neil Gardner

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Say NO To Bugs!

By Bosley

OK Furry Friends, please raise your paws and speak after me. "I (your name) a good and loving dog do solemnly swear to help my humans understand the importance of flea prevention and will kill all fleas I come across."

I know we don't really need the oath, we dogs are taught the hazardous of fleas at a young age. However, some of our humans just don't seem to get it. How would they feel if something were crawling around in their fur? Or something sucking their blood and causing them to scratch like crazy? Plus, it is gross! Don't get me wrong I love to Roll in the dirt and swim in the lake, what self-respecting pooch doesn't? But, there is something about biting bugs in my fur that grosses me out!

So, what is a poor pup to do? I suggest biting your human on the rear. Just kidding, maybe! I asked my human to help make the following list:

Fleas are more prevalent now than in the spring. The buggers are looking for a warm place, so we find them more on us.

Talk with your Vet or Groomer about flea prevention and or treatment.

There are very effective treatments available from your Vet or at pet stores. NOT all products are created equal. Some products don't work as well as others and some not at all. So buyer beware and follow the advice of your Vet and Groomer.

Flea baths are only a temporary fix to a flea problem and its prevention time is limited.

The topical flea treatments work the best in my opinion.

Any dog can get fleas! You can get them in your own backyard!

Any dog can get fleas! Finding yourself with fleas is not the end of the world and it doesn't mean that you are dirty. Fleas follow a life cycle and they need our blood to survive. They are clever little buggers that can find their way to any pooch. It is no one's fault when you get fleas, well except your human that didn't have you on a prevention treatment.

Fleas are treatable quickly. Please convince your human to get you the help you deserve!

So, now your job is to give this list repeatedly to your human. Because WE CAN WIN THE WAR ON FLEAS, but we need the cooperation of our human. If your human choose not to listen, then I suggest cuddling up in their bed. Maybe the fleas will bite them too! Go ahead I am giving you permission. Until next time play hard and be as good as you can!

Bosley

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.

Sit. Stay. Drink. at Citizen Bar (Rain or Shine!)

Wednesday, August 19th 6:30-9:30 pm

The Anti-Cruelty Society and Citizen Bar are teaming up for a dog days of summer mixer to benefit the animals. Enjoy cocktails, desserts, raffle prizes and more from 6:30 p.m. to 9 p.m. on Citizen's party patio. Citizen Bar is located at 364 W. Erie, Chicago. Dogs are welcome!

\$30 - Unlimited wine, liquor and draft beer. To pre-register or for more information please call or email Emily Ledergerber (312) 644-8338 ext. 319 or eledergerber@anticruelty.org.

*Dog-friendly event; all dogs must be current on vaccinations and on leash at all times. No dogs in heat or aggressive dogs, please.

Vaccinations in Dogs & Cats

Part 2

by Peter S. Sakas DVM, MS

Antibody levels of the newborn vary according to the antibody levels of the mother (the importance of maintaining vaccinations) and the amount of colostrum they obtain. You can see how important it is to be sure that the newborns are nursing the first 24 hours. It is especially critical because the levels of antibodies in the colostrum are at their highest and rapidly drop off over the next few days. Another factor to consider is that during the first 24 hours after birth the intestinal tract of the newborn is able to easily absorb antibodies through its lining. After the first day this ability diminishes so that colostrum provided later will provide no benefit. That is why it is essential that newborns are nursing the first day, for if they do not, they will receive little protection against disease. If they will not nurse initially you could collect some colostrum and force feed it to them. Even though there are milk replacement formulas available they do not possess these antibodies and hence no protection.

The antibodies provided through the colostrum will react to any vaccination given to the puppy/kitten until their levels wane adequately thus interfering with the effectiveness of the vaccination. That is why vaccinations are begun at 6-8 weeks when the maternal antibodies wane. However, we will discuss this in more detail in the next section.

"Active" Immunity

What is a vaccination anyway? It is a term that describes the production of an active immune response by an animal (or human) through the use of extracts of the actual disease-causing organism that we are trying to protect against or whole cultures of the organism in a weakened or killed form. By using this material we are causing the body to react against these foreign materials (antigens) and produce antibodies to them. The organisms (or extracts) in the vaccine are in such a state that they are unable to cause disease but will promote antibody protection against the organism if the animal is ever exposed to it. The system is "geared up" to produce large amounts of antibody against it and destroy it before it can cause illness. Thus the term "active" immunity. The body is actively reacting against the vaccination through the production of antibodies.

The antibodies so produced can persist in the body for years. There are special types of cells, called "memory cells", that produce specific antibodies against a specific antigen (disease organism). This is of course very different than "passive" immunity where the antibodies were provided to give instant protection in the short term, however because there is no system to actively produce these antibodies in the body they will fade over time. In "active" immunity the immune system has been stimulated so that if the actual disease organism attempts to invade, the body is able to mount a rapid, dramatic response to effectively eliminate it from the body. Even though the system has been actively stimulated and can produce specific antibodies for years, its effectiveness diminishes over time. Therefore, booster vaccinations are given at periodic intervals (usually yearly) to restimulate the immune system, insuring an effective response should the disease organism invade.

"Active" immunity provides longer and stronger protection than "passive" immunity. A disadvantage is that there is a delayed response following the first vaccination and the development of protection. In "passive" immunity the protection is immediate. Following a vaccination it may take up to two weeks for antibody levels to reach effectiveness; in fact if it is a first time vaccination for a particular type of disease, a booster vaccination may be given two to four weeks after the initial vaccination to provide higher, more protective levels. After this initial boosting of the immune system then yearly boosters are required to maintain the readiness of the system.

At this point you may be wondering if an animal was not vaccinated but developed the disease and survived would it have "active" immunity? Definitely! The problem is that the diseases we are protecting against are usually deadly (or cause severe illness) so we do not want them to suffer through any illness, especially when it possesses a high risk of mortality. The protection provided by developing the disease and surviving could be highly effective, however, the vaccinations have been formulated to produce a high level of protection with no risk of disease development to the animal.

Continued next issue

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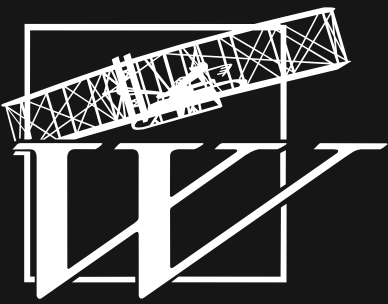
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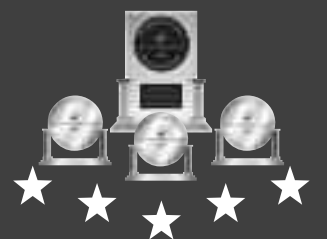
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